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Science proves action speaks louder than words

By Kierstin Pitcher Editor in Chief

In Disney's The Little Mermaid. Ursula gave her advice on communication: "Don't underestimate the importance of body language!' This advice may be more sound than some would think.

Dr. Albert Mehrabian, author of Silent Message, executed a number of studies on the subject of communication. These studies showed the actual words spoken by a person only communicates a mere seven percent of what is being said. He added 38 percent of the communication consists of voice tone, and the remaining 55 percent is shown

in body language.

Body language the movement of the body that expresses or reveals emotion. This includes everything from stance to facial expression and even arm

"Body language is significant in that it makes up about half of how we communicate with others," says Mrs. Phinney, WHS psychology teacher, adding it is especially significant because "we rely so much on nonverbal cues when we're interacting with other people and trying to figure out and assume what they're thinking and feeling."

"We tend to listen to the actual

message, but subconsciously believe the body language," says Mrs. Cale, AP Psychology teacher. "If the message and the body language are in conflict, we often believe the body language more. Usually it just enhances the message, unless just enhances the message, unless someone is really trying to deceive, cover up or fake what they're saying. It's just like a season in a dish

comes naturally to humans. are natural mimickers, so when one doing something, it's natural for us to repeat what is being done," says Phinney. She also encourages her psychology students to use that to their benefit. According to Phinney there is a mirror neuron in the brain that subconsciously registers when a person is being copied, and this is interpreted as a friendly gesture causing the copier to be viewed in a better light.

Phinney also explains, "When people say 'smiles are contagious,' it's actually true because our brains say that means we're supposed to smile back. And in every culture a smile means someone's happy."

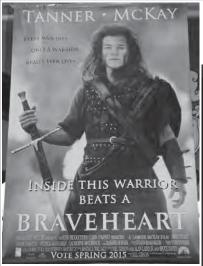
But why does body language matter so much? Phinney says "It not only determines how effective communication is, but how a person is viewed by another person as well, affecting everything from so-cial acceptance to job acceptance." "Our brains generally pick up

on what other people are doing and make a judgment in the first seven seconds of meeting someone on whether we like them or not or whether they're friendly or not," Phinney says.

The effect body language can

have on how a person is particularly evident in deaf culture. "Body language is a crucial element in sign. It equates elements of speech like prosody, for example, and provides essential grammatical information and carries the intent of the mes sage," says Mrs. Floyd, Weber's teacher for the deaf. "Sometimes when interpreting, I have to portray

Body Language continues



Posters, like Tanner McKay's, announced SBO elections while students such as Brooke Kendall (right), Trevor Heywood and Skyler Call (bottom left to right) entertained and sought student votes during an assembly.



Leaders R**eady to Rule**





(Photo far right) Sophomore Nicole Wheeler goes to the voting booth to choose next year's officers. (Photo below) And the 2015-16 officers are: Avanlee Jessop, Grayden Guthrie, Trevor Heywood, Tanner McKay, Skyler Call, Kyler Hall and Thomas Ulrich.



Mrs. Barney, Mr. Cruff selected as teachers of the year

Stenhanie Lauhacher and Taylor Galusha Staff Reporters

Over the course of the school year, students are faced with a variety of teaching styles and many teachers who use them. However, some teachers go above and beyond in the eyes of their pupils, which is why students have a chance to nominate their teachers for "Teacher of the Year." This year's outstanding female teacher is math instructor Mrs. Barney.

"This is a teacher who truly cares," says sophomore Meghan Winward. "Not only does she help us all understand the math, but she also helps us with any problems we may have. If I'm having a bad day, I know that all I have to do is walk in her room, and guaranteed, she will make me happier."

Mrs. Barney first began teaching in 1988 at Box Elder Junior High in Brigham City. She began working at Weber in 2000. In addition to teaching math classes, she also teaches health and has a Master's Degree in Computer Literacy. Mrs.

Barnev has also coached softball and volleyball at Weber, and soccer at Box Elder. Both of her daughters have attended or are currently at-

tending Weber High.

Mrs. Barney was surprised to hear that she was chosen as Teacher of the year. "I have very nice students, and it makes me happy because I love coming to work. I want to live up to that standard be-cause there have been some excel-lent teachers here at Weber, and I'm very impressed with all of them," she says. "It makes me want to try harder."

Sophomore Kailea Kailipalauli says what makes Mrs. Barney so exceptional is "she always puts the students first. She will go out of her way to make sure you understand the material and succeed in her class. Her class is always a safe place to talk as well."

Mrs. Barney says it is her goal to

make her classroom as comfortable as possible for students. "It can be very intimidating, and I want them to know that they can do math," she says. Mrs. Barney has also been known to inspire her students to put in their best effort in unusual ways

"Years ago in 2002, I set a goal with one of my classes that if they would do their math homework every night, I would train to do a marathon. While they worked, I was training, and we were both doing something we hated. I finished the marathon, and they all passed math class," she recalls.

Jacob Meza, sophomore, also says Mrs. Barney is an outstanding teacher. "She's not a tough stereoteacher. "She's not a tough stereo-typical high school teacher. She's kind and helpful, and her smile takes the pressure of high school off my shoulders," he says.

Teachers continues on page 10



Mr. Cruff, winner of the teacher of the year, has a discussion with his chemistry students.

Photos by Ashton Bindrup



Students feel Mrs. Barney is a great asset to Weber's math program. She is able to movitate them and assist with complicated problems.

Inside this issue

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Tossing the graduation hat signals the end of the ceremonies: the flight of the hat symbolizes flight into the future.

The first class ring was created in 1835 for the United States Military.

One high school in Juab County had Utah's small **Odds** est graduation class: they had two students graduat 'n, **Ends**

The Plano Texas East High School had the largest high school graduating class in 2014. They had 1,561 receiving their diplomas.

ing in 2012.



Warriors take over California Pages 13-16

Seniors celebrate end of high school... beginning of their future - Pages 17-20

Online class, good way to get ahead; highly motivated students succeed

In this high-tech world people re so accustomed to, many try to find ways to do things technically: typing instead of writing, down-loading music instead of buying CD's and a rather new one, online

high school courses.

Online high school courses are just like regular high school courses except they're completely online. Most online courses are usually only used for core classes, with limited choices for electives. Students can take them to get or make up credits. Weber counselor Mr. Hales says some students take them for convenience or to get ahead. Mrs. Paige, also a counsel-or at Weber, says, "It takes a really self-motivated student to take and complete an online course.

Both counselors agree students who take online classes have to be responsible. "There isn't a teacher there to remind you to do your work, and you have to remember to actually get on the computer every day," Paige says.

While online classes may seem

and still graduate, many students end up dropping them. "It takes a really motivated student to finish an online class," Paige says. "Some kids think that they'll just take an online class because it'll be easier, but then life gets in the way or it

but then hie gets in the way or it just gets put off," Hales adds. Sometimes students forget about doing online work because they are overwhelmed with their other classes at school. "Then we end up with seniors who can't graduate, all because they never finished what they started," Hales says. Hales also adds a student shouldn't take too many classes

online. "There's more to school than just getting credits and grades. There's a whole other social aspect that would be, and is missing for online students." He adds that while online classes appear great because students don't come to no student should try and

take all of their classes online.

Some common problems both
Paige and Hales have noticed when taking online classes is the lack of peers also taking the classes and seeing a teacher every day. Paige says sometimes students get overwhelmed with their work when they can't ask their peers around them for help. Hales adds without

seeing a teacher to remind them about due dates, this causes students to forget, and they never turn in work. Paige adds only being able to contact teachers through email an also cause problems

Paige suggests people test an online course and see if they can handle it. "I always tell my students 'why don't you just try out the course, and if it doesn't work out, we'll just put it in your schedule next year.' It's okay to try the class above and beyond your schedule before you go ahead and commit." Online classes can be taken to

initially get a credit or to make up any missing credits. In order to get a credit in an online class, a student annot have taken the class already If a student needs to make up credcan talk to their counselors about signing up for one.
Paige adds online classes can be

a great alternative to regular classes as long as the student is motivated and responsible. There aren't any specific requirements to take online classes, and they aren't any harder than just sitting in a classroom.
"The hardest part about the online classes is going through and mak-ing sure you got everything done,"



Junior Destanie Setzer creates her masterpiece while in her art class. She enjoys expressing herself through her artwork.

Art develops passion, creativity; encourages individual expression

By Sarah Calvert

For many weeks, various paintings from different students lined the halls of Weber High. These paintings had different themes and different styles, depending on the artist behind them. What inspires these artists to paint? Why do they believe that their art is important? Whether students are amateur doodlers during class or enrolled in an art class, many of Weber's artists believe that art can be enjoyed by

Krystal Ruiz, senior, finds art a challenge as well as a hobby. "I really enjoy art because it's some-thing I've had to work hard at. It's not just about expressing myself, but it's also about challenging my-self," she says. "It makes me feel like I've accomplished something

that is important to me," she adds.

Chase Dahl, senior, agrees with this statement. "What keeps me going is a sense of accomplishment," he says. "Being able to do something that inspires others or makes them happy keeps me going [with art]," he adds.

Olivia Allen, sophomore, finds

art as a way to relieve her stress. "[Art] keeps me busy," she says.
"It's my own little world that I can go away to; everyone has their own ray of escaping and art is mine,

Bailee Juroshek, senior, believes art is a way that everyone can ex-press him/herself. "I feel like all people can express themselves as well as their passions and emotions through art, because art isn't lim-ited to drawings," she says. "Art is whatever you want it to be, and it's one of the best ways to express your personality and passion," she

Ruiz also agrees with this. "I took AP Art History and there were many people in that class who didn't paint or draw or sculpt, but they still loved learning about the art. Art has a way of bringing a lot of people together whether they are artists or not," she says. She also believes there are several forms of art. "If one person doesn't like painting or drawing, they can simply go into the arts, which could be photography, filmmaking, graphic design, or performing arts," she

"You can illustrate something from your perspective. It's really all up to the imagination. What you

depict can express your emotions what or who you care about in life, what you think about current events or religious conviction," says Dahl, and I guess it just takes creativity and time." he adds.

Allen feels it is important to put emotion into her artwork. "I think emotion is what really makes a piece stand out," she says. "One of my favorite pieces has a girl that starts out beautiful but as time progresses, she slowly decays. The message of it is simply that beauty doesn't last forever," she adds.

Allen also believes art is all about perspective. "I may be meaning one thing, [when I paint] but everyone sees things a different way. It just depends on what their mindset is and how they perceive things. There are so many things in each message, and so many aspects to the message that one thing could mean a million different things to everyone else," she adds. These artists have developed

their artistic talents from differ-ent starting points. "My aunt was an artist in high school, and I've always tried to be like her. That's what started me, but I've loved it ever since. It's my passion," says Juroshek

Childhood dreams can come true; chance to be a Disney princess

Managing Editor

A lot of people dream of being a Disney princess, be it through animation or an actual princess at one of the many parks that spot the planet. Through many hours of work, one of Weber's Warriors gets this opportunity. Abby Laing, senior, has always wanted to be a Disney Princess and worked hard to get where she is now, on the call list of Walt Disney World, Orlando. But, the process wasn't as hard as one would think.

"This audition was the most laid

back, relaxed audition I had ever attended. There were a lot of peo-ple who had attended, both male and female. The Disney Casting Department was casting for both character look-a-likes and parade dancers," says Laing. "We did a lot of parade marches and dance num-

Laing was not just auditioning for a face character like the prin-cesses; she was also trying out for a fur character like the suits.

"The fur characters cannot speak," Laing adds. "They tell stories through movement and physiacal animation. Along with dancing, we had to animate stories through movement like fur characters would do."

When preparing for her audition, Laing knew not to go to such an amazing opportunity unprepared, so she studied up as best she could. "I have been watching Disney

movies like crazy! I have been practicing their vocal inflections, specific movements and facial ex-

"Walt Disney sure knew what he was talking about when he said, 'If you can dream it, you can do it!""

pressions. I've spent a lot of time making faces and dancing around in front of the mirror."

The auditions lasted four hours

for face characters and dancers The casting directors then cut the crowd of members from about 200 to 28 people.
"We were all sitting in a room

together when the director came in and called 18 people out and took them to the next room where we had auditioned. There were 10 of us left alone not knowing what had happened. After about 20 minutes, we figured we had been cut and began to gather up all our things to leave," Laing says and then adds,



future princess at Disney World.

chosen to become parade dand

and the company wanted to tell all

of them separately. Meanwhile, La-ing could barely contain herself. "I was so thrilled! This had been

a lifelong dream, and it's finally coming true. Walt Disney sure knew what he was talking about

when he said, 'If you can dream it,

you can do it!"

She wasn't the only one excited

for her fantastic future. She told ev-

eryone she could, starting with her family and boyfriend first.

"I had brought my mom and boy-friend to the audition with me for support. When I had been informed

that I had made the audition, I flew

down the stairs to where my boy-friend and mom were waiting for

me and jumped into their arms. It was so fun having them there with me to celebrate this dream come

Housing in Florida may be un-clear at the moment, but Laing has a plan, as per usual. "I plan on liv-

a pian, as per usual. I pian on inving in an apartment near Disney World. Disney offers housing for their college program, but I am unsure if they allow the other cast members to live there with the college program.

Though she won't get to choose what character she will get to be

when she finally receives the coveted call from Florida, she does

lege students."

Photo by Amy Halliday have a few ideas of what princes

"Then, the director came out and asked us what we were doing. We and fur characters she might be. despondently replied that we were leaving and thanked her for her time. She chuckled a bit and then "I can be any and all of the characters in my height bracket. They are Ariel, Aurora, Belle, Cinderella, Merida, Stitch, Chip or Dale, Elsa, Anna and Pluto. I will be overjoyed to portray any character Disney as-signs me," she said. congratulated us because she was going to hire us as face characters."

It turns out that the other 18 that had been led away were the few

The job may seem tough, but Laing is ready, even eager to get to work. Being a Disney princess may not, however, suit everyone. There are many things that the park requires people to do when they are in character that may be a little difficult or stressful, like being surrounded by many people for a long time or standing for long period of

Laing finds this exciting and can barely wait to get to the job. "I was cast purely as a face character, meaning I will be standing for pictures, interacting with people and signing autographs. If you look at any [of my] assignments from any class right now, Princess signatures are scrawled on every open space. I have to perfect every princess sig-nature as if it were my own."

While some may be nervous for

such a large role in the Disney productions, Laing takes a new look at it, trying her best to feel confident.

"It'll be a new adventure, and-I can't wait to go! I am nervous about moving to Florida and leaving my friends and family behind I am also nervous that I will not be able to portray the Disney characters perfectly.'

Laing's friends say she shouldn't be nervous. She is probably the person most suitable for a role like





Looking for work,

Tips given on building strong resume

By Elizabeth Josephson Assistant to the Chief

Employers spend an average of six seconds looking over a résumé before deciding if an employee is worth considering any further, ac-cording to a study by TheLadders. com. Because of this, résumés nust be concise, eye catching and

must be concise, eye careful unique.

Resumes are needed for "jobs, scholarships and awards," according to counselor Wes Johnson.

"A resume is a way to promote yourself," says business teacher Trevor Ward.

"Employers can minimize a list

Trevor Ward.

"Employers can minimize a list of interview candidates by looking over the information you provided to them," adds Ward.

What to include in a resume var-

What to include in a resume varies. "It depends on what your resume is for," says Johnson. "If it is for a job, list previous job experience. If it is for an award, list different accomplishments in that area."

As a good general rule, Johnson says to "gear it towards what that individual or company or award is looking for."

He adds that those filling out a resume may also need reference letters: people who employers can contact for opinions about potential

employees.

Resumes will not be required for all jobs. "Most entry level jobs don't require a resume. Usually an application or questionnaire can limit the number of candidates that will be interviewed," says Ward. "However, having a resume from a young age may help." young age may help.

young age may help."
Traditional résumés are not the only way to go. "A more modern approach to resume is 'Curriculum Vtae' (CV); this allows for more information to be shared over an extended period. Examples can include LinkedIn or digital productions that extend beyond a poing. incruited Elineatin of digital produc-tions that extend beyond a boring one page summary," says Ward. He continues by saying resumes and CV's are similar. "They all serve the same purpose of trying to get an intervieut".

the same purpose of trying to get an interview!"

When writing a resume Johnson advises students to "be honest and let people know something about yourself that makes you unique. They will see a lot of the same stuff from all the applicants; they want something different."

There are resources available to

There are resources available to help students create their resume. nson recommends the resume builder on utahfutures.org for stu-dents. He says, "I used it with my daughter as she was building her resume. It makes it really easy." Students fill in their information and the type of resume they need, and the resume builder will create

NEWS

"It will build a resume specifically for your needs; it formats your resume for you," says Johnson.

Johnson adds the hardest thing

for students when writing a resume for students when writing a resume is "having a back record of what you have done – you need dates and times. It comes back to your record keeping. If you don't have good records, that's going to make it harder for you because you have to remember what you have done, so keep good track of what you have done."

How to write-a-resume org. has

How-to-write-a-resume.org has several resume writing tips. They recommend using a resume writing service or an online resume builder, or a service that reviews drafts of résumés and gives suggestions to make them stronger make them stronger.

How-to-write-a-resume.org also ays resume writers should "strive How-to-write-a-resume.org also says resume writers should "strive to be clear and concise," and sug-gests using bullet points. White space is also eye-catching and im-portant to include. Resumes should also include ac-

tion words and key words, according to How-to-write-a-resume.org.
One should highlight his or her strengths, match the needs of the hiring company and be positive in

Stressing out due to homework, jobs? Ways show how to balance school, work

Being a high school student can be difficult, especially when having a job and making time for school work. For senior Tyler Martin, he finds

For senior Tyler Martin, he finds it pretty easy keeping up in school, even though he has two jobs. Martin works at Probiotics Incorporated and the Pizzeria. He says, "I have superbly easy classes," but when it comes to organizing his work schedule, he also chooses the easier jobs that take only two hours, so he will have time to complete homework. plete homework.

Just like Martin, senior Justine Just like Martin, senior Justine Zaccardi also works two jobs. Last year when she was planning her schedule for this year, Zaccardi chose an easier class load and parent release. "I took easy classes but not too easy because I like a chal-

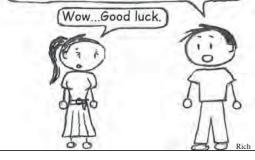
"Find something you love, like if you're so into something, try finding a place that you can use that in a work environment."

lenge. I also have release because I knew I would be working a lot this year, and I needed a way to keep up with school work," she says.

with school work," she says.

Zaccardi adds parent release is a good idea for students who have jobs. This is a class period when students are excused from school by parents and can be used to catch up on school work and project and project and project project work and project to yparents and can be used to attent up on school work and projects. For working students, Zaccardi says, "this could be a huge benefit to keep up with homework." Having a job often means having less time to do homework. Staying up into the late hours is one of the

I have five essays in English two math assignments a health test i have to study for and ten hours due for honor society... then I have to work all next week because three kids got fired! (Wow...Good luck.)



ways senior Cassie Shupe gets her studying done. "I work as soon as studying done. "I work as soon as school gets out until seven, so late nights and Saturdays and Sundays are when I find time for my home-work," she says. While having a job, Warriors

say it is smart to not get behind in school work. "My advice for other school work. My advice for other students getting jobs in high school would be plan ahead, and when you get assigned a big project do it right away," says Shupe. "It is al-ways a good idea not to procrastinate because you don't know what will happen in the future. Work and

will happen in the future. Work and other projects might come up and you won't get the time you need on your project," Martin adds.

Along with doing assignments early, Martin also says to choose a job that involves one's interests. "Find something you love, like if you're into something try finding a place that you can use that in a work environment." He also says to find a job that works with school. "It's really hard work to have jobs and trying to find time to do stuff,"

Chick-Ril-&

he adds.
"I feel like my jobs are important because it gives an education you'll need in life, I mean, school does give you an education but not always the best one with work experiences," Martin says.

Shupe also believes working during high school is baneficial. "I

during high school is beneficial. "I think school and work are equally think school and work are equally important because work prepares you for the demands of want-ing a career and school helps you get there with your education and scholarships," says Shupe. She adds balancing out work and school

adds balancing out work and school equally can help one organize time easier and help them later in life.

Not only does having a job during high school prepare teens for their future, but they can also be a good experience. "Trying to manage work and school has been a tough experience but a good one because experience but a good one because it's taught me many things," says Zaccardi. "Things like using time wisely, not procrastinating, and putting in 100 percent effort in my work." experience but a good one becau

Proper resumes assist hunt for work

By **Rebecca Ross** Staff Reporter

There is a time in a teenager's life when he/she starts to think about the future. Most of the time that future involves a career or a job. A lot of teens would like to get a job when they are in high school. a job when they are in high school. A job can give them experience and it also helps save up money for things like college, a car, and many other things. However, the problem is, where can a teenager find a job? Lisa Grint, Career Technical Education (CTE) secretary, says, "It depends a little bit on the student's interest. Not everybody likes to start off with food service; they like to go get something like an intern-

to go get something like an intern ship where they can find their own

ship where they can find their own career that they want to go into."
David Green, CTE director, adds, "For people entering the work place, the retail and customer service area always seems to have good job openings, so that's a good entry level." entry level.

entry level."

Many teens believe fast food places or grocery stores are the only jobs they can get, but that's not true. Grint said teens can always apply for an internship which can prepare them for a future carreer

reer.

However, before searching for a job, people need to learn how to balance school and employment. Sometimes it can be hard to juggle a job and school at the same time. Having a job and keeping up with school can turn straight A's into straight D's. There are ways to manage a job and school work. Grint says, "Don't get overscheduled. So if you're going to work and go to school, maybe don't have a full time job schedule. Do part time in your job."

Because a job can conflict with education, for some it is better

education, for some it is better cutcation, for some it is better to have a job during the summer. Green says, "I think summer jobs are great, and it works out really well with kids with schedules.

Body Language continues from page. 1

what a person's voice carries with my body language. For example, if I'm interpreting for a big tough guy with a loud voice, I have to make my body language look like him, so it doesn't come cross as the equiva-

It doesn't come cross as the equiva-lent of a little girl's voice."

Though this effect may not be as severe with those who are not a part of the deaf culture, it's still the same. Weber High's theater teacher Mr. Daniels says body language definitely affects how he views the students who are auditioning for his productions. "You can tell a lot by the first 20 seconds, if they [the students] will be dynamic on stage and whether or not they will be able to held they have the students." to hold themselves on stage with other actors

Despite the great effect body language has, most people are un



Lee's Marketplace. Photo by Amber Broderick Green says, "It's hard when you're starting out in high school to have

You can increase your hours in the summer and back it off during the

school year. I think the more experience you get at work and if you can learn time management and have some money where you're doing things on your own and not having to rely on your parents to pay for everything, builds a lot of responsibility and accountability for the student along the way."

"Don't get overscheduled. So if you're going to work and go to school, maybe don't have a full time job schedule. Do part time in your job."

Grint adds, "For high school students, a summer job would be

students, a summer job would be perfect, because then they're not interfering with their education."

When applying for a job, people are concerned about a résumé and application. As for an application, it can seem pretty simple. All people really have to do is fill out the paper accordingly, but for those ple really have to do is fill out the paper accordingly, but for those who want to impress an employer, there are some tips. Green says, "If you don't have good hand writing, have somebody else write it out for you. An application is really kind of like, 'hey here's who I am.' So, if you have very little information, bad information, poor spelling or bad information, poor spelling or poor penmanship, it's just a reflec-tion of vou." on of you."
As far as what to put on a résumé,

done some community service with. It is always nice [to have references] because they are critical and not just from a friend, but from somebody who you have actually done something for, or accomplished a project or a goal with. I would say for kids starting out, this would be the critical thing for a resume?" Along with a job application and a résumé, there is also the in-terview. Often people never really know exactly what will be asked,

starting out in high school to have too much on your résumé. I would say, based on the job that you're applying for whatever courses that you have that correlate with that job should be put on a résumé. Es-pecially starting out, I would also have good references from people

have good references from people who you may have worked for or done some community service

know exactly what will be asked, so it's almost impossible to be prepared. However, there are some things that can be done that will optimise chances of getting the job. Green says, "Look your best. Appearance is their number one thing that employers look at."

Another tip for those looking for a job, Green says, "Try to put nice effort into it. Learn how to dress appropriately for the position that you want and know what's expected in the position that you want. Keep up your grades because more and more, I think that the employers look at what's your attendance ers look at what's your attendance like at school. If you don't attend at school, what's more than likely gonna happen when you have the job?"

aware of it. "People aren't horribly aware of it. "People aren't normoly aware of what their body language says. However, if I had to guess, I'd say most people are probably pretty good at reading body language, but, with all individual differences, some people will be better at it than others," says Cale.

otners, says Lae.
Senior, Tasha Urban agrees saying, "If I'm with someone who I'm uncomfortable with, I'm more aware, but if I'm just with friends and people I am comfortable with, I don't really pay attention at all."
Sophomore Lizzie Holly also says she will be aware of ber body lan.

she will be aware of her body language at times but more often than guage at times out more orien than not she is not aware of it. She adds when starting high school, she was more aware of it because "I was more concerned about impressing people."

people."
"We can control as much [body language] as we can focus on, if we make a conscious effort." Phinney says. Cale agrees and adds the

NORTH OGDEN, UT 84414 801-737-4781

important thing to do is to try and important timing to do is to try and appear as open as possible. She says putting a barrier between the speaker and the listener can make someone look closed off. Barriers could be anything from one's own body, but Cale says, "It can be as simple as holding an object between them." tween them.'

when it comes to reading other people's body language, Cale advises to "first pay attention to facial expressions. From these facial expressions people can gain an understanding on how a person feels and if he/she is comfortable. You can if ne/sne is comfortable. You can catch for what people call 'micro expressions' that most people don't detect. They're very, very, slight and small facial expressions."

She also adds, "The biggest thing is get really comfortable with watching facial expression and tagging what emotion; being por-

tagging what emotion is being por-trayed with the expression." she

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ALIGNMENT CHECK

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Writers become young authors

Writing... Some students may like it, some may not. Some may even get something they wrote published. These students want to do something creative in their life.

Junior Kacey Van Hemert says, "I started writing when I was six and began publishing when I was

13."
"Writing is like an art, you have to practice it to learn it and that's why I enjoy it a lot. Enjoying it is all there is to it. Writing is a hobby, just like any other," she adds.

For those who want to enjoy writing, Van Hemert says, "If you take the time to learn to write, then it will be one of the easiest and best hobbies you'll ever pick. I like to write mainly because it's one of my favorite things to do.'

But there are some who have a different perspective on writing and how they are inspired by it.

"If you take the time to learn to write, then it will be one of the easiest and best hobbies you'll ever pick."

