



It's time to get  
*Footloose!* - Page 10



Meet the REAL  
Santa - Page 11



Soccer finishes strong  
in region - Page 17

WEBER HIGH SCHOOL 430 WEST WEBER HIGH DRIVE PLEASANT VIEW, UT 84414

# WARRIOR NEWS

DECEMBER 2012 SINCE 1946 VOLUME: 275 ISSUE: 2

## Odds 'n' Ends



### For the birds...

Ostriches are one of the only birds that cannot fly. This doesn't matter much though, considering they can outrun a race horse.

### Gotta move

Mexican jumping beans jump because there is an actual one-quarter inch caterpillar trapped inside.



### Memory Loss



One the average, we forget 80 percent of what we learn on any given day.

### Hidden Pictures

On the one dollar bill, there is an owl in the upper right hand corner of the "1" and a spider hidden at the upper right.



### Happy Holidays!



## Inside this issue

### The Pages

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## 'TIS THE SEASON FOR SERVICE



FBLA and the Weber Theatre hosted the annual Senior Citizen Thanksgivng Dinner which is part of the Quarters and Cans service project. Local residents enjoyed dinner and free admission to Footloose. Top left photo: Mr. Daniels visits with his mother and her friends. Top right: Preparing plates of food are (L to R) Brayden Hess, John Shoell and Gunner Paulson. Lower left: Marley Satherwaite serves food to one of the guests. Lower right: Senior citizens enjoyed spending the evening together.



Photos by Aubrey Bigelow and Emily Black

## Shusterman's visit excites, informs teens

By Erin Geiger  
*Assistant to the Chief*

Neal Shusterman is a popular young adult author who has gained lots of attention through his interesting, complex stories. After much preparation and a brief postponement, students flooded into the auditorium to hear him speak on Nov. 2. Shusterman certainly didn't disappoint.

Shusterman had many ambitions when he was younger. He says, "I wanted to be a lot of things. I wanted to be a writer and I also wanted to be an artist. I wanted to be an architect, an actor and a rock star. I wanted to be all things creative." Writing soon emerged as a stand-out, however.

"In ninth grade I had a fantastic english teacher who really made a difference in my life. She saw my love of writing and challenged me to write a story a month for extra credit. Since I desperately needed extra credit in her class, I took her up on the challenge, and by the end of ninth grade, I really began to feel like a writer. That's when writing emerged above all my other interests as my driving passion. I wanted to be able to come up with stories that captured people's imaginations and kept them on the edge of their seats," Shusterman tells.

Writing is no easy profession and comes with down-sides. "I'm a pretty hard task master on myself—I work myself to the bone. I always have too many deadlines and schedule too many school visits, but I do that because I want to make every minute count," Shusterman says.

Of course, writing is made up

of perks as well. From self-made hours to making a difference, there are countless positives. Shusterman says, "I think the biggest perk is knowing your ideas are reaching a larger world and hopefully challenging people to think. I'd like to think I'm putting something out there that's positive." He also adds, "When someone comes back and confirms their life was somehow changed by something I wrote, that's wonderful to hear."

Shusterman feels the young adult audience is different than the typical one; this also goes for the writers in these categories as well. "I think every author has their own reason for writing. I think I'm similar to a lot of young adult authors in the reason why we're doing it. It's because we want to put something out there that's worth reading. When I talk with other adult authors, we talk about agonizing over 'Is this story good enough? Is it going to help people or make a different in the world?'" He says in the end [young adult authors] realize they're trying to do the same thing as each other. Shusterman adds, "It's a great community of young adult authors I'm in."

Shusterman believes writing should not just be for the sake of writing a good story. "When I write, I'm writing for the teenager inside me. It's not about what others will like; you have to become the audience you're writing to. I think one of the things teenagers don't realize is adults are still teenagers; we just hide it a lot better," he says.

The creative ideas of Shusterman's stories are only one of the things that make his books so addicting. He says, "Usually the book ideas don't start as a series," he says "While I'm building the world,

and as it begins to take form and becomes more and more real and gains more dimension, I realize the story is bigger than one book. *Unwind* was going to be just one book, but I couldn't stop thinking about it and exploring more. I couldn't stop thinking about it."

However, Shusterman says he prefers writing stand-alone books compared to series because he likes the "newness and coming up with a new writing style with new ideas." He also says he only likes going back to a previous book if he has something new to say. "I don't like writing more of the same," he adds.

One of Shusterman's other talents is his ability to "cross genres" and avoid being put into one type of writing. "I don't like the idea of genres; I think genres are very limiting. There might be a fantastic book that is just brilliant, but some-

one has labeled it Science-Fiction, so you'd lose all those people who don't like to read Science Fiction. It ends up belittling the literature, so I like to try to write books that don't comfortably fit into a certain genre," he tells.

