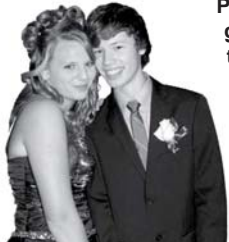




Strange  
occurrences at  
WHS  
Pages 15-18



Put those Prom  
gowns away...  
time for Morp  
Page 8

Weber bands com-  
pete for region, state  
awards  
Page 7



WEBER HIGH SCHOOL 430 WEST WEBER HIGH DRIVE PLEASANT VIEW, UT 84414

# WARRIOR NEWS

April 2014 SINCE 1946 VOLUME: 285 ISSUE: 5

## Odds 'n' Ends

Not Just for Minions

Eat-  
ing a  
banana  
for  
break-  
fast can help you feel less  
groggy in the morning. Ba-  
nanas also help maintain  
focus and mental health.

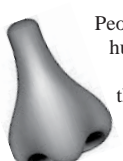


## Girl Power



Females learn to talk ear-  
lier, use sentences earlier  
and tend to read quicker  
than males.

## Hummmm bug



People can't  
hum while  
holding  
their nose  
closed.

## What Does the Fox Say?



The sentence "The quick  
brown fox jumps over the  
lazy dog" uses every letter  
in the alphabet.

## Finding the Real Chaplin

Charlie  
Chaplin  
once  
entered a  
Charlie  
Chaplin  
look-  
alike contest and lost.



## True Love

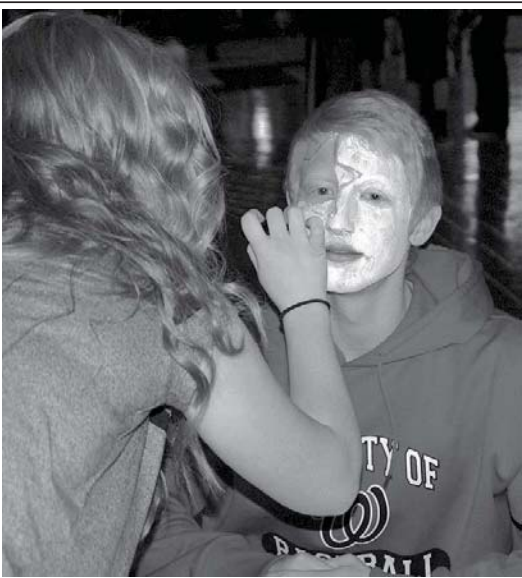
When a  
male pen-  
guin falls in  
love with  
a female  
penguin, he  
searches the  
entire beach to find the  
perfect pebble to give her.



## Inside This Issue

News - Pages 1-4  
Editorial- Page 5  
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Intruder - Pages 15-18

## Not Your Average Beauty Pageant!



Warrior seniors were  
chosen by the student  
body to compete in  
the annual Mr. Weber  
pageant.

Top right: Cooper Cos-  
by gets a creative make-  
over by his sophomore  
sister, Cassi Cosby.  
Bottom right: Nick  
Johnstun proudly  
models his unique,  
eye-catching mermaid  
outfit for the swimwear  
competition.

Top left: Devon  
Jennings and Jackie  
Johnson show off their  
artistic skills during  
the Best Buddies cake  
decorating competition  
during EO.

Bottom left: Nathan  
Kelly climbs up the  
"rock" wall while rac-  
ing through the blow-  
up obstacle course in  
the commons.



Photos by Cara Darr and  
Brittany Slater

## Mr. Weber crowns FFA contestant new victor

By Michelle Hartvigsen  
News Editor

When people think of a pageant,  
visions of tall, beautiful young la-  
dies in evening gowns and swim-  
suits are almost always what goes  
through their heads. Graceful-  
ness, perfect silhouettes and well-  
rehearsed talents are the norm for  
these scholarship programs. How-  
ever, the annual pageant that goes  
on at Weber High is not quite fitting  
to this description.

While this pageant still consists  
of evening wear, swimsuit and a  
talent portion, it is the young men  
of the senior class who are in the  
spotlight. The Mr. Weber pageant  
is a favorite activity among the stu-  
dents. Clubs and sports nominate  
candidates, and those boys com-  
pete in different activities and end  
with showcasing themselves in an  
assembly at the end of the week in  
front of the whole school. Officers  
from other schools judge the con-  
testants in the assembly.

The candidate nominated from  
the FFA club, Hunter Hesselgesser,  
was crowned the winner of this  
year's pageant. An avid cowboy,  
skier and hunter at heart and in ac-  
tion, Hesselgesser used his person-  
ality in the competition and made  
himself stand out.

During the talent portion of the  
assembly, Hesselgesser got creative  
by using his resources. Being en-  
thusiastic about working with live-  
stock, particularly horses, cows,

Mr. Weber continues  
on page 3

## Teenagers strive to give back through service acts

By Alea Spendlove  
Staff Reporter

It's the old lady raking her lawn;  
the animal shelter that's over-  
whelmed with animals; the man  
starving on a park bench; it's that  
kid at lunch who always sits alone.

According to dictionary.com,  
service is "an act of helpful activ-  
ity; help; aid." Potential service is  
everywhere. Teenagers aren't al-  
ways viewed as the most generous  
sort to outsiders, but Weber High  
students are hard at work to prove  
this notation is wrong.

Samantha Barnes, junior, for  
instance, has been volunteering  
for three years at an organization  
called Black Dog Walk. Black dogs  
are statistically the least likely to  
be adopted, giving inspiration for  
the name. The organization finds  
homes for cats and dogs, no matter  
their color, though.

"My mom and I just searched  
online for local volunteer opportu-  
nities," says Barnes. "You know—  
Google. We found a lot, but Black  
Dog Walk sounded like it would be  
the most fun, because we both like  
animals...and it was!"

In the last year alone, Barnes has  
placed an estimated 100 dogs into  
homes and even more cats, serving  
as an example of how much volun-  
teer service pays off.

"The best part, or at least one  
of them, was when we had finally  
found this certain dog a family. He  
was an amputee, so he only had  
three legs and needed a bit of extra  
care. When we finally found some-  
one who loved him as much as we  
did, we were so excited! We threw  
him a party before he left—it was  
so great," says Barnes.

There were other adoptions that  
were also rewarding to Barnes.  
"Every time we got a new fam-  
ily for an animal, it felt so good.  
To see the people's faces light up  
when they found a new best friend,  
to watch the animals head off to a  
good home...it was just an amaz-  
ing experience. It really had an im-  
pact; we were saving lives."

Barnes has given about 100 hours  
of her time to Black Dog Walk.

Bobby Killpack, senior, has also  
dedicated hours to help others. He  
and a group of other seniors (John-  
ni Arbon, Ashlyn Capener, Tara  
Higsmith and Mikala Lockwood),  
volunteered for a local organization  
called Operation: Adopt a Ghost.  
This was started by a woman in  
Ogden named Mrs. Larsen, whose-  
son was enrolled in the U.S. mili-  
tary. He often spoke of what those  
in the military needed which gave  
her the idea. Volunteers go around  
collecting supplies to donate to the  
soldiers. The group turns over the  
supplies to Mrs. Larsen, and pack-  
ages are made from the items. The

packages are then sent to various-  
parts of the world to help the sol-  
diers.

"It didn't seem like we'd col-  
lected very many items for them,"  
says Killpack. "We spent maybe  
five hours out and about, and that  
turned into around 50 packages. It  
was really cool to see how many  
people we helped. It didn't feel like  
we'd done that much work!"

They collected a variety of items  
including deodorant, gum, jerky,  
canned and other non-perishable  
food, shaving cream and razors,  
any wrapped candy, toothbrushes,  
toothpaste and other toiletries.

"When I saw all of the things  
we'd collected for them, I thought  
of it from their point of view. Not  
only did they need the supplies and  
get them for free, but their presence  
was also proof they had support  
from their country, wherever they  
are. They may have left America,  
but America didn't leave them,"  
says Killpack.

Opportunities for service can  
also be found in more remote plac-  
es such as Ecuador, for example.  
Andrew Waldrip, sophomore, trav-  
eled to go to an orphanage in Ec-  
uador with his family in December  
2013 to help the children via OSSO  
(Orphanage Support Services Or-  
ganization). All of the care they  
provided, Waldrip said, was paid  
for by him and his family.

"We'd feed them, dress them and

we even put them to bed. We were  
down there for nine days, and it  
was really fun! Ecuador was really  
interesting, too; I got a vacation  
and was able to help people!" says  
Waldrip.

"We got a lot of direct contact  
with the kids," he adds. "They'd  
correct my terrible Spanish all  
the time. Once, I was talking with  
this certain kid, and I told him to  
brush his teeth—or so I thought.  
The Spanish word for the action  
of hanging yourself is super close  
to the toothpaste, Colgate...you  
can guess how that worked out. He

knew it was just a mistake, but it  
was still really funny!"

Waldrip also says his favorite  
part was how much interaction he  
got with the kids. "They were re-  
ally well taken care of, which was  
nice to see. They had toys, did  
crafts, had nice beds and bathed  
every day. They really just needed  
family figures, and I was happy to  
be their big brother. We spent 90  
hours total with them; it was one

Service continues  
on page 2



Sophomore Amanda Dickmore (upper left) and her church  
group helped build a playground for children in Mexico.

Photo by Amanda Dickmore

## Jump start on career, Interns share experiences

By Jason Godfrey  
News Editor

For Weber seniors looking at a possible career, some may think of doing an internship. “An internship,” senior Becca Shaffer says “is going into work and learning by doing it hands on.”

Shaffer, who did an internship at Jensen Floral, says her internship was “definitely worth it. It taught me something different every day.”

Mrs. Pearce, who is over the internship program, says, “The interns work between 1 ½ hours to a whole day. They are typically unpaid, but they can be paid.” She added for any student looking to be an intern, “to consider it if they are planning on building a career after high school. It is invaluable!”

Students can do internships almost anywhere they want to. There are Warriors working as an athletic trainer, at Jensen Floral, Farr West Animal Hospital, and Bullfrog Spas.

At Jensen Floral, Shaffer says she “made arrangements and was taught in a hands on environment.” She added she has helped “cut and clean flowers, learned to use the clippers and scissors and how to arrange dance and funeral arrangements.”

Erika Wangsgard is also doing an internship. Wangsgard, senior, is studying to be an athletic trainer. To start the internship, Wangsgard said she had to, “fill out an online packet.” She adds, “Make sure you have no attendance credit loss.”

Wangsgard, who is working with physical education teacher Jamie Stireman, said she helps out “mostly at school, but I’ll go with the teams at away games.” Wangsgard also says she will “wrap ice on legs or arms and give Ibuprofen. I can’t do much right now.”

Wangsgard adds students thinking of doing an internship to “look into something you enjoy. No one wants to do something they don’t like.” She also says internships are definitely worth it. “There’s a lot to learn and you have to observe everything,” she says.

Ashtyn Nebeker, senior, is an intern at Farr West Animal Hospital. Nebeker says she “started at the beginning of the year, and I will end at the end of the year.” She also mentions, “I wanted to get a taste of being a vet before I committed to going to school for it.”

Nebeker says the benefits of being an intern is “I realized that I love the veterinary field, and it was so worth it because now I know for a fact that that is what I want to do.” She also adds, “You get credit in school and you get the chance to see if that’s what you really want to do.”

Nebeker adds working as an intern, it is difficult to balance school, work and an internship. “You have to be truly dedicated to it,” she says. Nebeker helps get the vaccines ready and she helps with taking temperatures and weighing the animals.

For senior Jackson Kerbs, Bullfrog Spas is where he did his internship. “I managed email marketing, made promotional videos and helped manage with other locations,” he says. The best thing Kerbs liked about the job was being treated like an adult and people taking him seriously. “I wasn’t being looked at as a ‘high school student.’”

Kerbs, who is now employed with Bullfrog Spas, adds he “gained lots of experience and I definitely like being in the video field.”

For students interested in being an intern, they can talk to Mrs. Pearce. “Internships are great because they look really good and they provide a network. It creates jobs and through the process, experience.”

As far as needed requirements, Pearce adds, “Students should have a 3.0 GPA or higher, and .75 attendance credit loss or less. Students have to complete an online course, and it can be completed as a sophomore, junior or senior, just as long as it’s before the internship starts.”

Pearce recommends internship opportunities. “They are worth it! They are what you make of it, so take the opportunity and be proactive. Real life starts quickly! Set yourself up to be ahead of the game!”

## Eating breakfast promotes better health

By Meg Henley  
Staff Reporter

Since Warriors wake up early for school, zombie-like teens wander the halls to reach their first class. Throughout the first two periods before lunch, stomachs growl and hunger distracts people from the work at hand. Why? Because some students left home without eating breakfast. In a study done in November 2013 by *Kellogg’s*, only 36 percent of high school students actually eat breakfast.

“Some people say, ‘I do eat breakfast.’ Sorry, coffee and doughnuts don’t cut it,” says Morna Glory, reporter for *Choices* magazine, March 2013 issue. “Starting your day with a meal consisting mostly of fat and sugar will make you feel sluggish and hungry before home-room is out,” she said.

Coach Macfarlane, WHS Fit for Life teacher, says, “Breakfast is so important because your body needs the fuel to get your metabolism up. Think about it, the last time you ate was at 7 p.m. and you just woke up at 6 a.m. That is 11 hours without food. Your body needs it.”

Some people don’t eat breakfast because they are trying to lose weight. Dr. Shereen Jegtvig, from *Nutrition* magazine, advises, “Eat-

ing breakfast is an important part of a weight loss diet. Research studies show that people who eat breakfast have a better chance of reaching and maintaining a healthy weight.”

Mr. Anderson, WHS health teacher, added, “Breakfast is important because it starts your metabolism and gives your body the energy it needs to get started in the morning. Not eating breakfast is like trying to drive a car without gas. It just doesn’t work.”

Sophomore Hannah Crowton, agrees. She says, “When I eat a nutritious breakfast, it gets my metabolism up and my brain going in the morning.” She continues, “Eat something nutritious that you like. I love to eat blueberry-parfaits with nectar and oatmeal and bananas.”

According to Dr. Jegvig, a nutritious breakfast should consist of fiber, protein and carbs. “A healthy breakfast doesn’t have to be extravagant. Try an easier breakfast like eggs, whole wheat toast and 100 percent fruit juice.” She also adds, “If you don’t like to eat first thing in the morning, split breakfast into smaller meals. Eat a hard-boiled egg or a small cup of yogurt before you go to work or school, then an hour or two later, snack on an apple or a handful of some healthy nuts like pecans or walnuts.”

Coach Macfarlane encourages people to also eat lots of proteins



Weber High lunch lady Danette Cornell prepares breakfast for students who left home without eating it.

Photo by Bert Whitt

and a lot of carbohydrates. “I believe that eating breakfast and drinking water are the two best things for you in the morning. If you don’t, it can slow down your brain and make it harder to learn.”

Macfarlane suggests eating eggs and toast and some yogurt. “I eat Greek yogurt with granola and fruit because of its high protein content and low fat and calorie content. It tastes great,” she says.

Before leaving home without breakfast, Warriors remind people to eat breakfast, so they can be better prepared for their day. Junior Savana Craven adds, “Breakfast puts you in a good mood and if you skip breakfast, you eat a lot more at lunch because you are hungrier. Now you have a ton of extra fat in your body. Eating your breakfast makes you happier, healthier and thinner.”

### Service continues from page 1

of the best experiences I’ve had. I loved messing around with them; I really recommend this!”

To get in contact with OSSO to either donate or volunteer, go to [www.orphanagesupport.com](http://www.orphanagesupport.com) or Google “osso” to get to their homepage.

Like Waldrup, Amanda Dickemore, sophomore, also went somewhere more exotic to offer service.