Sophomore Joseph Pitman says, "I'm a big fan of J.R.R. Tolkien's books, and he gives me ideas for my fantasy stories. As for Sci-fi, I watch TV shows such as *Star Trek* and a series called Firefly.

From these inspiring books and movies, Pitman became interested in writing. "My writing hobby started probably a couple years ago when my mom noticed I was cre-ative in making my own worlds, and she kept urging me to start writing," he says.

"My mom is the one who is very

encouraging about my writing, and my dad wants me to get something published." Meanwhile, Randi Wiese, junior, says. "My friends and family think it's inspiring because



Developing their writting skills are seniors Stephanie Laubacher and Keith Cragun.

it gives them a different perspec-tive on certain things in life. I don't have anything published, I just en-

joy the process of writing. Senior Hannah Nelson hopes to have her stories published when she finally feels comfortable to share her writings. "I just like to get everything out on paper. I started reading a lot of books, and I decided I wanted to try writing short stories, so I've been doing that since then. I don't have anything published. In fact, I don't really show anybody my writing except for my little sister. She thinks it's really good."

Nelson, who started writing in the eighth grade, began writing poetry, and then she decided to try writing stories she decided.

"I've just kind of stuck with that," she added. "I'll never stop writing ever. I want to bring happiness to the people who read my stuff but also make them cry!"

Nelson also says her reason for writing is wanting to relax and is constantly coming up with new story ideas. Sophomore Brooke Weir also enjoys short story writing. "I started writing in the sixth grade when we had a short story writing assignment. I started writing it and realized how much I really liked it. I like to write because it helps clear my mind whenever I am sad or frustrated," she says.

As far as what genre she enjoys, "Normally, I like to write romances or dramas and a little mix of both. I've read a lot of romance books, and I just decided to write some-thing like it," says Weir.

Senior Ashton Bindrup likes to take pen and paper and compose novels. He says, "I kind of have a 'god' complex per se, and it's fun

trol the characters you're writing. I write because I hope it makes people take an interest in people, and I also like to help people and want to make a difference. "Bindrup started writing in the sixth grade, "the main reason is I wanted readers to feel what I felt as a reader in my writing." He added, "The best advice I can give to aspiring young writers is start writing now, don't edit while you write your story, and always conduct your research when

you're checking your facts."

Bindrup has also finished his first novel. "The title of my book is the Dark Poet, a story of a girl who is kidnapped and indoctrinated into a terrorist group." He adds, "I'm in

the process of getting it published.

Bindrup's main writing focus is fiction and he plans on going to Columbia University in New York on a journalism scholarship majoring in English with a minor in psychol-

ogy.
Senior, Michael Ahlstrom also has dreams of writing great fiction for a living." I'm always coming up with new stories like anybody with an expansive imagination," he said, "I would never attempt to write nonfiction, but I plan on explor-ing different genres of fiction, but Sci-Fi is predominately my focus. Ahlstrom plans on majoring in Engineering in college and will focus on his writing this summer.

While writing may have started as a hobby or a way to relax, these Warriors hope to build a future career as a writer. Nelson's advice to aspiring writers is to "keep writing and never stop. Write the story in order and fact check after the rough draft is finished."

additional reporting by Jack Powell

There are many talented WHS students, and two who have ex-celled in music are seniors Marissa Hall, and Kyle Brunetti. They have been selected as Weber's Talented because of their vocal ability.

"I have been singing since I was 12," says Hall. "I like music because it is fun, and I can do it anywhere," says Hall, "I Just love sing-

ing!"
Hall is the Chamber Quire president, and Hall helps Mr. Wood with the choir class. "Sometimes he has us send out messages to remind other students, or just help with chairs," says Hall.

> "Music is just really fun and goes along with anything, it can be added to anything."

"They're both really similar, really talented," says Mr. Wood, music teacher. "She has a beautiful soprano voice, really good classical style." She has not only participated in the choir concerts, she also has sung in many of the plays here "She works really hard, and has gone out of her way to help," says

As far as her music inspiration, "My older sister inspires me to sing," says Hall. "She has always been singing and so has my dad."

Along with her family, Hall's friends and relatives also realize her talents. "Both of her sisters are ex

Talented

Senior Marissa Hall is the Chamber Quire President and leads with her soprano voice.

tremely good singers just like her," says Linzee Hall, senior, and cousin of Hall. "Marissa is always singing when I see her whether at home or school.'

Another student who has spent endless hours in music is Brunetti. "Kyle is the acapella president, and he is also really hard working," says Wood. "He also does a lot of the physical activity in the class such as carrying the hand bells or straightening the chairs," Wood adds.

Brunetti says his responsibility

as the president is to keep the class in order, alongside Hall, when Mr.

Wood is gone. He also helps with all class related things that Mr. Wood needs

"Music is just really fun and goes along with anything, it can be added to anything," says Brunetti. When he was in the seventh grade, Brunetti had no idea he would become a singer, but he finally joined choir when his seventh grade teacher, Mrs. Sowby, a teacher at former teacher at North Ogden Junior High, pressured him into join

ing.
"I don't personally have a specific form of inspiration, but Mrs. Sowby forced me into choir, so she is the one who got me really into

In relation to what music Kyle loves to sing, he says, "I just love any music. If I can sing it, I will." Both students continue to join

in concerts and practices to help strengthen their talent. Although their plans for after high school seem far from what might be expected from such excellent singers. "I plan to minor in music, but to major in software programming, says Brunetti.

Even though Hall loves m

she has different future plans from what might be expected. "I love medicine and surgery related fields, so I'll be going into more classes related to those areas," says Hall. "I will also try to minor in music, especially with music instruments ich as my guitar."



Even though senior, Kyle Brunetti loves music he is also interested in the software programming.

Photos by Jackie Olberding



Young engineer starts physics career early

Weber High is a place of many accomplished students. Among these Warriors is junior Kenji Hashimoto, a student involved in Project Lead-the-Way and physics classes at school, and is also working on building a new prototype of a jet engine.

Hashimoto has been fascinated with aircrafts and engines since he lived by Hill Air Force Base. He says, "It all started when I lived in South Weber. I could hear the roar of the after burners of the F-16s flying over, and I could hear and feel the power the engines made. Because of those planes flying overhead, I really got to love planes. As I grew up, my love for aviation grew and is still growing. My knowledge grew more in mechanics and how an airplane works."

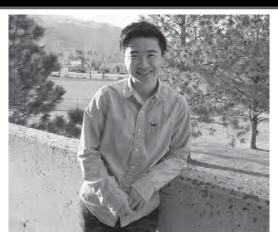
This passion for aviation has inspired Hashimoto to take his in-terests one step further; he began building prototypes of engines. He says, "I just happened to get stuck with engines. I started the idea of building an engine when I was randomly surfing YouTube. The highpitched whining of the compressor section and everything about the jet He adds, "I saw people building engines out of tin cans and attempting to make them run, so it motivated me to build a tin can jet engine I finished my tin can prototype in about two months, in late 2013, early November. I knew it wouldn't work, but it was just the knowledge of doing it and the experience that motivated me."

From that point, Hashimoto began to think deeper about exactly how to build a better engine and expand his knowledge. He says, "After that, the concept of an axial flow gas jet engine popped into my mind. First, it was drawn on a piece of paper as an idea. Later, as 2014 rolled around the corner, the idea really took off! The full dimensions of the engine were put down on a 2D design software, and the project stayed in the 2D stage, as my knowledge for 3D modeling was minimum to none.'

Hashimoto then began to take classes at Weber High that helped him understand 3D modeling and he progressed farther into his mod-els until it became "almost as easy

as walking," he says.

Because of this 3D model-Hashimoto's first prototype of the engine was created in December of 2014. He says, "3D printing was now an option, and as most of the 3D designing was finished, I was just improving



Kenji Hashimoto prepares for his future in engineering.

Photo by Jackie Olberding

the engine and making it better." He adds, "The KH-51 version 2 prototype was a printed model and is now in the HAFB museum. The current development of the engine is a version 3 prototype now. As I work more and more on the engine, manufacturing and creating a working prototype are starting to

really come into the picture."

Hashimoto tells he is also looking for sponsors to fund for his project. He feels it would be a big help to be able to have a sponsor ship to start creating a working pro-

He says once the jet engine prototype is finished, it will be taken to a science fair. "I want to see how

far the project will go, to help fur-ther increase the efficiency of gas turbine technology.

Hashimoto says he has been inspired by his teachers and "just the thought of how these complex things work, and how they actually do work. It's crazy to think of today's technological advances and engineering feats which never cease to inspire me."

Mr. Thorpe, Hashimoto's physics teacher at Weber, is excited about

the work his student has been doing. Administrator Mr. Talbot adds, "If a physicist like Mr. Thorpe is so excited about it, this engine is going to be amazing. Kenji is going to do great things."

Coming clean about Webers' most, least favorite classes

By Stephanie Laubacher

All students have classes they are required to take, but often their favorite classes are those they choose for themselves. Weber High provides several opportunities for teens to explore their academic interests outside of the core classes, and students frequently have some classes they prefer

Senior Erik Neilson says his favorite class at Weber has been Calculus because of his teacher Mrs. Carrier, but he mostly enjoys his elective classes. Neilson says he currently likes his Furniture Making class the best because he "gets to make cool things like cabinets and desks." Even if he had the opportunity, Neilson says he wouldn't want to change anything about his Furniture class.

"It's a favorite, and it's already good," he says. Neilson adds he will benefit from this class because he has gained many skills through creat-ing furniture. "It will be a fun hobby or help me with calculations," adds

Neilson says his experience with Weber classes has been great. He has no least favorite class, and says Weber has all the classes he has wanted to take. "I wish I took physics," he admits because he thinks physics is interesting and applicable. For students looking to sign up for something new, Neilson recommends, "Tech Design 1 because it's fun and I enjoy working with computers.'

Nick Benson, junior, also has an elective as his favorite class. "Video Productions 2. The teacher is great, the work is very fun and it pertains to the career field I want to enter in. I have a lot of friends in it as well," Benson says. He enjoyed Video Productions 1, but says Video Productions 2 is even better because they get to go more in depth on certain topics.

Benson thinks the best thing about the class is "none of the work feels in the class is the best better because they get to go more in depth on certain topics.

like busy work, and it provides insight on my career path." Benson adds this class will help him in the future because "its focus is spread through all fields of video creation, part of it being animation."

If Benson could change anything about his Video Productions class, he would simply make it last longer because he enjoys it so much. Overall,

this class has provided Benson with a direction to take his future.

Benson's least favorite class was Secondary Math II Honors. "The class was boring, and we had an overwhelming amount of homework. I also

was obling, and we had an overwhening announce of holinework. I also didn't feel like I was learning anything," Benson says. He would also like to see an animation class or a Russian class come to Weber. "I like animation; animation is the field I wish to pursue my career in. And Russian because maybe I'll get kidnapped by the KGB; that's the only way they'll get me to Russia. I would like to learn Russian," he says. Junior Ellie Gossner has a difficult time choosing her favorite class. "It's a dead tie between Debate II and AP American History," Gossner

"It's a dead the between Debate II and AP American History," Gossner says. "They're engaging, the course work is interesting, they discuss topics that fascinate me and I love any course with a corresponding textbook. Also, I get to talk about politics and be outrageously conservative."

Gossner says she loves classes like these because "they help [her] to develop synthesis, analysis and writing skills that will be useful in higher education." Gossner believes there is no better gift to be gained than becaused and it can girl you in a propulation and the propulation are girl or the propulation and the propulation and the propulation are girl or the propulation and the propulation are girls or the propulation are girls or the propulation and the propulation are girls or the propulation and the propulation are girls or the propulation and the propulation are girls or the propulation and the propulation are girls or the propulation and the propulation are girls or the propulation knowledge, and it can "aid you in any quest." She also says she has gained skills in argumentative and expository essay writing through both her Debate II class and her AP History classes.

If Gossner could change anything about her favorite classes, she would want to decrease lecture time and increase work time. "I wish we could do things more efficiently. We waste a lot of class time," Gossner says.

Although those classes are ones Gossner currently likes, her favorite class of all time was AP European History with Ms. Keim. Gossner says, "There was a fantastic teaching style, an in-depth textbook and a lot of allowance for various learning and study styles. It made this course the most enjoyable and educational I've ever taken."

Gossner may have a number of favorite classes; however, she is not

immune to having least favorites. Gossner says she most disliked her Fi-nancial Literacy class because she "didn't appreciate the state mandating something [she] feels should be the responsibility of parents." She also says she didn't learn much and they did not use their class time produc-

er also recommends Weber's AP courses to other students. "Most of the AP courses offered at Weber are a great way to challenge yourself and learn more than you could in a normal-level class. And many colleges and universities will allow you to bypass entry-level coures if you pass the AP test in that subject," she advise

Technology in classrooms helps studies

By **Dustin Kingsbury** Sports Editor

and the concept of it, has changed in some drastic ways that would have previously been thought as unimaginable.

Science department teacher Mrs. Radle describes some of the changes she has witnessed throughout her

teaching career at Weber.
"Ever since I began "Ever since I began teaching at this job here at Weber, the way things work, as well as the staff I've worked with, has changed," she says. "In one way it [the school] is larger than others. Other changes are how accepted technology is within the walls of the classroom such as computers, phones and laptops; even the way grades are posted and available to both the parents and the students.

Mr. Hansen, World Civiliza-tions and US Government teacher, agrees with Radle, "I've been a teacher at Weber for quite a while now and have seen how technology has taken over not only how we study, but our ways of life. It is funny how even 5-10 years ago, technology was not acceptable by the slightest hint of means besides computers. Today, with special per-mission, students are allowed to use their cell phones, tablets and other sources of devices to research topor find answers to assignments. It is funny how things change.

A study conducted by the Peo-ple's of American Classroom concludes that people all around the world are using technology more than ever before, within the home and in the classroom. In the last decade, an increase from 78 percent to 98 percent of public schools now have access to a computer within at least 500 ft. of each classroom

Computer technology teacher, Mr. Rawlins has witnessed the increase of technology affecting the teaching methods at public schools in this new era. "I didn't start teaching computer technology classes until it became a require-ment to graduate from Weber High School," he says, "When that requirement was made into place, I began to realize why. Technology really and truly opens a whole new

world of learning and possibilities given to the average human being. What would have been thought to have been impossible decades ago

now only a click away." Radle agrees and adds, "Teaching science classes such as biology and MAPS (Medical Anatomy) is much easier than when computers were early to the world. The won-

"Technology is the largest factor of how school is changing."

derful thing about them is that these kids have grown up on them, and they know exactly how to work them; sometimes even better than the teachers do themselves.'

Mr. Newbold, math teacher, also believes that technology has made it easier to teach. "Aside from the countless number of students using their phones to text and play games in class, teaching has been easier to do since technology has been intro-duced. For some of my classes, I

just make a review video while at home and tell them to watch it for help on their study guides." Students also believe technologi-

cal changes in schools are good. Se-nior Nicole Prescaro says, "School has changed from pencil sketches and writing assignments on paper to computer tests and development with technology."

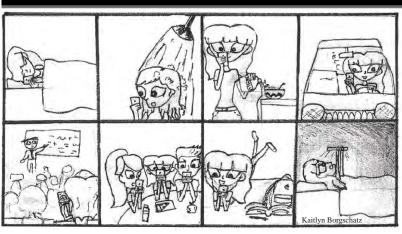
"In the early years of elementary, I remember it being a privi-lege to go to the computer lab and play games on computers, but now school has changed to where we do almost everything on the computers," Prescaro adds.

Sophomore Braden Hull supports this as well. "When I was in kindergarten and first grade, we would focus on writing with pen-cils on pieces of paper, but now it is all about typing on computers and learning how to use them." Even though technology can be

confusing to some people, advance-ments will continue and be an inte-gral part of education. "Technology is the largest factor of how school is changing," says Rawlins. "It is changing how the world is working and will continue to.

EASY MOBILE BANKING





Society's social media addiction brings teens great fame, fortune

By Emma Burwell Staff Reporter

Pick your poison, Twitter, Tumblr, Facebook or Instagram... You spend the hours of your life on these sites. Instead of cramming for a test, teens find themselves scrolling through peoples 140 characters or less tweets. They often look at pictures on Instagram instead of spending time with family. Some see social media as a time waster, but there are advantages.

Since starting to use twitter in 2012, I find myself taking more no-tice in social issues such as the rac-ist actions in the East and recently Charlie Hebdo terrorist attack.

As well as helping bring notice to such issues, social media can also bring exposure and fame to average people's lives. The average next door neighbor could upload a YouTube video of them covering a Taylor Swift song to their 300 followers, and 50 of them retweet it to their 200 followers and the next thing you know, the neighbor has over 10,000 views and is recognized by people in the grocery

nothing to get where they are, but they have a symmetrical face with decent features. Nash Grier, who is now well known for his Vine and YouTube videos started a few years ago making videos with his adorable little sister. He now has millions of views on Vine as well as a career from his social media fame. Grier was not alone in this accomplishment and other "Viners," much like him, started a group called Magcon (Meet and Greet Convention.)

Magcon consisted of Nash Grier, Cameron Dallas, Matthew Espinosa, Shawn Mendes, Taylor Caniff, Carter Reynolds, Jack Gillinsky, Jack Johnson, Aaron Carpenter, Whitesides, Hayes Grier, and DJ Mahogany (also known as LOX). The group of boys and one girl would travel doing meet and greets with their many fans The ones who were famous for singing would perform, and then they would answer questions and talk on stage. All of these members has since quit the group and found different agencies to be represented

Another social media success

has been making YouTube videos since she was 15. Mota started out making fun do it yourself hair and makeup videos, as well as recipes, and outfit inspiration videos. Now. four years later she has been on Dancing with the Stars, collaborated with Aeropostale for an ongoing clothing line, has around 10 million subscribers on YouTube and has appeared on television shows purely dedicated to skits from You-Tubers on Nickelodeon.

People don't even have to live in Los Angeles to be famous on social media. Cara Loren is a style blogger who lives in Utah and has hundreds of thousand views on her blog, and she maintains a life at home in Utah while she also travels and goes to prestigious events.

So what do people do to get rec-ognized on social media? Well, some people acquire attention by being attractive or if they are fun-ny or have a talent, they upload a YouTube video. Then they share the links on every social media platform they can and have their friends share them too. Many will be surprised at how many home-work procrastinating teens stumble across a video. The advantages can outweigh the bad, if people want to



By Jack Powell

If we want to progress as a generation, we need to start with take ing our schooling as serious as our sports. Which I find abysmat that the highest paid public employee is a college coach and not a college professor. It seems to me intellec-tual growth is a thing of the past, and scientific innovation is not a priority any more. We have lost the ability to use our brains and lost the intellectual curiosity as a nation and became an astrology loving and science denying culture.

Am I the only person who actually cares and seeks to learn more and more? Am I the only one who is willing to take the great risk of thinking for myself? Well, who cares about their intellect and has a genuine interest in exploring vast subjects ranging from literature to science and wants to expand their minds in a good way by reading and taking studiesly serious? It ap-pears we have, as a nation, adopted intellectual laziness and believe pseudo-science. We go out of the way to ostracize people who use their brains and think! It's so frustrating to get chastised for it because other people are insecure.

It is time to put down the phone

and the remote and pick up a book and start caring about our future and respect and appreciate someone who actually cares. Apathy and

stupidity poisons the mind.

An excerpt from a recent article about this topic was in the New York Times. Henry M. Levin, a

proffesor from Columbia Univer-

is, of course, the most significant requirement for entering college.

While our economic competitors are rapidly increasing graduation rates at both levels, we continue to fall behind. Educated workers are the basis of economic growth; they are especially critical as sources of innovation and productivity given the pace and nature of technologi-

people could lessen the dropout numbers by just half, "We would yield almost 700,000 new graduates a year, and it would more than pay for itself. Studies show that the typical high school gradu ate will obtain higher employment and earnings — an astonishing 50 percent to 100 percent increase in lifetime income - and will be less likely to draw on public money for health care and welfare and less likely to be involved in the criminal justice system." Levin added that with an increased income, graduates would contribute more tax revenue during his lifetime compared to those who leave school early.

When the costs of investment to produce a new graduate are taken into account, there is a return of \$1.45 to \$3.55 for every dollar of investment, depending upon the educational intervention strategy," said Levin. "Under this esnate, each new graduate confers a net benefit to taxpayers of about \$127,000 over the graduate's lifetime. This is a benefit to the public of nearly \$90 billion for each year of success in reducing the number

of high school dropouts by 700,000

or something close to \$1 trillion af-ter 11 years. That's real money and

vatives should rally behind dropout prevention as an element of eco-nomic recovery, leaving aside the ethical dimensions of educating our

young people."

While people could argue these figures are too large. "The relationships among the time-tested inter-ventions, high school graduation rates and adult outcomes have not been proved yet on a large scale. Those are important considerations, but the evidence cannot be denied: increased education does, indeed, improve skill levels and help individuals to lead healthier and more productive lives," reports

Even though there is a high un employment rate, having more ed-ucation would increase economic growth and new graduates will find

"Proven educational strategies to increase high school completion, provide returns to the taxpayer that are as much as three and a half times their cost. Investing our public dollars wisely to reduce the number of high school dropouts must be a central part of any strategy to raise long-run economic growth, reduce inequality and return fiscal health to our federal, state and local governments," said Levin.

The best advice I can implore to my fellow peers is to graduate. Don't think school is a joke. We are the key to a better future, so do yourself a favor and take the smart route in life. Don't fret if you only have two or three make up packets, just get them done and certainly don't think if you have any make up work that you're dumb, because you're not. It's just apathy.

off but if you're a teacher in Utah, it seems you guys are spoiled rotten and aren't thankful for what you have, according to the state su-perintendent, Brad C. Smith, during a hearing on identifying failing ools. After consulting with local ninistrators, Smith compared administrators, Smith compared teachers to a three-year old crying because he/she didn't receive enough on Christmas morning. Re ally? Talk about sheer stupidity.

So you're going to tell me, a fu-ture tax payer, that perfectly competent, caring teachers don't put enough effort into their work? We have teachers who put in 12 hour a day with very little pay, and you can't see the problem? How dare you, Mr. Brad Smith, act so vitriolic and ignorant. I'm one to believe that if a kid

fails it's his fault and not the teacher's and yes the parents are also to blame. Yes, there are bad teachers but a very small number. It's been proven that just having books and being involved improves your child's academic success. How-ever, a student doesn't fail because the teacher is a Fascistic Obama supporter: It's because some par-ents are ignorant dolts that thinks little Tommy would never tell a lie about how the teacher never grades his assignments. Ring a bell? No? Yes?

I wonder what it feels like to have the superintendent of the state turn his back on the fact that throw ing teachers under the bus will do nothing but dig the wound deeper on the public's view of education He will create more and more pre-conceived notions that job security and money are the main drive for teachers. No, it's not. Teachers want to teach; they need ample instructional time with more one on

one time with kids who are strug gling in a specific class. This isn't just a problem in Utah, it's educational policy all around the nation and until we stop looking at teaching as temporary employment and start respecting the profession, we will fall further behind. Just like anything else, we need an informed public, give teachers the time to teach and stop with the excessive testing. We need kids to start improving and start caring about their education. You're not going to find any fruitful improvements through

try, start with the schools from the bottom up. Take a stand and fight for a better and brighter tomorrow Move politics aside for once and teach the new generations to think critically and have a burning passion for learning, promote science, literature and critical thinking.

If we remain blind and put this issue on the back burner, we will see that it's a grave mistake and face the inevitable fall of this country. We will see the United States of Amnesia become a bigger joke to



just testing, testing and more testing. Let the teacher teach!

Like political satirist Bill Maher aid, "Until the American public and its leaders come to recognize that education reform is a small component of a much larger and more powerful need to reform our social policies, schools will floun-der, children will suffer, and the discourse will remain misguided, bitter, and redundant."

So pull your head out of the sand

because this does concern you, and see the utter lunacy of not just Utah educational policy but the country's educational policy. If we want the world.

The great writer Gore Vidal once said, "Today's public figures can no longer write their own speeches or books, and there is some evidence that they can't read them either." That quote sums the importance of education nicely, like a fine wine

and cheese.

So call or write a letter to express your concerns:

Utah State Office of Education Mailing Address PO BOX 144200 Salt Lake City, UT 84114-4200 Phone: (801) 538-7500

Thanks given to moms, dads

kids nuts, and in return teenagers often make their parents feel underappreciated. Mother's and Fa ther's Day may seem like two little days whose meanings are slowly slipping away, but they can make parents feel like they're on top of the world.

I think one of the reasons these "holidays" are thought of as unimportant is because people don't really know how to show appreciation to their parents very well. For example, my sister tends to make our parents feel bad because she doesn't seem to know how to simply say "thank you" when she re-ceives anything from them.

I also don't think the maximum amount of appreciation should be reserved for one or two days during the year. Parents do a lot for their kids and kids don't always

Mother's and Father's Day would be more recognized if everyone put the same amount of thought into it like people tend to with Christmas. Of course, these days don't have to be as big as Christmas; a family barbecue is just fine as long as voi

dad (depending on the day). Moms and dads might even be apprecia-tive on Mother's or Father's Day if their kids actually do their chores or maybe pick up extra ones. My step mom becomes the happiest woman on earth if she can come home from work to a clean kitchen. My dad feels a lot better if my sisters and I just keep our grades up and turn in our school work on

much of their kids; they just want them to do what they're supposed to when they are asked without a huge argument that ends in, "I hate you." Simply letting parents know they're loved can make them feel better. Saying please and thank you never hurt anyone, either.

Most parents are always

ning around working for clothes, food and a house for their family. One day out of the year is not near enough to pay them back for it. Mother's and Father's Day can be a great way for kids to show they are thankful for everything their parents do for them. Arguing that these two days aren't needed could be understandable if all 365 days were treated the same war

Try doing little things for mom

and dad everyday: helping with dinner, doing the dishes or actually having your room clean. Doing lit-tle things around the house without being asked, or doing things mom and dad don't like to do, are great ways to make them feel loved. It may seem insignificant when it's being done, but the end result will be worth it. Just make sure they know they're loved. No one is ever too old to hug their parents and say "I love you," and make them smile when they're around. Inevitably, there is going to come a day when that won't be possible, so take advantage of the time given now

Other things that can be done to help show appreciation (even i they don't seem like they would help at all, they just might) are giv-ing mom or dad a night to themselves to relax, running errands for them, making them breakfast or dinner and simply not arguing with

This whole thing doesn't need to be complicated and there is no need for argument. Just stop slamming doors and always be appreciative and loving of mom and dad.

By Siera Rose



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Congratulations to the Warrior News staff on their national 1st Place recognition with American Scholastic Press Association!