The goal and target of Shusterman's novels are different from many others. He says, "I try to focus on making the audience think and feel something they haven't felt before. I like to shake them up a bit. I don't want to shake them up just for the sake of causing a stir, but shaking the world out of complacency."

While writing is not an easy way to earn a living, Shusterman has also picked a pretty difficult path

Shusterman continues on  
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Young adult author Neal Shusterman gives insight into writing.

Photo By Ashton Bindrup

## Students juggle hectic schedules

By Katie Montgomery  
*Feature Editor*

An annoying high pitched note explodes out of an alarm clock sitting on a night-stand, and a teenage girl considers hitting the snooze button. However, upon seeing the time, she realizes she's late. It's 4 a.m.

She begins her day with AP Language, reading and vocabulary. This is followed by a 40 problem Calculus assignment. Her biology assignment is next, then a hurried breakfast and a rush to get ready and out the door to school to finish up her history paper before fourth period.

At the end of the day, she goes to the Video Productions Club meeting, then heads home to do the dishes and start dinner before she leaves for her dance class. From dance, it's straight to work for her until 11:30 p.m.

She grabs a few hours of sleep before repeating the cycle again.

This is just a fictional example of how hectic teenagers' lives can get when they try to balance too many things. Balancing work, homework, a social life, family life and a healthy life style can be very chal-

**"Overworked is when you feel like everyone is asking something of you, and you have no time for anything else."**

lenging for some teens.

While it is true that not every teen has to worry about weekly grocery shopping or not having enough hours at work, not every teen has the luxury of free time, either.

According to a survey of 100 Weber High students, they spend an average 20-30 hours on homework and extracurricular activities (the musical, marching band, sports, orchestra, clubs, etc.) outside of school.

"I spend way too much time on them [extracurricular activities]," says Wyatt Krogue, junior.

On top of that, several teens also have part time jobs.

Many like to be busy. A few say that it makes them feel productive and active. However, where is the line between busy and overworked?

"Busy is having a lot on your plate, and it's not necessarily bad," Emily Eldredge, sophomore, says. "Overworked is when you're stressed and you're not sleeping because you have so much to do," she adds.

"Overworked is when you feel like everyone is asking something of you, and you have no time for anything else," Jon Hale, junior says.

Overworked is the best way to describe various students at Weber High.

An anonymous junior says, "Both my parents work full time jobs, so I'm mainly the parent at home. I help with my siblings homework, I make dinner, I clean the house and I do the grocery shopping."

Busy Teens continues on  
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# Technology advances, makes changes in schools

By Logan Beddes  
Staff Reporter



Junior Wyatt Harrop gets comfy with his tablet during class.

Photo By Ashton Bindrup

Technology is advancing rapidly and Weber High is ready for the change.

In between classes, students take advantage of the time to check their phones. Warriors will now have a chance to use their phones in class along with other technology such as smart boards and the android lab.

"I am excited for the change," Marissa Hall, sophomore, said. "The new gadgets in class will be a good change. It will make learning a lot easier."

Teachers agree that these technological advances in the classrooms will help improve learning.

Mr. Steven Thorpe, science teacher, uses "clickers" in his class to take quizzes and tests. He puts the questions on a PowerPoint, projects it onto the board and has students use the clickers to send answers to his computer. After everyone answers, he closes the question and shows what the class answered. The students enjoy knowing what percentage of the class got on a particular question along with what the correct answer is immediately after testing. They feel they learn more than the original way of using a pencil and paper and not knowing why they got a question wrong until the teacher grades it.

Thorpe also looks at the percentage and if it is bad, he will go over

the question and explain why the answer is what it is. Some questions on tests can also be confusing, and students sometimes know what the rights answer is but, they just don't understand what the question or problem is asking for. By using newer technology, Thorpe says students are able to understand problems and choose correct answers.

A few teachers also enjoy using their blogs or other online sources to inform students of upcoming assignments and what happened in class in case a student misses a day. Teachers can also put homework on the computer, and have students find it and print it off at home or possibly just do it online. One website, other than blogs, is UTIPS. Teachers use this website for students to take quizzes and send the score directly to the teacher, so the students won't lose it and the teachers will have less correcting to do.

Mr. Thorpe uses a website called quest.cns.utexas.edu. This website allows students to sign up for his class and do assignments on the website, much like UTIPS. Mr. Thorpe has one assignment due on this website every week, he only has to put the test online and then the results come in from the site.