Across The Borders, an organization started by Steve Verhoeven, took her and her church group to Chihuahua, Mexico, to build a playground for the kids.

“It took us a week to build, and we had around 16 people. It was mostly couples, so that was fun, but I really enjoyed, the experience!”

Their week of service made a difference; they provided the kids, who had so little, a place to play. “We were doing what we could,” says Dickemore, “and it felt good

helping them out. It was also humbling to see how badly the conditions they lived in were. It was really dry; most of them didn’t have shoes and their houses were literally made of dirt. It made me realize how lucky I am.”

Dickmore’s favorite part of the trip was when she gave a little kid new shoes. “His face lit up and the amount of happiness and gratitude that was in his expression was indescribable. His feet were full of splinters, so he couldn’t walk.”

These Warriors recommend becoming involved with any type of service. Not only is it great on scholarship and college applications, but also job resumes. However, Dickemore adds the greatest reward is “the feeling one gets when helping others. It was amazing to feel how happy I was helping them.”

“It made me realize how much we were giving to these kids and how much it meant to them,” she adds.

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Mr. Weber continues from page 1

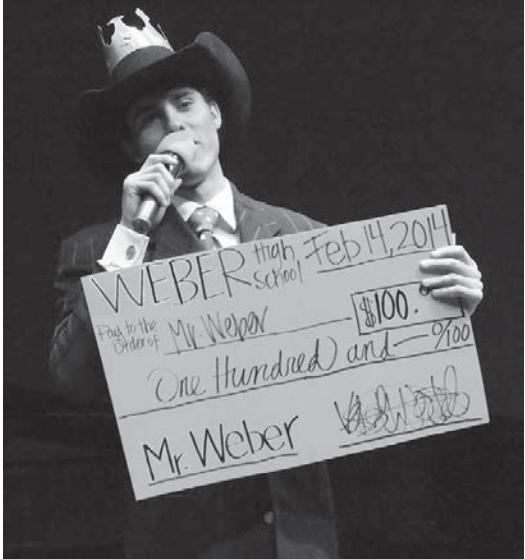
and sheep, getting hold of a lamb for his talent was a cinch. To the song “The Circle of Life” from *The Lion King*, he presented the lamb to the audience in a grand manner, just as Simba was presented in the movie. He also made a presentation to the judges, allowing a closer look at the baby animal. His favorite part was seeing the judges’ reactions of the surprise up close.

The boys also racked up points from different activities throughout the week. Cake decorating with Best Buddies, having their faces painted as a character and a pizza eating contest were among these activities. According to Hesselgesser, the pizza eating contest was the worst part. “I about puked everywhere,” he says. The contestants had to eat a whole Little Caesar’s pizza as quickly as they

**“They were all really good in the competition. Just look at all those handsome sons-of-guns!”**

could.

Girls in pageants do not go about competitions alone. They work with coaches and other assistance to perfect their look and personality. The same applies in the Mr. Weber contest. “Mr. Pace and Mr. Shaffer taught me how to be a super model,” Hesselgesser says jokingly



Hunter Hesselgesser speaks to the student body and expresses his thanks after his win in the Mr. Weber pageant.



With much concentration, Hunter uses his cake decorating skills to perfect his creation and beat all other contestants.

about two of Weber’s agriculture teachers. “Mr. Daniels also gave me a sweet suit for evening wear,” he added.

Hesselgesser’s evening wear look of a brown, pinstriped suit was completed with a pair of cowboy boots, a belt buckle and a cowboy

hat to top it off. The super model tips given by helpful teachers were put to use when Hesselgesser strutted his stuff in the assembly.

Although crowned the winner of the pageant, Hesselgesser was surprised at his victory.

“I honestly don’t know how I won,” he says. He continues saying he was just himself and decided to have fun with it. He didn’t know what chances he had of beating out the other contestants. “They were all really good in the competition. Just look at all those handsome sons-of-guns!” he says of the other boys.

“I would do it all the same and just have fun with it,” he adds. For future contestants, he advises to “just get out there and have fun with it. Be creative, and it’s okay to look like a fool!” Having fun, being creative and using personality is the whole purpose of the Mr. Weber pageant. Hesselgesser applied all of these enthusiastically to his performance, resulting in a crown.

Pageant life won’t last for Hesselgesser, however. After graduation he has plans to go on an LDS mission for two years. Upon returning, he has been accepted to Utah State University. As far as his career goals, Hesselgesser plans to further his education to become a large animal veterinarian. He also plans on continuing to do what he has a passion for, ranching.

Tips given to ace that big exam, Students give advice on favorite ways to study for tests

By Miriam Gameros  
News Editor

A big exam is coming up; perhaps the ACT or maybe an AP test. This is an important test, and it needs to be aced. Slacking off and procrastinating is not an option. Studying and making sure you pass the test is a must.

Saying something will be done and actually doing it are two completely different things. In order to do one’s best, Warriors offer study tips.

“I have to write down what I have to study. Most of the time I usually don’t remember, so having that little note on my planner or something I know I’ll check really helps me out,” says sophomore Alejandra Meza. All Meza’s planning seems to be paying off. She is a straight “A” student and when it comes to taking tests, she does well on them.

AP Literature teacher Mrs. Neilsen agrees with Meza’s study advice. “I notice students do well when they organize their assignments in a planner and when they write down a reminder to study,” she says.

Not every study technique works for everyone. Neilson says, “Every kid has to find out what works for them. If the first technique doesn’t work, try something new,” says World Civilization teacher, Miss Lunceford. She adds, “In a lot of ways, everyone is different; studying is just another factor. If something is not working out while studying, try something new and find out what works the best,” she says.

Some Warriors don’t even study much prior to testing, and they still do well. “I hardly ever study, and when I do I just skim through my notes for a reminder,” says junior Juan Moya. “I typically pass the test or assignment I study for. So I guess whatever I’m doing is right.”

Moya also feels he has an extra study advantage. “I pass for a reason; I think I’m one of those people with photographic memory. I consider myself lucky, to be honest,” says Moya.

Some teens study extra when they have a big test coming up. “I really don’t study much, but when I do study it’s typically for a final exam,” says senior Aaron Soto. “From my years in high school, I know that if I don’t study, even for

a bit, I will fail the test. I unfortunately learned this the hard way. It sucks,” he adds.

It is an adjustment for some students entering high school, especially with studying. Counselor Jen Paige advises, “Sophomores really need to start developing good study habits. Those habits that they develop will really help them out during their junior and senior year.”

To help with studies, music is something many teens use. Some Warriors, though, aren’t really fond of the idea of studying with it. “I can’t study with music. I get really distracted with music while I am studying, so I try to study in a quiet room,” says Meza.

Sophomore Macie Grissom doesn’t listen to music while she studies for tests.

“But it’s a completely different story when I do homework; I jam out to my music while doing homework,” she adds.

Lunceford also says when she used to study during college, silence would distract her more than music. “It almost felt as if the silence annoyed me, so I would listen to classical music. That way that part of the brain was getting distracted had something to pay attention to. I’d like to think of it as

**“If something is not working out while studying, try something new and find out what works the best.”**

safe music.”

Classical music is often an option for those who do listen to music while studying. According to Vicki-Marie Cossar from *Metro*, research has been found that in order to stimulate learning and enhance concentration while studying, students who listened to classical music, which is 67 beats per minute, score an average 12 percent more on their exams.

“When I study, I usually listen to soft-toned music and not something I know I will like because then I start to concentrate on the song rather than on studying,” says sophomore Kacey Van Hemert.

Eating some sort of snack can also help with studying. “I am an addicted muncher, as much as I hate to admit it,” says Lunceford.

“When I used to study in college, I always needed something to go from the bowl to my mouth, whether it be carrots or some chips.”

Quizzing with a friend is also a great technique to prepare for tests. “I personally like to study alone, but sometimes it does help to study with a buddy,” said Van Hemert. She feels when she studies with a buddy, she remembers facts better.

In the October 2013 *Scholastic Magazine Choices*, it gives advice on cramming for tests. Spacing out the study session is a good technique. Nate Kornell, a psychology professor at Williams College, says studying something and then immediately studying it again is “too easy—it’s like lifting a really light barbell. Giving time to forget the vocabulary or capitals of South Africa is actually a good thing.” Kornell adds this way it is possible to go back and flex the memory muscles again.

Silly tricks also help out while trying to memorize. “If I have to memorize a map, or let’s say the bones of the body, I look at the body part or state of the country and try to figure out what it looks like-figure or object wise-that has to do with what it actually is,” says Meza. It’s something really silly, but it actually does help me out.”

“If I am trying to memorize something, I like to doze off for a while and then start studying again,” adds Van Hemert. Van Hemert likes to use *iLike2learn.com* to memorize states and capitals. “As cheesy as it may sound, that website really does help me out.”

Mrs. Neilsen says when she had to memorize something, it depended on the subject. “If there was information to memorize, I would look at the notes and write a summary of the information that I needed. I kept re-writing it, not just until I memorized it, but ‘til I actually learned it,” says Neilsen.

*Choices* also recommends the best way to memorize something is to close the book and try to recall as much as possible. It advises to not just memorize it, but to also explain it to a teacher, friend or family member.

Neilsen adds memorizing does not just come naturally. It is something that must be practiced because it is hard to do.

“To memorize for a test, I usually just read over the information several times. It gets the job done, and it does help me once I take the big test,” says Grissom.



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# Yearbooks capture high school memories

By Aurora Stevens  
Staff Reporter

It's the book students treasure. It's the book the yearbook staff works on all year long. It's the book students rush through at the end of the year to find themselves or scramble to get as many signatures as possible until there isn't any more room. It's the yearbook.

The yearbook staff has been busily making this year's book a memorable one. Endless hours have been put into the book containing this year's highlights.

Creating Warrior's yearbook are Kaycee Nay, senior editor, along with editors Alyssa Snyder and Jenyca Smith, juniors, and their advisor Mr. Wilding.

*"I joined because I love seeing the finished product and knowing I played a part in it."*

The other staff members include sophomores Haeli Rich, Madison Olsen, Paige Gavin, Julianne Kidd, Aurora Stevens and Ethan Lund; juniors Billy Anglesley and Bridger Faucett; and senior Isabelle Toersleff.

In order to be on this staff, students need special skills, which include photography/photoshop abilities, as well as communication skills.

During the first couple weeks of school, the staff worked on picking this year's theme. Ever since then, they have been working on creating memorable pages.

Rich says, "The yearbook is



Haeli Rich, sophomore, and Kaycee Nay, senior, work together on this year's yearbook.

Photo by Brittany Slater

coming along really well. We already have pages sent and others ready to go."

Rich adds she is just a part of the staff, but she tries to focus on page layout. "It's fun to make it and watch it come together. My favorite page is the cross country page because it's my sport, and we got to try putting a QR code for a video on it."

She also adds, "I joined because I love seeing the finished product and knowing I played a part in it. The theme is obviously a surprise, but you won't be disappointed!"

Nay adds, "The yearbook is coming together really well. This year we really wanted to include the whole student body more than yearbooks usually do."

Nay also hints about the theme by saying, "The theme follows that idea really well (of including the student body)."

Since she is the senior editor, Nay had a lot of fun making the cover. "Plus, the whole staff constantly keeps me entertained," she says.

While being on the staff takes a lot of hard work, Nay says it always pays off in the end.

Snyder says, "I joined yearbook because I love photography and digital design." Snyder adds, "There is no better feeling than when you get your brand new yearbook, and you know that you had a

hand in creating it."

She also says how great the yearbook is. "I think it's one of the best ones so far! With everyone entering in their Instagram pics with #weberbook14, we have been able to bring new life and color to the ordinary yearbook, and I think people will really enjoy it!"

Faucett joined yearbook because he likes to take pictures. "I'm a new student this year (he recently moved here from Miami, Florida), and I have an excuse to get out and talk to people."

Yearbooks, according to Mr. Wilding, are important. "It is a record of these things that happened this year, and it's important for everyone to have these records years from now; to be able to look back at the fun things that happened in high school."

Wilding enjoys working with Warriors on the yearbook and has done so for 15 years. "I was a commercial artist for many years. I worked my way through college and after I free-lanced artwork for companies. So because I teach art, painting, pottery and so on, yearbook is like my commercial art class."

"The staff this year, I love them," adds Wilding. "They always meet deadlines; they're an extremely dedicated and hardworking staff who wants a good yearbook, so that's what they're doing."

# Advice given on managing self-esteem

By Kierstin Pitcher  
Assistant to the Chief

Social skills, good health, proper behavior and confidence are common factors for strong self-esteem. Self-esteem is the amount of respect one has in him/herself and when this amount becomes low, issues arise.

Mrs. Cale, psychology teacher at Weber, says, "There is almost nothing bad that low self-esteem won't make worse."

Mr. Johnson, counselor at Weber High, says there are several things low self-esteem can lead to: "Depression, self-harm, they're [teens with low self-esteem] grabbing for attention because they need someone to tell them that they're valuable."

There are many different causes to low self-esteem. Cale says some of the biggest contributors to low self-esteem are the stories and explanations people tell themselves when negative or bad things happen. Cale adds these explanations are called global statements.

She says an example of a global statement would be "I failed my history test; I'm horrible at history and an awful student." These explanations generalize everything about the subject that they're explaining, it in a way that reflects negatively on a person's character.

Junior Emily Eldredge says her self-esteem gets lowered when she feels like she is being judged by others "I really shouldn't, but

I worry about what other people think," she says.

"Friends, family, boyfriends/girlfriends," Johnson says, "can also lower a person's self-esteem."

"Social media can be horrible because of cyber bullying and the rumor mill." He is quick to add that these can help raise self-esteem as well.

Cale adds when a person needs to raise their self-esteem, they can change the global expectations to short term, specific expectations, such as, "I didn't study the chapter and that's why I failed the test, I'll study and do better next time."

When a person is working on changing their expectations, Cale believes it can help to avoid terms like always, never and everything. That way when someone is explaining to him/herself why something negative happened, the person will be able to do it in a way that won't affect their overall self-esteem.

Johnson gives advice on how to help friends who have low self-esteem. "It's harder than it sounds to be supportive. There are some kids who thrive off of the attention and once they start milking the situation, it becomes harder. Just try to take something negative they say and make it positive," he says.

Johnson continues about signs that can inform someone of a self-esteem issue, "Listen for what they say; if they say something that scares you, it's worth telling someone. If there is self-harm, starving and/or cutting, then things have gone too far. Get in touch with someone you trust and believe

in and talk to them. These people could be parents, religious leaders or counselors," he says.

"Teens can try to help their friends see the fault in their expectations," adds Cale.

When people are dealing with their own self esteem issues, things can be a little different. Eldredge shares what she does to help make sure she has a healthy self-esteem. "I know it sounds cheesy, but I compliment myself in the mirror, and I try to stick around friends I know won't put me down. I also try to raise other people's self-esteem because that makes me feel better,"

*"I know it sounds cheesy, but I compliment myself in the mirror."*

she says.

Eldredge also adds one way she tries to raise other's self-esteem is by complimenting them on things she knows they're insecure about before they ask about it, so they know she's sincere.

Johnson gives similar advice, "Be with people who are uplifting," he says.

"Hard work makes us feel good about ourselves," adds Cale. "What actually raises self-esteem is tackling hard challenges and beating them."

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# Time Out

By **Landon Wood**  
*Assistant to the Chief*

As a student, I am disturbed at the increasing number of tragic school shootings. Staying true to the realism in my character, I find it normal that wherever people go, there will be violence. Studies have actually shown that as populations increase, so does its violent crime rate. However, it is morbid this statistical trend also applies to schools and other educational establishments. I would expect a fight or two to occur between kids, but never shoot-outs or other savage attacks.