Helpful guidelines assist friendship

By **Kierstin Pitcher** *Editor in Chief*

Most people would agree it's important to have good friends and to be a good friend, but what exactly makes a great friend different from the decent friends or even the bad ones? There is not one specific or generic answer to this question, but Warriors have shared what knowledge they've gleaned from their teenage experiences.

Sophomore Gavin Lund shares what he believes makes a friend a good one. "It's pretty much the little things like saying hi, smiling, doing something weird together or just a text message saying, 'Hi how are you?' Another is being real. We all have these fake friends but it's being genuine that makes someone a good friend."

Lund is not the only one who

thinks genuinely caring is an important characteristic of a good friend. "A good friend is someone who is genuine, can relate to you and makes you feel comfortable with who you are," says junior Alison Pobantz. "I've had friends in the past who will find better things and then I've friends who are always there so I've come to find that true friendship is genuine no matter

An issue Pobanz says she sees right now in social groups is the lack of trust teens have for each other. She attributes this lack of



Friends enjoy joining together to show their school spirit while cheering at a Weber home Photo by Ashton Bindrup

trust to people finding things out through the gossip chain and social media. A recent survey of Warriors showed many teens value trustworthiness and loyalty in a friend; 93 out of the 100 surveyed ranked trustworthiness and/or loyalty among the top three most important

So how do you keep good friends once you've found them? The advice given by Lund and Pobanz seems to follow the saying, "If you want a good friend be a good friend." Lund explains how he tries to maintain lasting friendships with his friends. "I always say 'Hi!' and try to talk to them a bunch and ake them feel wanted and get to know them on a personal level."

Pobanz adds, "The best way to

find the best friends is to be yourself. Wherever you go stay true to who you are and you'll find those who love you for who you are." She also shares how she applies this philosophy with her own plies an spinosophy with let own friendships. "Just knowing who I am and who I want to be, helps me to choose friends who remind me of who I want to be." Lund adds, "It's human nature, if someone is nice to you, you're nice back. It just works." He continues advising, "Be happy, don't let your negativity rub off."

Despite everyone's best effort and intentions, it is still possible to make bad friends. Lund describes a bad friend as someone who teases to an extreme, is fake and very negative. "In a lot of friend groups there are a lot of negative people. and it just puts a cancer in the friend group. Except unlike cancer, it can be cured." Lund says he attempts to counter this kind of behavior. "I try and be their friend and make them laugh a bit and be genuinely caring towards them."
"You could say a bad friend is

spect me or listen to me ever and puts me down again and again, Pobantz says. "I try to find the good in them, forgive, and talk about it

with them and try again."

Upon realizing how difficult it can be to maintain healthy and lasting friendships, some may wonder if it's worth the effort. Lund says he believes good friends are worth the work. "I think they're everything without them life would be boring They give you that foundation you need to get through high school and all its stress." Lund adds he thinks good friends are especially important in the teen years because "looking at different kids who don't have the best friends, it not that they're not succeeding; it's that they're not

doing as well as they could be."

Pobanz agrees having strong friendships helps teens develop positive attributes. "Friendship is one of the greatest things there is, especially in high school. It helps

you get through the hard times." First times can teach unique lessons

safe on the road. His best advice to and first-time drivers is to be careful and know "you are not as good

as you think you are."

Senior Katherine Sowby regards her first day as a Certified Nurse's Assistant as her biggest first. "It requires a lot of patience and stamina," Sobe says. This job marked the beginning of her path to go into a medical field. Sobe says her first day was draining because she was not prepared for all aspects of the job. However, Sobe states, "It had helped me to expect the unexpected, to roll with the punches and make the best of any situation that is given to me." The hardest part of Sobe's first day was being uncertain about whether she was doing something right or not. For anyone else on their first day of work, she recom-mends, "Don't have any preconceived notions about how things will be or have a plan in your head. It will not always work out the way you imagine it."

There are many first times in a person's life, and although they may seem confusing or even a bit terrifying, these warriors feel it is important to take an active part in enjoying the novelty of the situa-

laying

Let me start by saying this film is not a Saving Private Ryan or Hurt Locker. This movie is probably the worst piece of American propaganda I've ever seen. It tries to convince viewers that Chris Kyle, the American Sniper, is what heroism looks like. He is a barbaric warrior who doesn't think twice about shooting someone. Bradley Cooper portrays a whole different Kyle and doesn't show the grit and grain of the true man himself; they sugar coat the real story of Chris Kyle

One scene in particular struck me as odd. Kyle is watching the events of 9/11, play out on television and then cuts to him in Iraq, when Iraq had nothing to do with 9/11 at all The New Republic's Dennis Jett writes. "More fundamentally, treating Kyle as a patriot and ignoring any other possibility allows Americans to ignore the consequences of invading a country that had no weapons of mass destruction, had nothing to do with 9/11 and had no meaningful ties to Al Qaeda (our invasion, of course, changed that)."

At least Kathryn Bigelow's *Hurt Locker* was thoughtful and well delivered, but this film is pure stupidity and ignorance. There was this "America is the greatest country and the Iraqis suck!" message throughout the whole film and Kyle, in his book claims, he wanted to kill even more, and he wanted to kill anybody who was with a Koran. Now, is this man a good role model for children? Absolutely not. As Political satirist Bill Maher puts it, "American Sniper is just 'American hero! He's a psychopath patriot, and we love him.

I feel this film is chalk full of heinous lies and not just about the Iraq invasion. According to Salon com, "Kyle's primary antagonist in Mustafa is mentioned in a single paragraph in Kyle's book, but the movie blows him up into an everpresent figure and Syrian Olympic medal winner who fights for both Sunni insurgents in Falluiah and the Shia Madhi army." Now wait a second, anybody who's an expert on the Middle East knows the Sunni and the Shia were fighting against each other. Salon.com also adds "The National Review debunks the claim that all proceeds of his book went to veterans' charities. Around two percent – \$52,000 – went to the charities while Kyle pocketed \$3 million.

Another thing to add is Kyle said "heroism attitude" is the reason that during hurricane Katrina he was on the Super Dome shooting looters. Now how awful is that? People were starving and you make up a dubious claim that you went innoticed taking out innocent civil-ans in a desperate time of need.

All of these things were lingering throughout my mind as I struggled to sit through the whole two hours and fifteen minutes of a film about a psychopathic murderer who kills for sport and say's he would do it again, but the film makes it seem like Kyle is tormented by his expe-

Kyle writes in his feeble excuse of a book, "I only wish I had killed more." He also writes, "I loved what I did. I still do. If circumstances were different - if my family didn't need me – I'd be back in a heartbeat. I'm not lying or exaggerating to say it was fun. I had the time of my life being a SEAL." This man is no patriot or hero; he's a war criminal.

The film shows a whole different man and a dramatization of a not so accurate story itself, and I'm glad American Sniper didn't win Best Picture at the Oscars and Best Actor, either.

Film Grade - F

Johansson,

By Stephanie Laubacher

Everyone has to try something for the first time at some point in their lives, but the big difference comes from whether this first try is fun and exciting or simply stress ful. For some, first times are nerve-wracking nuisance, but for many Warriors first times can oper up a whole new world, chock-full of adventure and freedom.

Junior Andrew Robinson says his most significant first would be his first day of high school. Although Robinson recalls having a complicated mix of emotions, he thinks this first day was great because it "led to [his] junior year which has the hardest and most fun times ever.

Robinson adds after his first day of high school, he felt ecstatically happy, as well as a little frightened and confused. He best remembers "realizing how many people there are, how lost one can be and how it will be the first of the last of my childhood."
"It took a while to get used to the

fast-paced homework schedule and

sleepless nights," Robinson says. He enjoyed his first time in high school despite the anxiety of it all. and claims he would be willing to do the whole thing over again if he could. Robinson would want to experience the fun and excitement of

Robinson also adds his life has been affected by this first time experience because it "made him the happiest kid ever." He was happy to gain many new friends from the experience, but also notes the worst "finding out how weird [he] and [his friends] are." Overall, Robinson says his first day of high school was a lot of fun, and would advise any soon-to-be high school-

advise any soon-to-be nign school-ers to just survive.

When Ben Forsberg, junior, thinks of an important first in his life, his first time behind a steering wheel comes to mind. "It opened up a whole new world of possibilities, including dating," Forsberg says. He loves being able to drive and does not plan on stopping it any time soon. "Unless I go blind,

in which case I would stop for everyone's safety," he adds.

Forsberg also says the best thing about driving has been that he can have his freedom and be able to

to beg parents, brothers, sisters, or friends for rides anywhere. "I have been able to do so much," Forsberg says. "Dating, going to dances and not having to be restricted by wait-

ing on someone else."

"Legally, it [the first time I drove] was a couple weeks after my 15 birthday with my parents. But that doesn't really count. I got

"Don't have any preconceived notions about how things will be or have a plan in your head. It will not always work out the way you imagine it."

my license eight months after my 16 birthday on Halloween, and I took my parents' Audi out for a spin. That was the first time I drove alone," Forsberg recalls. He also says after this first time driving he felt exhilarated. Although he acknowledges driving as an important and freeing rite of passage Forsberg encourages others to be

By Siera Rose

Everybody counts down to the spring and summer months. Spring brings warmer weather, and sum-mer means school is out (for most of us). But for avid movie-goers, or people who just want to get out of the house, the spring and summer of 2015 will be especially exciting Here are some movies I'm looking

for.
One of the movies I'm most excited for is Furious 7. I've loved the Fast and Furious movies since the first one came out in 2001, so the franchise has a special place in my heart. This movie picks up at the end of *Fast and Furious: Tokyo* Drift, when Han Seoul-Oh (played by Sung Kang) is killed in a car accident. At the end of *Fast and* Furious 6, it is revealed that the caccident was caused by Ian Shaw (Jason Statham), who is Owen Shaw's brother. Owen Shaw was the antagonist in the last movie; he was killed by Dominic Toretto (Vin Diesel) and his friends. Furious 7 is about Toretto and his crew try-ing to find the man who killed Han before he finds them.

The movie is rated PG-13 and also stars Dwayne Johnson, Ludacris. Tyrese Gibson, Michelle Rodriguez and many others. Furious 7 also includes Paul Walker's last appearance in the franchise. Walker died in a horrific car accident on Nov. 30, 2013. *Furious 7* is a great movie for people who love fast cars and good action movies.

Another movie I'm looking for

ward to is The Avengers: Age of Ultron. I've always loved super-hero movies and Marvel characters are my favorites. In this movie, the Avengers reassemble to battle a technological terror named Ultron, who wants to eradicate the human race. The movie has returning ac-tors Robert Downey Jr., Scarlett

Chris Evans, Mark Ruffalo, Jeremy Renner and Samuel L. Jackson. It also stars new faces Elizabeth Olsen, Aaron Taylor-Johnson and James Spader. The Avengers: Age of Ultron will

Chris Hemsworth

release May 1 and is rated PG-13. This movie is great for fans of *The* Avengers or people who love su-

Some other great movies coming out this spring and summer are *Insidious Chapter 3* and *Sinister 2*. These two are for the horror movie

Insidious Chapter 3 is a prequel to the first two movies, and it is set before the haunting of the Lambert Family. It follows Elise Rainier (played by Lin Shaye), the psychic who helped the Lambert family as she and her assistants try to help a teenaged girl who is being haunted dangerous paranormal entity. The only known ties Insidious Chapter 3 has to the first two movies are Lin Shaye's character and her assistants, Specs and Tucker, who are played by Leigh Whannell and Angus Sampson. This film is rated PG-13 and will release soon

This plot for Sinister 2 is still a little fuzzy, but it apparently fol-lows the deputy that helped Ellison Oswalt's (played by Ethan Hawke) family in the previous movie. In Sinister, Oswalt, who is a crime writer, moves his family to a house where a brutal murder of a family took place. The house is haunted by a child-stealing entity called Bogul and Sinister 2 follows a new family that moves into the same house and end up being haunted by Bogul. Sinister 2 will release on Aug. 21

and is rated PG-13.

Whether people like action mov ies, horror movies or anything in between, there are a lot of great ones coming out. This spring and summer, theaters will be booming with great blockbusters for friends and family alike.



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Snatching new fads,

From technology to music teens enjoy latest trends

By Abby Wight

From fashion sense to social me dia, there are many new things trending for teens. Warriors feel trends are fun, but they can soon become cliché and get boring very quickly.

One area in trends is music.

Zach Beysson, junior, says, "[Music trends] can be cool, but I hate "What Does The Fox Say" because there is no real point...the guy is just screaming at the top of his

Ylvis' song reigned on YouTube charts with over 320 million views It has aired on news channels and talk shows. The Norwegian duo took a children's story and created a music sensation, even if it does annoy some people.

Another trend connected to mu sic and can be considered either funny or just plain stupid by Warriors is twerking. This is a dance where dancers suggestively move their hips, and it has become popular by Miley Cyrus. However, this style of dancing may or may not have the best reputation, depending on who is asked. Aaron Soto, senior, says, "I think twerking is great. I show my creativity in my twerking."

On the other hand, Braxton Chadwell, senior, isn't so fond of this dance move. He says, "Twerking is gross and it shouldn't be

done... it just shouldn't exist."

Technology's popularity has climbed immensely in the past few years, bringing with it the iPhone.

Many teens own one, and the iPhone has become a must-have among many Warriors. Samantha Young, senior, says she thinks iPhones are trendy because "ev-eryone wants the Apple products." Young also feels Apple products are appealing to teens because of the apps, user friendly programs and because everyone wants what others have.

Along with iPhones and other smart phones comes yet another trend: Snapchat. This is an app where one can send photos/vid-eos with captions to friends, kind of like texting. These pictures and videos delete after up to 10 seconds. Developed by students at Stanford University, the new trend has many people hesitant about its use because some photos have been restored after supposedly being deleted, and many people's informa-tion has been hacked. Still, many Warriors have down-

loaded the app and a common phrase among them is, "Snapchat me!" Braden Fureigh, senior, says he thinks Snapchat has become popular because "it's way more fun than just texting." Young also adds newer technology such as Snapchat, is trendy right now. She says, "Teens want something bigger and better than what we have now." She also feels teens are always moving



One of the most popular trends is the use of smart phones. Whether it is to take photos or find information on assignments, teens find phones useful.

While girls are more into the aspect of fashion, guys are all about gaming. New video games are rising in popularity, as well. One new game is *GTA* (*Grand Theft Auto*), and many Warriors have purchased the game and play it often. Another new video game is Assassin's Creed 4: Black Flag. Sean Reichle, junior, says he likes this game because "pirates are awesome, and this sounds bad but killing people in that game

Trends come and go, and teens are always looking for the next big thing. Whether it is dancing, cloth ing, video games or, movies, new things will soon be introduced and teens will snatch them up

Up" was perhaps the most popular video they posted. With over 250,000 views, this cover caught the attention of Scooter Braun. who has previously worked with PSY, Justin Bieber and Carly Rae Jepsen. Braun helped the boys get signed with three records. Now, Rixton is working with the producer of Maroon 5 and Katy Perry, Benny Blanco, and are plan releasing a new album in the near

By Abby Wight

song, "Me and My Broken Heart"

playing on the local radio stations lately, and even though I admi

it's tiny bit overplayed, this new

boy band's sound is extremely catchy. Hailing from Manchester, England, this band of

four began in 2013. At the start of their career, Rixton played a few small gigs around Manchester and

posted their own covers of popular songs on YouTube. Their cover of Chris Brown's "Don't Wake Me

The members of the band are lead vocalist and guitarist Jake Roche, lead guitarist Charley Bagnall, bassist and keyboardist Danny Wilkin, and drummer Lewi Morgan. All of the boys are vocalists in the band, and together the four create amazing harmonies.

Rixton's music is a blend of pop and soul; each song with extremely youthful music paired with beats that can make anyone want to start

dancing.

Personally, I've always liked
British boy bands. They're my favorite, that's no secret! And I may just be adding Rixton to my list of favorites. Granted, they're super cute and all, but their sound seals the deal for me. I love their harmo ny and Roche's vocal range. The lyrics in their songs have captured so many teenage moments. Every song is so youthful, and I think lots of teens can relate to the words of their songs...I know I can.

Their harmony is enough to make me, and probably any other girl for that matter, melt. It's hard to find voices that fit together and harmonize so well, but these boys sure have perfected the art.

One flaw I found while listening

to this album was the lyrics can get a bit repetitive. I like them, yes, but hearing the same words over and over can get pretty old. Other than that, I really love how every song is about something different: a different aspect of a relationship that really give the album a lot of

The

character.

In the song "We All Want the Same Thing," Roche's voice was the first thing that stood out to me. I love his vocal range. It never fails to impress me when guys can do these crazy things with their voices. Also, the guitar in this song is something that really catches me When the beat comes in, I just want to dance. This song is definitely my favorite of the album. It's just so catchy, I don't know how any-one wouldn't want to sing or dance along to it.

"Hotel Ceiling" is kind of bitter weet. I took the lyrics in two different ways: breakups and death Maybe the lyrics are metaphorical maybe they're literal, but either way, they made me feel something I really enjoyed the tune of this song as well. And for Roche's voice, it's



really remembering something that happened to him, and that's what makes this song come to life.

In "Me and My Broken Heart," yet again, Roche's voice amazes me. I like the words in this song and how the singing matches up with the beat. To me, the lyrics per fectly describe what it feels like to fall out of love. The song gives off a bit of a melancholy vibe, but it sounds really powerful at the same time, which is really interesting.

"Appreciated" starts off with someone whistling, and it's a soft-sounding song at first, but then the drums come in and give it a little edge and I adore that. I think the lyrics are really meaningful. The song is about appreciating the per-son who always helps everyone else and how that person needs

someone to give them love, too.

All in all, I truly enjoyed this album. Every song had a different meaning to me, and I think a lot of people can relate to the lyrics in each song. I love how soulful Rixton's sound is. Most boy bands are super similar, but Rixton soars above most of the popular boy bands of today's music industry. They're different and new, and I definitely recommend this album.

Helpful suggestions assist complex dating world While Nelson is more disgusted choice dances more often. "When

By Emily Eldredge Feature Editor

Too many first dates? Not enough follow-ups, and confused about why? It's possible you're doing something wrong to try and get the attention of the opposite sex. A few students share what it often is that has them running for the hills.

"Sometimes girls come on way too strong," says Ty Nelson, senior, as he pushes away an imaginary girl.

Aly Anderson, junior, says the mistake most frequently made by guys is when they're awkward. "It's awkward if they make it awk-ward, and it's annoying when they don't actually involve themselves

in the conversation."

Junior Tanner Stakebake believes that too many girls have the habit of leading guys on. He says, "It happens all the time, especially with my friends, when the girl says, 'Oh, I'm not really looking for a relationship.

But the thing bothering sophomore Bostin Preisler the most?
"When girls don't think they're good enough." He's confused as to why they can't seem to take com-pliments and always appear to be bashing on themselves.

The opposite gender can often e perplexing. While Anderson and Nelson agree that they find themselves bewildered far less than expected, sophomore Sammy Wilkin says that guys confuse her percent of the time, because their brains don't function the same way

Girls aren't the only ones left confused. "Pretty much whenever I like a girl, I get frustrated... I can never tell if they're leading me on or if they're just kinda being fun," says Stakebake. "Maybe I just can't pick up the hint. Some of my friends who are girls says they're pretty obvious when they like a

guy, but every girl is different."

While Preisler is quick to say that there is no such thing as the worst girl (brownie points for him),

"Treat [girls] like you want your daughter to be treated, and don't try so hard. Just be yourself, be a friend."

Nelson says, "An inconsiderate. snobby girl has probably got to be the worst." Stakebake adds that he believes the worst type of girl is one who "used to like you but then just ignores you, flat out.

Anderson dug farther into this, describing the worst guy imagin-able as "a guy who acts like you don't matter and is only interested in talking to the people he deems cool enough... [A guy] who makes you feel like you need to watch ev-

erything you say."

Another big turnoff is bad hygiene. Stakebake agrees com-pletely, confessing that hygiene can make or break a relationship. Wilkins speaks for many girls when saying a big turnoff is guys with long hair, especially if it's long enough to need a headband. While this may not be true about all guys with long hair, her advice applies to everyone when she says, "Don't be

quickly from one trend to the next and always finding new things to

New items of clothing are also rising in popularity, especially among teenage girls. Some of these trends are lace, leggings, ear cuffs

Walking through Weber High's

Walking through Weber High's halls, girls are usually seen wear-ing these styles, and they are trying to keep up-to-date with the latest trends in fashion. "I think leggings are getting more

popular because they're so com-

fortable!" says Young. She says she

likes to wear leggings, especially

on lazy days, and also says she has

ssion with new styles.

try out.

and combat boots.

Senior Kayla Green finds a player very high on the list of what she doesn't want in a guy, but a close second is bad language. She feels she can know a lot about a person by "the way they talk or commuby the Way they tank or commu-nicate in general, like swearing or even the way they just talk *about* people." Green adds although la-dies don't appreciate bad language, they especially hate "being lied to constantly, girls like to know the honest truth

Green feels that the most annoy ing thing a guy could possibly do in her opinion is "judging a girl before they actually get to know her." Nel-son, though, while whole-heartedly wanting to get to know a girl, finds it hard when she is constantly texting throughout a date.

Preisler says that it's irritating when a girl mentions another guy while talking to him. He adds, "It's rude and makes guys feel like

what bothers Green a lot is when a guy acts conceited. "Ugh, I just hate that, when they're prideful. When they don't treat girls as good

as if they were humble."

Wilkins is bothered by when guys "think they're hilarious but they're not," and Anderson just wishes guys would go to boys' they don't go we can't go, so I feel like they should just go for it."

Nelson finds it difficult to con-Nelson finds it difficult to continue liking someone if he keeps receiving mixed signals, and Stakebake agrees, saying, "When they're flirting with me but they already have a boyfriend or aren't looking for a relationship, it's like teasing.

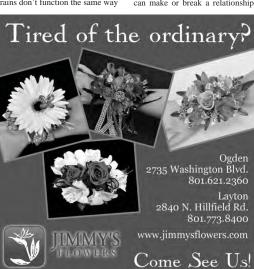
for a relationship, it's like teasing."
Stakebake offers some advice to girls, saying, "Be honest with a guy, don't tease him by flirting with him." Nelson adds, "Treat us how you would like to be treated."
Wilkins tells girls, "Don't pester them about certain things like girls. them about certain things, like girl stuff, when a guy doesn't really care," and Anderson offers, "Be the kind of person you want to hang

around."

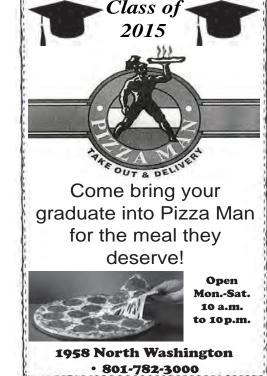
When it comes to advice for the guys, Nelson knows exactly what not to do. "A good way to drive them crazy is to not text back," he says laughing, but adds being polite and sincere will do wonders in getting the girls. Preisler adds being a good listener will also take a guy

Green's advice to the guys was, "Treat [girls] like you want your daughter to be treated, and don't try so hard. Just be yourself, be a friend." Anderson agrees, but "remember the people you're around and their values, don't make them uncomfortable."

Stakebake felt the best advice for boys was this: "Realize that a week to you is a year for them. If you're going to commit to a relationship, commit. Don't be stupid and bail when you think it's getting bad. Above all, respect her."







Congratulations to the

Teachers overcome challenges with job

Teachers are the backbone of education. Without them the education system would fail. Needless to say, the job of teaching does not

ome without its challenges.
Science teacher Mr. LeDuc says challenge he faces as a teacher is, "Being able to motivate students Theing able to motivate students do poorly because they don't attend my class, but there's nothing I can do about that. I can't go to their house and drag them to class even if I'd like to with some of them.

Mrs. Perry, history teacher, jokingly adds one of the biggest issues she has with her teaching job is, "Getting up in the morning. I don't know why I became a teacher be-cause I hate getting up early." Then in all seriousness she continues, "My biggest challenge is juggling my own children because some times they need me, but I'm here [at the school]."

Perry explains how she deals with this challenge. "I try my best to leave at a decent time and utilize my time on the weekend. I try to keep school at school and not take it home. Sometimes I have to grade at home, but I try not to. Honestly, keeping up grading is one of the hardest things. When I do grade at home, I can't enter them [the grades] because the new windows is not compatible with the school computers

Mrs. Leake, English teacher, also feels grading to be a challenge of teaching. "I don't have time to do all my homework. I am often chalall my homework. I am often chal-lenged to provide fair and honest feedback to students who don't want to improve their work." Leake continues, saying grading is a con-stant struggle for her. "How do I give my students practice without overwhelming myself with grading



Mrs. Leake says even though she has trouble juggling all the jobs of a teacher, she loves her career.

everything? I haven't figured it out

LeDuc says between difficult students and undone grades and paperwork, dealing with grades is also the bigger challenge. "Usually, you can deal with a difficult student if you can connect with them, but paperwork is never ending and it doesn't compromise."

Though grading can be hard, Perry says another challenge she has faced while teaching happened during the beginning of her career when she had to learn how to man-age a classroom. "They teach you class management in college, but that's nothing when you come into a class of 30 kids."

Mrs. Leake relates an embarrass-

ing experience she had during her first year teaching. "The first year, I taught part time. I was sitting in the teacher work room talking with the other teachers when I realized that I had missed my whole class because I didn't realize my clocks were wrong. I was like, 'Wait a minute, what period is it?' and the other teachers just said, 'Third' and I realized I had missed almost my entire class!"

As far as challenges specific to the subject being taught, Perry says, "Everyday we're making new history, so sometimes it's hard to

Photo by Haily Osmond English also has its own challenges. "I think teaching writing is hard because there are a lot of things to look at and it's personal," says Leake.

A change Leake says she'd like to see made to help eliminate challenges for teachers is the amount of respect shown to teachers, "I would like to see teachers and administrators given a lot more respect by stu-

dents and parents."

LeDuc has different changes inmind. "Sometimes I wish there wasn't much emphasis on testing. I would eliminate some of that, so I could focus more on some of the hands on stuff, especially for stu-dents in science."

"I think we don't have enough

professional time to build unity together. We tend to be segregated into our departments. I'd love more cross curricular collaboration to happen," Leake adds.

When it comes to changes, Mrs. Perry says, "I just wish we [teachers] didn't have to deal with the politics involved with education."

Even with the many challenges, teachers prepare to be their best. "I try to make it [teaching/learning] fun and do as many hands on activities as possible and play games to review for tests" says LeDuc. "And I try to be excited about my subject, so students will be too."