Cell phones can also enhance

class learning. Some teachers are letting students use their phones to take an online poll for a warm up. Students enjoy this because it allows a different way of doing an assignment.

Another technological change is the android lab. This lab is a cart with android tablets. The Android tablets are like miniature laptops with a touch screen monitor that can be taken off of the keyboard and used as a tablet.

"I love them," Nicolette Lowe, sophomore, said. "I want to get one." Lowe said she has used the lab in her English class, adding that they are easier to use than normal computers because she is used to the touch screen tablet.

With all of the new technology use in schools, a few students are less optimistic on how they will help them. "Honestly, I don't think it'll make a difference. Teachers will still take away our cell phones and be sticklers [about technology]," said a junior that wishes to remain anonymous.

The world is evolving rapidly in technology, and Weber High is following the new trend. Teachers and students hope the new enhancements in the classroom can take learning to a different level.

# Accepting realistic expectations, Teens pressured for perfection

By Kierstin Pitcher  
News Editor

Many teens today feel pressure coming at them from all sides, as they are expected to succeed in most everything they do. They have to learn to juggle school, extra-curricular activities, work and family life. This causes some teens to feel the overwhelming expectation of perfection.

According to one of Weber High's counselors, Mr. Hales, a perfect teen is, "someone who's involved, has a supportive family, takes challenging classes and works hard."

Colby Ferrin, a senior SBO, adds, "Pressure comes from parents, teachers, honestly, just from everybody, you can feel a certain pressure and expectation."

Junior Rebecca Shaffer says she probably gets the most pressure from her friends because of the limited amount of time she has to spend with them.

Though it's obvious teens can feel pressure from friends, work,

teachers and parents, one of the biggest contributors to the pressure to be perfect teens often goes unnoticed.

"Most the pressure in my life is put on by myself," says senior Sara Pendleton. Self-pressure can be the strongest pressure there is due to the desire of self-worth and success. Sophomore Mitchell Aardema adds, "I know to be what I want, I have to be better at things."

Mrs. Cale, Weber High's psychology teacher, says she believes teens put so much pressure on themselves because they know they're up against everyone, and they want to be one of the best. Kristin Harrison, sophomore, agrees and says she experiences self-pressure because she wants to meet expectations, so she tries to do everything she can to be able to.

"I definitely feel the most pressure from myself because I want to succeed; I can see my life and how I want to get there," Ferrin adds.

The pressure from society and one's self does not appear to be going away anytime soon. So the question is, how can the pressure to be perfect be handled or dealt with?

Teens have found that sometimes surrounding oneself with people who don't expect too much from a person is better than spending time with people who pressure them to fit in and meet their wants and expectations.

"I choose friends who accept me for who I am and don't expect me to be perfect," says Harrison.

For others, it seems the only thing they can do is take it one step at a time. "Really I just have to take it day by day and plan out good, better, best," Pendleton said.

Aardema agrees and adds, "I tell myself to take it one thing at a time; deal with what's in front of you."

Perhaps the best pressure relief may be accepting the fact that nobody is perfect—that perfection in itself is flawed.

"I think teens should accept realistic expectations and let their best be good enough," says Cale.

Hales also offers advice to teens who struggle to be perfect and face the pressure that comes from it. He says, "Realize there isn't a perfect and sometimes to alleviate that pursuit of perfection, we need to just do our best."

# Elephant and donkey, Ballots in, Obama remains president

By Landon Wood  
Staff Reporter

After many months of campaigning across the United States and heated debates that not even the moderators could control, the country has voted. The people have chosen and it was official; Barack Obama will remain the commander in chief as the 44th president.

After a showdown that cost hundreds of millions of dollars and the counting of blue and red states, Obama will once again preside over the desk in the oval office. He will inherit problems not only from previous presidents, but also issues that occurred during his first term as president. He will continue combating a growing economic crisis, with unemployment at seven percent and nearing eight percent. A "rising tide," as his contender Mitt Romney called it, of violence will challenge his foreign policy.

Threats from a near-nuclear Iran will also test his resolve, and the people in war-torn Syria will call for help in a bloody civil war where nobody wants it to literally blow up like Iraq or Afghanistan.

Many are asking, what now America? According to CNN, Fox News and many other media outlets, health care reform is guaranteed. Obama will attempt to tackle an annual deficit of \$1 million and curb the \$16 trillion debt down. Defense budget cuts will also occur, and a battle over tax increases on the wealthy will happen, as with lowered taxes on the middle/lower classes. He will try to balance the scales with a growing and aggressive

China and ultimately attempt to "change Washington D.C." as he said in his first term and during his campaign for the second. America is depending on change, and Obama has promised, once again, to do just that.