The whole issue is made worse because it happens to be a two pronged conundrum. On one hand, there are students who perpetrate these irreprehensible acts. On the other, it's an intruder who commonly forces entry into the building. This makes the issue all the more complex. For example, school shootings spur gun control debates that infuriate the majority of the country. Then to top it off, some kid shoots up a classroom and people now find themselves citing the lack of awareness and prevention for troubled youth.

Granted, the government has attempted to reform the gun control policies in an effort to curb gun violence, but the way they go about it only leads to political problems that salt the injury of tragedy.

This issue cannot be solved with

a legislative solution. Everybody knows that a determined human being with the intent to harm or kill another person will find a way to do it, despite preventative efforts. Background checks are not going to stop anybody. As long as the black market exists, so will unregistered and untracked guns in the hands of violent criminals.

The funny thing about criminals is they are human beings before they are perpetrators of crime. Many have kids, and those kids may have mental or emotional issues as well. Many school shootings involving students happen when the student uses a weapon from home. The whole issue could be described as a snowball rolling down a hill in the winter. Here is how the process commonly works.

The government regulates guns, so criminals obtain them illegally and without being documented. Then, let's say they go home with their illegally acquired weapon. Hypothetically, their children don't have the best home life and are made fun of at school. After a breaking point, a child snaps and takes out the bully in the back of the room along with 10 other people. The moment the transaction was made for the weapon is the moment those kids were put in that situation's path.

The only real solutions are to step away from the finger of blame and political differences. It's time for a human discussion. If gun control and armed guards in schools can't

necessarily keep people safe, then what can?

Better construction and blueprints for schools are the only reasonable and non-controversial solution. All schools should have security access points. In some New York high schools, students walk through metal detectors. In Oklahoma, they even use key codes at every door. Who needs an armed guard or pieces of legislation when the building is locked down and any potential incident could be staved off at the front doors until police arrive? It's a win-win for both political ideologies and society in general.

Critics will say the threat isn't eliminated with tighter security. The fact that students can get inside and then go crazy is an absolute concern. However, would those students even get inside if proper screening and security measures were taken? We all know we don't get onto airplanes with guns because nobody would ever be able to get past the TSA lines.

America must stop its arguing and get to work. Instead of debating what guns to restrict and placing more guns into the situation, just build better schools with tighter security. Build schools that will keep bad guys out and will be able to keep students from making tragic decisions once they get inside. If this is chosen as the solution, then nobody loses and students can safely work while the big bad world goes on like normal outside.

## Minimum wage woes, \$7.25 puts millions in poverty

Minimum wage was initiated in 1938 under the Fair Labor Standards Act (FLSA) to help ensure the safety of workers. President Franklin D. Roosevelt, in addition to setting the minimum wage at 25 cents an hour, also banned oppressive child labor and set the maximum work week at 44 hours with this Act.

Of course, there was outrage from employers. How dare we pay our workers a whole 25 cents for every single hour which had the spending power of \$4.06 in 2013 dollars.

While the minimum wage is now set seven dollars higher than it was at first, the spending power is only \$3.19 more than it was in 1938, due to inflation. Workers are barely making by, having to choose between eating or having gas money to get to work.

But wait, minimum wage workers are just teenagers starting in the workforce; they don't have to support anyone. In reality, teenagers aged 16-19 take up only 24 percent of the minimum wage jobs and 26.6 percent are 20-24 year olds. These statistics from Pew Research Center also show about 50 percent of \$7.25 an hour workers are aged 25-85 years old, meaning it's not just teenagers looking for job experience before moving on, but people who have to support not only themselves, but probably others as well.

For a family of three (the national average according to the 2010 census) an annual income of \$19,790 is considered impoverished. According to Feed America, one in six Americans live in poverty. That's 52,833,333 Americans not know-

ing where their next meal is coming from or if it's even coming, according to the Census Bureau's 2014 USA population estimate of 317 million.

If one person works a full time job at \$7.25 an hour with a maximum 40 hour week, every single week of the year, they would only make \$15,080 a year. This is below the poverty level of even a two person household.

We're so caught up with "solving the poor, helpless, disease ridden and impoverished countries," we are ignoring the very real threat of Americans starving to death be-



cause multibillion dollar companies think \$11 an hour is too much of a luxury and too much money for one person.

There are those who worry about the effects of raising the minimum wage. Small business owners might struggle with the higher wages because big businesses would still be able to offer lower process. Jobs would be fewer which would mean poverty, in general, would increase.

Daniel Aaronson and Eric French of the Federal Reserve Bank of Chicago state in the Chicago Fed Letter that raising the minimum wage will boost the economy and

the benefits will outweigh the inevitable rise of prices by greedy, big name companies who decide cutting their billion dollar salaries would be too drastic of a measure. By putting money back into the hands of people, they will spend it and keep it circulating outside of the top one percentile.

The Congressional Budget Office published a new report on Obama's plan to raise the minimum wage to \$10.10, adjusting it to match inflation rates by 2016. It says the number of workers who'll lose their jobs will be less than one million. But the economic stimulation caused by the spending of money previously sitting in banks untouched would create jobs in order to meet the rising need created by new customers.

But this raise would come out of the middle class pockets, not the upper class of CEOs. They'll fix prices, so they still get the same profits. If a law is passed putting a cap on the salaries earned, there would be no need to raise the price of Big Macs because the millions of excess profits that previously went to the pockets of the owners will instead go to the workers who make or break a business.

Nobody needs millions to live for a year. The only reason minimum wage has not been raised is greed. We should take a step towards a nation whose citizens respect each other more than they love luxury material things. We need to take care of our own and raise minimum wage, so America can feed and support their families.

By **Katie Montgomery**  
WHS Junior

## Forcing nutrition, Michelle Obama changes too much

Everyone wants their kids to eat healthy. They want their children to be taught proper eating habits, so they can live life to the fullest. Michelle Obama has taken this initiative into her own hands; she has taken school lunches and tried to make them as healthy as possible. While this is a good idea, I feel like Michelle Obama has gone too far with school nutrition.

When I think of my elementary school lunch, I think of the days we had those buttery white rolls and chocolate cake. Those days are no more because of Michelle Obama. She has changed those white buttery rolls to whole wheat, not-buttery-in-the-slightest, rolls. No more desserts are served except on special occasions, and that is only in some schools. More fruits and vegetables are being served, and the students are required to get veggies on their plate, regardless if they want to eat them or not.

Should your kids be forced to get food that they won't eat? You are paying for the meal, so I believe that's wrong, because I wouldn't want my little boy/girl to be forced to take any food they didn't want,

especially because I am paying for it.

I feel teaching students proper eating habits is right, but changing the lunches to be so healthy that it doesn't even taste good is pointless. Having a cookie or treat with my lunch was so great, and it made me want to eat the other things on my plate. Flavor is so important to all ages, but what is even more important to kids is the look of the food. Bland, brown wheat buns and rolls don't look good to kids, so most likely they will say, "I don't like it," without even trying it. Also, eating more healthy costs more money, and many parents have a hard time paying for their kids lunches. Prices will go up, kids won't be eating the lunches and this will make parents angry.

No matter what is served in schools, if kids want to eat a bunch of junk food and they have access to it at home, they will just go home and eat it instead of eating it in moderation. They will binge because they don't eat enough at school.

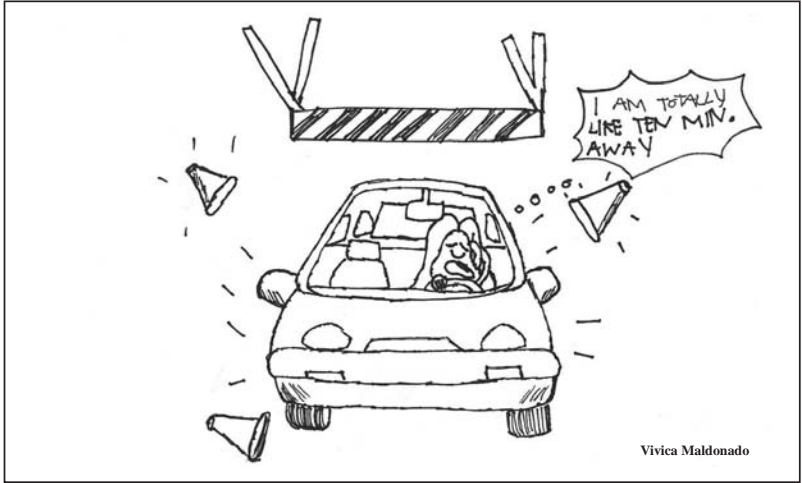
Mrs. Obama is also causing schools to get rid of vending ma-

chines and school stores, which is bad because these school outlets give the school money to pay for activities, school equipment and other needs. Without this source of income, programs will be hurt and so will students' experiences.

Students are also less likely to skip school and go somewhere else for lunch because there is something to eat at the school. They don't need to leave campus to find foods they want to eat. Why would you get rid of something that has worked for years and years?

Serving veggies and healthy things for kids is important, no doubting that, but we also need to serve things kids like. We should not force people to eat foods they don't want. When it comes down to it, it is up to the parents to teach the kids good nutrition habits. So yes, I do feel Michelle Obama has gone too far with school nutrition. Forcing kids to eat healthy doesn't make any sense to me. We don't need to force kids, we need to teach them.

By **Brenna Huggard**  
WHS Junior



## Reckless driving concerns community Teens encouraged to be safer behind the wheel

A few weeks ago, I was driving home after school had been let out for the day. I turned on to Elberta Drive heading towards Pleasant View Drive. At the four-way stop light, a Chevy Tahoe pulled out from the park road and turned right, heading the same direction I was. As I drove behind him, he slowed to about 15 MPH in a 35 zone. I figured it might have been an elderly driver at first, but my theory was instantly proven wrong when I could see four teenagers through the back window moving around in the car. Several drivers behind me started to honk, so I honked at the Tahoe. I was instantly flipped off by the driver, also a teenager, who then slowed down to about 10 MPH. A yellow divider lane came up and as there was no one in the middle or ahead of him, I sped up to try pass the Tahoe. He then sped up with me and forced me back into my lane, as I didn't want to get into an accident. The teens inside were all laughing.

There comes a point where doing something that people might consider "funny" is more dangerous than the former. Being behind the wheel is something no teenager should be funny with. These vehicles are 4,000 pound blocks of steel that can do damage to both people and property. The situation I was in could've easily led to an accident with either one of us involved, or

both. The laughs would have been silenced and regret and fear would have replaced them. The other teens would have been cited for reckless driving if they were seen by an officer. Doing dangerous maneuvers in a vehicle for fun and laughs is risky, and that chance should not be taken by anyone.

Weber's student parking lot is a prime example of this. Every day you'll see teens cut the lines to leave the lot by either hopping the red curb in a truck or cutting in line by speeding through the gap. Both can lead to vehicle damage, which your parents would probably make you pay.

Teenagers need to be safer behind the wheel and be more aware of their surroundings. I have had my door dinged in the parking lot by someone who had parked too close and rear-ended by someone who wasn't looking as they were backing out. Thankfully, no real damage was done in both scenarios. However, if damage had been done, the teen's insurance would have had him/her or their parents pay a deductible in order to get both vehicles repaired. A deductible can be anywhere from \$200-\$500, depending on the damage and your insurance. And even after it's all said and done, your insurance rates will promptly increase. As it stands, car insurance for a teen is roughly two and a half times


the normal – so about \$650 every six months.

Why is insurance more for teens? Statistics from Farmers Insurance and Allstate show teenagers are some of the worst drivers in the world, being more susceptible to get in an accident than a grown adult due to less experience on the roads. The majority of teen accidents come directly from texting and driving which is a rampant problem in today's society. Insurance companies have to pay a higher amount of money to get everything solved from an accident, so it's a no-brainer that the deductibles the teen/parents pay are higher than those of a 21-year-old.

Teens need to make up for the lack of driving experience by being safer on the roads. That means putting away your phone, having everyone buckling up and not fitting more people than there are seatbelts in the car. Most of us at the school take our cars for granted, as the majority of them are vehicles passed down to us from our parents. They trust us to give us these vehicles which admittedly grant more freedom to us and more possibilities. And it's our responsibilities, as teenagers, to live up to that trust by being safe on the roads and being aware of our surroundings.

By **Levi Easley**  
WHS Senior

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# Celebs treated as idols, too much attention

By Erin Geiger  
Editor in Chief

In 2013, *Forbes* made a list of the top 100 most powerful celebrities. Their salaries were listed along with the rank of how popular they are. The amount of zeroes on the tail of their paychecks is unfathomable. They have millions of social media followers—super fans who get on the internet just to see who’s wearing what and check what color so-and-so’s hair is today. Some may say they’re riding a fine line between being treated as people and treated as gods.

On the list *Forbes* compiled, Oprah Winfrey was named the most powerful celebrity. Her annual pay is estimated to be about \$77 million; however, she’s the 14<sup>th</sup> highest paid celebrity on that list. The highest paid celebrity in that pool of 100 was Madonna, who’s paid approximately \$125 million yearly. Other highly familiar names on the list included Beyonce with a \$53 million income, Lebron James with \$60 million and Leonardo DiCaprio with \$39 million.

Non-actors, actresses, singers and athletes also make high figures. Dr. Phil makes about \$72 million, J.K. Rowling has a paycheck of \$13 million annually and Steven Spielberg comes in with a whopping \$100 million.

Because of their earnings, this also draws a larger fan base. “Their lives look different than ours,” says psychology teacher Mrs. Cale. “Lots of our celebrities have lots of money and can do things we either can’t do or have to budget for. It’s sort of an escape to imagine our lives like that.”

Senior Tessa Carver thinks celebrities are paid too much. “It’s not their fault, though. It’s our fault for being so enthralled with them.” She also says celebs start out on a normal level and change as they go along. “Most people don’t have the kind of money and constant atten-

tion celebrities have. Those things are sure to have an effect on people. It would be hard for them to go back to living normal lives, but they could do it if they stopped allowing themselves to be in the public eye so much,” she adds.

“As much as people can get addicted to celebrities, celebrities can get addicted to the attention and adoration of people. Sometimes you’ll see them do really bizarre, unhealthy and dangerous behaviors because they feel like they’re becoming irrelevant or forgotten,” Mrs. Cale says. She thinks celebs can make a more graceful departure from the lime light if they have other interests, skills or capacities other than being famous.

Large amounts of money and attention are thrown around constantly which can lead to some interesting habits, quirks and necessities. According to theweek.com, strange accommodations became acceptable and normal after Van Halen demanded all brown M&M’s be removed from their candy dishes in 1982. Since then, more interesting antics have been noted. Kanye West requires any chauffeur who drives him to wear 100 percent cotton clothing; Jennifer Lopez has all white furnishings in her tour rider; Cher needs a separate dressing room for all of her hairpieces and Christina Aguilera asks for a small bottle of “Flintstones” Vitamins with extra Vitamin C.

*Choices* magazine’s March 2014 feature story was about this very issue. The front cover reads, “Why are we following these people? Has celeb culture gone too far?” Inside the story, a statistic on Katy Perry’s amount of followers in 2013 is used. The information reports, “Ordinary people use social media to interact with their favorite celebs. On Twitter, @KatyPerry leads the pack with nearly 49 million followers.” A little side note is added below saying, “That’s more than the population of Canada!”

Imagine it—millions of dollars, millions of followers and fans.

Celebrities are paid to live their lives. They get paid hundreds of thousands of dollars to lose weight. They are also praised and paid for shopping at the market and getting their pictures taken there. Society seems to award them for average, everyday things. Millions of people tune into their shows weekly browse pictures of their gowns and outfits daily and aspire to be just like them all the time.

It seems as though millions of people must know the hairstyle of their favorite celebrity. Is it a must to know if it’s chopped or colored or curled this week? Do people have to see what happened on such-and-such holiday to a hit star? Would the world stop spinning if the public wasn’t informed about Honeydew Safehaven Tatum being born? How would things pan out if dozens of baby photos of Sprinkler Royalty Kardashian weren’t posted on Instagram?