Good relationships with instructors can help make school less stressful

By Elizabeth Josephson

Many students want good grades but getting them can be tough. It is necessary to know what teachers are looking for, both academically (homework, reading and tests) and behaviorally (attendance and interaction between a student and teach-

Maureen Grover, WHS English teacher, says she looks for a student who is "motivated to learn and willing to put in the time and work."

Science teacher Matt LeDuc says

students should "just do the work. don't talk during instruction, and be respectful."

School can be tough on teens, but teachers can make learning easier.
"Teachers are there to help you. They can make your school experience a lot better," says sophomore Anna Crookston.

If a student has a good relationship with their teachers, "you are able to relax and not be afraid to ask questions," Crookston adds.

"You are going to learn more."

Robyn Nielsen, who teaches AP
Literature and English 10, agrees. "I think when you feel comfortable with your teacher, you are more willing to ask for help, and when

you ask for help you improve."

Because of the better teacher/
student relationship, junior Jackson Stewart notices, "They are more willing to help me."

"It's easy to communicate with my teachers," says junior Haley Arrington, "because they are there to help me learn and just help in

Stewart adds it is easy for him to communicate with his teachers "just because I get to talk to them and better understand them one on one." He also says it is important to have a good relationship with teachers "because you can joke with them, and they will help you." He adds, "I suck up to them."

Kierstin Pitcher, senior feels when she has a good relationship with her teachers "you are comfortable to ask for help if you don't un-

Some students may think teachers have their favorite "teacher's pet." However, the teachers do not believe favoring students is acceptable. LeDuc says he thinks teachers should "try to be objective and treat students equally based on behavior

Grover agrees, saying, "The better you treat someone, the better you will be treated. If a student is more respectful of me, I will have more respect for them, but I would never allow that to affect their grade in the grade book.'

While teachers try hard to be fair with all their students, they do add that those who are prepared, respectful and willing to work may put students in a better standing with their instructors.

Brooke Hansen, junior, said, "I think teachers definitely have stu-dents who they like." She says she

"I think when you feel comfortable with your teacher, you are more willing to ask for help, and when you ask for help you improve."

has been in a class where a teacher had favorite students.

So has Jackson Stuart, junior who says he thinks teachers have favorites in "basically every class." Hansen adds, "If you gain a

teacher's trust, then they won't be more lenient (with grades), but they will be more willing to help you out."

There are several ways to earn

more trust and respect in classes. LeDuc says he thinks a good student "works in class, does their homework, and is willing to ask questions... to get extra help."

Stuart jokingly says people can

become a teacher's favorite by "getting teachers Cokes, sucking up and giving compliments."

Hansen takes a different approach. "Some of them [the teach-

er's favorites] will turn in their work quickly and do everything right, and then some people will be the loud ones that will talk to the teacher all the time... they'll ask them questions about their day."

Grover says to get on her good side, students should "turn in things when they are due and not whine about assignments."

LeDuc says to get an "A" in his class, students must "work in class, do homework and study to get good grades on tests." To get an H for their citizenship, he adds students should be prepared and be respect-

work and come prepared to learn." To get an "H" in citizenship, she adds students need to be "respectful, which includes listening, not being on cell phones and being kind to others." To be successful with a citizen-

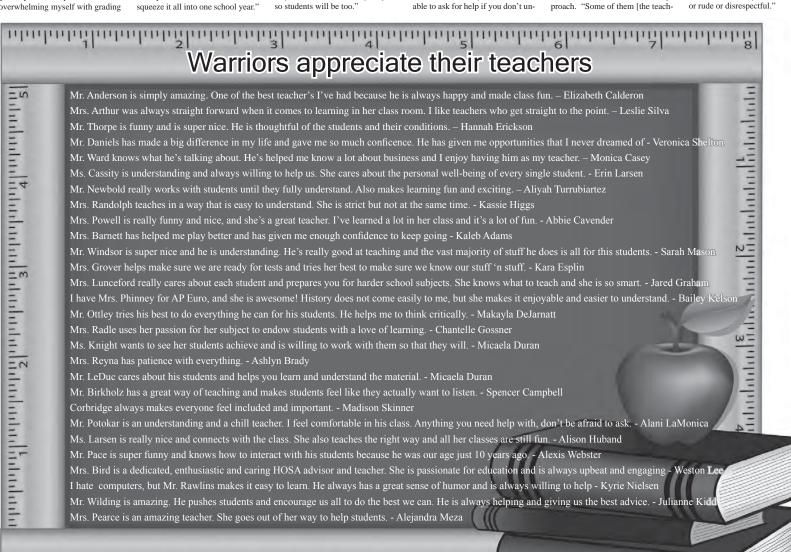
ship grade, Hansen says, "Just be respectful and treat others the way you want to be treated and don't be rude in class.'

Hansen also offers advice help students academically. "I like to write everything down in my planner; that helps me so much. Just pay attention in class, and get things done when they are assigned and try not to wait until the last minute," says Hansen.

Stuart adds about being successful academically at Weber High, "I think everyone has the skills to become a smart kid; I think you just have to do the work and actually spend a decent amount of time on

As for not getting on a teachers good side, "I think the worst thing you can do is not come to class. That is always the worst idea," says Neilsen. According to her, another thing that causes students to not have a good relationship with her is when they are not trying because "a teacher is always going to work with someone who tries." "Being rude and disrespectful

can harm the relationship between students and teachers," says Arrington. Stuart adds a relationship can be harmed "if you are annoying or rude or disrespectful."



Appreciation given to professionals for dedication, endless hours of work

By **Meg Henley** Editorial Editor

Have you ever heard of giving apple to your teacher? In the 18 century, the common practice was for the parents to send children with apples, potatoes and other foods to help sustain and support the very -paid teachers. Today, gifts ar cards take the place of apples in

showing gratitude for teachers.

May is the month of teacher appreciation, and at Weber High there are over a hundred teachers and administrators who help and teach students. They spend countless hours grading papers, planning lessons, teaching classes, talking to students, tutoring, laying out projects, creating worksheets, choosing class books, coaching, mentoring, counseling, filing and sacrificing their time for the benefit of their

The famous Greek philosopher Aristotle said, "Those who educate children well are more to be hon-ored than they who produce them; for these only gave them life, those the art of living well." One of the greatest world leaders, Alexander the Great, who was conqueror of the ancient world and founder of the city Alexandria, said, "I am indebted to my father for living, but to my teacher for living well." His teacher was Aristotle. For as long as there have been teachers, they have inspired their students

Every student has had a teacher who has had a positive impact on their life. Junior Tanner Stakebake said his favorite teacher is Mr. Daniels, drama teacher. "Mr. D is my favorite teacher because he is my life-lesson person. He is really

In the music department, choir teacher Mr. Wood is a favorite teacher of Kaylie Hess, junior. "I like Mr. Wood because he always has funny stories to tell. He is also a really good choir director and picks good songs that are really fun to sing," she says.



Drama teacher Mr. Daniels assists Avanlee Jessop junior with a script. Photo by Jackie Olberding

Mrs. Arthur in child development is the favorite teacher of Brit-ney Reynolds, sophomore. "She is super fun and really nice. She's really helpful in getting you caught back up when you are behind," she said

Braden Otto, senior, likes Mrs. Bird, who teaches EMR, CNA and Medical Terminology. He says,

"Those who educate children well are more to be honored than they who produce them; for these only gave them life, those the art of living well."

"She's just a really good teacher,

and helps you to learn."

Junior Allison Pobanz feels the same way about Mrs. Murphy, computer technology teacher. "She is very open and understanding of others and is really genuinely nice and interested in her students," Po-banz says.

When thinking of ways to show appreciation for teachers, Warriors have a few suggestions: a simple "thank you" is a good start. Some prefer to give cards, food, candy, gift cards, decorated doors, flowers, balloons, mugs or handmade gifts. Warrior's feel it doesn't mat-ter what a person chooses to do or give to the teacher, as long as he/

she shows appreciation to them.

Tyler Martin, senior, says, "I liked Mrs. Cale. She was really interested in you, and related every-thing she taught to you." He adds, "She really made learning fun.

Junior Chris Jensen's favorite teacher is Mrs. Carrier, math teacher. "She makes you actually want to learn, and she makes it fun too," he

Jesse Hancock, senior, says his favorite teacher is welding teacher Mr. Hedgepeth. "He is just really funny and he makes the class really fun and interesting."

The teachers at Weber aren't the

best paid teachers in the country, but they love what they do, and they are working to help develop their students into successful people and members of their own fu-ture communities.

Teachers continues from page 1

Mrs. Barney enjoys teaching both health and math. Her favorite subject to teach in math is algebra, and she enjoys teaching mental health and "motivational things" in her health class to inspire and help students."The students are just fun, and I love being with them and watching them learn," Mrs. Bar-ney says. She also says her favorite quality in her students is their will-ingness to try and to put in their full

"They may not necessarily get the highest grade," she admits, "but

I can tell they are trying."

Although it's her job to teach students, Mrs. Barney says she also loves learning new things from her students. Her favorite thing about being a teacher is getting to know all of her students. "Everyone is so different, and I learn new things all the time," she says.

Despite the intimidation math

classes can sometimes instill in teenagers, Mrs. Barney has been able to not only get the knowledge icross, but she also wants to be a kind and supportive person.

There is always a class that stands out to students as they go through school. A reason these classes stand out is the teacher. The outstanding male teacher chosen by Warriors is chemistry teacher, Mr. Cruff.
"I feel so honored, there are so

many wonderful teachers at this school that deserve it just as much as I do," says Cruff. Junior Haeli Rich says, "You can

really tell he [Mr. Cruff] loves what he's teaching. He really cares that we actually understand what's going on." Michaela Kowalewski, ju-nior, agrees with Rich saying, "He is my favorite because he is just so passionate about chemistry and cares about his students."

Kaleb Adams, sophomore, agrees and likes how Mr. Cruff is able to reach out to his students. "He has taught me a ton, and he does not put up with my garbage," he says. "He has great teaching methods and wastes no class time."

According to Cruff, the initial reason he took chemistry in college

was because it was a part of his biology course. Biology is where Cruff started. He found enjoyment in studying living things and being outdoors. "I would be in a research lab studying nature. Different aspects about nature, trying to under-stand the world more," says Cruff. Mr. Cruff has taught chemistry,

physics and biology over the 25 years he has been teaching. His favorite class is chemistry. "It's my favorite because it is the one I'm teaching right now. When I teach biology, biology is my favorite, and the same with physics and chemis-

try," says Cruff.
"My favorite thing about being a teacher is finding ways to help students understand. Students don't learn at the same speed or the same way, so when I am able to help a student make sense of science, it is an accomplishment," says Cruff.

According to Cruff, some parts

of chemistry are hard to visualize and if students are not able to do hands on experiments, it's harder for them to understand, "Students seem to enjoy doing labs, but their favorite part of the class always seems to be when I blow things up," says Cruff.

Cruff also says his favorite sub-

ject when he was in school was science. "My favorite teachers in high school were my physics and chemistry teachers. In college, my professor, Dr. McMann, was my favorite."



Mrs. Barney enjoys each school year because she likes getting to know her students and learn from them.

Along with teaching science Cruff has also been the swim coach for 23 years. "I decided to coach because somebody asked me to," says Cruff.

Cruff doesn't have any children of his own but considers all of his students to be his kids. "My students can do anything they set their minds to. I want them to know science ties everything together, and I hope they will continue to be successful," says Cruff.



Accepting outstanding male teacher is Mr. Cruff who enjoys helping his kids understand science.

Photos by Ashton Bindrup



Warm weather, cool styles

Fashionable swimsuit designs arrive in stores for upcoming summer fun

By **Lily Davis** Staff Reporter

We spend hours in class day dreaming about how much fun it's dreaming about how much tun it is going to be this summer when we travel, see our favorite bands live for the first time, go to festivals and finally be able to swim during the blissful warm weather that we never thought we'd see again. Many people may already have their va-cations planned out, but it never

These must-have suits featured enormous, playful pops of color, cutouts and inspired Aztec prints.

feels very real until buying the perfect life-changing swimsuit that not only looks good, but makes you feel comfortable in your own skin as well. Mercedes-Benz Fashion Week in Miami had many designers sending a fleet of models down the runway decked out in plenty of diverse and creative looks for this summer. With all of these trends floating through the fashion world. it's important to know which ones to revel in.

The halter top was created in the

1930s by the brilliant French designer Madeleine Vionnet and by the late 1960s the rise of youth culrights had impacted fashion. The rise of feminism also contributed to women's desire for freedom from constricting clothing. The halter top has never gone out of style and always finds its way back to the hot list. However, if you're aiming for the perfect summer tan, this swim-suit may not be the best option.

Mara Hoffman's Swim 2015 collection was inspired by the country's aesthetic, which mirrors her love of vibrant colors and geometric prints. These must-have suits featured enormous, playful pops of color, cutouts and inspired Aztec prints. Hoffman also managed to incorporate animals such as parrots and leopards into her designs with psychedelic black and white check-er boards. This whole collection was a tropical charm, and you'll be

seeing lots of it this summer.
Wildfox Couture is known as being the dreamiest clothing company in the galaxy, so it was no surprise that their Swim Cruise 2015 collection was legendary. It was inspired by the late 80s and 90s fashion, Barbie, vintage Sports Illustrated Swimsuit issues, and famous supermodels of the era. Many of the pieces feature gingham prints, a palette of pastels, funky neon colors, feminine bows and even a 3D detailing of a swimsuit completely made out of flowers.

Cutouts have become a growing phenomenon among spring/sum-mer trends so, of course, designers sought to incorporate the magic into swimwear. The one piece swimsuits are thriving in unexpected shapes and patterns that flatter

3D printed swimwear encourages experimenting with large imagi-nations and standing out in the sun at a crowded beach

Athletic inspired swim wear is also really big this year. Creative zips, cuts, neoprene materials, wet-suit-like bikinis, and long-sleeve one pieces can be found on almost every catwalk. These sporty chic swimwear designs provide massive comfort with a dose of style, which is something everyone looks for the most while shopping.

The last hot trend in swim wear

Cutouts have become a growing phenomenon among spring/ summer trends so, of course, designers sought to incorporate the magic into swimwear.

are ruffles. These swim suits are seen all over the Spring 2015 runways. Designers incorporated ruffles in everything from dresses, to blouses, skirts and now swim-wear. Many of the swimsuits for this summer are set in a girly tone as we continue this feminine flow. Enjoy the lovely and pretty details - ruffles and frills - that add layers of innocence and flirtiness with simplistic attitude. The best thing about this trend is the airy and light feeling when wearing it. Ruffles and frills were seen at Zimmermann, Maaji, Dolores Cortes and

Vacations offer relaxing break

By Savannah Day

Summertime and the living is easy, well not quite yet. Summer is close at hand. Now is the time to daydream about all the things to do in summer. Teens get to take a break from their school schedules and early mornings and are able to enjoy the endless possibilities of summertime.

"I'm going to Nauvoo, Illinois, "Im going to Nauvoo, Illinois, with my single's ward for baptisms for the dead," says Monica Casey, senior. Other than taking the trip to Illinois, Casey spends her time working, babysitting and playing at Pineview Dam with friends. "Playing at Pineview all day, every day," in the Casey, She books to get here jokes Casey. She hopes to get her mission call during summer, too.

Tyler Martin is one of seniors who already recieved his mission call before the school year ends. "I will be going the MTC in July and then off to Milan, Italy, in August," says Martin. He is excited to experience what Milan has and to work

rience what Milan has and to work for something he loves.

"I like that in summer I don't have to wear a jacket or a blanket because it's hot. I get to take a break from school," says, junior Kelsey Bernal. "I go boating in the canal have tea parties picquies." the canal, have tea parties, picnics. yoga, basically anything with being outside," Bernal adds. Bernal may go to Puerto Rico to live with her aunt for the next year. "If I go to



Jason Edgar, sophomore Siera Rose's father, enjoys fish ing in the summer time.

Photo by Siera Rose

Puerto Rico, I will be surfing and hanging out at the beach," says Bernal.

Bernal also spends a lot of her time with friends such as sophomore Michelle Manning. "We go boating in the canal together," says Manning. She enjoys longboarding, yoga, blowing bubbles and watching movies. "I like summer because I'm able to be with friends," Manning adds.
"I go camping up to Bear Lake,

swimming in Pineview and I'm hoping to go to the Color Festival," says senior Kaity Daines. The Color Festival is an Indian festival known as "Holi" that Utah holds in Spanish Fork and Salt Lake. "It's a love. I have never been to the festival before, and it looks like a lot of fun," adds Daines.

"I like how warm summer is and being in the sun," says Madi Steel, senior. Hanging out and going on vacation are things Steel enjoys during her summer. "I like being able to decide whether or not I want to get ready for the day," Steel

"I get to go camping in Montana and see Montana people," says junior Caity Young. She has family and friends in Montana who she goes to see every summer. When Young is not camping in Mon tana, she enjoys sleeping, eating and watching Bones on Netflix. "I love not having a schedule," says Young.
"Summertime is when I am most

productive on my Etsy (online business) store. I have more time to work on my patches, art and the new addition of tee shirts," says junior Zoe Kuba. Kuba makes all the products she sells at her online Etsy store, and she loves the time that summer gives for her to work on it. She has been working with people, so she can start selling her art in a t-shirt form.

When Kuba gives herself a break from her store, she spends most of her time in Salt Lake. "I go to art shows and concerts or just to spend time with my sister. I enjoy the awesomeness of SLC," Kuba adds. Kuba, along with other teens, looks forward to summer, long looks forward to summer, long looks forward to summer, long looks forward to summer.

warm days and time with friends "The time is more endless," says Kuba about summer. "It gives teens time to work, swim, and be outside or chill inside to watch movies."

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Lessons taught by Disney movies

By Emily Eldredge Feature Editor

"Don't judge a book by its cover," "Be yourself," "You can do anything..." What do all of these well-known morals have in common? They're all taught in Disney movies. Everyone knows Disney movies are entertaining, but movies teaching people valuable truths? Hard to believe, but it's true. Junior Jason Godfrey said Dis-

ney has made him want to make and achieve new goals. "From Fro-zen I learned it's okay to be your own self. You don't have to worry what other people think, just be who you are," he says.

Blake Jensen, junior, says he learned anything is possible from the Disney movie *Tangled*. He gives an example, saying, "Rapunzel married a thief even though she's a princess."

Senior Breanna Barker feels

Beauty and the Beast teaches people to look past what is on the surface and see people for who they really are (similar to *The Lion King's* "Look beyond what you see").

Junior Mariah Salmon was quick to think of the lesson taught in *Brave*, saying that although Merida

end, she needed her family. Lauren Hartmann, a mother and blogger, posted 15 other lessons she feels Disney taught that were important. "Who knew Disney could teach my daughter so much?" she

Hartmann points out the lesso each of these movies address: Up teaches people to appreciate the lit-tle things; *Tangled* tells how to face fears; *Snow White* shows viewers that being pretty is nice but being kind is beautiful people; *Peter Pan* is an example of how people are never too old to have fun; Pin chio's moral is that honesty is the best policy; Mulan teaches us to be strong and capable; The Little Mermaid reminds people to remember where they came from; Cinderella shows how attitude is everything, and as Cinderella's fairy godmother says, "Even miracles take a little time." Hartmann also adds *Alad*din teaches that money cannot buy happiness. Then there is Dory from Disney's Finding Nemo, who says the wise words, "When life gets you down, you wanna know what you've gotta do? Just keep swim-

The website Florida Tips from The Website Fiorida Tips from Floridatix.com also points out *Lilo* and Stitch teaches people "fam-ily means nobody gets left behind or forgotten," The Lion Queen reminds all "Hakuna Ratata" -or no worries. As for Sleeping Beauty, it has the theme "Love conquers all."

Cami Mecham, senior, feels that although Disney teaches a lot of things, they have a general lesson they tend to try and get across. She says, "The one thing that you hate about yourself, someone else is gonna love it and see it as your de-fining quality, and I feel like since Disney has such diverse characters in both appearance and personal-ity that they really get this lesson

When it comes to how well Dis-ney is doing at still teaching these lessons, Barker says she's not so sure. "I feel like, a lot of times, the Disney movies nowadays are just movies; they're not really teaching us anymore

Salmon disagrees, saying, "[Disney is] more focused on the modern belief that women are empowered. You hear less of the, 'for happily ever after you need a man.'"

Salmon isn't the only one say-ing this. Godfrey agrees, saying, "I think they adapt to today's society and teach lessons that apply to us today because the old movies, they were just kind of about love." Mecham adds, "The lesson used to be 'Be happy and you'll find your happily ever after,' and now it's 'Be yourself—No matter what.""

Students, cast members reveal reasons why park is happiest place

By Siera Rose

"To all who come to this happ place: Welcome. Disneyland your land. Here age relives fond memories of the past, and here youth may savor the challenge and promise of the future. Disneyland is dedicated to the ideals, the dreams, and the hard facts that created America, with hope that it will be a source of joy and inspiration to all the world," says Walt Disney in his dedication to Disneyland when the amusement park opened on July 17, 1955. Disneyland is known by many names: the Magic Kingdom, the Place Where Dreams Come True and, perhaps the most popular, the Happiest Place on Earth; and the park is true to all of its monikers.

Many people wonder why Dis-eyland is called the Happiest nevland Place on Earth and also have their own ideas of where the name origiown ideas of where the name originated. For years, Disneyland has been a place of family, fun and adventure. Savannah Moore, senior, says, "Disneyland is a place where people, for a short time, feel that anything is possible. You feel like you could fly if you really wanted." This year, Moore went to Disneyland with the Productions Company during spring break and considers herself a "Disney child" who loves all things Disney.

Disneyland is also well-known for its collection of characters that wander the park, and many people

for its collection of characters that wander the park, and many people say that is the reason it's the Happi-est Place on Earth. "It's like walk-ing into peoples' childhood," says Natalie Pixton, junior. The actors who play the characters throughout the park try their best to act as the character would in order to help give people the feeling that they are entering the world of Disney. "You experience a myriad of emotions in such a little place," says junior Josh Fawson, who also went on the

spring break trip with the school. "It is also one of the few places left in the world you can buy a turkey leg the size of your face, go sit on cause it's a good place to forget responsibilities and to be a kid," says Craven.

Junior Ben Forsberg, like Craven, thought Disneyland



Seniors Brandon Healy, Bryson Moore, Jackie Olberding and Rachel Mikhail meet the White Rabbit.

Photo by Amber Broderick

ture and share a turkey leg with a circle of friends," adds Fawson. Disneyland employees, called cast members, also have reasons why Disneyland is happy. Ryan from California, a ride operator at eyland, says, "I think Disney land is the happiest place on earth because it's got something for everyone. There's rides, food and entertainment. It's just great family fun." Cheiko, a ticket vendor at the front gates of the Magic Kingdom. says that being from Japan, it's re-ally cool to see one of the most famous places in America. "Disneyland is a staple of America, and it's the original Magic Kingdom so that makes it even better." Cheiko adds.

However, Disneyland is not the best source of happiness for everyone. When asked if Disneyland is the happiest place on earth, senior Savana Craven replied, "It's not There are long lines, lots of crowds and if you look around long enough you find a child crying." But even with this attitude towards the theme park, she still understands why it is considered fun. "People like it behot and that some of the rides were creepy, but still likes the place. "Disneyland is happy because of the sense of fantasy; a place to go and let yourself be a kid without judgements," Forsberg adds. Brittany, a Disneyland cast member, says Disneyland is the happiest place on earth because there's so much to see. "It's just a great place to be! It's hard to be unhappy when you're in Disneyland, and you can almost feel the excitement and hap-piness from everyone in the park," adds Brittany. Disneyland can be a great place

for everyone in the family, and is a dream vacation spot for people all around the world. The title of "The Happiest Place on Earth" is just icing on top of a fun-filled cake for many people who visit the Magic Kingdom.

"You can design, create and build

the most wonderful place in the world. But it takes people to make the dream a reality," says Walt Dis-

Additi nal reporting by Savannah Day

Performing arts attend educational workshop

By Elizabeth Josephson and Rebecca Ross Staff Reporters

Disneyland became the "Happiest Place on Earth" for 247 members of the Weber High Performing Arts Department.

Traveling by bus during spring break, the band, choir, orchestra, Productions Company, stage crew and public relations students met at Weber High on Sunday, Mar. 29. At 9 p.m., everyone was loaded onto five buses and on their way to California. The bus lights dimmed and students slept, talked, listened and students slept, talked, listened to music and watched movies.

"I love how all the groups, or-chestra and band included, were

performances, especially the Productions one, were really fun because random people would come and watch and have fun with us."

and watch and have fun with us."

Along with the performances, each group attended an educational workshop.

"We had a great choir workshop. We did a choir recording and had a studio workshop in a recording studio in the California Adventure side of Dispayland It was incred." side of Disneyland. It was incred-ible," said Wood.

looked with us in the background." They sang "This is Halloween" from the Nightmare Before Christ-

Photo by Natalie Wilding

Photo by Natalie Wilding
the Lion King.

McKay said soloists were chosen
for "This is Halloween."

"They got to use the creepiest voices during the song. It was really
fun; everyone had a great time,"
said Mckay. Wood added, "We
recorded all of the harmonies and

recorded all of the narmonies and solos, etc., and then they put our background vocal in with the clips from the films, and we watched them. They gave us a flash drive with the film clips on them."

McKay also told how Disney

guests thought the Warriors were

possible celebrities. "A bunch of people thought it was really awe-some because it was like we were in the movie and famous," said

in the movie and famous," said McKay.
"The choir groups worked with



Megan Owens, senior, Josh Fawson, junior, and Heather Vielstich, sophomore focus on their orchestra performance.

mixed this year on the busses. I met so many fun people!" said Megan Owens, junior. For three days, Warriors were at Disneyland and California Adven-

tures. Each performing group had a performance at the Hollywood Back Lot Stage in California Ad-

The choir, comprising of Weber's Chamber, A Cappella and Choralaires, performed on the first day. Choir teacher Scott Wood, who was over the choirs, said, "We had was over the choirs, said, we had a great performance on the Holly-wood Backlot Stage, and I felt like the students did very well."

The band, orchestra and Productions Company and Formed on the

tions Company performed on the second day. Senior Cami Mecham, who was in Productions, said, "The

ible," said Wood.

For their workshop, "We went to this really cool, high tech studio," said senior Brigham McKay. "We got to sing two Disney songs and then we got to see how the movie

great place, and seeing how every-thing in Disneyland works." The band and orchestra also re The band and orchestra also re-corded Disney music. They had a combined workshop, which junior Wendy Graham enjoyed. "The band and orchestra got to play to-gether, which was a really cool ex-perience because we never get to do that," she said. mas and "The Circle of Life" from

Go that, she said.