However, aside from these facts, how do people feel about the election outcome? Mrs. Randolph, a WHS U.S. History teacher, said she was "satisfied with how it played out, regardless of her political beliefs" which she has refused to state, and she added she never will. "Both candidates had great platforms and the race was close," she also said no matter who was elected, the country will still recover as it has in previous times of hardship.

Mrs. Butler, another U.S. History teacher, added, "As a nation, we will move forward." She said Romney had a difficult task at hand, and its "hard to beat an incumbent president" or a president still in office. Butler agrees that America can recover saying, "Absolutely, we'll go on."

Mr. Murray, WHS Vice-Principal and former history teacher, is also optimistic about the U.S. future.

"For me, whoever is in office, he will put the plan into effect with the people's best interest in mind," he said.

As for his feelings of the election's outcome, Murray added, "I'm good; I trust the system." However, he has a message for the president. "I'd like for him to keep more of our money here in the United States, more oil refined here, education reform and to focus less on other countries."

Chase Warburton, junior, saw the positives in both candidates.

"I loved both candidates. Both are great people. I wanted Romney, but all I can do now is pray President Obama does it right."

Most of the youth in the country take sides in elections because of their families views, but Warburton said, "I'm not the kid who follows because my mom does. I actually did my homework." Even though Romney lost, he said, "I'm okay; just because Obama won, it hasn't destroyed our country."

Phillip Lowry, senior, was satisfied with the election outcome. He did say he was upset he didn't get to vote, but he "enjoyed following this election, and I'm thrilled." He also said he was hoping Obama would win re-election, and "It was a really close race."

Whether the country wanted Obama or Romney, it is what it is. Both would have to make decisions that wouldn't please everybody, and that's how America is. Obama will have to lean across the aisle and focus on bi-partisanship with a Republican dominated Congress and a Democratic Senate. The road ahead is unknown, and it's filled with bumps and pot-holes. This election was almost too close to call, and it divided Americans on the way the country should be run.

In his re-election speech, President Obama silenced division saying, "I believe we can seize this future together because we are not as divided as our politics suggests. We're not as cynical as the pundits believe. We are greater than the sum of our individual ambitions and we remain more than a collection of red states and blue states. We are, and forever will be, the United States of America."

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# Warriors encouraged by Daines to volunteer, serve others

By Kaitlin Lawler  
Staff Reporter

Last summer, senior John Daines had an experience that most students don't have the opportunity to participate in. He traveled to Peru as a student volunteer to do humanitarian work and help the people in need.

The group Daines worked with, Ascend Alliance, traveled to the Cusco area of Peru from June 14 to 24. They stayed with the local people in a small village.

"The big city Cusco was pretty rough; very low standard of living

**"My motivation to go was just the fact that it looked fun! Volunteering also looks good for college."**

(it's a third world country), and in the mountain village, the families there live on less than a dollar a day. Their homes are made of mud bricks. Very, very poor conditions!" says Daines.

Daines and the other volunteers began their work by building a playground for the children in the village. "It was really fun to get to meet the kids and help them out," says Daines.



**John Daines lends a hand and helps build Peruvian school from mud bricks. He traveled with a service oriented group called Ascend Alliance.**

"My motivation to go was just the fact that it looked fun! Volunteering also looks good for college," says Daines. Daines assisted by planting trees to building schools. "We built a school out of mud. Literally, just out of mud, nothing else," says Daines.

Daines also had to chop down trees and do heavy lifting. "I almost died a few times, but you know, no big deal," jokes Daines. "But seriously, I enjoyed the work."

Daines said his favorite part of volunteering was seeing how much it benefited people. "The best thing is seeing how good we really have it here in the United States," says Daines. "Seeing those people is a real eye opener. Everybody treated us like kings; we had a special ceremony welcoming us to the village. They were all extremely nice and generous people, even though they had no money! Everyone was really kind and grateful for our work."



**John Daines finds volunteering rewarding and good for college.**

Photos By Cara Darr

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# Seniors reflect years past, prepare for life to come

By Aleesha Mauchley  
News Editor

*(This is a continuation story on how four seniors are surviving their final high school year and their preparations for their future.)*

Many things influence life and its progress. Family is an exceptionally important role in influencing seniors Jacob Lawson, Haylee Ross, Jaxon Gift and Rachel Martin. They all speak about how their families have helped them create a path for their future.

"My family has always influenced what I do and what I want to do. They are always pushing me to do better and encouraging me in my dream," says Ross. "My mom helped me a lot in deciding what I want to do when I go to college, she was always the one who told me I could do anything I want, and I know that I can if I just try hard enough."