Even though they are placed on a pedestal of sorts, celebrities are human beings, contrary to how they may be portrayed and valued, Carver says. “Some people get so obsessed with [celebrities] that they feel they have to follow their every move. They don’t actually need to follow them, they’re just people.” She adds if celebrities didn’t exist, “people would have to find something else to be interested in” and they’d “have to focus on their own lives.”

With the lives of people being glamorized and advertised so much, consequences are sure to arise, Carver says people idolize celebrities because “we want to live their lives.” She believes this attachment can harm an individual’s self-perception.

Cale also thinks some people can become too dependent on celebrities. She adds, “I think whenever we are too dependent on anything, whether it’s with food or shopping or whatever, it can throw our lives out of balance. We can spend more time trying to figure out information on these people than focusing

on our lives and interacting with the people in our world.” She adds everyday relationships with those around someone can be affected because of the strong attachment to the celebrity world.

Teens are somewhat more vulnerable to “celebrity worship,” in Cale’s opinion. She feels because teens have so much energy and hormones, they can more easily be sucked in to celebrities’ lives. She adds, “I think celebrities’ lives seem exciting and glamorous to people. Real life is often about routines and things that aren’t real exciting and glamorous but are important. We get to have this momentary lapse into a fantasy world, so it sounds romantic and exciting.” Cale believes there’s a business side to celebhood people don’t get to see as well.

Carver adds different celebrities affect people in different ways. She tells, “A lot of them can make a positive influence and encourage service, happiness and laughter, like Ellen DeGeneres. Others are so desperate they objectify themselves which tells teens to do the same, and it’s never okay to treat yourself that way.”

Another segment in the *Choices* article is about “setting the record straight” about celebrities “having it all.” Demi Lovato responded to some of the popular “misconceptions” of celebhood and said, “Being a celebrity is a fulltime job.” She adds while some think there’s a high degree of independence as a star, most of her life is “scheduled down to the minute.” She also addressed another common belief about the “special treatment” they receive. “Fame comes with perks and downsides,” she says. “It’d be nice to do things...without cameras documenting our every move.”

As for celebrities living life to the fullest, Lovato says, “Living life to the fullest isn’t about experiencing more or less than others. It’s about what you decide to do with the experiences you have and the journey you take to get them.”



By Jarom Ralph  
Staff Reporter

Basic Vacation is an alternative/indie group. They are new to me, surprisingly enough with my hipster background. They have been around for some time, although they haven’t quite gotten their feet off the ground yet and developed a fan base. The music they offer isn’t breathtakingly interesting to listen to. Their music doesn’t jump out screaming, “I’m amazing, listen up,” but then again most bands can’t do that either. But they are good. I like their sound.

The group is made up of three members: Chris Greatti on vocals; Jon Paul on base; and drummer Mike Montalbano. Each of them have appeared in several previous groups and bands before beginning this group in early 2012. Greatti grew up playing the guitar and writing songs in Morrisville, PA, where he met Paul (who took up the base in 8th grade, later joining a jazz band) in Wellington, FL. They were hired on to a New York gig with a solo artist.

Not long after, they met Montalbano. Montalbano grew up in Brooklyn, NJ. He started playing the drums at age five after hearing Aerosmith’s, “Dude Looks Like a Lady.” He instantly fell in love with the instrument.

The band started out with little money and no fame, but they seem to be doing fine only two years later. I wouldn’t be surprised to be hearing their music regularly on the radio within the next three years.

Some things I don’t like about their music is the stereotypically cool things they put in their songs. Things like all the ohh’s and ahh’s. All the lyrics that at first sound creative become repetitive as the song develops.

In the first song, “I Believe,” the band chose all simple, yet deep, lyrics and continued repeating the same chorus several times as to make it easier to sing along with. The lead singer also makes his voice sound whiney, but it doesn’t have to be. He can sing so well, and he shows it in some songs, but instead he tries to go with the flow of music, doing things like Alt-J, Portugal, The Man, or MGMT. It’s not as original as it could be. They want hipsters to follow and listen to them, and it seems like a sellout. When they sing and play from the heart, it creates something amazing and they should do more of that.

Putting aside all the negativity, this is a really good band. Possibly the most alluring song on the EP would be “Worlds Collide.” In this song, the singer lets his voice come out; they repeat less and inspire more. The lyrics are deep and really mean something. You can feel the emotion.

Basic Vacation is still a fresh group. They haven’t gotten on the radio or onto many people’s playlists yet, but if they keep at it, creating more music, going on tours and finding their sound, they’ll come out with enough music and one or two of the songs are bound to take someone’s breath away. When that happens, people will go nuts trying to find more of their music. When they find it, they’ll be more than inclined to share it with their friends and family. The word will spread, and they will catch their big break.



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We'll take care of you

By Abby Wight  
News Editor

By the time senior year rolls around, students have one thing on their minds: getting out of school and onto bigger and better things.

Something hits seniors really hard in their last year of high school; an epidemic that plagues students until graduation day called senioritis. However, there are many things Warriors can do to avoid catching it.

**1. Take it easy.** Many students are mostly done with their credits by senior year, but if they still have credits to complete, many soon-to-be grads take fairly easy classes. However, seniors should also consider classes to prepare them for college, and some feel taking harder classes during senior year is the way to go. It all depends on the area of work they'd like to go into, and how much they want to challenge themselves. For sophomores and juniors, here's a little advice: get your harder classes done as soon as possible. Then you can relax a little more during your senior year. By doing this, students are often less stressed and can enjoy their senior year even more... which brings us to our next point.

**2. Enjoy yourself.** Senior year should be the most exciting year for every student. If you think about it, you'll never be in high school again, so why not have the time of your life? Ask people to dances, get more involved, go to as many games as you can and just have fun! Getting involved is such a great way to enjoy yourself during senior year, and, believe it or not, it will help students to keep from stressing out.

**3. Show up.** Sometimes it's hard to keep the motivation to go to class. To many, it sounds so much better to stay at home and sleep all day than it does to come to school. We've all been there, but it's so crucial that seniors show up to class, so they don't lose a ton of attendance credit just before they graduate. It's

# TOP 10

important for students to try not to lose attendance credit because it's a pain to make it all up. So be in class unless you want to be scrambling to make up attendance credit right before graduation.

**4. Turn things in.** This one is pretty simple, or at least it should be. Just turn work in on time, and you shouldn't have any problems getting good grades in each class. You don't want your grades slipping because of missing assignments, especially during the final stretch of high school.

**5. Get things done and out of**



**the way.** If you have anything to do at all, just do it: pay fines, do homework, and make up credits that need to be made up. It's also really important to start applying for scholarships and colleges. It's a lot less stressful for students to go through senior year if they get everything done on time before they graduate.

**6. Don't just give up.** We all know how hard it is to stay on top of things, and it's probably even harder during senior year. But the advice for students is to keep trying. Don't give up, no matter how hard it gets. If you do fall behind, keep pushing through and setting goals for yourself. It gets easier as you go.

**7. Get a job.** Working can be one of the most beneficial things you can do in your last year of high school. With a job, seniors can begin to save money for college, missions and other important events after they graduate. Jobs teach students to be responsible and also to save up money for things they'll need later on.

**8. Prepare for college.** For those who are planning on going to college, senior year is a great time to begin preparing. It's a good idea for students to start looking at their options if they haven't already decided on what college they want to go to. If they choose to, students can take AP and Concurrent Enrollment classes to give them a little taste of what college courses will be like. It's important for students to prepare for college even before senior year hits.

**9. Visit college campuses.** You don't want to be totally lost on your first day as a college student, do you? That's why it's really important for seniors to tour college campuses. Touring campuses can help seniors decide exactly what school they want to go to, and it can really give them a look at what college is like.

**10. Finish out strong.** If students follow all of the advice given, it will be easier to be confident as graduation draws near. If everything is in place by the end of the school year (grades are acceptable, fines are paid and memories have been made), then students should feel amazing about the end of their high school experience.

All of these tips will help present and future seniors avoid senioritis. Senior year should be full of fun and memory making, not stress and frustration.

## Bands chosen for region contest

By Ashley Vongbandith  
Staff Reporter

Battle of the Bands is featured with Weber's Got Talent show and is held annually. This year it was a competition between Warriors who formed bands and wanted to show off their music. Whoever wins the WHS battle, advances and goes to region at Northridge High School and possibly on to state. Winning the state competition would lead to getting a chance to record an original CD. The bands who were included in the Weber show were Escape, One Tree Down, Lightning over Dresden, Jack the Lad, and Oh, La-Brah.

Different genres of music were showcased at the battle. Some bands included singers while some were instrumental groups. Each band found a way to show off a different style with unique instruments.

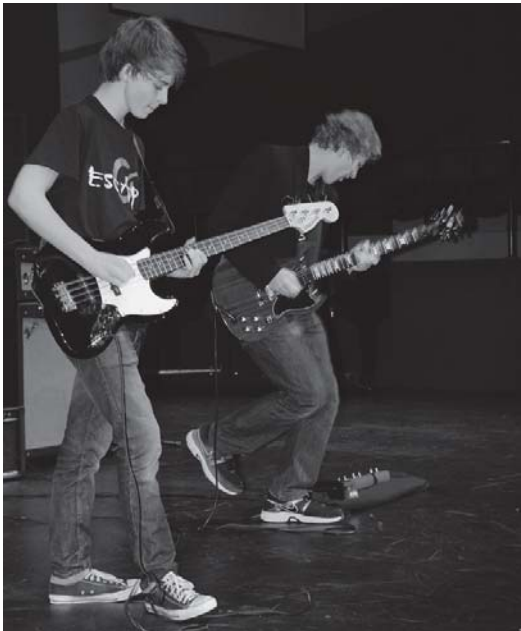
"Our band was a rock group. We had two electric guitars, a bass guitar, a drum set and our voices," says Josh Fawson from the band Escape.

"Our band had three band members in it, and we are an alternative Indie band," says Connor Ross from the band One Tree Down.

As for Oh, La-Brah, Jackson Kerbs tells, "Our group had four members and we were an Indie pop/rock band."

Skyler Vongbandith adds his group, Lightning over Dresden, has four members. "Since we couldn't find a singer, we're an alternative metal instrumental band. We have two electric guitars, bass guitar and a drum set."

Being on stage in front of family, friends, teachers and strangers may be a little scary, but each band tried to keep it together and had fun with



Josh Fawson (left) and Elias Skinner (right) of Escape were chosen to advance to region.

Photo by Cara Darr

their performance.

"I was so nervous, but the boys in the band weren't as nervous as me. I was scared because I was the singer in the band," says senior Michelle Hartvigsen from One Tree Down.

"I was really excited and nervous at the same time when I went to play," adds Vongbandith.

Ross says he too was a little nervous at first; however, it didn't last long. "Because I've competed in Battle of the Bands before, it wasn't so nerve-wracking," he says.

"I was pretty nervous at first, but once I got up there, it just withered out, and I was excited," adds Kerbs.

All the bands had reasons for trying out and wanting to perform. Battle of the Bands is a great opportunity to perform in front of people.

"We wanted to do it for fun. We love performing!" says Fawson.

"We've only been playing for a couple of weeks, and when we found out about the battle, we thought it would be really fun just

to try out and see how it goes," adds Hartvigsen. As for Vongbandith, his group loves music. "We wanted to be exposed to people," says Vongbandith.

Even though the members were somewhat stressed about the contest, they recommended it as something all bands should try for during next year's show.

"Of course I would recommend it! It is so much fun to do, and it gives you a chance to play in front of people," says Hartvigsen.

"It's really fun to do, so yes! I do recommend it for other bands," says Kerbs.

"I definitely would recommend it to others. I was in the show last year and I really wanted to do it again because it is really fun to do!" adds Ross.

Judges scored bands based on factors such as stage presence and technicality. Overall, Jack the Lad took first place with three points more than second place winners One Tree Down. The third band heading to region is Escape.

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# Morp presents relaxed, casual dance after Prom

By **Katie Montgomery**  
Editorial Editor

Morp and Prom are two dances the student body looks forward to in the second semester of the school year. What makes Prom and Morp stand out to the students is how they are related to each other. “Prom and Morp are opposites,” says Kayla Green, junior class officer. “Morp is literally Prom backwards.”

Prom, according to Quincey Pearce, student government advisor, is “supposed to be formal and really elegant. It’s formal dress and the students are usually better behaved than they would be. Guys ask the girls and take them out to a nice dinner. It’s usually nicer than what students are used to.”

Lauren Murray, junior class officer, says when she thinks of Prom, she thinks of a “a magical and fantastic night” spent with someone she has romantic feelings for. “I would think that Prom would be a night you wouldn’t forget. Prom should be something to remember.

You get to dress up in some fancy clothes with someone you’re sort of serious with. It’s romantic and a fairytale.”

Where Prom is considered proper and formal, Morp is more happy-go-lucky and amusing. “Morp is the opposite of Prom. It’s more casual, more carefree in a way. People usually dress like they do at school or even more casual. Girls ask the guys and everything is just more casual,” says Pearce.

While some would prefer comfortable over formal, Chase Dahl, junior class officer, says he enjoys Prom because of the more proper atmosphere. “I like Prom more than Morp because it’s fancy, in a good way.”

Murray says she enjoys Morp being the reverse of Prom. “It’s more like on the fun flip-side of things, like a party. Morp is something I can take my best friend and jam out and have a good time. It’s more casual and relaxed.”

“Both have their pros and cons,” says Chase Cragun, junior class officer. “It’s cool that Morp is girls’ choice, and it’s cheaper and more laid back. Prom is fun because it’s



**Mckay Hunt and Jackie Johnson were chosen as the reigning Prom king and queen.**

Photos by Cara Darr

fun to ask the girls and dress up.”

The junior class officers are in charge of planning Prom. “The students really do everything,” says Pearce. “They plan the theme and the decorations, they find the DJ’s and then they decorate for it themselves. If it’s the day of the dance they sacrifice their day dates to finish the decorations for the dance.”

“Choosing the theme is the best part of the officers’ responsibilities for the dances,” says Murray. “Trying different themes is the bomb, for real. It’s so much fun. I like the Prom theme this year but Morp sophomore year, that was awesome. We had a lot more freedom with it. It was easier and we had lots of fun with it and the dance was a blast!” he adds.

Cragun says the officers had a hard time agreeing on the theme for Prom. They wanted it to be perfect: romantic but appropriate for students.

The theme for Morp, chosen by the sophomore class officers, will

be “Black Light.” Morp will be held at Weber High on Friday, Apr. 18, at 8 p.m., and students are encouraged to dress up to match the design of the dance. “Dressing up last year for Morp was awesome! It made it so much fun,” says Murray.

Morp doesn’t cost as much as the more formal dances. Connie Perry, advisor for WHS sophomore class officers, says, “Morp is supposed to be a break from acting all strict after Prom. We don’t want to make it really expensive for those students who choose to dress to the theme. We want them to relax and not stress over this dance.”

Perry says she’s looking forward to Morp and hopes the student body appreciates the effort put into planning the popular dance. “This group of officers is really hardworking. I leave them alone and they do what they’re supposed to do and they do it well.”

“They really do a lot of work,” says Pearce. “All the dances are worth going to, most definitely.”

# Pranksters tell about past April Fool’s shenanigans

By **Miriam Gamos**  
News Editor

“Knock knock... who’s there?” April Fool’s is right around the corner. Preparing for the classical pranks is not something that can be left at last minute. Having a prank pulled on someone is much fun. It may be seen as a silly holiday, and it is. It’s that one time of year where anything could happen.