For the workshop, the students "went backstage with the Disneyland conductor, and we recorded over the Lion King, Tangled, and the Disney song – when the castle is shown – and we watched it afterward," said Graham. The students worked on each some and recorded. worked on each song and recorded them twice

ductor/composer/arranger named Brett Simmons. He was great with

the students, and they had a won-derful experience. Every person

derful experience. Every person (almost 100) had headphones, and we really learned how to listen and adjust to each other, and to the soundtrack," said Wood.

Wood also told how the group learned a lot about how Disney records and synchronizes music for their films. This studio was one that Disney uses for their projects.

Disney uses for their projects.
Wood said, "I really enjoyed being with all of the students in such a

Mariah Salmon, junior, said, "I learned how professionals work and how different it was from high school band."

Sophomore Joseph Pitman added the students were taught how to play music well on the first try. "We would get the Disney music sheets and look over them and then play it once and look over what we did wrong," says Pitman.

After playing the song a few more times, they recorded the last attempt. Pitman said they were amazed that it was almost concert ready every time, and that is what their Disney coordinator was trying to teach them."

Graham said she learned, "We need to perform our best every time, and the first time, because in a recording studio you need to Sophomore Joseph Pitman added

in a recording studio you need to get it right the first time." She also get it right the first time." She also said, "I really liked recording over the *Lion King*, because it was a cool part where Simba was just taking over Pride Rock. Afterward, we got to watch the clip with our music – it was way awesome!"
The Productions Company's

workshop took them to the Aladdin show at the Hyperion Theatre. After watching the show and taking a backstage tour, students learned the music and choreography for "Friend Like Me.

ite part was meeting the genie be cause "he was hilarious and fantas-tic." He added they also got to meet Aladdin, Jasmine, Jafar, Iago and "he was hilarious and fantasthe Carpet when they went back-

stage.

The characters are important at Disney, senior Baily Wilkins learned that from the workshop. "It is more important to be like the character instead of hitting the right notes and choreography. That's important too, but it's more important to be the character."

Wilkins added, "We got to analyze their acting, and afterwards the

lyze their acting, and afterwards the actors came out and we got to ask them questions. I really liked talkthem questions. I really liked talk-ing to the characters. It was cool to listen to how many different years of acting and improving and stuff. The genie took who knows how many years of improv lessons, it was so cool to learn."

was so cool to learn."

The Stage Crew also enjoyed their workshop at the Aladdin show. "We went to this classroom and we sat down at a table. They had us design something with Legos. We went through this Power Point about how you solve problems and design the stage," says senior Clara Stokes. "Then they gave us each a problem that they faced while making the show, and we had to try to

Stokes. "Then they gave us each a problem that they faced while making the show, and we had to try to overcome the problem and we all presented our ideas."

Senior Kaitlyn Borgschatz said her team had to figure out how to make Jafar into a giant snake. Stokes had the same problem to come up with a solution.

"When Jafar gets really mad, he turns into a snake, so we were trying to figure out how to do that on stage. The other students were trying to figure out how they do the carpet ride in the 'Whole New World' scene, and the last one was when the genie coming out of the lamp," she said.

For the second part of the workshop, the students watched Aladdin with headsets, so they could listen to the stage crew give light and sound cues during the show. Borgschatz said, "It was cool how precise they were."

Borgschatz said, "It was cool how precise they were."

The students then met the stage crew and went backstage. Kyle Brunetti, senior, enjoyed seeing "how they did the fly system and how they ran everything on the computers."

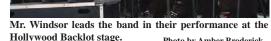
"These was pally one person in

computers.

"There was only one person in the sound booth," said Borgschatz.

"The sound board was so huge; it is so cool that one person could do all the sound for the whole show."

They also went under the stage



to see the trapdoors and how they worked. "I learned how they did the trapdoors – it's like this cham-ber that they put you in," said Bru-

Borgschatz also added, "It cool to see a different stage and

cool to see a different stage and how they do things differently."

Stokes agreed, "It's a learning experience, and I learned how Disney goes about things and the way they work. It was also a good experience for stage crew because we learned how to think about the budget, we have to learn how to create get; we have to learn how to create

get; we have to learn how to create magic on the stage."

The Public Relations students also had a workshop. Their instructors taught about branding, marketing a brand, public relations and digital marketing. Part of marketing is telling a story, so the instructors had the students do just that: tell a story, add visual aid, and then edit the story to fit the publishing

edit the story to fit the publishing platform.

The instructors talked to the students about marketing through social media, and how to tell a story.

Natalie Andrus, sophomore, said, "We learned about the importance of developing a bread the importance of developing a bread the story.

said, "We learned about the impor-tance of developing a brand that has an easily recognized symbol, I enjoyed this because they also helped us flesh out what our brand would be individually, and how we can use social media to promote that"

that."

Andrus also thought the skills
they learned in Disney can help
with journalism because now they
are able to better promote and deare able to better provelop the paper.

Senior Kierstin Pitcher also felt morkshop was beneficial. "I

learned that it's important to be aware of the message that you're putting out in the media. I also learned a lot about photography, I really enjoyed that because I've never really had a chance to learn

Photo by Amber Broderick

about a lot of those things."

Sophomore Sidney Lee agrees and added, "We learned to take in-

and added, "We learned to take in-formation and condense it down to what is important."
"I think learning how to incorpo-rate many different stories into one bigger project was something that would be beneficial for our group would be beneficial for our group because every time we print out a paper, there are many types of stories in our paper that we all need to tie together in the Warrior News," said sophomore Siera Rose.

For Emily Eldredge, senior, she found the workshop to be an eye-opener. "I learned that there are stories all around us and all we have

ries all around us, and all we have to do is look for them. I mean, you can tell an entire story in a single picture. It's amazing."

The Performing Arts Tour may have left a few students exhausted of the their used.

have left a few students exhausted after their week, but it also gave them a wonderful experience. Mr. Daniels, Productions director who arranged the entire tour, felt the tour was a success.

"I am amazed at and grateful for the opportunity that these students were able to have with the workshops taught by Disney profession-

were able to have with the work-shops taught by Disney profession-als and the chance that they had to perform on a Disney stage! I truly hope our students understand how fortunate they were to work with such an amazing caliber of people. This trip was an incredible educa-tional adventure," said Daniels.



Accompanying on piano, choir director Mr. Wood leads the choir as they sing pieces pre-Photo by Amy Hallidav pared for the Disney tour.



Weber Productions Company sings and dances their way through their appearance at Disney. Photo by Jackie Olberding

People find entertainment in Disney lines

Enjoying their time together, Seniors Jackie Olberding, Amy Halliday and Aurora Hemming kill time waiting in line.

to find food to eat. Waiting, apparently, can make some people hungry. Lots of people finished snacks in line since they usually can't take them on the ride with them.

"We would make awkward contact with strangers in the fast pass line, like we would touch their hands and when they saw us we would make weird faces at them. When they walked away, we laughed pretty hard," says Heather

"Waiting in line is so fun," says no one. Some people do weird stuff while waiting in line for a ride at

Alece from Texas, with her fam-

Alece from Texas, with ner family, plays a Disney I spy game. "We each take turns finding something around us and then see if the rest can find it. Points are given to those who find it first," she says.

Some parents also send their kids to find food to eat. Waiting, apparath, can page a complete the complete of the complete complete

By **Abby Leake** Copy Editor

Disneyland.

Vielstich, sophomore. Jaymee Owen, junior, also liked to find unique ways to meet people while she waited in line. "We talk-

while she watted in line. We talk-ed to random people and families when we were waiting in really long lines that seemed like hours!"
Waiting for the parades to be over is also a great time to find Disney workers, who work the rides, and get to know them. Maybe they will get you just the force of the and get to know them. Maybe they will get you into the front of the line without having to get a fast pass. The workers are known for doing that.

Slash, guitarist from the famous-Guns and Roses, was in both of the parks on the last day Weber High was in Disneyland. Vielstich states, "We kert an even out for Slash after."

was in Disneyland. Vielstich states, "We kept an eye out for Slash after we heard he was there." Looking for celebs who are visiting Disneyland, can also take up time while waiting in lines.

There are also Warriors who played a lot of different games. Kitcher senjor played truth

erstin Pitcher, senior, played truth or dare with friends. Pitcher says,

"My best friend was dared to lick the snow from Olaf's palace and she faked it, but I didn't say anything because I didn't want her to actually do it."

Pitcher also played a game called, What Are the Odds. "It's a game where a person gives a dare to another person, and the person who receives the dare has to say a number at the same time and if they say the same number, then the person who received the dare must do it. This game got pretty intense,"

Vielstich enjoyed playing Heads
Up with her friends. "We played
Heads Up most of the time, and it Heads Up most or the time, and it was very entertaining. Sometimes people we didn't even know joined in and that got really fun. After our phones/iPod died, we started to ruin other people's games like when they were struggling, we would shout the answer across the line and turn around and girgle."

line and turn around and giggle. Johnathon from Washington, a Disneyland visitor, had his own

unique way to waste time and meet people. "I use bubbles to get girls," he said. Johnathon had one of the Buzz Lightyear bubble guns in his hands at all times. He added, "Bubbles makes people smile, and I like when people smile; however, some people have gotten annoyed with

Parents were also seen carrying bubbles with them and pulled them

bubbles with them and pulled them out while in lines or when their kids are getting restless. This seemed to work pretty well for them.

Disney also has pins that people can trade at trading booths or with whoever wants to trade pins. This was also something people liked to do while in lines. I had about 12 pins on my Disney laward and was people with the property of the property to do while in lines. I had about 12 pins on my Disney lanyard and was asked several times to trade them, and I also had a lot of people looking at all of the different ones I had. While some people can get tired and impatient while in lines, others find simple games and meeting.

ers find simple games and meeting people a great way to spend some the free time.

Going behind the scenes of bus rides, hotel rooms

By **Kiersten Pitcher** *Editor in Chief*

On Mar. 29, 247 students gath ered at Weber High, headed off to California for a performance tour. The students enjoyed going to the beach, being able to attend the Medieval Times tournament and performance of Newsies at th Pantages Theater. The majority of the student's trip was spent at Dis-neyland where they attended workshops taught by Disney personnel and performed on a Disney stage. But what some people may not know is that the action wasn't just

happening on stage.

Many adventures happened "behind the scenes" of the Disneyland tour whether it was on the bus, at the hotel or waiting line for rides at the park. Senior Dallas Bowman said, "The bus ride started off as the most uncomfortable thing ever but I started narrating Harry Potter [The film] because it was frozen a lot, and we had subtitles."

Junior Mariah Salmon also

shared a funny incident that hap-pened on her bus. "Mrs. Leake couldn't figure out how to flush the toilet, and so she came out and announced it to everyone and she had to have the bus driver come and

Due to the length of the bus ride, students had to find different diversions. Senior Tallon Romero said, "It was kind of funny to see all the ways people found to fall asleep in

"It was fun to look at the signs as we drove past because some of them are really funny," added senior Emily Eldredge about how she entertained herself.

Trevor Heywood, junior, said he couldn't sleep either, but he amused himself in another way. "I couldn't sleep, so I read on my phone and then I threw a Perry the Platypus at Caden Thomas," he says. Junior Alexis Ricks didn't like

her bus experience. "Oh my gosh, it was awful. It was really cramped and hot and you couldn't sleep,"

Luckily, Ricks says her time in the hotel was much better, "Our



Attemping to nap between tour activities, seniors Amber Broderick and Jayna Hafen have a relaxing moment.

Photo by Natalie Wilding

Top 5 must-eat treats in Disneyland discovered

The minute people walk into Disneyland, their senses go crazy because it provides an assortment of many delicious treats that can be smelled everywhere. But I have tested and tried the best of the best, and the following list are the must

-eat treats at Disneyland. Beignets: The minute that sweet powdered sugared dough touches your taste buds, you're in for a favorable madness. The dough basically melts in your mouth. Beignets are a powdered sugar pas-try, a piece of sweet bread, and it is truly a must eat treat at Disneyland. It is very unique to Disneyland as well. You can find them in Disney-land on New Orleans Square or in Downtown Disney. The popular treats are also in a Mickey Mouse shape that makes then even more

2. <u>Dole Whip:</u> The delectable and refreshing taste of a Dole Whip is another must eat treat at Disneyland. There are two options to pick from: a Dole Whip float and Dole Whip ice cream. The Dole Whip float includes pineapple ice cream layered with pineapple juice. This is the better option of the two, because it includes ice cream and pineapple juice. The taste of the ice cream is tropical and fruity, unlike any other ice cream I've ever had before. Imagine the sweet taste of pineapple compacted into an ice

cold cream texture. It's truly an



Warriors rest their legs while enjoying the refreshing taste of a Dole Whip.

Photo by Amber Broderick



Attempting to sleep on the bus are seniors Kyle Burnetti, Ryan Lund, Dallas Bowman and junior Ben Judkins. Photo by Amber Broderick

room was pretty good. We just stayed up and talked about random stuff and boys.

However, Ricks added that her time in the hotel did not come without its' own adventures. "We kept losing all our stuff. I lost my tooth-brush. How do you lose your toothbrush?!? And we had to eat our oatmeal and stuff with forks because we forgot to buy spoons," she said. Senior Tasha Urban said her

roommates did things a little dif-ferently. "In my room, as soon as we were all back, we would pop popcorn, pour cereal while we watched, Say 'Yes' to the Dress and curled each other's hair. It was really fun!"

Senior Austin Worley also en joyed eating food in his room with his friends. "We were originally going to lay down and watch a movie and I was like, 'You can't lay down and eat a cup-a-noodle at the same time and to prove me wrong, Sara decided to shove a forkful of cupa-noodle in my mouth, and I started laughing and spewing noodles," he

"Well, while Kyle was taking a shower, we unlocked the door and opened it all the way, and we poured cold water on him. Ben tried to suffocate Kyle with my mattress," said Bowman about what went on in his Bowman's wasn't the only room

that experienced a couple pranks. "Tanner McKay called my friend while she was still at the hotel and he told her that som one had stolen his pocket lanyard and the thief was running down the street. She started running out of the hotel ready to stop a mugger but then Mckay called her and said, 'I just wanted to tell you, April Fool's.'" said Ur-

The students also had some interesting moments while trekking to and around the park. Junior Rebec-ca Fowers said, "I gave money to a homeless woman, and she started telling me her life story and then another homeless person told me to run away because she was crazy.

Fowers wasn't the only Warrior with a unique experience that will be remembered from the tour.

"We were on our way to our or-chestra concert and we kept jumping the notes of our music and we decided to make an A Capella group called 'Orc Babes'. On the way back, people wanted us to play our songs with our mouths," said Ricks, sharing her behind the scenes experience while at Disney-



Enjoying a tasty jumbo turkey leg is senior Amber Brod-Photo by Natalie Wilding

island experience. And also tasting the liquid pineapple juice along with the ice cream is a tasty combination that go perfect together. You can find it in Adventureland right next to the Enchanted Tiki Room. The line is usually very long, but if you go into the Enchanted Tiki Room, there is another side to the Dole Whip stand that hardly has a

3. Jumbo Turkey Leg: This turkey leg has a very distinct savory flavor unlike any meat I've ever tried. Chefs sautéed, cooked, seasoned, and whatever else they did to it, in order to create the perfect taste of wonderfulness. It's also huge, about the size of a fist. It fills you up and tastes phenomenal. It's basically prepared to perfection. There's also a fruity taste to the meat because it tastes sweet. The best part about the turkey leg is that the meat is very tender and the meat is easy to pull off the bone. You can find the jumbo turkey leg at various stands in Disneyland and

California Adventur 4. Ghirardelli Carmel Sea Salt

Sundae: This sundae melts in your mouth and has the most delicious chocolatey, caramel substance that melts in your mouth. It's the best ice cream flavor you'll have in your life. In it is white Ghirar delli vanilla ice cream topped with chocolate, caramel, whip cream and sea salt at the top. It's a brilliant combination of salty and sweet that creates a mouth-watering flavor. While it costs \$10 and it's not that big, it's worth every penny to try at least once. Ghirardelli's is located in California Adventure on the Pacific

5. Cream Cheese Filled Pretzel: Everyone can attest to the fact that a pretzel is salty, but the combination of salty and sweet is a tasty combination in the cream cheese filled pretzel. At the first bite, you taste the salty dough of a pret-zel that's warm and soft, but then vou're introduced to a very sweet cream cheese filling that bedazzles your taste buds. You can find these pretzels at assorted stands in both Disneyland and California Adven-

People behind the magic, cast members discuss jobs

By **Joseph Pitman** Staff Reporter

In a distant land, not so far-far away, lies a castle. This castle is the Sleeping Beauty Castle, which resides in the California Disneyland Park. For 60 years the park has welcomed fans and newcomers to the Disney universe, to experience the maryels of fantasy and ence the marvels of fantasy and just whatever Walt Disney and his co-imagineers could develop. But something many people do not question is the manners in which Disney performs the magic that makes the park run, or wonder who makes the magic in the first place. These people are commonly known as the Disneyland Cast Members.

"I worked as an artist, so I did the parcel umbrellas," says LoRen Baguley, a Weber High cook who worked for Disneyland when she lived in California. "I loved it. I mean, it was a job like any job, but it was good." Baguley continues to paint parasol umbrellas and says if she moved back to California, she would be right back to work for Disneyland.

Not only do the cast members love to work there, but they are also required to give top notch customer service. "If you're trying to get a job, if you tell them you worked at Disneyland, you got the job," says Baguley. "This is because Disneyland cast members are known for their customer service as its part of the job requirement."

Baguley tells of a young girl who was working at Disneyland, and she was a talented artist. One day a little girl was being rude ...
so she was rude right back, because
... a bad mood. "They [family] went to City Hall (Dis neyland's central office) and said, 'You need to fire her,' and she was fired because you're never allowed to be rude to a guest."

Along with working with people

from all over the world, there other factors about working at Disneyland that make it truly a magical place to work.
"So I love the immersive story

telling element, the high quality story telling that you come here for. Those moments where you are able to create your own adventure. says Brittaney, a cast member at Disneyland. "I love how Disney really committed to storytelling and helping people start their own ad-

"Disney also does a lot to make sure that we're happy," Brittaney adds. "They always say 'we know this is tough to keep the story going, but we know you do it because you love storytelling,' so they do a lot to make us feel like we are part of the story and not just employ-ees." She adds, "We're cast members because we are on stage, not just employees."

"I love it because when you come here it's like being transported to another world," says Matt, also a cast member at Disneyland. "When you're going through the gates. your outside problems, like you're having a bad day or something's going wrong in your life, goes away, and you're transported to the Indiana Jones Adventure or to the Pirates of the Caribbean, or you go through the Haunted Massion I. through the Haunted Mansion I just love how you are transported to another world and you can become

anyone you want to be."

Sheila, a cast member who has been a part of Disneyland for 36 years, agrees and looks forward to her job at the park. Working as an artist, Sheila sits in her studio along Main Street, cutting silhouettes of guests with her petite shears.

I have met so many people of all ages, and I love my job," says

As far as her employment outlook, just like the other cast members, she doesn't have plans on re-tiring or finding a different job.

"I wouldn't work anywhere else, because this is a great job with fun people working with me. Disneyland has a wonderful environment," she says.

Top secrets revealed on rides, attractions

By Kaitlyn Borgschatz Managing Editor

Disneyland is known as the "hap-piest place on earth," and there are many secrets that make it so happy.

These secrets can also be called Disney magic. Disneyland is like a Disney inagic. Disney and the Imagineers are the magicians. "If they revealed all their secrets, the trick wouldn't be cool anymore," says cast member Tyler from Anaheim California. Although some cast members like

The Twilight Zone Hollywood Tower of Terror is known for its death defying elevator that shoots riders up in the air and then drops them. But how far is that drop exactly? On Passporterboards.com it says that the drop is 13 stories However, cast member T.J. from Waco Texas says, "The Hollywood Tower Elevator drops you an additional 50 feet underground." T.J. helps operate the ride and adds, "The drop is way too fast, you barely even notice it".

Along with this secret, there are

other things many people don't know about the different areas in Disneyland. When boarding the Disneyland railroad train at the New Orleans stop, one may hear a continuous clicking sound. "That sound is the sound of a typewriter typing out Walt Disney's very first speech," says John one of the se-curity guards in California Adventure. He adds, "That speech was made on July 17, 1955, on the day that Disneyland opened.

When one travels to Disney-land, they many notice bubbles floating up and down the streets of the park. Where do these bubbles come from? "Dopey has had a serious case of the hiccups," say sSnow White. "He ate a bar of soap and now he has been hiccupping bubbles all over Disneyland!" she adds. However, she also tells the bubbles actually come from a popular souvenir: the bubble gun. Looking at a map of Disneyland

there are many trees and bushes near rides, gift shops and restaurants. "All those bunches of tree you see on maps are actually build-ings where all the back stage magic happens for the rides and such, says Dan, the light board operator for the *Aladdin* Show at the Hyper-ion Theatre. "They also put bushes on the map so Disneyland looks appealing and magical and so the visi

tors don't lose their imagination. Some secrets are actually fun to figure out when walking through the park. For example, it is impossible to miss the round-eared floral mouse emblem at the Disneyland Park entrance. However, this icon is found everywhere. There are hidden Mickeys in everything from the archtectiture to the cast mem bers clothing. On Homeaway.com it lists a couple of places to find hidden Mickeys: hub caps in Cars Land; the bell in Oswald's filling station and in the lace of cast members dresses. "There are plates on the dining room tables shaped like Mickey Mouse in the haunted Mansion and also in the wall paper," adds Alesha, one of the cast members of the Haunted Mansion

While there are many known se crets about Disney, there are also rumors about possible secrets. Se-nior Shannon Crithlow said she read online on Pinterest.com that if you asked a cast member at the Haunted Mansion for a death certificate, they will give you one at the end of the ride with your name on it. "When I asked for one, the man said it was just a rumor, unfor-tunately, and then I was very sad,"

Amoung all the cotton candy balloons and "It's a Small World" song, Disneyland is also a place filled with unknown secrets. Disney magic makes it the happiest place on earth.

Senior Jayden Anderson is either digging a giant hole for buried treasure, or he is just enjoying the sandy beach.



Left to Right: Allie Peterson, Caden Thomas, Kaden Dearing, Nina Jo Sandstrom and Ashton Bindrop practice yoga



On Hollywood Blvd. Jake Tidwell stands on Neil Patrick Photo by Haily Osmond

Tour highlights include beach, knights, musical

By **Emily Eldredge** Feature Editor

Although Disneyland was a big part of the Performing Arts Tour students took during spring break, it wasn't the only thing they got to enjoy. Outside of the park, kids went to Seal Beach, dined at Medieval Times and visited Hollywood to see the Broadway tour of Newsies.

When asked, senior Cami Mecham said the visit to Seal Beach was most worthwhile. "I liked how it was really sunny and there was a little town re-ally close by, so even if you didn't like swimming, you still had something to do," says Mecham.

Tatiana Pryor, junior, also enjoyed the beach. She says, "I liked being able to lay on the beach and get a tan and just be able to walk around the streets and look at shops. I said I wouldn't get my hair wet, but then I got dragged in and my hair got wet anyway. And the sand, it was everywhere!"

Sophomore Sarah Mason adds this was the first time she remembers go-

ing to the ocean, and she loved the smell and the waves. "We searched for seashells and all my friends were trying to get me to go deeper in the water, but I wouldn't. I eventually did and swallowed a ton of ocean water, and it tasted delicious." Mason says sarcastically.

Both Mecham and Pryor had stories to share from their visit to the beach as well. Mecham ended up using the sand to give herself a tail and transform into a land mermaid, and Prvor was walking through the streets with a friend when she found and walked down a well-known street. She remarks, "We were literally walking down Electric Avenue!"

"We were literally walking down Electric Avenue!"

A few students and chaperones chuckled when they saw Mr. Daniels on the beach that day, not swimming, not tanning, but kite flying. Coming to his own defense, he shrugs and says, "Some people surf, some people swim, some people lay out in the sun... I like flying kites."

On the evening after the beach visit, students were treated to dinner at Medieval Times. Junior Chelsey Barnett enjoyed this activity, saying, "We say down and with the mood it created even before it started it was really

sat down and, with the mood it created, even before it started it was really cool. The food was really good, it was a fun show, the actors were great and the horses were awesome."

Junior Bronté Fronk also had a great time at Medieval Times. She says,

"The horses were amazing. To watch the performance while eating with your hands, that was awesome. The chicken was deliciously greasy, and the dessert was just fantastic." Fronk was also pretty upset about her knight losing. "Our green knight had super luscious chocolate brown hair, and he died!" On the topic of the deaths (which were just theatrical deaths, by the way),

sophomore Josh Holmgren says, "It was cool how [the knights] killed people, and they made it seem like they were really fighting. I liked watching the sparks fly off the swords," he adds.

Newsies was what some claimed to be the best part of the trip. "It was freaking, fetching, flipping, fantastic!" says senior Ryan Lund. "The show is just amazing and the choreography was incredible." He adds, "It was an incredible story about a kid who doesn't have the best life, he's a runaway and an orphan, but he's able to take a group of boys and turn them into a union. It shows the side of the American dream that people don't really talk

Tallon Romero, senior, was also mesmerized by the musical. "I haven't really seen lots of dancing in plays, but the guys dancing in *Newsies* were reany seen lots of dancing in plays, but the gays dancing in Newwes were the best I've ever seen. From the tap dancing to the leaps, all the dancing was phenomenal." He adds, "I thought this was better than the movie. I liked the new songs, and it was a fantastic show all around."

Sophomore Megan Eldredge agrees, saying, "The choreography was exceptionally done, it was just phenomenal. And the musical numbers? I'd have to say that 'Santa Fe' was my favorite; it had great emotion."

Was also had comething for avergone on the trin," noint out invitor Wen.

"Newsies had something for everyone on the trip," points out junior Wendy Graham. She said the choir could relate with the singing, the orchestra and band with the instrumental side of the show, the productions company with the performing angle, and the public relations kids with the workings

Left to right: Emily Eldredge, Cami Mecham, Kristen Pitcher, and Tasha Urban are excited to be on the beach.

Beach photos by Natalie Wilding



While some like to swim in the ocean, Mr. Daniels woul rather fly his kite.



Knights raise their flag in honor of their king at Medieval

What's your Disney side

Everyone knows what the "D" word is. Disney, of course! The company is known for its animated films ranging from cats learning the life of the streets, to two dogs eating a romantic plate of spaghetti. Disney's theme is marketed as, "What's your Disney side?" Warriors revealed their Disney

"My favorite Disney movie is *Beauty and the Beast* because it was the best Disney movie ever, and it would always be on at my house," says Jake Hibbard, junior. "My sisters would always watch it, so I just learned at the safe it."

to deal with it."