Lawson also appreciates his parents' guidance with his future. "My parents have helped me to see what I want in life and how to get there. They have been a huge help to me; giving me advice and supporting me in my decisions," he says.

"My parents have helped me a lot, too," says Martin. "They've encouraged me and helped me keep my options open. They have been great examples of what I want to do and be like when I grow up. My older siblings have a set that good example for me, also."

Along with his family, Gift has other people help him with his future plans. "My parents, coaches and leaders helped me with what I am planning on doing in my future. They helped by making up my mind on what I want to do in the future."

Because of family influence, these four seniors feel they are better prepared for what awaits them outside of Weber. Ross says, "No matter how annoying some of them can be, I really love my family so much, and I am so thankful that I have them."

"The thing I love most is spending time with family and friends.

Preferably over a sporting event or good meal," Lawson adds as he smiles.

As these seniors start their second quarter of their final year of high school, they have many fond childhood memories. Martin recalls some of these memories. "In kindergarten, I was coloring a picture and I colored the sun orange. My friend told me I was wrong; the sun was really yellow. We also played dodge ball a lot in elementary school. It was so much fun and I was really good at it," she says.

Ross adds, "Any memory where I am with my mom, dad and brother is going to be one of my favorites. One time when I was like eight or nine, my brother and I woke up really early and decided to take a bike ride to a playground in Farr West, which we thought was really far away but it wasn't. We packed ourselves some lunch and left. It was fun because I always liked to do things with my brother when I was younger. Plus, we didn't tell our parents where we were going, so I thought I was cool because I was breaking a rule!"

Another fun memory for Ross was when she was really young, maybe five, and her dad took her to IHOP for dinner. "When we were done, he got me a stuffed avocado and I named it Andy. I thought it was so awesome because it was just me and my dad, and I got a toy and my brother got nothing."

Lawson's favorite memories of his youth were going to the drive-in with his family, eating pizza and playing games while being all squished in the back of his dad's truck. Gift adds his favorite memo-

ries were "when I would hang out with my friends and explore the mountains and play sports."

Flashbacks of fun school memories include dances and many other school related activities. Ross loves all the school dances she has gone to, especially the 2012 Halloween dance because all her friends were in her group, and they all had a lot of fun together. She also loves the football games she has cheered at.

**"My friends dumped so much red paint on my head that I had red streaks in my hair for at least a week!"**

Lawson's favorites are, "always the last day of school, signing year-books and seeing friends."

"The paint fight last year was so much fun!" Martin remembers. "My friends dumped so much red paint on my head that I had red streaks in my hair for at least a week! I had never done anything like that before, so it was just really cool to do something so wild, crazy and new."

As they head into second quarter, each senior feels they have had a great start on their final year. "I've learned so much already in school and out of school. I've been able to do a lot of fun things and meet lots of cool people," Martin says. "It seems like this is the best year," adds Ross.

Lawson agrees and says, "I'm glad to get off to a good start."

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By Cheyenne Berrett  
Editorial Editor

No matter the time of year, you can always take a few hours out of your day and volunteer your services. According to the website Volunteering in America, Utah has some of the highest volunteer rates in the United States. Ogden has the second highest rate next to Salt Lake City. Most volunteer work is done within religious groups, about 63.8 percent. In the year 2010, 866,225 Utah residents volunteered 169.4 million hours of service to a non-profit or community organization. There are different reasons to why people choose to go out and give back to their community. For some, it may be for their personal needs and satisfaction, while for others it gives them a sense of peace and hope that they are making a difference. Volunteering gives a person a sense of belonging and reason. It develops new skills and improves a person's self-esteem. Any volunteer services also look great on just about any resume. There is such a vast variety of

service projects out there; it can be overwhelming to choose the right one. There are also plenty of different ways to find out what you can do in your own community. You can find these by searching websites on the internet or by a simple phone call. One of the most popular volunteer projects in Ogden is the Utah Food Bank. There are many all around Ogden including The Salvation Army, Catholic Community Services of Ogden and Griffin Memorial Church Food Pantry. Weber High is also known for its success with Quarters and Cans throughout December. I feel this event brings the school together and shows what an effect Warriors have on our community. The American Red Cross of Utah has been around since May of 1898 and was created by a woman named Emmeline B. Wells. Ever since it started, The Red Cross has been know for helping a countless amount of people in need. Their mission is to ease human suffering by volunteering. There are five different offices located throughout Utah. To become a volunteer, all you have to do is go to their website or just give them a call and put