Classic pranks and practical jokes are the best. “Something I really want to try is to put Windex cleaner in a Gatorade bottle. The color is really similar, so I think I could pull it off. It may not be safe, but it’s not like the person is actually going to swallow it. Well, at least I hope not. Otherwise, I will probably get in some legal trouble for trying to poison someone,” said sophomore Zoe Kuba.

It seems that everyone has done a kid prank. “When I was little, I remember someone would say I had an eyelash on my cheek and of course, I would try to brush it off. It turns out I never actually had one. There was also this one time this kid told me I had a bug on my head, and, of course, like every other five-year-old would react, I freaked out. It was horrible,” said junior Sydney Loveless.

Sophomore Diego Ortiz has also had people perform pranks on him. “I remember when I was a kid, my cousin bought this rubber snake and put it outside my room door. I stepped out, and I stepped on it, so I looked down and ran around like a crazy man. I seriously wanted to punch my cousin.”

Then come some clever pranks. Spencer Moore, junior, said, “A few years ago, I was walking downstairs to eat some cereal. So I go to the cupboard where we keep the cereal and all that stuff, and there were Cocoa Puffs. As I am pulling out the cereal box, all the cereal comes pouring out from the bottom. Someone had opened the bottom of the box and bag.”

Moore was really mad because he had to clean it up. “It was really hard not to step on the cereal; otherwise, it would have made more of a mess. I still haven’t found out who decided to do that, but whoever it was better expect some revenge coming up,” said Moore.

Pranks that have a pun behind the concept seem to be the funniest. Senior Shayla Ocegueda remembers her punny prank. “My brother once told me he wanted brownies. April Fool’s was the next week, so I decided to make him some brownies. I basically just got a cake pan and cut some brown paper into the shape of the letter E. I later put the E’s into the cake pan and covered it with some tin foil, so he wouldn’t see right away what they actually were. I called him into the kitchen and after he sat down, I took the ‘brownies’ out of the oven to make it look even more realistic. He took the tinfoil off and started to laugh. I am glad he laughed and didn’t yell at my face. It was really funny.”

Sophomore Josh Fawson also had a few tricks up his sleeve.

“I remember putting red water all over my bathroom. I just took a few drops of red coloring dye and some water, but more of the dye, so it would look more concentrated. I called my mom into the bathroom and pretended that I was bleeding. She thought I was serious. Her reaction was super funny, but then I felt bad for worrying her,” he tells.

While it may be fun to initiate funny pranks, watch out for a vengeful victim. Karma may also play a part in peoples’ April Fool’s pranks.

“Later that day, I was going to put on some shoes, then I realized that I only had one shoe of every pair,” said Fawson. “I really had no idea what was happening. And I needed my shoes because I had to go out. I ran frantically all over the house and found them in my brother’s closet. I ended up missing the movie I was planning to see. I guess it is true what they say about karma; what goes around, comes around,” he says.



**Also attending Prom is Skyler Vongbandith, Taylor Mills, Kassidy Lewis and Carlos Espinoza Jr.**



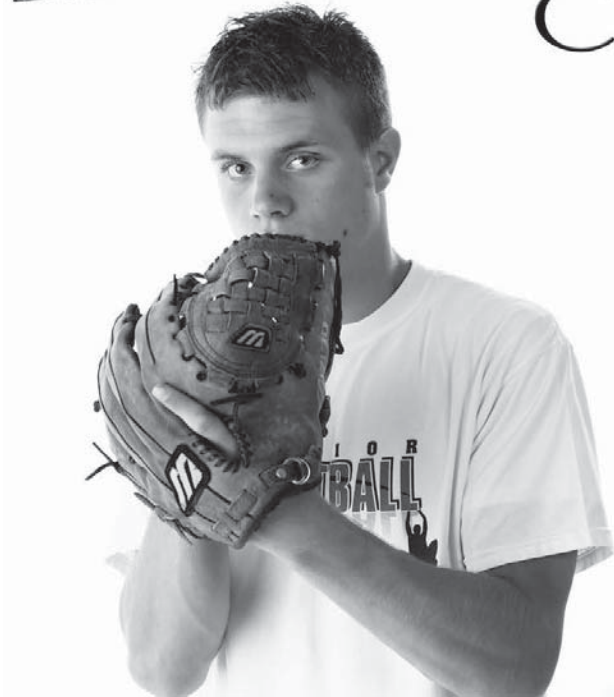
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# The good, the bad, the ugly in sports

By Chase Doughty  
Editorial Editor

Sportsmanship is not something every athlete possesses. It can be a two-sided quality, considering it has both good and bad qualities. “It definitely plays a role in the game [football]. You want to find kids who are willing to do whatever they can to be nasty. Those are the types of things in between the whistles and rules of the game,” says Hammer, head football coach.

He continues saying a good sport doesn’t have to “help everyone up that they hit, but just playing the game the right way. You can play with personality, you can play with swag, you can do those things but you don’t need to be the real nice guy where you beat them up, pick

*“Be honest and accept what happens. Never yell at your team or blame anyone for a loss.”*

them up and then do it all over again. If you appreciate the game, you’ll have good sportsmanship. If you don’t, then you won’t.”

Junior Hunter Bodle, softball player, says, “I think a good sport is someone who works hard no matter what and isn’t focused solely on winning.” She continues, “They achieve whatever goals they set out to accomplish.”

Bodle also adds the complete opposite of that, or a bad sport, is someone who doesn’t care about bettering themselves for the love of the game. “All they care about is being able to brag about how good they are,” she says.

Junior Bailey Coleman, junior, runner, also believes hard work is



Sophomore Jordyn Johnson takes control from Titans. Warrior athletes strive to show sportsmanship.

Photo by Levi Easley

an important key to being a good sport. “I think a good sport plays for the sport. They aren’t worried about what other people think. They’re mostly out there to have fun and treat other people/players kindly.”

Coleman has once played with people who were bad sports. “They were disrespectful to other players and that really bugged me. They got mad very easily at the players and didn’t play fairly,” she says.

“It’s easy in sports when people are competitive; it’s not just players though. It’s also coaches when they can’t accept the loss,” says Hammer as he describes a poor sport.

He adds, “I mean for me, I hate to lose more than I like to win. That feeling you get when you lose, some people just can’t handle it the right way. For me, it just makes it as if I need to work harder. Selfishness comes out in my opinion when you are being a bad sport.”

Being a bad sport can bring teammates down, especially when a team loses. According to bleacher-report.com, some say losing tends to bring out some bad qualities in a player.

Junior football player Jaxon Porter says, “A good sport has the will to win; however, if they lose they don’t make rude comments.” He also says a bad sport will be dirtier in competition and will find some-

one to blame for a loss.

Bridger Sanders, a sophomore football player, says he once was playing a basketball game, and the ref made a false call. He actually touched the ball when it went out, but the ref called it as if the other team touched it. He went up to the

*“A good sport has the will to win; however, if they lose they don’t make rude comments.”*

ref and admitted that he touched the ball, and the other team gained possession.

“Be honest and accept what happens. Never yell at your team or blame anyone for a loss,” says Sanders.

He also tells how he once had a teammate who would make a ton of unintentional fouls and was not a very good sport. “They were yelling at the ref and pushing, as well as making fouls that weren’t necessary,” he says.

A good or bad sport can change the way teammates and other people look at them. Warriors are trying to make the best out of every game and show good sportsmanship.

# Winter Olympics produces glory, competition, political controversy

By Alexis Rague  
Sports Editor

From adopting abandoned puppies to dangerous downhill slopes, the 2014 Sochi Olympic Games have been full of unexpected surprises. Even though there were some sporting and political controversy throughout the events, the Sochi Games have, nevertheless, proved to be an extraordinary success for all countries around the world.

Much happened during the 17-day event hosted in Sochi, Russia. Overall, Russia came out on top with a total medal count of 33, while the United States came in second place with 28 medals. However, whether landing on the podium or lamenting about what might have been, many of these athletes have displayed world-class performances that will be remembered across the globe.

Starting with history-making, Mikaela Shiffrin (USA) at age 18 became the youngest woman ever to win an Alpine Skiing gold medal. Another age-defying athlete, 40 year old Ole Bjordalen, took gold for Norway in the men’s Biathlon, becoming the most successful winter olympian of all time. In ice dancing, Meryl Davis and Charlie White became the first USA couple to win gold. In the freestyle skiing event, both Canadian sisters Justine and Chloe Dufour-Lapointe took gold and silver. Like freestyle skiing, snowboarding gave a new debut in Sochi with slopestyle and parallel slalom. Again, it was the USA athletes who took to the podium with Jamie Anderson winning gold in women’s slopestyle and Sage Kotsenburg of Utah taking gold in slopestyle, throwing his famous “Holy Crail” trick to snatch the win.

These are just a few of the many defining athletes of the 2014 games. However, not all were very successful in their Olympic experience. Two-time gold medalist Shaun White of USA was

dethroned at the half-pipe competition by Switzerland’s Loui Podlatnikov, and White went home with fourth place. America’s women’s hockey team blew a last-second chance at gold in a heartbreaking overtime loss. Lolo Jones, both a winter and summer Olympian, was also unable to reach the podium; her USA bobsled team took sixth place.

However, many still enjoyed watching their favorite Olympic events, regardless of the less-than-stellar finishes. The figure skating event is especially popular amongst Warriors and many are interested with the new “team-element” added to the Olympic debut.



“I loved to watch figure skating,” says Bailee Juroshek, junior. “The skaters are just so amazing, the way they slide across the ice so elegantly.” Alex Krebs, junior, agrees figure skating is also his favorite part of the Winter Olympics. “I would say that I liked the figure skating because it’s fancy and pleasing to my eyes!”

Also making Olympic history was the addition of the women’s ski jumping event. “I liked watching the ski jumping because it’s something I think would be cool if I could do,” says Mr. Giatras, science teacher. For Brian Wheeler, sophomore, the skeleton event is his favorite sport to watch. “I like the men’s skeleton; that was really interesting. I like it because I think it would be cool to go that fast.”

However, with all the history being made, some unexpected controversies also surfaced during the games, including sport-related issues and political problems. Starting with the bad conditions in the

skiing and snowboarding courses that were so intense, Shaun White had to drop out of one event. Many accused the event officials and judges to be “rigged,” especially in figure skating and ice hockey. The controversy surrounding the figure skating event especially stirred up some debate amongst viewers.

“The most surprising thing that I think happened during the Olympics was the ice skating controversy,” says Wheeler. “I think it might have had an unfair score amongst the judges.” According to the figure skating results, Russian teenager Adelina Sotnikova stole the gold with a performance many believe was not as strong as the silver medalist Yuna Kim of South Korea.

Along with event conflicts, athletes also endured political clashes with Russia, such as the country’s anti-gay views and their mass killing of stray dogs during the Olympics. Some athletes like Gus Kenworthy, silver-medalist in freestyle skiing, smuggled home puppies to be adopted. Others rioted Russia’s gay intolerance laws.

And despite being the most expensive Olympics to date, Sochi still encountered technical problems, such as malfunctions during the opening ceremony when one of the five rings would not open.

“The controversy that surprised me the most was the rumor about the mechanic that was in charge of the rings was ‘murdered,’” says Krebs.

The Olympic games gained a lot of attention from critics and supporters this season. “I thought the Winter Olympics this year was very interesting, especially with all the controversies,” says Wheeler. However, amidst all the disappointments, conflicts and expectations, athletes and fans all around the globe still enjoyed the Olympic events and came together in overall unity.

Brigham McKay, junior, adds, “I like cheering on my country because of the immense feeling of patriotism that comes with it.”

Additional reporting by Meg Henley

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# Letterman jackets symbolize hardwork, dedication to sport

By Erin Geiger  
Editor in Chief

Carpet-like letters and pictures sewn against leather—the coveted letterman’s jacket. As the three years in high school pass, more and more of these jackets are earned as sports’ seasons end, and high school life draws to a close. They look nice, but they mean more.

Students can earn a letter in just about any group; there are letters given in academics (math, English, etc.), arts (drama, speech, etc.) and athletics (football, volleyball, etc.). The dictionary.reference.com defines “varsity letter” as “an award earned by participation in a school sport.” However, there’s more to lettering than just throwing, kicking or catching a ball.

Katherine Bradley, a writer for eHow.com, says, “Earning a varsity letter is a major accomplishment in the world of athletics. [Earning a letter] is evidence that you have excelled not only on the playing field, but also in the classroom.” She adds the requirements to letter vary depending on the sport and school but overall there are certain academic, character and athletic requirements that must be met.

Ms. Knight, head coach of the girls’ soccer team, says they follow a type of rubric when deciding which girls will letter. She says the girls are awarded points for being at every practice, playing in the varsity games, participating in fundraisers and staying eligible to play.

Knight and her other coaches awarded 21 lady Warriors letters to put on their jacket this past season. “As long as they’re meeting the requirements, there isn’t any reason for them not to letter,” she says. She also adds the biggest factor in deciding who will letter is playing time.

“The girls are given points for the amount of varsity halves they play in. There are about 32 halves

and the girls have to play in a certain number of them in order to letter.” If one of the girls didn’t quite meet all the other requirements, the coaches may bump them according to playing time.

Coach Hammer says there’s also a playing requirement to letter in football. “They need to play in 66 percent of the varsity quarters. It can be just one single play in the quarter, but they have to be in a certain number of the total quarters,” he says. There are other things the coaches look at when deciding who will letter in football, including showing up to practice and doing what they’re supposed to be doing. Overall, 45 football players were given a letter this year.

There is one exception to the cut-and-dry rubric technique. If a senior on the football team doesn’t meet the 66 percent of quarters,

**“Earning a varsity letter is a major accomplishment. It is evidence that you have excelled not only on the playing field, but also in the classroom.”**

the coaches will look at their other areas to see if they deserve to letter anyway. Hammer says the only time they’ll “bump” a player to receive a letter is if the athlete is a senior; these decisions are made “at the coaches’ discretion.”

Will Palmer, senior, doesn’t really see the rubric side of lettering, though. As an athlete, he has to focus on excelling in the areas that make up the rubric categories. He has lettered in cross country and swimming multiple times, and says someone needs to love doing their sport in order to letter.

“For a lot of people, it’s hard to jump in the pool and work. If you [get to practice] and want to swim, you’ll swim better in your races. When you do your best and earn

points for the team, you letter,” he says.

Earning a letter in high school is somewhat like a jewel to add to a resume. Not only will colleges see that an athlete lettered, but the coaches will as well. Knight says her girls can put their lettering information on their player profile.

Hammer, though, doesn’t think college coaches look to see if the athlete lettered in high school. “With college sports, the coaches are just looking to see if the player is a good fit for the team. It’s about playing, not the letters,” he explains.

For the athletes who earn the letters, they aren’t just cute decorations. They act as symbols, representations of what they’ve been putting their time and effort into. Palmer says, “The letter means I did my best in races and I contributed to the team.” Haylee Chugg, a senior who’s lettered in golf and softball, says, “It takes a lot, so it means a lot. To me, lettering means I worked hard for my team.”

“I felt softball was harder to letter in. With golf, everyone letters. My sophomore year, everyone on the softball team lettered because we won the state championship. My junior year in softball, not everyone lettered. I started every game and played in every game to letter that year,” Chugg tells.

Are letterman’s jackets there just for bragging rights? The athletes don’t necessarily think so. Palmer thinks the jackets “show [athletes] have accomplished something and worked hard.” Chugg says, “I don’t think it’s bragging. I think it lets you show everyone your hard work.” She adds it’s a “reward” for those who push their hardest and give their best effort.

“I think [earning a letter] might mean something different to each kid,” Knight says. She also thinks the purpose of lettering and letterman’s jackets is motivation.

“It gives athletes something to work for. It might just be enough to get them to give that extra effort.”

# Coaches suggest cross training

By Aleesha Mauchley  
Assistant to the Chief

Cross training is a broad type of conditioning to get athletes out of their regular routines. It helps build new skills and contributes to one’s overall health.