"Mine is *Tangled* because it's better than *Frozen*," says Cache Wilder

junior. "I consider it to be special because it was the first movie I saw with a girl I liked. I didn't think I would like it very much considering it to be a princess movie, but guys like them too, you know."

Senior Mckay Williamson disagrees with Wilder. "Frozen was the sickest movie I saw last year, but Tangled is cool, too. I love everything Disney and have always wondered what it would be like to work for them as an Impaginger."

Some students would also like to star in a Disney film. "I would be in one where I was the prince who was extremely attractive and would win one where I was the prince who was extremely attractive and would win over the princess while being the hero," says Hibbard. "I would be the main character of the movie I was in, and I would be the beast who saves the universe," adds Wilder.

"Any kind of Disney movie would be a dream," says Williamson, "but one that I would just love to be in would be like Cinderella and Snow White mixed. Both of them have a great story to them which would create the ultimate Disney film."

the ultimate Disney film."

Counseling secretary Joann Tanner also has a Disney side. "I love Disney a lot from the time I was really little to even now," Tanner says. "The magic in the artwork and the filmography is so uplifting and can put a

smile on anyone's face."

Tanner's favorite movie was *Alice in Wonderland*. "I first liked it because I could relate to Alice in being a little girl with such a wide and interesting imagination, but as I watch it now with my grandchildren, I have learned that it teaches such an amazing lesson of being who you want to be and not what others want you to be. Just be yourself, and life will do

Students can also relate to a certain character. "I would say that my Dismey side is like Goofy because I am pretty goofy at times," says Hibbard.

"My Disney side is like King Triton because he swims through life just like I do," says Wilder. Williamson adds, "My Disney side is Eugene [from Tangled], because he is everything a person would ever want."

Movies and their memorable characters bring out the Disney love and happiness created from them. So... what's your Disney side?

Secrets discovered with princess dream job

Even with the challenges, girls enjoy their role and are excited to meet their fans

By **Kaitlin Lawler** Assistant to the Chief

Disney princesses... Every girl grows up watching their movies; having princess clothes, backpacks and birthday parties. Almost every small girl has wished they could grow up and be a Disney princess, and for some lucky girls this dream becomes a reality when they beome a cast member princess in

Disneyland. "To be a princess here you defi-nitely have to be the right kind of person," says cast member Jessica, who is Belle. "You have to have a really good attitude, obviously, and you just have to have a certain look,

you know?"

Cast member Amy as Cinderella agrees saying, "You definitely have to be a happy person, and you have to be prepared to smile all the time and deal with all the different kinds of people. Sometimes kids are in a bad mood or crying and you want to make them feel better; it is definitely an interactive job and you have to be a people-person if you want to be a princess."

want to be a princess."

Everyone has a favorite princess, but with so many how could anyone possibly pick one princess they



Elsa and Anna are popular princesses at Disneyland and Amy Halliday, Amber Broderick and Claire Stokes were able to meet them.

wanted to be? "I've always liked Snow White, so I don't mind act-ing as her at all, but it's not really about you picking," says cast member Meghan, who portrays Snow White. "You get to put in your opinion for which one you would want, but you're mostly cast as needed. Besides that, they look at different things to determine which princess would be best for you; different physical traits like skin tone. eye color, height, body shape, stuff like that. I'm a little bit shorter and have a kind of rounder face, so Snow White was just kind of a good fit for ma"

good fit for me."

Belle adds, "I'm very happy with the princess I was cast as. Belle and Ariel have always been my favorite, and when I applied for this job, I really hoped to be considered for one of the two, so I was very happy when they told me I could act as

"This job has been especially rewarding for me. I've learned so much working in the park," says Cinderella. "My favorite thing is seeing little kids' faces light up when they meet me, and sometimes it makes me wish that I could be a little kid again. They really think we're real, and that must be a magi-

cal experience."

It appears that there would be many things to love about being a princess, but popular opinion seems to be that the best thing about being a princess is the children. "Yeah, I'd have to agree, seeing the little kids get excited is really what makes this job fin." sour ally what makes this job fun," says Snow White. "One of my favorite things to do is to take little girls

hands and walk with them down Main Street or around Fantasyland. You can just tell that it makes their day, and it's something they'll re-member, hopefully. That's what it's all about, giving them something to remember

Princess Belle says one of her favorite things about being a princess is seeing girls dressed up like her. "It's just so cute seeing them in their little outfits! I'll compli-ment them and tell them they look like me, or if they're dressed like another princess, I'll pretend to be

all excited about meeting them."
While this job may seem like it's fun all the time, the princesses reveal that it can actually be more difficult than one would think. "This job can be challenging because even though Disneyland is the happiest place on earth, not everybody is happy all the time," says Snow White. "Sometimes there are impatient parents, kids crying and things like that and it can be a challenge to work with them and try to cheer them up." Cinderella adds, "Honestly, this

job can get hard because you have to be in that cheery Disney spirit all the time, and it can be hard to stay in character for so long. You get tired, rude people frustrate you, it's not always easy, but the hard parts of it are definitely worth the outcome and all the good things about the job."

These princesses prove that it takes more than just a pretty face and a poofy dress to be royalty. People can always find the Disney princesses in the park with a smile on their faces.



Seniors reflect on high school experiences, prepare for future

By **Hannah Nelson** Managing Editor

It's seniors' last few months at Weber High School and they have many memories from their school years. Though there were many great memories made, there are also those times that seniors wish were a little different. Senior Warriors Abby Laing, Mary Porter, Mekaila Hilburn, Jason Johnston, Jaydon Lord and David Garcia tell about what they will remember most from their school years and what they look forward to in their

WN Reporter: You've been at Weber for a while, and this is your last year. What was the most memorable time for you?

Laing: "For me, the most memorable moments were at the foot-ball games. I loved the amount of school spirit the student body dis-played rooting for their Warriors! Being out with friends and dancing around in the rain were my favorite high school memories."

Johnston: "I think this year is go-

ing to be my most memorable year, mainly for the reason that I have actually done way more fun things in my classes due to having more elective classes." Hilburn: "Being in Chamber Quire

has been the best experience, be-cause I've made so many friends. We've performed so many times during Christmas time, and it was

Lord: "My most memorable time has been being on the track team because I have had a lot of fun and made a lot of friends.

Porter: "That one guy who ate cereal from his chest during a Mr. Weber assembly. It had a great deal of shock factor.'

Garcia: "Really, just being at the football games with my friends and even if we lost, we had fun.

WN Reporter: If you could change one thing about your school experience, what would it be?

Laing: "I would have tried to meet everybody in my graduating class. If I had tried to meet someone new every day from sophomore year to senior year, I could have made a lot of new friends."

Johnston: "If I could change one thing, it would be [me] not trying out for the talent shows or school plays. Another thing would be [me] not trying out for Acapella Choir or

Chamber Quire."

Hilburn: "I would have tried to make friends with more people. I had a lot of friends from all differences of the state of the stat ent groups of people, but it would be great to know even more people that I go to school with."

Lord: "I would make it so we do

as much work as possible in each class and not get homework. That way we would be able to enjoy our lives after school."

Porter: "I would go to St. Joseph's High School. Their class periods aren't as long, and they have win-

Garcia: "I would change nothing. classes

were all good. I have not gone to a single dance and only have three friends. but I gener-ally did not about the social experience school."

WN Reporter: Who your fav favorite teacher at Weber?

My Laing: f a v o r i t e teacher was Jamie James. She helped me to not only see the good everyone around me, but also in myself. She always has a big smile on her face and

ishes her classes to the limit."

hnston: "Mr. Potokar... the rea-Johnston: son why I chose Mr. Potokar is that he is the video teacher. I will be able to have seven quarter credits by the end of my senior year with his class. My name gets to be on a plaque for having at least five quarter credits with him. I enjoy making videos and Warrior TV. I think that

it's the best experience.

Hilburn: "My favorite teacher is Mr. Wood. He is an incredibly talented guy, and I've learned so much from him being in his choirs throughout high school. I'd want him, like any teacher, to remember me for being a hard worker and for

doing my best on everything." **Lord:** "My favorite teacher here is

Coach Corbridge. I want him to remember me because of all the times we have spent together making me better at throwing. I will remember him because of how much he has helped me, and how we have fun with the workouts."

Porter: "Probably Mrs. Nielsen,

and I'd like her to remember me if she thinks I'm a good student. I'll remember that she likes *Doctor* Who and taught me to write a decent proof." **Garcia**: "Mr. Carlson is the car-

pentry teacher, and he is my favor-ite teacher because his work ethic was a good influence, and he rec-

Hilburn: "I would suggest art classes. Be it performing arts or a literature class of fine arts, you learn so much about yourself doing those things; more than you would ming in college and required credits."

Lord: "I would suggest seminary and gym classes because they are fun and give you a break from the

classroom."

Porter: "Video Productions, sculpture, yoga... they're pretty rad."

Garcia: "Physics and astronomy

because they're not the hard sci-ence classes, but they're not the easy ones either."

take classes they will enjoy; the more you like a class, the more you get out of it."

Porter: "Take them all, go nuts."
Garcia: "Chemistry is by far the worst science class you can take." WN Reporter: What would you change about Weber?

Laing: "I would change how Weber stands up for bullying. Students need to stand up to bullies and defend their peers. We all can be an instrument for change, and being a leader is a good way to start."

wouldn't Johnston: "I really change anything, besides the school lunches. We don't get much

> get lunch here, but I got a lot more food at North Ogden Junior High." North Hilburn: "I would change the fact that we

out of it. I still

have no win-dows. We need windows to make this place feel less like a bunker." **Lord:** "I would

put in some windows because it is nice to be able to have some connection to the outside world.' Porter:

would put in more windows. We are literally in prison.

Garcia: "Not pretty used to it, so it looks

like normal to me."

WN Reporter: What advice vou have for students who will be coming to Weber?

Laing: "Don't stress! Only take

the classes that you know you will be able to handle. If you burn yourself out sophomore and junior years, your senior year will be a struggle for attendance." Johnston: "Do whatever you de-

sire. Sure you want to go and take the same classes as your friends. Do it. Do whatever you feel. It's your ballpark, you are the pitcher, strike 'em out!"

Hilburn: "Just relax, it's not as

hard as it may seem. Even though you'll have a lot of homework, make time for your friends and go

out and have fun! Don't overload yourself with academics.

Lord: "I would tell them to keep up on their homework. School is a lot more enjoyable if you don't always have to worry about homework and

due dates."

Porter: "Prepare yourself for a lack of windows. Buy some sweaters, it gets cold."

Garcia: "Just stay low key and

chill for the first three months until every one is comfortable with the

WN Reporter: What part of your

future are you excited for?

Laing: "I am excited to start college. I will be able to set my own schedule and not worry about attendance credit. I cannot wait to be a teacher and influence the lives of the students who come through my classroom."

Johnston: "Car driving, having a great job, making more movies with friends and earning my spot to become an actor/movie maker. I also want to make music. Music is life. Movies are life. I love making

Hilburn: "I'm excited to go out and meet new people in college and hopefully travel a lot. I'm looking forward to living independently

Lord: "I am excited for college. I look forward to the challenge and I think I will learn a lot and have a lot of fun.

Porter: "Going to college!"
Garcia: "Just making money and living my life doing whatever I want within reason."

WN Reporter: What part of your

future are you nervous about?

Laing: "I am nervous to move out on my own and have to worry about getting a job and paying bills.

Johnston: "College and getting a job that could help pay for student loans or something like that. I'm both ready and not ready to graduate. It's both nerve racking and scary. But time moves by, we just got to make the best of it."

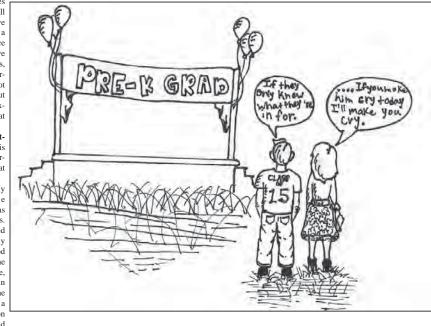
Hilburn: "I'm nervous about actually getting married sometime within the next 10 years. It's weird to think I'm that close to settling down and having a family."

Lord: "I am nervous for being out on my own. I'm sure I can handle it, but it will definitely be some-

Porter: "All of my friends getting married."

Garcia: "Well, dying prematurely

and not finding anyo Illustration by Joey Potter



ognized people who are loyal to his ass and himself.

Hilburn: I would never go back through high school. It's been fun, but it's also been crazy hard, and I feel like it's better to move forward even if you've made mistakes then to go back and repeat it all."

WN Reporter: What classes would you suggest underclassmen take?

Laing: "I would suggest they take

yoga. It is such a positive environ-ment to be in and helps you see not only the good in others, but also in yourself." Johnston: "Any video classes. It's

a fun experience and it is just awesome. Making videos is my life. Show creativeness through it. Do the same in taking art."

Reporter: What classes would you suggest underclassmen not take? "I really struggled in

WN

Medical Anatomy and Physiology (MAP). They do a lot of animal dissections and watch videos of hu-man surgeries. You need to have a strong stomach for sure!" **Johnston**: "Astronomy, I liked all of my classes but this is the one

that I've heard it's the worst... unless you want to learn about space."

Hilburn: "Don't take Fit for Life. Yes, it is required, but do it online or in packets. Workouts are less embarrassing when you can be at your own pace and not pressured by a whole class." **Lord**: "I would suggest they only

Seniors share dreams for future, predict acquired accomplishments in 10 years

By **Marqueritte Bennet** Staff Reporter

Ever since Warriors were kids, they were asked who they wanted to be when they grew up. Seniors are realizing soon they will be "grown up" and are having to decide where they want their lives to take them. They have begun planning ways to follow their dreams while also remembering to be

themselves.

Jayden Anderson wants to grov up to be an animator at Disney be-cause "honestly, [I want] my name at the end of the credits; plus, I love art." He's wanted to be an animator since the 7th grade and this year he applied to BYU Idaho. He stated, "After Idaho BYU, I plan on transferring to Utah BYU, and then I'll be on to Disney." In the next 10 years he imagines he'll be "at the

happiest place on earth."

Sierra Bruggink stated she wanted to be "super attractive," and then added, "no, I want to do a lot of things. I want to work for National Geographic, write a novel and open a yoga place centered on being healthy." Bruggink also said she can accomplish much because, "honey, I was born that way." In 10 years she sees herself in Iceland photographing wild life. Rodney Haltli, senior, wants to

become an engineer of some kind; most likely mechanical. He said, "I love to build, love to make me-chanics and make things work." He knew he wanted to become an engineer when "I started building with Legos, Connects, and blocks." He plans on attending Utah State Unipians on attending tran State University or the University of Dakota because "they have the best aerospace engineering program." In the next 10 years he sees himself "still in one of those two schools, married and back from my mis-

good at art. Chloe Bloom has decided to go into graphic design. "I knew since junior year. To get there, I'm going to college. I applied for Weber State because it's convenient and close by," said Bloom. In the next 10 years she hopes to be ccessful and happy and "possibly have a family."

"I want to be in executive man-

agement; it's so much easier that way," stated Alex Frogner. Two years ago he decided he wanted to become his own boss. Frogner plans on "going to college and then start moderately low and move up from there." In the next 10 years he says he'll "hopefully a lot higher than low management.

Sydnie Liechty wants to become an architect or civil engineer. "I think it's a never ending career, and an always changing career. I don't like sitting around doing nothing," said Liechty. She has wanted to be an architect since she was little and plans on getting there with, "a full ride golf scholarship, so I'll have no loans for college." Because he really enjoys making

videos and websites. Kael Harrison wants to become a web designer or video editor. "I thought about it and third quarter this year, I decided that's what I want to be," said Har-rison. Harrison has applied to We-ber State, USU and SUU. He plans on attending one of those schools to accomplish his dreams. "I hope to have one of those jobs and be doing well; not be a hobo," joked Harrison about the next 10 years.

Seniors realize it's important as they grow up to be themselves. When asked what "being yourself" meant, Haltli answered, "To be who I am; not trying to be some-one I'm not." Liechty said her motto is "only dead fish go with the flow" Anderson counseled "Don't follow the crowd, be yourself; be

Harrison also has his definition of being himself. "To grow up and do your own thing," he said. Bloom agreed and added, "Always stay true to what you believe in."

Frogner laughed and said, "It's kind of hard to grow up to be any-one but yourself." Bruggink added, "Always be true to yourself, and always be crazy."



Mrs. Larsen- "Enjoy your time now because it gets harder. Don't be in a hurry to get there but have



Basically, go into something you really enjoy because it matters more about enjoying what you do every day."



Mrs. Phinney- "Don't be afraid to take risks. Try new things, in a good way. Once you get older, you have more responsibility

For graduating class of 2015, teachers provide final lesson Advice given to assist seniors as they prepare for their future

By Taylor Galusha

As the end of the school year gets closer, some seniors start to get a case of senioritis, while others have their anxieties heightened due to high school being almost over. To help calm that ever present truth hanging over seniors, teachers give out their advice.

"You think you're done but in all

honesty, the second high school is over it just gets harder," says Mrs. Nance, biology teacher. Nance explains that when people enter college, the highs are higher, but the

"It gets harder and when it is going good for you, it's great and when it sucks, well, it sucks more then you could ever imagine in high school. The experience though is a fair trade. You learn more socially and academically," says Nance.

Nance says keeping options open and furthering education in any way is important. "College is such an important tool for you to grow as a person. Even if you aren't considering college, consider community college, tech school, trade school or something," says Nance. degree will give people an opportunity to earn more money. "If you are applying for a job and you don't tunity to earn have a degree, and the person you are competing with does, there is no way you are getting the job. You could get stuck with a really crappy job," says Nance.
"If I could give the seniors in my

classes any advice at all it would be to try harder, and learn how to learn better. I know it sounds cliché but the more you learn in class the easier it is to study outside of class,"

Nance wishes someone would have told her how hard it was to manage time when she was in college. "It's hard... between studying, being social, being lazy, you really have to discipline yourself. They don't really give you homework in college, but you have to study, and they aren't going to check on you and make sure you are doing your work. You learn so much ecor cally and socially and for that it was worth it," says Nance.

Science teacher Mrs. Smith also has advice to the soon-to-be graduates. "Make wise choices; choices have consequences, and those con-sequences will impact you for the rest of your life."

the real world, and people have to be careful what they do there and not mess around. "Don't waste your money on pointless classes just because they are fun," she says. Smith believes furthering edu-

cation is important whether it be at college, tech school or community college. "The main reason it is so important to further one's educaimportant to further one's educa-tion is because it is important to have a skill and be a contributing member of society," says Smith. "Go to college and take your math classes," says Mrs. Knight, math teacher. Knight adds it is eas-ter if repeals at teleses like math

ier if people get classes like math out of the way because the longer they procrastinate, the harder it is to pass because they may have for-gotten what they learned in high school. Knight says that while math is not everybody's strong subject, it will help students to learn problem solving skills and critical thinking.

Math teacher Mrs. Carrier gives out one more piece of advice to seniors who are making decisions about what field to expertise in "You should do something that you love. You should work hard and do your best. As long as you are doing your personal best, you should enjoy life," says Carrier.



of the time that you have and enjoy life. Do what you want to do."



Poll compiled by Amy Halliday

Helping new sophomores,

Experienced students give survival tips

nitely join clubs. It looks a lot bet-

ter on scholarship applications. I'm so glad I got involved in extracur-

ricular activities, you really won't

Porter agrees with O'Driscoll, saying "I really wish I would have gotten involved in more extracur-

ricular activities. It really is a good

way to spend your time, and it really does look good for college applications, to be considered for dif-

ferent scholarships and things."

Another thing that might weigh

down younger students' minds is the attendance credit policy. Many new students are clueless about at-

tendance credit, losing credits, etc.
"I honestly think it's silly when
kids stress too much about attendance credit," says Porter. "I mean,

it's really not that hard just to come to class. You can miss four times in

each class per quarter; that's a good amount of absences if you ever just want to skip a class."

Critchlow agrees, "Yeah I mean

everyone skips a class every now and then, but if you just ration your

Assistant to the Chief

Being new to high school can be stressful at times; younger students can often find themselves feeling lost and not just in Weber's endless hallways. How are they supposed to know what classes to take, how to make new friends or what clubs they should join? In general, how can sophomores survive the next three years of their lives? Luckily, this is where the seniors can step in and act as an older sibling, guiding and giving plenty of advice

The first issue many sophomores have to deal with is choosing the right classes. "Make sure you pick classes you like," says senior Mary Porter. "Of course, there's boring classes that you have to take, but

make sure you take fun electives."

Senior Jesse O'Driscoll agrees and says, "Make sure you have a balance of your classes: not too easy but not really hard either."

With a wide variety of classes offered at Weber, choosing a good mix of classes, senior Shannon Critchlow says it should be easy for most. "You don't want to take so many hard classes that you burnt out," says Critchlow. "There's tons of interesting classes here, so take some that interests you." Almost as important as being in

the right classes is getting involved in the right activities. Weber offers many different sports and clubs for students. "Everyone should get in-volved with at least something," says Critchlow.

"You should just consider all the

sports and clubs and pick ones that really interest you, so you can meet new people and just have fun," O'Driscoll adds. "You should defi-



Friends enjoy spending their lunch time together.

Photo by Amber Broderick

ences out over the quarter and you're not just skipping all the time, it's pretty easy to not lose any credit. Just come to class, don't skip too much and you'll be totally

It's not always easy being a high school student, and starting in a brand new school can often seem intimidating. It may seem like a long road ahead, but sophomores need not worry if they follow the

'To survive high school, try not to be one of those annoying sophomores," jokes O'Driscoll. "When you're annoying, nobody likes

Critchlow adds, "I'd say my advice on surviving would be to make friends, go to all the games and dances and just have fun with it! You can either spend the next three years just getting by and forcing yourself to go, or you can go at it with a positive attitude and have a great time with lifelong friends. Make this your final and best three years of school!"



you can't do something, always remember you can. because the first three letters of can't are CAN.

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- I, Alyssa Snyder, will my awesome DECA skills to Sam Good, Tatiana Stewert, Micaela Duran, and
- I, Meagan Gardner, will my forever aloneness to the future popular kids at Weber High.
- I, Michael Ahlitrum, will the stress of 4th Quarter to the upcoming sophomores. (evil laughter to fol-
- I, Marguerite Bennett, will my endless movie trivia to anyone who can ame all four, three stooges.
- I, Brigham Hale Mckay, will my Mr. Weber Title Casey Bond
- I, Hannah Nelson, will my ability to typeset and write to my little sis-ter, Emilia Nelson. Use this power wiselv.
- I, Cooper Karras, will my omnipo-tent knowledge and tremendous humility to the great students of Weber High.
- I, Rebecca Longshaw, will my la-crosse skills to the children in need of amazing skills
- I, Angela Washburn, will the power of hard work to anyone here at Weber that seeks success.
- I, Katie Montgomery, will my pro-crastination skills to the 2016 se-
- I, Sophie Gustaveson, will my impeccable procrastination skills to future AP students.
- I, Madison Giacomo, will my strive for excellence to the beautiful, amazing, genius Liz Leo.

SENIORS

- I, Stephanie Laubacher, will my stupid food puns to someone with
- I. Christian Protzman, will my powers of dance to Velden Wardl
- I, Caid Lunt, will my senioritis to all the little sophomores.
- I, Kason Mckay, will my locker to whoever gets it next.
- I, Ashlynd Sessions, will Baylee
- I, Ryan Lund, will my procrastinative attitude to all who enter this school.
- I, Alex Krebs, will my humble geis to all future students of Weber who practice chivalry.
- I, Tyler Martin, will my dating skills to Hunter Bingham, he needs
- I, Mike Howe, will all of the dark memes be brought to the attent of every student at Weber High.
- I, Lauren Murray, will leave my disease of senioritis to the incoming sophomores- just you wait.
- I, Jackson Meyer, will the dedication of my first book, and my poetic genius to Navy Humphreys

- I, Cheyenne Remkes, will my love for Brevin Dean.
- I, Katelyn Brown, will my procrasskills to the new Weber High.
- I, Dallin Warner, will my crund jams to Josh Fawson and Elias Skinner of ESCAPE.
- I, Kade Beckstead, will my awene, epic dance skills to Konner Gibson
- I, Mikah Meyer, will my sculpted triceps to Mrs. Pearce... she could triceps to Mrs. Pearce. use the extra help.
- I, Kierstin Pitcher, will my craziness to anyone willing to take it.
- I, Baillie Cook, will my social awkwardness to all of those who remain at Weber High.
- I, Chase Cragun, will my undying love for Toria Randolph to Jaxon
- I, Brandon Healy, will my epic tness to all those still at Weber
- I, Trevor Peterson, will my student parking pass to an upcoming sophomore.
- I. Cameron Talbot, will my home runs to next year's baseball team.

- I, Mason Shaw, will my cage bombs to the aspiring baseball team.
- I, Matt Hewlett, will my experience as a nerd to the future Weber gen-
- I, Bryson Kimber, will all of my sleepless nights to all new AP Calc
- I, Abigail Laing, will the ability for others to be courageous and to be kind to everybody they meet.
- ability to make people uncomfortable to Tate Peterson.

I, Jaxon Porter, will my incredible

- I, Jackson Lefevre, will my pencil I lost somewhere in the school to whomever finds it.
- I, Kyler Koford, will my love to all of the beautiful girls at Weber High.
- I, Cole Kendall, will my lazir all the future childre
- I Kaila Mleso rock life to the hardcore rockers at Weber.
- I, Cortney Ballif, will m not attending first period will my o every-
- I, Abbie O'Neill, will my ball skills to Miss Halle Ma ny basket-

- I, Emily Eldredge, will Kierstin Pitcher to anyone who wants to take her."
- I, Justin Hashimoto, will my hate for people who lack common sense to someone like me.
- I Kaden Black, will my truck to the school forever
- I, Morgan Strebel, will my soccer sass and red cards to Payton Rovlance.
- I, Bridger Fawcett, will the spirit of agriculture to those involved at our
- I, Brock Mayhew, will my talent and love for music to Mr. Windsor.
- I, Madison Strebel, will my sassy attitude to Jordyn Johnson
- I, Mitch Aardema, will my ability to quote obscure movies from the 80's to Joel Robins.
- I, Ian Budge, will everyone to go take the most difficult class here: Law Enforcement.
- I, Brenna Musgrave, will my phenomenal decision making skills to my favorite junior, AKA Julian
- I, Hailey Glenn, will my crooked parking job to all the sophomores.
- I, Jayna Hafen, will my care-free way of living to my cousin Kaden Call: "Don't Stress."
- I, Sam Rock, will my stellar volleyball skills to the future players.
- I, Aliyah Turrubiartez, will my bad attendance skills to the sopho-

Prophecy and

- I, Wesley Johnson, prophesy that Mr. Daniel will become Supreme Ruler of the world.
- Meagan Gardner, prophesy the Weber bands and orchestras will never die because music is forever! never die beca
- I, Marguerite Bennett, prophesy the coming apocalypse and the return
- I, Brigham Hale Mckay, prophesy the Weber High football team will make it to the playoffs.
- I, Hannah Nels nalism will be on, prophesy Jourdiscovered for its and will explode
- I, Cooper Karras, prophesy one day the students of Weber High will see the sun again.
- I, Zachary Bell, prophesy that the next president, will be Hilary Clin-
- I, Sara Hathaway, prophesy Mrs. Lunceford instigating the Hunger Games at Weber High.
- I, Nathan Robbins, prophesy that North Korea will take over the
- I, Angela Washburn, prophesy Weber High will get new lockers.
- I, Lane Nielsen, prophesy the school will burn in 50 years.
- I, Anika Songer, prophesy that Weber kids will slowly evolve into Gollum-like creatures that shun the light because they never see the
- Sophie Gustaveson, prophesy at Christian Protzman will be president.
- I, Lexi Harris, prophesy Weber High schooled some of the greatest white suburban moms.