in your application. Another volunteering opportunity is Habitat for Humanity located in Brigham City. Their mission is to have a world where everyone can have a decent place to live. They build and restore new homes for people in need or to those who have lost their homes in a tragedy. If you want to become a part of their team, you can also visit their website or just give them a call. Most of the time I see middle aged people out volunteering their services, not a lot of teenagers. However, as Warriors, we should change that and get out and volunteer. Quarters and Cans is a great opportunity to get involved, but what about before or after the month of December? There are so many great service projects out there; it's simple to find them. Giving back is one of the best things you can do anytime, anywhere. It gives us a sense of accomplishment and makes us a little more thankful for what we have in our lives. So next time when you are just sitting around on a weekend, get to a computer and help our community. It only takes one to make a change.

# Technology consumes teens’ lives, screen addiction becomes serious

Are you eating meals in front of the TV or computer? Are you texting after you've gone to bed? Do you find yourself missing parties and events because you'd rather play a video game? Chances are, you have a case of "screen addiction." Pretend you're given 54 hours in a week to do whatever you want, except you cannot use it as screen time. What would you do? According to *Choices Magazine*, this is the amount of time teens spend per week in front of screens. What could you accomplish in this amount of time? In 54 hours, *Choices Magazine* says teens could read six books, do 48,600 abdominal crunches, fly enough hours to become a pilot, learn to play 162 songs on the guitar or earn \$391.50 working at minimum wage. Some may not think they spend much time in front of screens, but think again. Think about the time spent listening to music on a bus ride or the conversations with friends via text messaging or playing on your phone while you wait at the doctor's office. A little time here and a little time there, it adds up. TV shows and movies may teach valuable life lessons, and video games may teach strategizing, co-

ordination and teamwork, but too much screen time can be a bad thing. In a 2012 study of teens in the *American Journal of Epidemiology*, a correlation was found between screen time and body fat increase. Jamming 54 hours of screen time in a week doesn't leave much time left, which means physical activities usually get replaced. However, health isn't the only thing that suffers, grades do too. While screen time doesn't directly affect grades, study time and homework time is reduced in the same way exercise is reduced, there just isn't enough time left. If we look solely at the health aspect of screen time, we should only be allotted two hours per day, according to most studies. This means only 14 hours per week instead of 54. Surprised? As a screen user myself, I know that's almost nothing. I could burn through two hours in one sitting. There is, however, more to this issue. Sure, in 54 hours we could accomplish a lot, but using technology to communicate with others is beneficial and sometimes necessary. Using technology for entertainment makes life exciting. Doing 48,600 abdominal crunches may be what you *could* do, but actually doing it would be ridiculous.

To prevent from falling to one side of the extreme, perhaps health and entertainment can make a compromise. We each have different obligations and schedules, varying amounts of free time that we can spend on screen time, so I'll draw the line more clearly. If screen time prevents a person from doing chores, getting sufficient exercise, finishing homework, reading books or spending family time, then it's too much. People can plan ahead so they get exercise, do homework and fulfill all other obligations, while leaving free time. They need to make sure they watch the clock and limit screen time. When it is time to take a break, switch to a wholesome activity. Fifty-four hours in a week is still a lot of screen time and for most people, crosses the line. It's important to remember that wherever screen time needs to be reduced, if we're imaginative, we can reduce it without reducing fun. So, while 54 hours may be extreme, and while only 14 hours in a week may also be extreme, it's important to find a compromise that works well in your life.

By Ben Lundgren  
WHS Senior

# Too much to do... so little time, Stress strikes lives everyday, teens attempt to find balance

The books pile up, the deadlines and due dates hover over head and there is still so much more to do. Flushed, panicked and overwhelmed, many students cram their schedules with homework, after school activities and jobs adding to the stress of high school. Family and friend drama increases the weight to almost unbearable and the scale of sanity tilts heavier and heavier. A full night's sleep seems humorous and diminishes down to five to six hours, if lucky, and morning comes way too quickly. Weber High teens are no exception when it comes to packed schedules and stress and they all use a number of different ways to deal with it. We each have our daily complaints, either vocal or mental, about the upcoming deadlines and events. I personally can attest to the feeling of being stuck in "fast-forward" mode where there is never enough time in a day or even a week. "I get stressed out when I have a lot of homework," states junior, Stetson Hohman. "Especially if I've put it all off until the day before!" For many kids this is one of the main problems of stress, finding