Weber High track coach Richard Corbridge says, “Cross training is usually described by using a variety of training modalities to help improve athletes overall condition. It is used in athletics to get them away from their sport to help the mental and also the physical aspect of the athlete.”

However cross training isn’t an exact science, and there isn’t one right way to do it. “There is a variety of different types of cross training. The goal is to ensure that the athlete is achieving overall fitness,” Corbridge adds.

When cross training, Corbridge says people can use a variety of equipment from weights to bands, shots, medicine balls, stairs, exercise balls, ropes, etc. “Cross training is still training. The key to it is to work hard and ensure that you have correct technique in whatever you are doing,” he says.

Some people may think this type of training is more difficult than other exercise routines. Matt Hammer, Weber High football coach, says, “Harder is a cop out, in my opinion. Any training you do is about the effort that is put into the training. I believe it is more well-rounded than the traditional training. They will have better functional strength doing this type of training.”

While there isn’t an exact guideline for cross training, there are



Senior Jordan Basset stays in shape by using cross training techniques in the weight room.

Photo by Bert Whitt

some examples. Corbridge gives on how to train. “We could take a track and field athlete and instead of running on the track every day, we could take them to the pool and swim one of those days,” he says. Hammer adds, “It’s also a mixture of weights, cardio and body weight lifts all in one. Equipment will be different, it really depends on the workout and age of the group; squats or body weight squats, bench press or push-ups, deadlifts or good mornings, push jerk or pull-ups, etc.”

As far as the best places to cross train, Corbridge says, “There is no set place for someone to workout. Usually you will go to a different site then what you typically train at just to get some variety, but you can cross train at your normal facility. Cross training is not harder, it is just different from what you have been doing.”

While some may feel following the same training routine will work for them, Corbridge believes changing up exercise will have better benefits. “For the athlete, the number one benefit is to ensure overall training. Many times we focus so much on one aspect of the sport, that we miss part of the training. Cross training ensures that the athlete will be well-rounded in fitness,” says Corbridge.

Another benefit Corbridge sees in cross training is it helps an athlete

mentally. “It is tough to train six to seven days a week, especially if it is the same workout day in and day out. Change has a way of helping the athlete refocus and keep their mind engaged in the workout and ensure they do not get bored,” he adds.

“It helps them with the physicality of the game rather than making them just go and run laps or sprints,” says Hammer. “You get cardio as the workout goes. Also, mentally tough people can find that dark place where it hurts and push through, and this is a great avenue to do so.”

Since cross training can help athletes become physically stronger, Corbridge also says it helps athletes with injuries.

“Another reason to cross train is for rehab. If an athlete is injured, we will have them cross train to stay in condition. If track athletes have shin splints and are not able to run, we can put them on a bike or in the pool or even on an elliptical to allow them to still workout and help with the stress on their legs. Almost every program in athletics will use some type of cross training during their training regiment,” says Corbridge.

Both coaches plan to cross train in their physical education classes and when training athletes. “I love it, that’s why I teach this way,” says Hammer.

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# Warrior receives softball honors

By **Michelle Hartvigsen**  
*News Editor*

Senior Hannah Charlton has been playing softball since she was in fifth grade. She tried out for the junior high team in seventh grade and has been a starting player ever since. Dedication such as hers does not go unnoticed.

Charlton has been awarded a softball scholarship at a community college in Colby, Kansas. A Division 1 Junior College, Colby Community College will offer full tuition and book fees for two years. However, this has not been the first scholarship opportunity for her. Over the past two summers, other colleges have watched her play. “Colby Community College stood out to me the most. The coach is awesome, and I really like his coaching style,” says Charlton.

Getting to this point has taken lots of hard work and dedication. Not only has Charlton played for her junior high and high school softball team, but she has also been on several competition teams to help build her skills and give her experience. Getting a lot of practice has made her a diverse player, and her coaches have considered her to be a “utility player,” being able to play different positions well. Her primary position is shortstop, and her second favorite position to play is center field.



**Hannah Charlton, senior, was offered a two year scholarship for a Community College in Colby, Kansas.**

Photo by Cara Darr

“There is nothing like being on that field for seven innings and then walking off the field drenched in sweat knowing that you gave it your all and that you left everything on the field,” says Charlton. She plays for the challenge both physically and mentally and loves to work for the moments that are remembered, such as a winning hit or a diving catch to end the game.

“I love the game. It’s as simple as that. I play because I love the atmosphere of the game; to hear the crowd cheering you on and the intense feeling that is brought as the game comes to an end,” she says.

Charlton also credits her family and friends who support her. “My biggest support is my family. They are always there to cheer me on whether it be raining, snowing, hailing, or even the hottest day of the year,” she says.

As she reflects on those who support her, there is one person who has been a main influence. “My number one fan and supporter would have to be my dad, though. He was the one who would drive

me to tournaments hundreds of miles away and be there by my side through it all,” she says. “I felt very blessed and loved to have all of them come watch me play.”

Charlton plans on attending Colby Community College for her two year scholarship and to get started on her degree. She has not yet decided whether she will play two more years after Colby at a university. Her current plans are to become a physician’s assistant.

Charlton gives words of advice to aspiring athletes, saying to never give up. “It’s the most incredible feeling in the world to achieve your goals that you set for yourself. And once you achieve one goal, you move to the next. It’s a never-ending process,” she says.

Her biggest struggles on and off the field have been her self confidence and the fear of making mistakes, struggles that she believes a lot of people can relate to. She says, “There are times when you want to give up because it’s the easiest way out of the situation. But giving up is not an option. Never give up. Don’t limit your potential. My favorite quote is, ‘Never let the fear of striking out keep you from playing the game.’ To me, this is saying that no matter what goes wrong, no matter who says that you can’t do it, don’t let that keep you from playing the game. You have to believe in yourself and have that self confidence in yourself and know that you can do anything.”

# Athlete awarded scholarship

By **Elizabeth Josephson**  
*News Editor*

Auston Jeffery Tesch, senior, was recently offered a full ride scholarship for athletics to Weber State University.” He played running back and linebacker for the WHS football team.

As a child, his mother Laura says, “He was a very active kid, into everything. He loved sports at a very young age. He was our little darling.”

Although he was interested in football early in life, his mother made him wait until he was a bit older to start. “He wanted to start playing when he was five or six but I was too scared and I told him he had to be bigger. I was worried about it, so I made him wait.” Tesch says, “I started playing in 4<sup>th</sup> grade, so I was probably 10 or 11.”

Although other colleges didn’t offer him scholarships, BYU and Utah invited him to walk onto their teams. “With that situation, it’s a lot harder to be a walk-on than to earn a scholarship,” he says.

“[Weber State] was kind of the best option. There was a lot of influence from the new coaching staff there. The hometown hero thing really sparked my interest, too,” Tesch adds. “Playing for them will be a great opportunity.” His scholarship will cover books, tuition and fees.

To qualify for the athletic scholarship, Tesch says, “I had a really good year during school, really good grades; then I played really well in football, and just kind of caught the coach’s eye. They started recruiting me and offered me a scholarship and asked me to come play for them.”

After graduation, Tesch has plans before college. “I plan to go on a mission (for the LDS Church) and when I get back, I’ll come home and play football.” He is not sure yet what he wants to study when he returns and goes to college.

As far as people who helped Tesch receive his scholarship honor, he says “mainly friends and family and especially Coach Ham-



**Rising football star Auston Tesch, senior, accepted a scholarship to play football at WSU.**

Photo by Brittany Slater

mer.”

According to Coach Hammer, Tesch has the “ability to be very active and always around the ball” when playing football. “His length, speed, toughness, physicality and mental toughness” are what Hammer says make him a good player. The reason Coach Hammer believes Tesch got his Scholarship is “he showed on a consistent basis his ability to make plays.”

Hammer, who has known Tesch for a little over a year, says he most admires Tesch’s “willingness to put his teammates first.”

Mrs. Tesch adds she most admires his “dedication and hard work; when he sets a goal he really keeps it. And then he is just such a kind and gentle boy, and I love that about him.”

The most enjoyable thing about coaching Tesch was “his passion for the game,” says Hammer. “He is so quiet, but get him on the field

and that passion comes out.”

Tesch is also described as a typical oldest child, according to his mother. “He feels like he has to take care of all the little kids, and he sometimes wants to be the adult and give them good advice. He is a very good big brother,” she says.

“When you start playing when you’re little and put so much time and effort into it, a love for the game grows. You kind of get a passion for it, especially when you start getting good,” Tesch says. He added he enjoys being able to go out and show off his talent and all the hard work he’s put into the sport.

“I enjoy my teammates, too. Being able to work along with them and seeing how far we can get. Seeing all the things we can accomplish is really rewarding and fun to see,” he adds.

Tesch said he likes to believe football helped him become the person he is today. “A lot of the relationships and things I’ve done through football have helped me in my life and have helped keep me out of trouble. It’s for sure had a big influence on me,” he says.

(Additional reporting by Erin Geiger)

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## MOST IMPROVED

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Charlie Barber, Austin Jones, Quinn Longhurst

## BEST ATTITUDE

Charlie Barber, Stanton Wiser

## MOST INSPIRATIONAL

Brennin Erickson, Stanton Wiser

## TEAM SPIRIT

Trevin Schmanski, Grayden Guthrie

## BLOOD SWEAT & TEARS

Parker Wilson, Brennin Erickson

## MOST DEDICATED

Alexander Kelly, Parker Wilson, Brennin Erickson,  
Heston Woolsey, Walker Nipko, Garrett Hoyt

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When the road you're trudging seems all uphill;  
When the funds are low, and the debts are high;  
And you want to smile, but you have to sigh;  
When care is pressing you down a bit  
Rest if you must, but don't you quit.

Success is failure turned inside out;  
The silver tint of the clouds of doubt;  
And you can never tell how close you are;  
It may be near when it seems afar.  
So, stick to the fight when you're hardest hit  
It's when things go wrong that you mustn't quit.

## DIVISION A 2014 PLACERS

### SECOND PLACE:

113- Heston Woolsey

### THIRD PLACE:

152- Garrett Hoyt  
195- Devon Childress

### FIFTH PLACE:

120- Cole Kendall  
126- Stanton Wiser  
145- Tallon Romero

### SIXTH PLACE:

132- Taylor Treasure  
160- Brennin Erickson

### SEVENTH PLACE:

182- Tyler Schenk

### EIGHTH PLACE:

138- Tyson Treasure

## STATE 2014 PLACERS

### FOURTH PLACE:

113- Heston Woolsey  
152- Garrett Hoyt

### FIFTH PLACE:

126- Stanton Wiser

### SIXTH PLACE:

120- Cole Kendall

## FASTEST FALL

Stanton Wiser :27

## MOST JUNIOR

## VARSITY FALLS

Quinn Longhurst: 12

## MOST TEAM POINTS

1. Brennin Erickson	209
2. Heston Woolsey	207.5
3. Devon Childress	162.5
4. Stanton Wiser	162
5. Garrett Hoyt	157.5

## MOST FALLS

1. Brennin Erickson	26
2. Heston Woolsey	20
3. Stanton Wiser	17
4. Devon Childress	16
5. Taylor Treasure	15

## MOST TECH FALLS

1. Heston Woolsey	3
1. Devon Childress	3
2. Garrett Hoyt	2
2. Tyson Treasure	2
2. Jared Dickson	2

## MOST 3PT NEAR FALLS

1. Heston Woolsey	25
2. Tyson Treasure	22
3. Garrett Hoyt	22
4. Devon Childress	17
5. Taylor Treasure	12

## MOST 2PT NEAR FALLS

1. Heston Woolsey	27
2. Brennin Erickson	17
3. Garrett Hoyt	12
3. Devon Childress	12
4. Jake Kendall	10

## MOST JV WINS

1. Austin Halbert	21
2. Jared Dickson	19
2. Trevin Schmanski	19
3. Dyllan Holmes	18
3. Quinn Longhurst	18

## MOST MATCH PTS

1. Heston Woolsey	397
2. Cole Kendall	290
3. Garrett Hoyt	238
4. Devon Childress	237
5. Brennin Erickson	214

## MOST WINS

1. Heston Woolsey	38
1. Brennin Erickson	38
2. Stanton Wiser	34
3. Garrett Hoyt	32
3. Cole Kendall	32

## MOST DECISIONS

1. Cole Kendall	14
2. Tallon Romero	13
3. Stanton Wiser	11
4. Garrett Hoyt	9
5. Tyson Treasure	9

## MOST ESCAPES

1. Parker Wison	40
2. Cole Kendall	37
3. Tallon Romero	36
4. Tyler Schenk	32
5. Brennin Erickson	32

## MOST REVERSALS

1. Heston Woolsey	37
2. Tyson Treasure	35
3. Cole Kendall	30
4. Stanton Wiser	29
5. Taylor Treasure	24

## MOST TAKEDOWNS

1. Heston Woolsey	88
2. Cole Kendall	71
3. Devon Childress	58
4. Garrett Hoyt	45
5. Brennin Erickson	41
5. Tallon Romero	41

## WARRIOR WRESTLERS

### FRESHMAN

Brendan Armstrong  
Braden Holmes  
Austin Jones  
Hunter Larsen  
Quinn Longhurst  
Morley Sullivan

### SOPHOMORES

Austin Halbert  
Cameron Benally  
Mason Clark  
Garrett Hoyt  
Grayden Guthrie  
Kade Peterson  
Tyson Treasure

### JUNIORS

Jared Dickson  
Brennin Erickson

### JUNIORS Continued

Dalton Hatch  
Cole Kendall  
Jacob Kendall  
Walker Nipko  
James O'Driscoll  
Tallon Romero  
Tyler Schenk  
Trevin Schmanski  
Taylor Treasure  
Stanton Wiser  
Heston Woolsey

### SENIORS

Devon Childress  
Dyllan Holmes  
Alex Kelly  
Logan Parkin  
Parker Wilson

## TEAM STAT GIRLS

Bethanie Woolsey,  
Dayley Peterson, Krystal Ruiz  
Madison Steel, Shelby Wiser

## TEAM CAPTAINS

Alex Kelly, Parker Wison,  
Brennin Erickson

## TEAM COACHES

Head Coach: Jonathan Giatras  
Assistant Coaches: Tucker Nipko,  
Lonnie Kendall, Rendon Shields

## WARRIOR LETTERMEN

### FRESHMEN

Austin Jones  
Brendan Armstrong  
Braden Holmes  
Hunter Larsen  
Quinn Longhurst

### SOPHOMORES

Austin Halbert  
Cameron Benally  
Garrett Hoyt  
Kade Peterson  
Tyson Treasure

### JUNIORS

Jared Dickson  
Brennin Erickson

### JUNIORS Continued

Cole Kendall  
Jake Kendall  
Walker Nipko  
James O'Driscoll  
Tallon Romero  
Tyler Schenk  
Trevin Schmanski  
Taylor Treasure  
Stanton Wiser  
Heston Woolsey

### SENIORS

Devon Childress  
Dyllan Holmes  
Parker Wilson

## DUEL MEETS

21-WEBER	42-BEAR RIVER
39-WEBER	42-CLEARFIELD
35-WEBER	38-LAYTON JV
36-WEBER	36-SKYVIEW
45-WEBER	28-MORGAN
56-WEBER	23-DUCHESNE
56-WEBER	9-PRESTON
57-WEBER	6-DAVIS JV
51-WEBER	20-NORTH RIDGE
36-WEBER	39-FREMONT
34-WEBER	34-LOGAN
41-WEBER	33-ALTA
57-WEBER	12-SKYVIEW
30-WEBER	36-DAVIS
9-WEBER	52-LAYTON
38-WEBER	34-VIEWMONT
21-WEBER	48-SYRACUSE
34-WEBER	32-BINGHAM
39-WEBER	32-PLEASANT GROVE EXT
41-WEBER	36-WEST
42-WEBER	30-LEHI
60-WEBER	18-SYRACUSE JV
22-WEBER	37-VIEWMONT

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**Superhero  
spotted among  
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# THE WARRIOR NEWS INTRUDER

**APRIL 2014**



**Warriors subject to  
food poisoning?**



**Beware the  
Ginger Vampire!**

**Students  
plot to  
take  
over  
school**





Mr. Rawlins realizes he is not just a teacher, but an adventurer and promises to explore the world.