- 1, Stephanie Laubacher, prophesy cats will return to their position as gods from Ancient Egypt.
- I, Christian Protzman, prophesy I will be President of the United
- I, Caid Lunt, prophesy Mr. Wardle will grow a mustache and epic goa-
- I, Kason Mckay, prophesy Weber High will still be standing by this
- I, Ashlynd Sessions, prophesy Mrs. Randolph will one day, finally, refer to her class periods as Toria Time.
- I, Ryan Lund, prophesy Weber football to win the state title in the near future
- I, Alex Krebs, prophesy that Weber will one day have real food for
- I, Keegan Patterson, prophesy Weber will be a place for building each other up, not tearing each other
- I, Erik Neilson, prophesy Weber High will never b
- I, Enrique Salgado, prophesy Weber will have more windows one
- I, Lauren Murray, prophesy that white converse will take over all white converse will take over all the feet of the Weber High student body.
- I, Jackson Meyer, prophesy no class will be ever as great as ours. #Kidsof15
- I, Matthew Thorpe, prophesy Mar-kie Nichols will one day fall in love
- I, Sierra Vashro, prophesy that students shall dictate the school in 2016.

- I, Tyler Robinson, prophesy \$quad will be the strength of Weber High for centuries to come.
- I, Kade Beckstead, prophesy that my puns will change the world of cheesy jokes!
- I, Mikah Meyer, prophesy that twitter will remove Chase Dahl's account for the sake of all his fol-
- I, Madison Giacomo, prophesy I will be traveling the world in 10
- I, Baillie Cook, prophesy that each class from here on out will continue to get shorter.
- Amy Halliday, prophesy Weber
- I, Erin Shupe, prophesy Weber will always have ugly carpet and Mr. Wardle will continue to go bald.
- I, Trevor Peterson, prophesy the ghosts of Weber do exist.
- I, Cameron Talbot, prophesy Weber will be a shelter in the nuclear war with Russia
- Mason Shaw, prophesy the sun will always hurt your eyes after you leave Weber.
- I, Matt Hewlett, prophesy Warrior TV will last for years and years af-
- I, Brooke Nielsen, prophesy a trag-ic storm will hit Weber High, blow-ing over trees and snowing three feet, and we won't even notice until e step outside after school.
- I, Abigail Laing, prophesy that Weber will be known for graduating the kindest students around.
- I, Ian Budge, prophesy that Weber will be bought by some rich guy and turned into his summer home.

- I, Jaxon Porter, prophesy Weber will be a lot less cool next year. without the seniors.
- I, Paige Muirbrook, prophesy the golf team will rule the school
- I, Laticha Coleman, prophesy Weber will finally get some windows, so we won't all become Edward
- I, JamiLee Hubbard, prophesy some kid will venture the tunnels of Weber and find a treasure beyond all our imagination.
- Kendall, prophesy that Weber will become a school for future
- I, Kaila Mleso, prophesy Weber will one day become the School of
- I, Cortney Ballif, prophesy that senioritis will be classified as a real disease.
- I, Abbie O'neill, prophesy Weber will be the champs at every sport .. one day.
- I, Wyatt Beckey, prophesy that Weber will never get anymore win-
- I, Austin Barker, prophesy that Weber will be a fort in a war.
- I, Mekaila Hilburn, prophesy Weber will be the last building standing after the nuclear war in 3026
- I, Morgan Strebel, prophesy Weber will take state in football in the year 3000.
- I, Madison Strebel, prophesy WHS will be rebuilt in the year 2050 for lack of windows.
- I, Mitchell Aardema, prophesy that the final horcrux was in the welding room the whole time

- I, Braydon Wageman, prophesy Weber will crumble to the ground in an earthquake.
- I, Bridger Scott, prophesy that Coach Pete will keep rocking that sweet looking mustache, for many
- I, Steven Hinrichs, prophesy school lunch will be slightly less bad next year.
- I, Emma Tanner, prophesy Ms. Keim will become queen of the universe.
- I, Hailey Glenn, prophesy Weber's class of 2015 to be the best class.
- I, Jayna Hafen, prophesy that 65% of the graduates from Weber High will marry someone from Weber High and have kids that go to Weber High.
- I, Sam Rock, prophesy that Weber will turn into a prison in 100 years. from now
- Aliyah Turrubiartez, prophesy Weber will get a bigger student parking lot.
- I, Jessica Faye, prophesy a protection from guns as long as you wear your ID card.
- I, Kyler Koford, prophesy that Weber High will be a WWIII bomb shelter. Amanda Twitchell, prophesy that nothing in this place will ever
- Austin Gaudette, prophesy Nick Kitchens will be a Super Senior
- I, Rebecca Longshaw, prophesy Weber will not be a dungeon any
- I, Montana James Bone, prophesy skipping class is not worth it... Yeah it is. :)

Ashton Bindrup and Shannon Critchlow perfect their



Ready to elope, Wyatt Becky and Maddi Streble plan to move to the tropics.



Evil masterminds Derrek Studebaker and Sophie Gustaveson plotting to take over the world.

Honorary W Award recognizes unique candidates

By Kierstin Pitcher and Stephanie Laubacher

Before those textbooks close for the last time, seniors must choose who will be honored for the annual Warrior News "W" Awards. After numerous nominations and much speculation on the winners. the following seniors will now be herald as classmates who achieved unique, coveted titles.

Future Circus Members

As Shannon Critchlow reflects on running away and joining the circus, she said, "I wasn't surprised because a lot of people know I love the circus, and I want to be in the circus." Ashton Bindrup's reac-tion was slightly different, "Yes I'm very surprised. What the heck were they [his peers] thinking?" he asked.

Critchlow added that though she'd love to be in the circus, she wouldn't join just any one. Her circus would have to be, "a classy one like Cirque de la Symphonie or Cirque de Soleil."

When faced with the choice of which acts he'd like to perform in, Bindrup said, "That's tough, there are a lot of acts that I'd love to learn. Of course, I'd do aerial silks because I love them; I would marry them if they were human. The acts I'd love to learn would be tight

to learn to juggle to consider myself worthy to be in the circus.

"I'm actually tempted to apply to circus school, but most of them are in Montreal, so that's hard because it's expensive and far and there's a different language and most of those people are born into cir-cus it's their life," said Critchlow. However, if she ever did decide to make circus her life, she knows exactly what acts she would perform.
"I would do aerial hammock in-

stead of having two pieces of silk hanging, you only have one and that requires more flexibility, or I'd do aerial hoop or aerial square! That'd be cool because they pose more of a challenge," she said.

Bindrup says if he ever did join

the circus, he would want his per-formance name to be, "Something really kooky." Critchlow knows exactly what she would want to go "The Flying Flamingo.

Couple who will Elope Wyatt Becky says he was sur-prised to get this award because, "it is an honor." Madison Streble has a slightly different opinion, "I kind of expected it." They have been a

couple since ninth grade.

The couple's opinion also differs on what they plan to do once they elope, though they both agree on traveling to someplace tropical, "We'd freaking move to Hawaii, just hang and I'll have a job fishing." said Becky. However, Streble

added, "We'd definitely go to Fiji first and stay there forever.

As to how they plan to elope, the only thing Streble is willing to disclose about their escape plan is, "we'll go buy plane tickets one night and just sneak out and leave." Becky said their reasons for eloping, "So we can have a happily ever after without people bothering us."

Become Evil Mastermind

When Sophie Gustaveson found out about her award, she said, "I don't really think it fits me; I'm not really into that stuff." Derek Studebaker had a more enthusiastic response and felt the need to give a little speech.

"First, I would like to thank my

parents and my friends and I want parents and my friends and I want to thank Megamind for being in second place, and lastly I want to thank myself for being awesome and evil," he said.

Gustaveson added her evil mas-

termind name would be "'Classy G' because one of my friends calls me that." Studebaker's evil mastermind name was determined to be too evil to print.

When it comes to dastardly

deeds, Gustaveson says she'd just like to start simple. "I would prob-ably just do the basics like rob a bank, and I would recreate the cerebrum from X-Men and use mind control and stuff," she said. Studebaker shares his plans as well.

"First, I'll make an army of rab-bits. Next, I'm going to send that

army of rabbits to Bolivia, buy a hammock and I'll take a nap and then I'll take over the world with my army of rabbits," he said.

Expected to become a Weber High teacher

Many seniors can't wait to leave the tangled halls of Weber behind, but few would be surprised to find Ashlynd Sessions and Chase Dahl returning a few years from now But this time, they would be the teachers.

When Dahl discovered that he had been nominated, he was sur-prised. "I didn't see that in my future," Dahl said. "I would have preferred most likely to elope, but thanks anyway. I'm honored."

Dahl had no plans for becoming a teacher, but now he is rethinking his life choices. "I guess I'll get my teaching degree. Hopefully, I can get some good pension, retire early and never get fired. Maybe me and Mr. Wardle could be good friends,' Dahl says.
"Honestly, my first reaction

to laugh, imagining Chase and me as teachers here," Sessions says. She believes she was chosen because of her strong work ethic

when it comes to academics.

"I am constantly busy doing homework or staying before and after school to work on my grades. I study my life away, and I also have a job as a tutor. I think it [becoming a teacher] makes more sense to other people than to me,"

she says. Sessions also admits she has considered becoming a teacher, and is glad that she would have the support of her peers if she decided to follow that path.

Expected to become a Hippie Everyone is capable of chill-ing out every once in a while, but Christian Scheller and Justine Zac-cardi seem talented in taking it to the next level.

"Everyone calls me a hippie, so m assuming that's why I was cho-I'm assu sen," Scheller says. According to Scheller, it feels great to be cho as Weber's number one hippie.

"It's going on every resume ever," he adds. He says his hair, clothing and inability to shave may have also added to this idea. "I also have a tattoo of a tree that turns into a guitar," Scheller notes. Zaccardi also feels her appear

ance led to her being chosen. "I was not very surprised because my dreads make me seem like a hippie," she says. Among her behaviors, Zaccardi says her enjoyment of climbing and doing yoga may also give off the hippie vibe to her Although she does not have any

plans to become a hippie, Zaccardi says she would consider it "when I'm old and have no cares.

Most in danger of getting kid-

napped by the Mafia
As if the everyday life of a senior in high school isn't stress-

ful enough, Markie Nichols and Mitchell Aardema also have to stay on their toes and beware of the ma-fia. While most teens can walk on the safe side, these two are adopt at

living life on the edge.

Nichols was very surprised when she found out about her nomination. "That's the most random thing I've ever heard," she says. Nichols was also stunned to discover the risk she put herself in with her ma-fia affiliation.

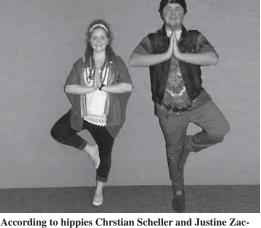
"I suspect Kaila Mleso and Jaylen Ehmann are part of the mafia," Nichols says.

In order to keep herself safe from

in order to keep nersen sate from kidnapping, she says that she will most likely start carrying around some pepper spray and "walk around in a pack. The buddy system may not be foolproof, but it's better than nothing."

"I'm actually not too surprised," says Aardema. "My friends Steven Enslow and Elias Skinner have kidnapped me before. They wouldn't exactly strike me as the 'mafia type, but I can neither confirm nor deny their responsibility toward any speakeasy or illegal harboring of droids that have been known to help the Rebel Alliance.

Aardema does not believe him-self to be "easily kidnappable," but is willing to take safety precautions. "I plan on looking both ways before I cross the street, making sure I have a good credit score and owning at least 17 katanas," he says.



cardi, peace, love and happiness is the way to live.



Furture Weber High instructors Ashlynd Sessions and Chase Dahl practice their teaching skills.



Self defense lessons may be in the near future for Markie Nichols and Mitchell Ardema to protect themselves from the Mafia.

Photos by Amber Broderick and Jackie Olberding.

By Stephanie Laubacher News Editor

Although it may seem like it, high school doesn't last forever. Some students graduate feeling like they have accomplished everything they set out to do, while others are left with a sense of regret. There is a limited amount of time to fulfill all high school expectations and experiences, so the important part is to know the best things to do to get the most out of these few years.

1. Plan for college: High school is a time for students to learn in the present, as well as plan for their future career and lifestyle. Senior Zack Ferrin says, "I wouldn't want to graduate without having a plan for college because I don't want to have to plan last minu er too early to start thinking about

where to go or what to do. **2. Join a club:** At Weber,

are a number of great clubs to get involved in, from writing club to computer club. Nathan Rob-bins, senior, says clubs are a great way "to be involved in something you're interested in." With so many clubs to choose from, Weber provides several excellent ways to explore a career or just have a little fun outside of class. Participating in whatever club seems most interesting is a great experience to have before graduation rolls around.

3. Attend a school play/sports game/dance: There are million and one opportunities during high school to participate in these activities. With plenty of sports, shows, and dances to choose from, it's almost impossible to miss everything. Whether it's joining a sports team, getting cast in plays like this year's *Oklahoma* and *Ad*dams Family or just watching for the fun of it, these events are great for friends and family alike. As for dances, it doesn't matter who has a date or who's riding solo when

LOL

there's an opportunity to party with the whole school. 4. Get a job: Senior Abby Laing says getting a job during high school helps students "learn time management skills between work

and homework." Not only is this a great way to gain real-world experience, but earning a few dollars here and there can certainly benefit any teenager. 5. Go out to eat: Although many

district-ordered cafeteria food, others have bigger hopes and dreams Tallon Romero, senior, says his high school goal is to "make it to nigh school goal is to make it to a restaurant in Riverdale and back before the bell rings." Although Romero has yet to accomplish this feat, he says he will keep trying. He may be late to class, but at least he's late to class with a full stomach.

6. Dance: The day-by-day life of

any high schooler can get tedious and stressful. Senior Naomi Kent

a lot of stress as well as get a great workout." School dances aside, a little personal boogie is a great way to get anyone's mood up while get-7. Appear on Warrior TV: Senior

says, "If you dance you can relieve

Mitchell Aardema says being on Warrior TV, as someone from the crew or as a guest, should be on everyone's list. For most students, this is one of few opportunities pro-vided by the school to obtain fame, fortune and neither of those things However, even without being paid or becoming a celebrity, Warrior TV is a way to have fun and be

heard on an average school day.

8. Read a good book: Some stu dents do enjoy their required reading; however, reading can become a bit of a chore if nothing is ever read for fun. Although English classes do provide plenty of great literature, being able to read freely can make all the difference when it comes to enjoyment. Books can provide a wealth of information as

well as a wonderful adventure 9. Visit the school store: For those who have trust issues with vend-ing machines, visiting the school store can prevent that horrifying moment where snacks get stuck and change is not returned. In addition to vending machine snacks, the school store provides drinks and even cookies. Aardema says no high school experience is complete without "buying lots of cookies from the school store."

10. Skydive: For the braver and

more adventurous high schoolers out there, skydiving is another popular desire for students. Although skydivers must be 18 or older, some teens have the chance to do it between their birthday and gradu-ation. Seniors Nicole Smith and Sean Kenny both claim skydiving is a must before graduation. Smitl says it would be amazing, while Kenny says he would like to do it for "bragging rights." For those great risk-takers, skydiving may be on the high school bucket list.

Adison Hoggan, senior, throws the shot put at Sue Wood-

lacrosse determined to win

By Natalie Andrus

Lacrosse is not a sport that is widely recognized, especially girl's lacrosse. Neither the boys' nor girls' lacrosse teams are officially one of Weber High's sports teams, but they perform as clubs. How-ever, that doesn't mean lacrosse is any less of a sport, and its popular ity at Weber is growing.

Lacrosse is described as a very physical sport that requires spe-cific gear. In girl's lacrosse, only the goalies wear a helmet. The rest of the players just wear protective eye gear and a mouth guard. In addition, protective body pads that people find in football, soccer (shin guards), or even in boy's lacrosse

aren't present.

Lacrosse, similarly to soccer, plays in the fall and the spring. The fall season went from September to November and the spring season is from January to May. But before the season even starts, the girls are preparing.
Isabella Pignataro, senior, cap-

tain and defensive player says the team has scrimmages to practice for games, conditioning to help build and maintain stamina, and they do drills and other activities where the team learns to work together better. Personally, Pignataro says she does wall ball during prac-tice, which is an exercise that helps learn control and learn maneuvers with the lacrosse stick and ball. "I also make sure that I have a good attitude going into the season," she

tain and attack player, adds the team also plays in tournaments to get more in-game practice. Littley



Freshman Sara Della-piana and juniors Ragen Conners and Bronte Fronk play hard against Skyview.

Photo by Jackie Olberding

stays fit for the season by going running and doing strength exercise. "I also do a lot of wall ball and shoot on goal," she says.

In addition to pre-season preparation, the team spends a lot more time on the field than just game time during the season. Pignataro said during the season, the girls practice Monday through Thursday, 4:30 p.m. to 6:30 p.m. and sometimes on Saturdays for an hour and a half. "Lacrosse is a pretty big time commitment," Adrienne Puzey, sopho-more, adds, "but I love it."

Littley says she's pretty happy with the way the season is going. "We did struggle a lot in the beginning of the season with recruiting new girls, but we have improved our skills a lot since the start of the season. We do need to work

on getting less penalties during the games," Littley added with a laugh. "Our team unity has become really strong over the season, so we play well together," Pignataro says, "but we need to remember to stay positive when the going gets tough." Pignataro also expressed that in addition to the team staying positive, she would like to see them

ontinue to work well together. Littley agreed and said she'd

like to see the team play even better as a team, as well as to gain more skills and become better as an individual team.

Littley and Pignataro have also set personal goals for this season. Littley says, "I want to be there for my team and help out during the games by playing my hardest and giving it everything I have."

Pignataro adds she'd like to always Pignataro adds sne d like to always play her hardest, and "help the oth-ers remain positive by having a positive attitude myself." Both of the captains say there isn't really anything they don't like

about lacrosse. "In my opinion, it's the greatest sport," Pignataro says. "It's more fast-paced."

"Lacrosse is somewhat similar to soccer, but I think it's much more fun than any other sport I have played," Littley adds.

Why do they like this sport so much? "I love the adrenaline rush you get when you or your team scores a goal. We have fun togeth-er, and it's always a good time," Littley says. Pignataro agrees, saying she enjoys lacrosse because "I get to play and spend time with my friends. It also takes my mind off of any stressful things I have going on in my life. I love it."

Track team starts season positively

SPORTS

By Dustin Kingsbury orts Edito

Running has been the most used action in almost any sport. The ac-tion has been loathed by some people ever since it was first used from even days of old. This fast movement is quite tiresome, and it is involved in one of the least talked about sports within the high school premises girls' and boys' track and

However, a large group of Warriors look forward to track season. Junior Nathan Christensen describes his love for the sport. have always been somewhat into running," says Christensen. "I am huge into playing basketball and was looking for a sport to help keep me in shape during the off season, so I decided to join track in junior high. I have been running ever since and am now on the team in high school as well. I've figured out that running helps with any sport so that's a bonus.

Kyler Hall, junior, is also an avid runner. "I found out I was good at it in junior high when I ran for Orion, so I decided to do it up here as well. Running is one of my passions, and it's a great way to make friends and to get things off my mind. Throughout the school year, I am always looking forward to when winter is over and when the snow melts. When it begins to leave, I know that it is time to run again.'

These Warriors take their passion for running, as well as the many track related athletic events, and train year-long for their season.
The team has had some remarkable

results at several meets. At the Sue Woodbury Warrior Relays on Mar. 13. Nick Taylor, junior, took 3rd at the 100 meter with 11.62. Sophomore Seth Taylor also took 5th at the 100 meter, and his time was 11.70.

bury Warrior Relays.

During the Davis Super Meet on Mar. 17, the boys' team had junior Nick Taylor and sophomore Seth Rosier tie for 15th place with a time of 11.79 seconds in the men's 100 meter run. Junior Alijah Cassel and senior Carson Clark ranked 23rd and 34th, respectively. In the midst was also senior Devon Weaver with a time of 12.24 seconds.

For the girls, junior Jordyn Johnson placed first overall in the 400 meter run, completing with a time of an astonishing 59.86 seconds. becoming the first girl to break the minute in Weber High history. Johnson also placed high in the 100 and 200 meter races as well.

With the team doing so well at

their first meets, their determination has increased. Team members have set self-improving goals.

"I am willing to push as hard as I can in practice to watch and see how well I can physically and possibly do in each meet," says Chris-

I want to set some new PR to look back with my accomplishments," adds Hall. "I want to push as hard as I can with every chance

I have to be a better team member

and to give it my all."

Coach Ortega knows his team has the potential to do well during region and state meets. He also tells some of the team goals for the sea-

"Compete hard and to have fun," he says. "If we go as hard as we can and always willfully give each and everything our all, we will find the fun through the development of our accomplishments and our efforts,



Running to the finish line is Sam Heaton, senior.

Photos by Amber Broderick

Boys' soccer is prepared to dominate region, state

By **Kaitlin Lawler**

good start this season with the wins stacking in their favor. They began the season with a victory against Ben Lomond (6-0). The team did lose to Murray 3-1, but came back with a 3-0 win against Bear River. They've also won against Fremont in overtime and tied with Davis.

During their first win of the sea-on against Ben Lomond, Brennen Halliday, Jack Orum, Kade John-son, Nate Gordon and Spencer Campbell all scored a goal, with Gordon and Campbell scoring two a piece and leading the team to vic-

In their game against Fremont Weber played the final 60 minutes of regulation and then played overtime, a man down ,and was still able to pull out a win over Fremont; thanks to Nate Gordon's game win-

ning goal.

With a strong start, the team is anticipating the season ahead. think our toughest competitor is going to be Layton," says junior Austin Munoz. Sophomore Jeffrey Burnett, junior Zen Anderson, and senior Jed Reed all agree that Layton will definitely be the team to beat for the season.

"Layton just really has their team

together; they're going to be tough to beat," says Reed. Anderson agrees, adding, "They're a solid team and we'll have to work to beat

One of Weber's coaches, Randy Linke, also chose Layton as a top re gion team. "Our region has always been one of the toughest regions to compete in, and usually everyone is tough to compete against. This year seems to be no different. However,

Layton High School seems to be playing extremely well."
"I think it's really going to be a good season," says Munoz. "I'm expecting us to at least take region; that's what my goal for the season

It seems to be a team-wide goal to take region, and players have their individual goals as well. "Obviously, the goal is to take region. but for myself I'm just looking to get more varsity minutes," says Burnett. Anderson adds, "I want to win region, but I think that one of our goals should just be to clean up our act this year. We need to start communicating better out on the field." Reed also says he just wants the team to have a better season than the team had last year.
"This year's team is a very young

team, on both the varsity and junior varsity," says Linke. We have seven returning seniors and from last year's team and there are nine freshman getting some valued playing time. With having a lot of youth on the team, we knew we were going to have to work hard and diligently to be successful. The boys have come into this season with a lot of desire to win region and put themselves in a good position to compete for state," he says.

There are many reasons the boys enjoy soccer. "What I love most about being on the team is just getting to play soccer and being goalie. I've played soccer my whole life, and it's just something I love to do," says Munoz. "For me, I just like being able to go out and play with the boys, that's my favorite thing," says Anderson. "Yeah, I just love to play the game and spend time with my friends," agrees Reed.

Soccer isn't just all fun and games, and the team puts a lot of work into pulling off the wins. "For me, honestly, the hardest part is the schooling part of it. You have



being on the team is keeping your grades up.
"The hardest thing for me is all the running, and it's really time consuming like any other sport," says Reed. Linke adds, "One aspect of the game that you know is inevi-table, but hope doesn't happen, are injuries, and we have had our share of key injuries throughout the sea-son. With the injuries, players have stepped up and filled areas of need, cally and mentally prepare for each game they play. The team practices for a few hours almost every day. "To prepare, we practice a lot ev-ery day after school besides game days. We do a lot of drills and plays against each other to get ready for games," says Munoz.
"To get ready for a game men-

tally, I just put myself in the mind-set, listen to some music and mess around with my friends on the team," says Burnett, Webb adds to get ready for a game, he likes to listen to music and "just get pumped

Photo by Natalie Wilding.

have to be dedicated, you have to work hard and most of all, you have to want it, you know," says Burnett. Munoz agrees saying, "To me what makes a good soccer player is someone who works hard, goes to practice, keeps their grades up and just has a good mindset about

"We as coaches are extremely proud of the boys and their desire houd of the boys and their desire to work hard and represent Weber High School with a lot of pride," says Linke. "We will continue to compete and hopefully bring home a region and state title. We are We-ber High Boys' Soccer!"







Megan Bull, freshman, takes to the bat in the Warrior game against the Layton Lancers.

High expectations, goals help push softball team's progess in region

By **Kierstin Pitcher** Editor in Chief

Those who has played a sport can attest to the dedication and hard work that goes into the game. We-ber High's softball team is no different, and they're constantly striving to work harder and perform better individually and as a team.

Softball coach Melinda Wade

"My personal goals for the season are to be aggressive in the batter's box, believe in myself when I am pitching, be a good example for my team, to always pick my teammates up and give 110 percent."

shares the team's goals. "Our theme for this year is 'Expect More!' We really wanted the team to start having higher expectations for them-selves and for their teammates and not just settle for being average. We work really hard on making improvements every day," she says.

Sophomore Clarissa Songer adds what the teams motto means to her is, "we set the bar high and never settle for less.'