the time do their school work and balancing their "to-do" list. Now think back to the last time you realized your AP essay or an entire book was due the next morning; we can look back now and almost see it as a humorous memory, but when it occurs on a Sunday night, it doesn't seem at all funny. Hohman says it helps him personally to write things down in a planner to help him through the day. Whether it's with work or school work, he always knows what his schedule is like because it's all right in front of him. If you don't have a planner, simply writing down due dates and assignments in a lined notebook works just as well. Write down due dates that have an extended date each day to sketch it into your mind. I use different colored highlighters to signify A or B days and other main or important thing to remember. Staying physically active can also help balance stress. Keeping active in your favorite sport or pass time can help decrease some of the pressure. Whether it's playing guitar or playing softball, anything that keeps your mind active but off

the stresses of the day's works. Psychology teacher Mrs. Cale adds, "Make sure you take time to enjoy yourself, social contact is important in balancing stress." Did you hear that? It's okay to take a break and have fun; homework shouldn't be ruling life completely. Cale also says one instinct to relieve stress is to go straight to our social media pages on the internet. This, however, she says does not work in the long run. We need to find ways that will definitely lessen stress. Physical stress can affect our bodies. Our immune systems can become weak and this leads to becoming sick more often than not. There is nothing worse than being sick on top of being stressed, so physical activity is key. It's sad to say, but stress will eventually be a normal and maybe regular annoyance in our lives. The important thing to remember is there is always a light, or a much needed break, at the end of the tunnel; take a deep breath and continue on.

By Kadey Karras  
WHS Junior

OUR

VIEWPOINT

WARRIOR NEWS EDITORIAL

A majority of Christmas movies focus around a central idea of the "true meaning" of Christmas. The true spirit of Christmas is not part of the spectacle of lights, trees and blow up Santas, but the real joy of Christmas comes from giving and putting others before yourself. This is exactly the feeling and attitude that pours into the halls of Weber High during the holiday season, due to Quarters and Cans. Quarters and Cans begins with a kick off assembly where the students of Weber High gather in the auditorium to hear heart-breaking stories of people who desperately need help. A sense of importance is felt in this assembly. While watching the assembly, students begin to realize they can change the fate of those in need of help. The power to change and making the world a better place rests within the hands of the students of Weber High. It is an empowering feeling. During the last half of November and all throughout December, Weber High School transforms. There are officers everywhere carrying creatively decorated cans; there

are activities held at lunch and after school; and there are intriguing items for sale. All of these things help raise money for Quarters and Cans. The officers every year put in countless hours into making Quarters and Cans a success. They find ways to get everyone involved. Quarters and Cans provides a personal, constant contact with service. Students feel a connection with the people receiving help, and it inspires them to want to help. However, Quarters and Cans is not just something going on at the school. Everywhere in the community there are reminders of the service effort the school is trying to achieve. Quarters and Cans lets students open up their eyes to a world that is more than just the things they are directly involved in. It hands students direct accesses to better themselves. To come to school and be surrounded by service and generosity is perhaps the best way to celebrate the Christmas season. Firmly planting the desire to help others and stepping outside oneself is an ability that once experienced,

has the power to change people and the way they live their lives. Quarters and Cans is a way to make the idea of Christmas happen for everyone. Whether you donate 25 cents or \$50, each student has the feeling he/she is a part of something bigger, part of a whole. The entire high school is working together and every bit counts. When the money leaves the students hands, that's the same moment when the best part of Christmas is experienced. Perspective during the holidays can often be difficult to maintain. Every store, magazine and commercial is plastered with alluring items. While the roots of Christmas may be selfless, it is far too easy to be swept away into a self-serving holiday, unless one can remain grounded. Quarters and Cans becomes an anchor holding Weber High still in a sea of commercial Christmas. Every time a dollar is dropped inside a can, it is given with the knowledge that where it is going will be a far better place than whatever trivial thing it would have otherwise been spent on.

# Searching for that true meaning during time consuming holiday Remembering to be selfless is key to finding holiday spirit

Once sales start and Christmas music begins, people everywhere frantically open their wallets to spend money on gifts for friends and family. People expect presents to be given, and many even buy for themselves. Schedules get cramped, work becomes claustrophobic and money becomes the focal point on a holiday. So, amidst the chaos and stress, how can people find the true spirit of Christmas? When the season begins, many tend to focus on their busy schedule, what they want and their needs. The first step into finding the true spirit of Christmas is to eliminate selfishness. To care for one's self more than another individual is normal, but the holidays can augment that into something awful. Too many people have trouble considering others, and, as a result, the spirit of giving is lost. When one focuses on others, their lives will be greatly blessed as well as they see just what a simple smile can do to lighten the stress. Step two is to spend quality time with family and other loved ones. Family and friends play a vital role in discovering what Christmas is really all about. People need to