Photo by Bert Whitt

# Rawlins travels world fulfilling his destiny

By **Ima Funne**  
Staff Comedian

One Monday morning, Mr. Rawlins arrived at school extra early and started his class with a work day. Something was distracting him, though. All during the class, Rawlins dreamed.

“I dreamed I was running in a marathon. It was the largest marathon I had ever seen,” said Mr. Rawlins.

The following day, he lectured and went to his desk afterward. He started dreaming again. “I was flying a homemade plane. I don’t know how I did it, but I did,” Rawlins adds.

Rawlins knew he wasn’t a dreamer, so his dreams must’ve had

**“It was my dream to meet the Broncos. Who would have known I would be playing for them?”**

a purpose. “I assumed I needed an adventure. I was dreaming the coolest but most unique adventures. So I decided to do something about it.”

This decision marked the start of his secret life. After school got out for summer, Rawlins got ready for an adventure. He started by running a marathon. “I ran in a competition to the top of Ben Lomond. I climbed it in record time. Then I used a hang glider to jump off the peak, and I landed on the WHS football field. I won by reaching the top, but I kind of overdid it by gliding off what an adventure.”

The competition happened to win him some cash, so he flew to South America. He then went on to find a sunken treasure ship.

“I went scuba diving deep into the ocean. Upon arriving at the sunken ship, I had to fight off 14 sharks that appeared to guard it. However, that wasn’t the only thing guarding the ship. When I resurfaced, pirates were awaiting me. They took my heavy chest of treasure and put it on their boat, despite my warnings. The chest sank the boat. I was okay because my boat could handle it,” he added.

After he sold the treasure, he traveled to Africa. He spent a lot of money on people who really needed it. “I spent thousands on charity. However, I left early because lions like white meat.”

After his Safari, he went to the

Middle East. He rode a camel across the desert to prove that it would only take a couple of days. He was wrong. Rawlins only survived because a sandstorm blew a pack of Twinkies and some Sunny D his way. The original owner wasn’t so fortunate. “I was lucky a generous man left me some snack-age.”

After his near death experience, Rawlins became addicted to adrenaline. This resulted in him renting a Lamborghini, which he drove on the Autobahn. “I drove that car at 150 mph. I wouldn’t recommend anybody do this, but I did and after I hit 80 mph, I got that adrenaline dose I needed.” It is rumored that Rawlins is the only person to go that fast and not “funkt out.”

Next, he flew to Thailand. He went to meet the monks who he admired for their discipline. He soon left after realizing conversation was lacking.

On his way back to America, he saved a whole passenger plane from near death. “I landed the plane miraculously after the pilots became ill. It was fate because the pilot’s brother’s best friend’s cousin knew Peyton Manning. From his act of bravery, Rawlins found himself on the field in a scrimmage. His QB rating was actually rated 1.3 more than Manning’s after they crunched all the numbers. Manning was heard muttering, “Where was he during Super Bowl 2014?”

“It was my dream to meet the Broncos. Who would have known I would be playing for them?” Rawlins added.

After coming home, he helped a British man, who is only known as Casey Bond’s uncle, jump start his Aston Martin. This man offered him a ride home instead of taking a taxi. When Rawlins got home, he was very different.

“Let’s just say I learned Tae-Kwon-Do very quickly, and I’m set to travel to London soon for a business meeting,” he said.

With the school year nearing its end, nobody has known about Rawlins’ adventures that make up his secret life. “Most don’t even know I do these crazy things. They think I’m just a computer/business teacher at WHS.” However, now they do. His journey has actually altered his outlook on life. “I have always been happy, but my travels have been very adventurous and enlightening.”

It’s a mystery as to whether Mr. Rawlins will continue his secret life. Maybe he is done... maybe he isn’t. Nobody knows for sure what will happen next in the secret life of Alan Rawlins.

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# Tarzan’s Olsen revealed to be apeman

By **Anita Bathe**  
Staff Messy Person

If you went to this year’s Weber Productions class musical, *Tarzan*, you were probably astounded at the skill and ease that Jared Olsen, senior, swooped across the stage. The whole thing was realistic for a reason—Olsen is, as the *Intruder* can exclusively reveal, an apeman.

“I actually chose to put on *Tarzan* just for Jared,” says Mark Daniels, Weber High drama teacher and the man who made the show happen. “We had a ready-made vine-swinging star, and the play fit him perfectly. The attitude and dedication that the actors put into the play is what makes it great. Because Jared could relate so well to his character, the aura of the play was better.”

“The most difficult part of this play was my pronunciation,” says Olsen. “I’m used to grunting, but not to people! Ape-talk is different from English, almost like Russian, if you’ve ever heard that! Nah, just kidding...I can’t help but monkey around.”

“Jared had trouble remembering his lines,” says Paige Norman, senior. She played Jane in the show. “It was challenging work but definitely rewarding!”

Not only was being in the play fun, but she also found Olsen might just be her real-life Tarzan in more than one way.

“Our on-screen relationship developed as our off-screen one did,” says Norman. “He can be such an ape sometimes, but I guess that’s normal for guys! It’s worth it; all of his hair doesn’t bother me, either.”

One may wonder why Olsen’s

secret hasn’t been leaked before. John Child, senior, who played Clayton in the play, answers this.

“He hides it well, under normal circumstances. When he’s around other people, you can’t tell his origins...not if you aren’t looking. However, we decided to double and went with our ladies to the zoo. While we were by the gorilla exhibits, he seemed to be more like them than us. He was talking about setting them free. That’s when I started wondering. Then, a couple weeks later, I saw him at the grocery store with, I kid you not, a shopping cart full to the brim of bananas! They were practically falling out, there were so many! Nobody can eat that many bananas and still call themselves human. That was the moment I knew he wasn’t what he appeared to be.”

The rumors of apes living among North Ogden residents have not, perhaps, been too popular as gossip topics, also saving his secret from discovery. For years, though, they’ve been underground. Rumors of an ape colony living atop Ben Lomond Peak have been circulating through hiking folks’ tall tales. Utahapeencounters.org is a website set up for people who are having difficulty getting over their ape encounters, or hikers looking for someone, anyone, who will listen to their rather eccentric claims. Among these individuals, reports of both kidnapped children and car fresheners have lead to many nightmares. Some people just can’t live without their vanilla and banana scented automobile fresheners.

“I was far too little to remember anything,” Olsen says about his alleged kidnapping. “It took me forever to start suspecting that I was



Jared Olsen, senior, instructs proper ape posture to humans who want to act like apes.

Photo by Cara Darr

adopted. By the time I asked (I was nine), they were itching to tell me... or from the fleas, I can never really tell. They were actually surprised that I hadn’t asked before then. We had a very long ape-to-man talk; we decided that I needed to go to public school. To give me a bit of advantage with the ladies, they taught me how to swing on vines—because what girl doesn’t dig that?—and to sing. Let’s just say that they’ve helped my cause quite a lot!”

Mr. Daniels is very confident in the apes’ singing abilities. “I’ve actually sent kids to them for lessons,” he enthuses. “They’re amazing teachers, and all they charge for their expertise is a bunch of bananas! In three lessons or less, you’ll be a world-class singer, guaranteed!”

Of course, when Olsen has to get

along with 30 primates, things can get a little hairy.

“When I went up to meet them, they were really lovely,” says Norman. “I mean, the smell was a bit striking at first, but you get used to it. His dad was so funny! I couldn’t understand them too much, but they made sure to communicate embarrassing baby stories to me.”

Olsen adds his ape family is the best family he could ask for. “They’re a very rambunctious lot. You don’t want to get on their bad side, but if you do, they’ll forget it after being mad for a while. They’re forgiving; apes don’t keep grudges like people do. That’s why I love being an ape, making each other feel good is our number one priority!”

“And, of course,” he adds with a smile, “I don’t mind the limitless supply of bananas.”

# I.D. cards track students’ every movement

By **Jess Kidnya**  
Staff Prankster

Earlier this year, the dash for cool or comfortable lanyards began. Weber students scrambled for the lanyards, so their newly issued student I.D. cards could be seen at all times. Administrators passed this new rule with the guise of being able to properly identify students and keep Weber safe, but sources have revealed why I.D. cards are really here.

“I think they’re tracking us,” says an anonymous senior. “One day I was going to the Straw Market, you know... stuffing second, and all the sudden I see Talbot and the school officer on a golf cart behind me. It was freaky.”

Students throughout Weber have experienced this phenomenon. Even an outside observer with absolutely no interest in the matter noticed the increasing amount of out-of-school trips the administration has been making.

“I can’t tell you much, but I can tell you that it’s all a government conspiracy, man. ‘The Man’ is trying to keep us down,” says the senior. “I had put my I.D. card in my pocket and forgot it was there. Anyway, it ended up setting off a few metal detectors when I went to the mall.”

Which raised the question, what’s metal doing in plastic I.D. cards? When asked, Principal War-

dle claimed to not know anything about the strange metal phenomena the cards have been causing. A member of the elite conspiracy theorist group, known as the Eagles Nest, however, had an answer.

“We believe school districts across America have implanted tracking gear in student I.D. cards,” says Morris Felineco. As far as why they believe this, all Felineco had to say was “we’re conspiracy theorists-it’s what we do.”

Senior Nicole Mayhew had a little more input on the matter. “It

**“It’s pretty fun to see Talbot’s frustrated face when we give him the slip.”**

makes sense if you think about it. I mean, how many kids get senioritis and decide to sluff school?” She paused and then added, “Even if they can’t catch all of them, they’ll still know where you are.”

With phrases like government conspiracy, tracking devices, no comment, and “The Man,” students who used to not care about school policies are suddenly digging deeper to unmask the mystery behind the I.D. cards.

Senior Ashtyn Nebeker said, “If there is tracking gear in my I.D. card, someone’s gunna get



Are these I.D. cards really used for students’ safety?

Photo by Cara Darr

slapped!”

Mr. Poll, WHS government teacher, added, “If tracking gear does happen to be in the I.D. cards, it’s contradicting the right to privacy we have as American citizens.”

Is there really someone keeping Warriors down? Many students are beginning to think so. Will tracking devices raise school attendance? The Weber School District thinks it’s helping. However, one anonymous source from the administration said along with better attendance, grades have been dropping.

“I just don’t feel motivated to work anymore,” says senior Austin Martinez. “I wasn’t motivated before, but now school is just torturous.”

Martinez also leaked information about a small group in the school who call themselves the Ninja Resistance. Apparently, the goal of

this group is to see how many times they can sneak out with I.D. cards without being caught.

“They’re my heroes,” says Mayhew.

While some students like Mayhew idolize this new resistance, others side with the administration and say “stop the resistance.”

“It’s not like they’re doing anything or stopping anyone. All they are doing is showing off,” says junior Whitney Weaver.

Principal Wardle encourages anyone with information on the resistance to come forward and admit their mistakes, and he adds they are wrong to do what they’re doing.

“It’s pretty fun to see Talbot’s frustrated face when we give him the slip,” says a resistance member “This resistance is about sticking it to ‘The Man’ in any way, shape or form.”

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# Celebs actual identities revealed

By Simon Nella  
Staff Chef

Fame and glamour may be what everyone dreams of, but some of the famous individuals seek refuge from the attention at Weber High. Under alias names, celebrities have been living normal lives as high school students.

One might recognize a certain music star who performed during the halftime show at this year’s Super Bowl. Yes, Bruno Mars is his name. However, he took refuge at Weber High three months prior to



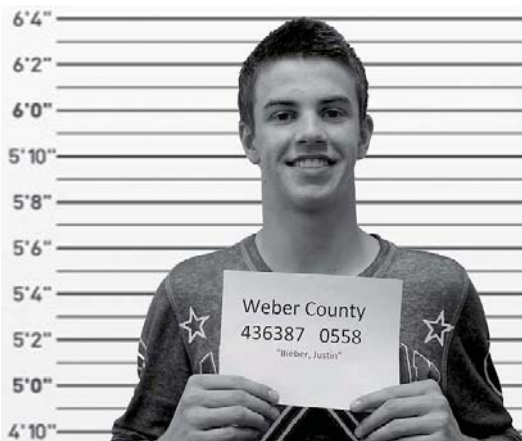
Nick Sosa reveals himself as pop sensation Bruno Mars who took refuge at Weber High.

Photos by Levi Easley  
the Super Bowl because of a broken heart, taking on the new name of Nick Sosa. He was secretly dating an England native, Emma Watson. The two met at a party celebrating the final Harry Potter movie.

Watson, known around Weber as Cassidee Cunningham, has dated Mars/Sosa under the radar until a tragic breakup in November. Watson dumped Mars and decided she needed space. Mars took refuge in Pleasant View, thinking he would get away from his problems. “Little did I know she had the same exact idea,” says Mars.

Living in the same town took a toll on both but eventually lead to an understanding instead of feelings of hatred. “We are on good terms,” says Watson. Mars says he probably should have bought her flowers and held her hand.

Another celebrity, a bit older than Watson and Mars, has lead a very complicated double life in the past seven months. Brendan Fraser,



Fugitive Justin Bieber has been found walking Weber halls as Jaden Opheikens after escaping prison.

under alias Robbie Andrus, worked with German scientists to create a serum that makes one younger. Each dose makes a person 20 years younger. Fraser took about one and a half doses of the solution, making a perfect amount to be the age of a high school student.

His life has been busy and complicated. Living a teenager’s life has been a relief from all of the tabloids and paparazzi attention, but it has also been a struggle for Fraser when acquiring new acting jobs because of his age and young looks. Producers and directors question his decisions now that he is exploited. Some doubt the serum and its abilities, and some believe that he has used plastic surgery and other expensive means to attain his youthful looks. Fraser disagrees and thinks his young self should get more jobs. “They are all just jealous,” says Fraser.

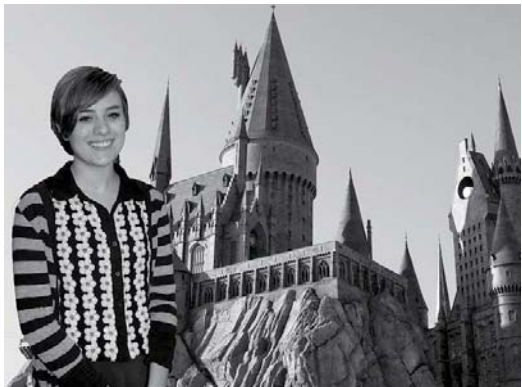
The newest addition to Weber High has come just last month. Most think young Justin Bieber was arrested for a DUI and put behind bars. However, Bieber has been laying low at Weber High. Recent developments have proved that a DUI was just a cover. Bieber

had an emotional breakdown and couldn’t take all of the attention he was getting. Although his popularity has gone down and he is trying to lay low, Weber’s Officer Hollingsworth keeps an eye on Bieber just in case he tries anything.

Bieber, known to Warriors as Jaden Opheikens, has refused to comment. His manager, however, gives the scoop. “Justin has always been emotionally unstable, and he needs this time to live the life of a normal kid. His mother also feels he needs a kick in the pants and some discipline. He’s been spoiled,” says Bieber’s manager, “Hesa Fibber.”

Bieber made an appearance in Weber High’s Quarters and Cans assembly along with Mars to help raise money, but the students were so used to believing that the celebs were really their aliases, the performance didn’t bring as much excitement as planned. Teenage girls seem to have also lost interest, especially in Bieber because of the rumors about his arrest.