"We have fantastic leadership this year," says Wade. "Our captains do a good job of pushing the team to work hard, and they aren't afraid to hold their teammates acArrington, senior, and juniors Abby Phalen, Cassie Cosby and Ellie

When it comes to setting personwhen it comes to setting personial and team goals, Arrington says.
"My personal goals are to improve every part of my game and to do my job no matter where I'm playing.
Some of our team goals are to improve each day and to increase our confidence and mental strength." confidence and mental strength "

"My personal goals for the season are to be aggressive in the batter's box, believe in myself when I am pitching, be a good example for my team, to always pick my teammates up and give 110 percent," says Cosby. She also adds, "As a team we have so many goals: confidence in yourself and your team, working hard, being aggressive on the field and at the plate, being aware at all times, learn from mistakes and most importantly our motto - Expect more, do more, get more."

One of the team's assets seems to be unity. Sophomore Jessica Kendell says, "We are all friends, we get along great and we sup-port each other." Morgan Peterson agrees saying, "We are all kind and believe in each other and we put all we have out on the field."

Songer feels the team unity will help them during region games.
"One of our biggest strengths as a team is that we're all friends. We have fun together, and there's a positive atmosphere. Because o this, it's easy to work together and

have a strong team."

Though the team has much strength, they also know they have

countable. Our captains are Baylee

Junior Abby Phalen, runs to base after hitting against Lay-Photos by Amber Broderick



room for improvement. "We need to play more consistent and be more confident," says Wade. Weber was able to bring home a win on April 10 as they faced the Fremont Silverwolves. Their 2-1 victory placed them with 1 win and 4 losses. Megan Bull is presently ranked 3rd in batting with an average of .647 and 4th on base with a percentage of .676. The region season is still young, and the girls are preparing to add more wins.

We have worked out hard since Jan. 5, and during practice we be-come focused on getting better," says Kendell. "If we feel like we

says Kendeii. "If we feel like we could have done better, we run."

Arrington adds, "We usually start off our practices with a workout, and then we warm up and work on offense or defense."

The girls explain that all this hard work comes with a payoff. "Soft-ball brings me so much joy. There is just a feeling that I get when I'm on field," says Cosby. "I'm pretty sure any athlete could relate to that to that feeling. It's definitely a natural high. All of my problems go away and nothing else matters but the game. There is not a better feeling than playing a good game, knowing that you left everything you had on the field," she adds.

Kendell also has a love for the sport as well. "I enjoy the intensity

"Feeling the ball hit the sweet spot on your bat and watching it sail, making that great catch and sliding into home are all things that keep me loving softball."

of the game. I also love the seriousness and quickness of it. I love the sport because the adrenaline I get when the ball comes to me or when I have a good solid hit the game makes me forget about everything else like school, family, friends, anything that can stress me out,"

Songer also has a passion for the game. "Feeling the ball hit the sweet spot on your bat and watching it sail, making that great catch and sliding into home are all things that keep me loving softball," she

Says.

The girls love for the game is also reflected in Wade's love for coaching. "I enjoy helping in the progress of each girl. I love it when they work so hard and put so much into practice and then seeing the payoff for them in the game," she says.



good quality is positve criticism. They need to help you improve but with using positive criticism so that they make you want to improve.'



and being involved with the team is important because it shows that they do care.



Sarah Savage (11): "A good coach is one who knows what he/she is doing. They push your limits and support you when you improve."

Coaches' advice impacts those aspiring to become great athletes

By Savannah Day

As the clock ticks down, the hardwork of practice kicks into full effect. You think as the seconds strike, 8...7...6, what did Coach tell me? As you scroll through the advice in your head finding the perfect one, you push through, dribble left, duck under the 6'2 post and get to the basket for the two point win The crowd explodes, and you can't help but thank your coach.
"I coach to be a part of the game

and to help young people be the best they can," states Mr. Hansen, girls' basketball and girl's golf coach. "The best thing is working with kids, teaching and coaching, to achieve goals," Hansen adds. Before he decided on a teaching/

coaching career, Hansen played basketball at Weber High and was coached by Dick Conolly, one of Hansen's coaching idols. "He was intense and demanding. He only pushed for greatness," says Han-

"I like coaching because of the passion and love of the game and to bring out the best of the girls," says Photo 1 and Jewelry Making teacher Ms. Nish. Nish played basketball and volleyball at Fremont High and now coaches JV girls basketball and volleyball at Weber. When Nish coaches or teaches, she enjoys being able to see "the light-bulb click and being able to watch students succeed."

"You have to care and enjoy what you are doing," says Mr. Lars-en, boys' basketballs coach. Larsen enjoys the relationships built be-tween coach and athlete. "Being able to compete and watch them

grow is what I like most," he adds. Larsen was taught at a young age to be competitive by his dad, who also coached him. When he got to play high school basketball at Box Elder, he was coached by Keith Nechan. Nechan taught Larsen many lessons and built a good rela-tionship with his athletes. He is still

Assistant softball coach Mrs. James also enjoys the interaction with athletes. "I love the sport and the players," she says. James played



Rachel Minert (11): "Cruff has a good qualities because he's the coach all coaches should aspire

softball in college at Weber State but wasn't able to play a season because of the team being cut. She thanks her 6th grade teacher George Wardell for sparking her love for softball, which she has been play-ing since she was 11 years old. "My dad coached me through

high school, and I admired what he did," says math and PE teacher Mr. petition and athletics. He has been coaching for 14 years in baseball. basketball and football. He is this year's baseball coach and is excited for the upcoming season.

Mr. Hammer, conditioning and PE teacher, got his inspiration for coaching when playing college football at Southern Utah Univerrootball at Southern Utan University. Hammer was coached by Gary Andersen, who now is the head coach at Oregon State. "He demanded a lot on the field and was a friend off the field. He kept a balance that made me respect him as a coach and a friend," adds Hammer. Weber's coaches can agree that

the hardest part about a season is the losses. "Athletics teach people how to handle adversity, creates dedication and teaches that it's not always winning," Hansen says. Nish adds, "When you're in the moment, you need to keep composure. You can't sweat the small stuff and can't expect circle control."

James believes athletes need to James believes athletes need to give 100 percent all the time, not just during games. "It takes hard-work to be the best; you can't be okay with average, expect the best," says James.

Discipline, effort, loyalty, commitment and teamwork are just a few lessons sports can teach. 'Sports are a snapshot of what life is. You need to be able to deal with hard things for the sake of the team," says Howell.

There are many things the athletes can take from the field or court or track, but coaches are the ones to push and inspire their athletes.

"Take good with the bad, there

is always another day to get better. Try to enjoy the process of competing and working hard to achieve your goals," Larsen says.



Megan Bedwell (12): "Someone who is willing to coach. Someone who doesn't do it for the paycheck but to make athletes better and help them fulfill what they want to ac



Michaela Kowalewski (11): "A good coach is someone who is passionate about the sport they are coaching, and care about the success of their athletes."



Brigham Mckay (12): "Dedica tion to the team; if they're not dedicated 100 percent then the team

Poll compiled by Amber Broderick





Team sets goals, prepares for region

By **Sarah Calvert** Sports Editor

The baseball season has started, and the players and coaches are nervous and excited for their upcoming season. There are 24 boys Howell, Joe Baty, Cooper Roylance and Corley Ward as coaches.

Mason Shaw senior feels the Warriors are united this season. "I

am most excited to be out there playing with my teammates and working our guts out to do our best," he says.

Weber's region is filled with

"I think some of our strengths are really coming together to perform at the highest level we can for each other. We have each other's backs."

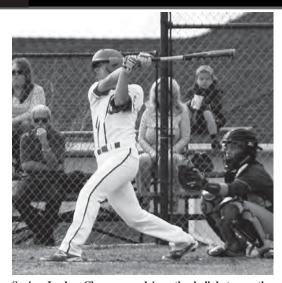
tough teams, and the Warriors re-alize there is much to do as they plan for wins. So far this season the boys have had six losses and an amazing win over Judy Memorial: 14 to 6.

Howell, head coach, is prepar-ing the boys for this difficult region. "We need to play each pitch one at a time and each inning one at a time. We try to be as consistent as possible to put ourselves in a position to win the game. We just ask our kids to give themselves a chance and not put too much pressure on themselves," he says.

Easton Thon, sophomore, adds,

"We need to be more disciplined at the plate. We need to hit good pitches and not swing at balls."

Jordan Johnson, junior, prepares or games through practice. "You for games through practi-



Senior Jayden Champneys drives the ball between the lines, and he advances to first. Photo by Jackie Olberding

get prepared [in practice], and when games come around you just play the same game you have been playing in practice," he says. Soph-omore Dylan Davis adds, "[Before the game], I mentally prepare by thinking about how I am going to

When looking at team strengths, Thon says communication is the team's biggest strength. "We are always telling each other the play by play and know what's going on." Shaw adds, "I think some of our

strengths are really coming together to perform at the highest level we can for each other. We have each other's backs," he says.

Although all of the players love the game, there are several reasons why they enjoy the sport. "I like playing baseball because it's fun to go play a sport you and your friends both love," says Davis. "It's such a hard game that when you are successful, you feel like you've accomplished something," says Cameron Talbot, Senior. "I love baseball, I've been playing it all of my life," says Johnson. "It really is a great game and you are tested in so many different ways," he adds. The boys know they will excel

this season because of their dedicated coaches. "Our coaches are re-ally amazing, they push us to be our best and work our hardest no matter

what happens. Coach Howell looks at goals for his team, he really looks out for all of us and holds us to a higher standard, as well as the other coaches we have. We have a really young team this year and a really young team this year and I know that Coach Howell will be around for years to come and really help our program," says Johnson.

Howell also enjoys coaching the team. "They are very high character kids who want to do the right." They are a fell. They are

thing on and off the field. They are a group of players that I can trust will give their best effort."

As Coach Howell looks at goals for his team, he says, "We want to play with energy and discipline every time we play or practice. We are constantly talking about [the players] doing their individual part to help the team and not letting their teammates down."

"[Our goals] are to compete ev-

ery time we step on the field, to get better and be the best we can be, as well as coming together as a team Howell says. Davis adds a goal is to "gain valuable experience so we can get better each year.'

"Our goal is to make the playoffs and compete for the region cham-pionship," says Talbot. "We have routines that we do during practice, and during games our routines help us perform the best that we can."

Season begins for unified golfers

SPORTS

As golf season starts, Coach Hansen says Weber's girls are ready to compete.

This is Hansen's first year coaching girls' golf, and his hope for the team is that they will play to their potential their potential.

"The girls have really improved in short game by a great deal. They do need to improve on their short range and overall game. Their swings have gotten better. I'm really impressed with them," says

Junior Whitney Walters believes the team could always improve on every aspect of the game.
"Amateurs practice until they get it right, but professionals practice until they cannot get it wrong," says Walters.

According to Walters, the team left good players last were but

lost good players last year but the players this year have been stepping up their game. Walters says a strength that the team is helping each other improve their

The team showed how well they worked together during their first tournament on Mar. 19. The Warriors traveled to Lakeside Golf Course. Here they competed against region teams Viewmont, Northridge, Layton, Fremont and Davis. Facing such a strong region, the Warriors came in third overall with a team score of 153. Senior

Cheyane Liechty placed 8th overall.

"At Schnieter's Bluff [Mar. 26],
we also finished third. Kadance Ko-necny took 5th overall," adds Hansen.

There are many reasons why the girls joined golf. "I joined the golf team mainly because I like having fun with my teammates, and I want to improve my mad golf skills,"



oto by Natalie Wilding

says Walters. Walters also hopes to earn a golf scholarship for college.

Elizabeth Josephson, junior, says she joined golf because she loves spending time with friends and improving her personal game. She also enjoys seeing how the team improves together.

We are friends. We encourage each other even when we are competing against each other. We are all good golfers and that makes are an good gotters and that makes it fun," says Josephson. Josephson adds the team is dedicated to improving their skills. "We are improving individually and as a team which is fantastic," she says.

The reason Josephson joined the golf team is because of the love she has for golf. "I've been golfing since I was eight. It was something fun I did with my dad. When the opportunity to do it at school came. I decided to try out, and I am so

glad I did," says Josephson.
"It is a sport that involves thinking and that's why I like it," says Lizzy Knowles, junior. Knowles says she decided to join the team because she loves to golf, and it seemed like it would be fun.

Knowles adds, "I think we have the ability to make everyone do their best and feel confident."

Freshman Sydney Colledge joined the team because "I love the sport, and my dad wanted me

to do it. He wanted me to gain the experience of having to learn to be on a team, and I just thought it would be an all-around good experience," says Colledge.

As Knowles looks at the team's performance so far this season, she says "Everyone has something they such as some may have to work on putting while others work with fair

way shots."

Coach Hansen believes the girls will continue to improve as the season continues. "We are a deep team with everybody having a chance to contribute on any given day." Hansen adds, "We are looking to finish in the top four in our region and qualify for state."

"We are improving each day as we practice our swings and learn new tricks," says Knowles. Knowles also hopes to improve her score and her swing

According to Colledge, the team needs to improve their short game because "it cuts down your score, and to her it's the most important thing in golf." Colledge adds, "The team has good unity. We include everyone, and that is important in a team. When you know that your teammates have your back, you feel more confident in yourself and your game." She also says the team is progressing very well.

Many benefits of sun rays diminished with over exposure dangers

By Meg Henley

In Utah, wintertime is one of the major seasons. Snow and chill keep most Warriors indoors, and as a consequence, they lose their hard-earned summer tans. When the bright summer sun heats up the hemisphere, teens head out to get back their golden glow...well, try. Most of the times they receive a

unburn which is a leading cause of stretching and eye problems. Not to mention sunburns are extremely painful. How can winter-stricken Warriors have fun without getting over-exposed? Students and health officials offer their advice.

Hannah Crowton, junior, says, "The sun gives off UV rays which can cause skin cancer and other harmful skin problems which is

posure causes skin cancer, wears down your skin and sucks out

MedicinePlus.gov archived the Medicinerius gov archived the FDA's advice for sunburn avoidance. It reports, "Sunburns are a sign of skin damage. Suntans aren't healthy either. They appear after the street will be a sundanger and the sundanger and the sundanger are supported by the sundanger and the sundanger and the sundanger are supported by the sundanger and the sundanger are supported by the suppor the sun's rays have already killed some cells and damaged others." The site continues by listing some of the long term effects of overexposure saying it causes eye prob-lems, wrinkles, skin spots and skin

cancer.

Overexposure to the sun is the main cause of skin cancer, says the National Cancer Institute. The rea-son for this being that most of the cancer types form on the surface cells of the skin. "Skin cancer forms in Melano-

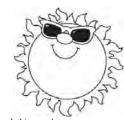
cytes (skin cells that make pigment), lower epidermis (outer layer of skin), squamous cells (they lie on the surface of the skin), and neuroendocrine cells," reports Cancer

However, the sun offers up good qualities by supplying the body with vitamin D, an important nutri-ent. Crowton adds, "It's important to get sun because it gives off vita-min D that helps you body function correctly."

Renita Tisha Pinto, reporter for *Heath Me Up* magazine, says, "There are many benefits vitamin D offers like disease prevention, speeds up the healing process and it also reduces the risk of injuries due to falls, fractures, high blood

pressure and even type 1 diabetes." MedicinePlus.com also offers

some tips on getting out in the sun for some fun while staying healthy and skin cancer free. "Stay out of the sun when it is strongest (between the hours of 10 a.m. and 12 p.m.), use sunscreen with an SPF of 15 or higher, wear protective



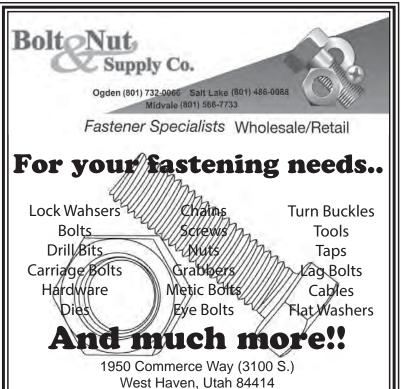
clothing and wear wrap around sunglasses that provide 100 percent

UV ray protection."

Crowton adds, "When you're outside, you need to use sunscreen and try to keep out of the midday sun. If you are outside then, wear a good hat and some sunglasses." Macfarlane agrees and says, "Wear sunscreen, a hat and sunglasses. The sun can tend to be harder on your eyes/eyesight than on your

For those looking forward to tan-ning, Crowton said, "Tanning is terrible! If you want a tan, be active; don't just sit out in the sun!' Macfarlane adds, "Wear sunscreen constantly! Don't just go out and bake and burn. Always wear protection. Like I said, hat sunglasses and sometimes I'll even wear a long sleeve exercise shirt. Nike makes super comfortable ones, so you don't get hot. They'll keep out those harmful UV rays and keep you from getting all leathery when you're older."

CDC.gov also reports a tan is actually the body's response injury from UV rays. "A base tan does little to protect you from future damage to your skin caused by UV exposure," it says. To protect oneself, the CDC also encourages people to creen protection.





Playing hard against Bonneville is sophomore Nate Boehme.

Lacrosse wants to finish on top as state champions

By **Emily Eldridge** Feature Editor

Almost halfway through its spring season, Weber's boys' la-crosse team plays a sport that is growing quickly in popularity. The team has found that a new year comes with not only new faces on the team, but also new strengths and goals.

Hunter Bell, lacrosse captain and

enior, has made a seasonal goal for this year. "I feel like just giving it my all at every game, at every prac tice; that's my ultimate goal," says

"We aren't school sponsored, but we wear Weber across our chests, and we're representing our school. I feel that people are now proud we represent Weber, on and off the field."

Senior and lacrosse captain Ellis Alexander's goal this season is to take the team to the State Cham-pionship, and he feels they can achieve that "by just playing as a

team and working hard every day."
While these goals are good, lacrosse coach Chuck Holland says the team's main goal is the same from last year: "To continue to build on what we've learned and

get better every day."

Sometimes, at the beginning of the season, sports teams struggle with getting back into the swing of "We have a special group of kids, a great team with so much po-tential," says Bell. "We play three good quarters, but then we let one slip away from us. I feel like if we can play a complete four quarter game, we'll be a tough team to beat

"I feel like we're winning by the skin of our teeth," adds senior and lacrosse captain Patrick Karnes, "but our team is getting closer, and we're gonna start winning more, by

a bigger margin, as we start working together as a team."
"Things always seem to come up, from injuries to issues with grades. We preach the same thing to all players: take a next-man-up mentality and be ready when you have to step up and play."

But along with these small struggles, the team also has an incredible number of strengths. "Our

ible number of strengths, "Our team is the closest [to each other] it's ever been, at least in my four years of lacrosse," says Karnes. Bell adds, "We also know what our coach wants from us as a team.'

"We're getting into the heart of the season now, and it's starting to look more and more like our brand of lacrosse," says Holland. "We're playing more like a team every day. The team has a good chemistry. We have an assortment of ages and we help out with junior leagues at We-ber as well. We have a really good

group."
And what has this group accomplished for it this season? Four wins so far, some pretty close wins and some by a landslide. They beat Bountiful 10-0; Viewmont 13-12; Roy 12-8; and Woods Cross 22-8.

At the Woods Cross game, Patty Karner and Andy Karner both scored eight goals, which is super sweet, and one of our stud muffin attack men at the Viewmont game scored the winning goal to pull ahead with like 10 seconds left, I think his name was Gav-Gav or something," laughs Gavin Lund. While looking at the team unity this year, Bell says, "As a team, I

feel like we're older, more experienced." He also mentions the team has a lot of seniors this year, but also more sophomores than usually expected on a varsity team. Hol-

"Each year you get a new crop of ninth graders to work with and lose some seniors. It's always interesting to see how your team fits together," says Holland.

Bell adds, "We're all just a big

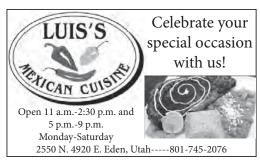
family. As a team, we're very close to one another." Alexander also says, "We have a couple of hot heads, but everyone loves each other, and we've got each other's

Holland also mentions the team's closeness is built by attending off the field activities. "We get togeth-er for dinners some nights. It's a family that enjoys being together,"

"Lacrosse is a really fun sport, and people should come out and give it a try. They'd fall in love fast if they gave it a shot," says Alexander. Karnes adds, "I feel like every-one should try it. It's hard at first, but it's so fun. I'd like to see more

people at our games."

Even though the sport is not school sanctioned, the boys' want to represent Weber just as the other athletic groups. "Weber lacrosse is becoming a real thing," shares Bell. "We aren't school sponsored, but we wear Weber across our chests, and we're representing our school. I feel that people are now proud we represent Weber, on and off the field."



Brotherhood unites boys; prepares for season

Tennis is a sport that has been played and developed for thou-sands of years. It began in Europe where monks would play to keep themselves occupied during the lengthy religious ceremonies. It was originally played by hitting the ball back and forth with the bare hand, and then the racquet came into play later on. Since that time, tennis has become a worldwide sport, with many countries hosting tournaments like the U.S., French, and Australian Open, along with

the yearly Wimbledon Tournament.

This year the grand arrival of spring also brings the exciting arrival of the boy's tennis season at high schools. Weber's team has been working hard to make this season a great one.

Coach Macfarlane is the coach

for the boy's team, with Savana Craven, senior, and junior Meg Henley as managers. Team captains are seniors Dallas Spainhower, Brigham McKay and Michael Dur-

Coach Mac says, "Coaching the boys is a blast. We had 18 boys try out, and I kept 13. They fill up all of our slots up to number one junior varsity doubles."

Number one singles player is freshman Cooper Harrison, junior Jakade Kapinos plays number two, with Michael Durbano, senior, at number three. Brothers Tanner McKay, junior, and Brigham McK-

ay, senior, play number one varsity doubles, and senior Abe Malan and Eriq Rhees, junior, play number

In junior varsity, Brock Hanni, sophomore, plays number one singles, and senior Michael Durbano plays number two. Number one



(Photo left to right) Senior Dallas Spainhower and junior

just playing the game they love."

Team captain Dallas Spainhower,

senior, says, "As a captain, I make sure the team is doing well, and if

anyone is goofing off, to keep them in check."

hard and play hard. I love this team

Junior Eriq Rhees said, "I work

doubles is played by David Storey, junior, and Oskar Peterson, fresh-

As a coach, Mac said, "I want to teach these boys how to compete, play hard and keep the tennis ball in play. I don't want them to be afraid to play hard. I want to help them to learn the game and play without fear." She adds, "I want them playing without the fear of losing, failure, not playing 'not to lose,' but

because we have this brotherhood, we get along, and we have a lot of fun." David Storey, junior, adds, "The boys don't judge you if you based on how well you play, they just care that you are trying.

In tennis, the game is very mentally centered. "You really need to be focused out there on the courts.' to get down on yourself, because there is no one out there to console

you or help you calm down. The coach even can only talk to you during changeovers, which are every two games

Craven also adds the boys that play tennis have to be able to re-ally focus their energy positively because if they get down on them-

selves it can cost them the match.

Senior Brigham McKay says "Tennis is a sport of finesse, and I like that it's a mental game too." He continues, "My older brother instilled in me the desire to play tennis." Spainhower adds, "I like to play tennis because it's relaxing."

As far as what her favorite part of coaching the boys is, Coach Mac says, "They are hard workers, and they are so funny. Also," she adds. "they aren't afraid to try to do bet-ter. They will try to do anything and everything I instruct them to do. They are just so fun. I enjoy coaching them tremendously.

The boys have so far played Davis and Fremont High Schools. .
They lost these first two games, but the losses haven't dampened their spirits. They continue to practice each day on the courts, trying to become better and better each day

become better and better each day.
"I think we are going to do really
well," says Coach Mac. "I have
high hopes for these guys."
Storey said, "I don't care if I win
or not, as long as I'm playing right,

on hot, as long as I in playing right, and I'm getting better. That is my goal for the season, to get better."

Spainhower says, "I want to win a couple matches in the region competition this year." Rhees adds, "I feel like we are going to do just great at region."

Scholarships given to exceptional athletes

By Sarah Calvert Sports Editors

While many students earn scholarships for school based on their GPA or ACT score, there are others, such as senior, soccer players Nikki Pittman and Caleb Wight and football player Jaxon Porter who receive their scholarships as athletes. It has taken them hard work, dedication, time and effort, and the advice from their coaches to get them where they are now.

In order to achieve an athletic

cholarship, this has included sacrificing things that they may have wanted to do. Pittman says, "It's a lot of practice; my team practices every day. I have to give up things like going out with my friends be-cause I have games. My family has made a lot of sacrifices for me, too. We go out of town a lot for tour-naments." Porter adds, "I've had to sacrifice lots of time in order to become better at the sport. It takes a lot of training and dedication.

Wight says to succeed in his port is "the coaches have definite ly helped. I've received a lot of help and tips from them." He adds being willing to be diligent with the sport has also contributed to this success. "I think it takes a lot of hard work and dedication to the sport. I have to spend time away from practice, away from the games, on my own time to become a better player," he adds

Pittman says her parents have been a big factor in helping her work towards her goals. "I have really great parents," she says. "They've taught me a really good work ethic, and they've always told me that there is someone out there who is better than me and that makes me work a lot harder" She also adds her coaches are assessed with her success.

"I have a lot of respect for my coaches. They've helped me be-come the athlete that I am now, and they have taught me all the skills that I need. They have given good foundation," she says. "I think in the long run that my coaches know best, so I try to listen to them

Porter thinks that his coaches have helped him develop a stronger work ethic. "Other than making me a better player, my [coaches] have helped me become a better person and taught me to work harder.'

Wight agrees that his coaches have given him much encouragement. "It's important to be coachable because it gives you the upper hand on all the other players," he says. "If you are willing to listen to your coach, they will love that yout you," he adds.

When it comes to being part of

a team, Porter feels his teammates are like family. "It is always good to have a family away from home," he

Senior Nikki Pittman and Coach Knight fill out the forms to play at Weber State.

"They are naturally like your best friends and even if there is a player on the team that you may not know very well yet, you've still got each other's backs," he adds.

Wight also has gratitude for his cammates. "I've made so many friends through soccer. All of my best friends have come through it, and it's just fun to be with them. There is a great sense of belonging there also; your teammates are just there to back you up in a hard time or a situation where you need someone to be there for you."

All three Warrior athletes share their excitement from receiving a scholarship. "I'm going to Weber State University, and I'm really ex-cited. I think it will be a great expePhoto by Amber Broderick

rience," Pittman says.
"Getting [the scholarship] was a huge day for me," says Wight. "It's always been one of my goals as a soccer player to go professional. So it was a great day for me and one that I will never forget." Porter

says, "I'm going to Dixie State to

play football. When I got my scholarship, I was relieved." Pittman gives her advice to those seeking a sports scholarship in the future. "Make sure to get your name out there and send emails to colleges. Find coaches, have them come look at you. Work hard, you need to practice a lot and put in that extra work. Do what you can to make yourself a better player," she