The stars among Weber have been in hiding, but their secrets will not be well kept for long. Time will tell how these celebrities will cope with their identities now revealed.



Emma Watson puts down her wand to become known as Cassidee Cunningham.

Photo by Cara Darr

# Senior strives to be dictator

By Jess U. Waite  
Staff Procrastinator

As children, we all have dreams about becoming astronauts, firefighters and police officers. As we mature into teenagers and adults, those childhood dreams often fade away from reality. For senior James Allen, his dream has been the same since he was a kid: becoming World Dictator.

“I always knew I wanted to be a leader but being president of the United States isn’t enough,” Allen said. “I want to become the leader of the world.”

Allen has previously studied the likes of Napoleon Bonaparte and Genghis Khan, both of whom were known for being effective leaders in history that conquered the world.

“I have a plan of action. I’m going to blow up Columbia which will disperse massive amounts of a numbing drug into the atmosphere and get everyone high. Then, as everyone can’t even see straight, thanks to the drugs in the air, I’ll make my coup d’état,” Allen says. “It will begin with the downfall of America, and then I will extend my imperialism to South America by invading the region with the help of Canada.”

Allen is also the founder and head member of the Fascist Union National Imperialist Party whose goal is to imperialize the world under Allen’s rule. “I have high hopes for Great Britain to join our party, but I’m not so sure about Russia,” Allen adds, “Perhaps if they see us in a dictatorial way, they will second-guess their refusal.”

However, Allen and his party



James Allen dreams of dictatorship and strives to be leader of the world.

Photo by Andrew Niccol

aren’t all that interested in conquering Africa. “It’s a region that we can’t really save. It’s too far gone for us to concentrate our efforts towards it,” he says.

After Allen makes his coup in America, he will offer countries a position in his new regime. Those that refuse will suffer the consequences, and the ones that accept will be spared in his genocide against the world.

“My only real concern is Russia. They have nuclear weapons and are a very powerful nation. I do hope that when Putin’s grandchild becomes dictator, we can become friends, and he can be assimilated into my regime,” Allen adds.

In Allen’s regime, he plans on giving positions of power to his good friends. “Austin Hanni shall be my personal secretary,” Allen says. “He has always been a loyal friend to me and is good with backing me up in arguments.” Hanni was last sighted fleeing the U.S., leaving for Greenland, where he hopes to avoid Allen’s takeover.

Allen’s plan has been so low-key, he hasn’t shown up on the U.N.’s watch-list yet. “It’s because they have realized that nothing can stop

him in his quest for world domination,” comments Hanni, in a quick interview before boarding his international flight. “There is no stopping him!”

During the interview, Allen showed his underground base. No photos were allowed to be published (as death threats were received); however, the base is also stocked for a nuclear disaster in the case that America “gets the brilliant idea to use nukes on its own soil,” said Allen. The base is stocked with Lunchables, Capri Sun juice and frozen Kid Cuisines. However, Allen has said that the likelihood of his revolution failing is so low that it’s laughable.

“I’ve already put in plans for what to do after I’ve taken over,” Allen continues. “I’m going to raise taxes, repeal Obamacare and enact Allencare, and throw out the American government.”

Allen also predicts the world will be changed forever after he becomes dictator; however, he promises to not commit human rights violations as so many dictators have before him.

“I’ll be the best-worst dictator ever,” he said.

# Superheroes have nothing on well-known teacher, staff

By Otto Readmore  
Staff Bookworm

The Avengers, Spiderman and the X-Men are all pretty cool, but they’ve got nothing compared to some of Weber High’s staff.

Cooler and more cunning than Black Widow is Ms. Knight, math teacher. She might act like an ordinary teacher, but she has a secret identity: The Black Binomial! Not only is she a mom and a teacher, but she’s also a spy! She uses her skills of manipulation and multiplication to take down her foes. She can make grown men cry just by writing an equation. She gets answers through torturous procedures, like making students solve them without a calculator.

Kyle Brunetti, a junior and a member of the school’s janitorial staff, reported something he could never forget. “I was just finishing up my last job of the day when I heard screams of terror coming from the math hall. I was scared, but at the same time I wanted to know

what it was so I went to investigate. Once I had gotten downstairs, I found a man crying and clutching a paper that looked like a math test and pencil. I was used to seeing this from students in the math hall during school, but not from a grown man! I thought that surely such girlish screams couldn’t come from a man like him. That was until he grabbed me by my shirt collar and in a desperate voice, he asked me to help him. Then Ms. Knight walked out of her room and dragged him back in. The look on his eyes was of pure desperation as he uttered his final words to me, “I just wanted to use a calculator.”

Iceman is an X-Men known for his frosty powers, but what people don’t know is that he has a long lost cousin named Scott Wood. Wood, choir teacher, like the Iceman, teaches and has icy powers of his own. More and more students have noticed this as they freeze to death in his classroom.

“I noticed it the very first day working here,” says Mr. Wood’s student teacher Mrs. Mauchley. “He just seems to radiate the cold.”

Sophomore students Kambri Cordon and Emilia Nelson have also noticed a chill in his classroom. “He claims it’s because his larger classes heat up the room, so he turns the heat down, but I don’t believe that for one second. It just seems so rehearsed when he says it!” says Cordon.

Nelson agreed and added, “He always acts so sketchy, like he’s trying to hide something from us. There are a few other teachers who act like that, like Ms. Knight, but his act is more noticeable.”

Although students have nothing to worry about other than frost bite, his “ice condition” seems to be drawing more attention as the latest Disney movie was just released with a very similar character.

“Students should keep in mind that Disney is a company that produces fictional and overly dramatized versions of stories. Mr. Wood is not a misunderstood Disney character,” says Mauchley.

Students are warned to watch for other possible teachers with super powers and report them to Principal Wardle.

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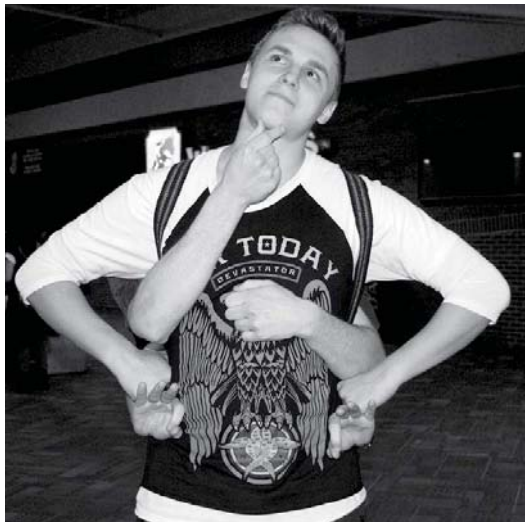
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Nick Johnstun, senior, suffers severe physical mutations due to the infamous school lunch plague.

Photo by Cara Darr

## MAMOL speaks out against WHS school lunch plague

By Ida Knowit  
Staff Smarty Pants

It all started in 2010 when first lady Michelle Obama decided to implement a nationwide school lunch reform. This reform was supposed to improve health of the rather slovenly students of America. But the reform had a very different effect on the students of Weber High.

“At first, I thought it was just food poisoning,” said junior Whitney Weaver, “but by the time I realized what it really was, it was too late.”

Countless students have been attacked by the vicious school lunch plague. Symptoms include green polka dots on arms and legs, purple tongues, rumbling stomachs that never stop, mood swings, bouts of freakishly bad yo’ mamma or Laffy Taffy jokes and the growing of new limbs.

“It got me first,” says senior Ashtyn Nebeker. “Then it got my friends, one after the other. You could see how badly it affected the families of the students.”

The good news is with this cruel and rather unusual plague, it only affects high school students. However, the rates of junior high drop outs have been increasing.

“There is no way I’m going to that freaky school,” says ninth grader Dark Phoenix. “I saw a guy, and he had an arm growing out of his flipping neck. I asked him what happened and all he said was ‘your mom.’”

Another ninth grade student claimed she saw a lunch lady that had grown a tail and a third eye, but no evidence has been brought forth.

Regardless of lunch ladies and three armed occurrences, how are parents accepting this drastic change in their children or the students’ younger siblings?

“My little Stacy used to be a star student,” says Stacy’s mom, “but because of this horrific plague, she’s had a drastic personality change.” She continued gesturing to a smiling blonde girl; she then gestured towards the now vampiric looking girl next to her. “How does this even happen?”

Mothers all over northern Utah have grouped together to form MAMOL, Mothers Against Michelle Obama’s Lunches. This group is fully equipped with PB&Js, grape juice and assault vehicles aimed at making healthy lunches at home for their children and hopefully other plague-free high schoolers.

“Here at MAMOL, we strive to bring Mrs. Obama’s attention to the plague at Weber, maybe even plagues across the nation,” says one of MAMOL’s founders, Hazel N. Utt. “If we can’t get her attention, we’ll just start a small civil uprising.” Utt concluded with a rather sinister smile.

Stacy’s mom added, “Oh yeah, I got a lot going on. I mean between attending MAMOL meeting and trying to get Stacy back on track, maybe the uprising isn’t a bad idea.”

At the mention of a homemade lunch, a small glimmer of hope sparked in the mothers at MAMOL. Home lunch recipient since first grade, Hannah Delphia, junior, claims to be unaffected by the school lunch plague.

“No strange spots or irregular jokes for me,” says Delphia. “I’ve honestly never had any problems with the plague, and it’s been nothing for me but PB&Js since around first grade.”

Susan Spectrum, senior, is also part of the home lunchers at Weber. “I’m thinking about making it a club,” she claims. “You know, call it the Home Lunch Brigade.”

Will this Home Lunch Brigade bring a cure for the ravenous plague? One guy doesn’t seem to think so.

“It’s foolish to believe something as trivial as home lunch is going to solve anything,” Hesa Lyer, senior, says out of his second mouth.

Regardless of home lunches, MAMOL and the strange growths on students, it looks like Weber High is in for an interesting next few years if no cure for the school lunch plague is found.

## Mythical teacher rumors have yet to be confirmed

By Hardy Tack  
Staff Cholesterol Specialist

If you’ve ever been in one of Mr. Thorpe’s classes, you’d know all about the crazy happenings in his classroom. However, many Warriors believe Thorpe is more than an ordinary physics teacher—that he is, in fact, a wizard.

Tyler Ford, junior, is a student in Mr. Thorpe’s AP Physics B class and is a firm believer in the theory his teacher is a wizard. “He’s insane,” says Ford. “No teacher I’ve ever had can do what he does...it’s crazy.”

Another of Thorpe’s students is Dallin Beveridge, senior. He is also suspicious about Thorpe’s identity. “He might as well be a wizard. I mean, he knows his physics like the back of his hand. And he does some pretty crazy things sometimes. So hey, you never know. Everyone seems to think he’s a wizard, so I bet he really is.”

Though Thorpe hasn’t fully confirmed this suspicion, Warriors are aware of his true identity. When confronted about his wizardry, Thorpe only smiled and said,

“What the world doesn’t know won’t hurt them.” He wouldn’t really say much else of the subject, but with his short answers and shifty eyes, many of his students think their theory of his wizardry is nothing but correct.

The physics/astronomy teacher is even rumored to have graduated from a very prestigious school which investigators are still trying to get the rights to release the name. Little is known about this university, but the school is said to be somewhere underground in New Zealand. This school is where Thorpe picked up all his wizarding skills, and even though he hasn’t revealed too much about his education there, he has said enough to let Warriors know what his experience there was like.

“Where I went to college, we learned many things that people in this world are not prepared to hear or know. We experimented. We disheveled and created new matter. It was such an exciting six years of my life that it’s hard for me to convey my experience to people like you,” says Thorpe. “I’m sorry, but I just don’t think others will understand. I wish I could tell you all more and share the things I’ve



Physics and astromony teacher, Mr. Thorpe, levitates scale model of earth.

Photo by Cara Darr

learned, but I just don’t think anyone will be able to wrap their minds around it.”

In the classroom, Thorpe has been said to levitate a yardstick to smack a sleeping student and when students gasped in awe, Thorpe completely played it cool and went on lecturing about magnetic fields as if nothing had even happened and no one had witnessed his sorcery. Many happenings such as this have taken place since then, and students at Weber are getting more and more suspicious. “One day, everyone will know the truth. Then they’ll all know who he really is,” says Ford.

Thorpe has also been said to have changed the color of a flame to violet, then to turquoise, then he froze

the fire where it stood, in perfect petrification. However, whenever his mysterious acts are brought up, Thorpe disregards it completely as if it’s nothing but mere coincidence. “It’s physics,” he defends himself. “Anything can happen.”

Even though strange things have been witnessed in his presence, this beloved teacher is said to be perfectly harmless. “There’s a lot going around about [Thorpe], but if any of it is true, he only means well. He just wants to teach his passion: physics. He’s brilliant too, so what’s the problem?” says Principal Wardle.

So, if you ever get the chance, drop in to Mr. Thorpe’s classroom. Who knows, maybe he’s looking for an apprentice.

## Science staff creates six super students

By Carlota Smart  
Staff Genius

Sometimes science experiments work, and sometimes they don’t. Lately, there has been a lot of press on the new “three-parent babies.” These are children whose mothers would have passed on genetically inherited diseases.

These diseases are passed down through mitochondria mutations and are incurable. In the process of using three parents, the damaged part of the mitochondria is removed from the embryo, replaced with healthy material from a third donor parent and implanted back into the mother for pregnancy.

According to scientificamerican.com, this theory has been tested on monkeys with success, but the FDA must approve the research before it can be tested on humans.

However, new information is coming out that this is not the first time this process has been investigated. A group of scientists and science students received a secret grant 20 years ago to try to create the “perfect student.”

In a variation of the process of removing diseases, rather than replacing damaged mitochondria, the scientists made an effort to enhance other abilities by replacing certain

parts of the cells. They succeeded in replacing genes of six children with genes from geniuses, in an attempt to create the perfect student.

The goal of this group was to make the perfect student, and the scientists made a list of 10 things they wanted these students to have.

The group had “total parental consent.” Matthew LeDuc, who teaches biology, adds, “The parents wanted their children to have this genetic advantage.”

These advantages include 1) being a good leader; 2) being a team player; 3) being driven and 4) being hardworking; 5) being inquisitive; 6) having increased memory capacity; 7) being able to learn new concepts quickly; 8) having increased cognitive abilities; 9) better spatial reasoning; and 10) better verbal communication.

They first succeeded 18 years ago. They enhanced three boys and three girls over three years – a boy and a girl per year. This means the model students are now in high school – two seniors, two juniors and two sophomores.

Now the scientists are reuniting to see the fruit of their labors. Many of the science teachers working at Weber High this year were part of this group. This is not a coincidence.

“We decided we should see what we had created firsthand,” says



Camdyn Young, senior, may very well be one of the six super test tube students made by teachers like Mr. LeDuc.

Photo by Braxton Fulmer

LeDuc.

The student experiment was supposed to remain confidential, but the scientists, along with the enhanced students and their parents, have decided to release the information.

“Because of all the press that three-parent genetics were getting, we decided to release our findings. We have submitted our scientific report to the magazine, *The International Journal of Science and Genetic Research*. It will be published in the May issue which will be a special issue on three-parent genetics,” says LeDuc.

The group kept meticulous records, and this is the bulk of what they are releasing. It included what they wanted to do and how they

did it. Additionally, the science teachers have been observing the students who were genetically enhanced since they were in elementary school to see if their experiment worked.

Because the research and results are being published this year, the names of these students will be announced in the end-of-year, “Best of Weber” assembly.

*There is a boy and a girl in each grade at Weber High who has been genetically engineered to be a perfect student. If you think you know who they are, contact the Warrior News with your guess. If you are correct, you will be eligible to receive a prize after the names of these students are announced.*

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