recognize that having time to communicate and celebrate with the people closest to their hearts can bring out true happiness. This joy is exemplified throughout the smiling faces and extraordinary actions of everyone around, and this proves the holidays can bring out the strongest love. Give up personal time to



show love for them. Family won't be around forever. The third and final step, which works hand-in-hand with steps one and two, is to give. Giving has always been what others call "the true meaning of Christmas." To "give" doesn't necessarily mean to give

gifts; it has a much larger meaning than that. Taking out all selfishness displays this. Give time to others, and you will have joy in return. In relevance to step two, we must give our family and friends the love and admiration of having them around. Give people your time, give them your love and give them the greatest gift of all: the true spirit of Christmas. Finding the true spirit of the holiday may seem easy to some but daunting to others. Regardless, it is an everlasting experience that can be achieved through removing all selfishness to become completely selfless, showing love and giving time to friends and family and understanding what it really means to "give." The Christmas season is meant to put smiles on faces, bring joy into others' lives and doing good to fellow man. Finding out just how to do that is one of the most incredible experiences ever, and it should never be forgotten. Find the true spirit of Christmas and your life will be forever blessed.

By Ben Cragun  
WHS Senior



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By Daniel Crosby  
Editor in Chief

Hipsters—they’re seen walking around in skinny jeans and vintage sweaters. Sometimes, they say, “Pshaw! I knew this song before it was cool!” But they’re generally right when they say that they knew a song before it was “cool.” Songs such as “Be OK” by Ingrid Michaelson and “Us” by Regina Spektor weren’t very well-known until they received publicity in commercials, movies and/or TV shows. Underground, eclectic music like the songs that were just mentioned usually fall under the indie category.

Indie bands are generally self-produced and unfortunately, they don’t get very far in their careers because of how little publicity they get. This is unfortunate because many of these bands produce very unique music. In order to help give some of these bands and artists a little more attention, here are a few I strongly suggest checking out.



#### Regina Spektor

There’s only one word that can describe this woman: quirky. Spektor is a Russian Jew who is from the Soviet Union, but she and her family later immigrated to the U.S. She experiments with all kinds of music genres including anti-folk, pop, rap and jazz. Her voice may seem weird for those who are listening to her for the first time, but it really grows on them after a while. Spektor’s songs have been featured in movies such as *The Chronicles of Narnia: Prince Caspian* and *Love and Other Drugs* and in TV shows such as *Grey’s Anatomy* and *CSI: New York*. If anyone is interested in checking out her music, then I suggest listening to her album *Far* because it has Spektor’s unique music style, and it’s also accessible for people who’ve never listened to her music. My personal favorite album of hers is *Soviet Kitsch*, but those who aren’t used to Spektor’s music style may not like it at first.



#### Blind Pilot

Blind Pilot is an indie folk band from Astoria, Oregon. I know what most of you are thinking: “Folk music? Oh, heck no!” Trust me—it’s not bad at all. Indie folk is a combination of indie rock and folk. It’s actually a very interesting and unique blend. Those who like Mumford and Sons will likely enjoy Blind Pilot as well. Personally, I prefer their first album, *3 Rounds and a Sound*, over their second album, *We Are the Tide*, because it’s more folky.

#### Anathallo

It’s a shame Anathallo received so little attention during its active years. The band’s songs were very well produced, and they had hypnotically catchy rhythms. They’re a blend of experimental, indie rock and indie folk, and each of the band’s songs is fairly different from one another. Like I mentioned before, it’s really sad his band received so little attention. It’s also a shame that many of Anathallo’s albums aren’t available on iTunes. I recommend listening to their last album, *Canopy Glow*. Not only is it one of the only albums of Anathallo’s on iTunes, but it has some really well-produced songs, such as “All the First Pages” and “Bells.” Listening to these songs made me wonder why this band wasn’t more popular.

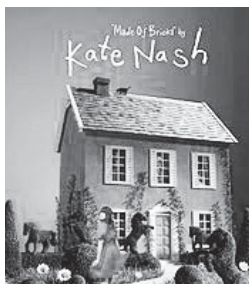
#### The National

The main thing that sets The National apart from most modern bands is the singer’s unusually low voice. At first, the band’s singer may turn listeners away, but if they give it a chance, it’ll grow on them. Also, it’s refreshing to hear a low voice when high-voiced singers have been dominating the music industry. The National originated in Cincinnati, Ohio, and their music consists mainly of indie rock. It’s usually depressing due to melancholy lyrics and tones. This isn’t a bad thing, though, because it gives the band an interesting edge. Songs such as “Fake Empire” and “Lemonworld” give this band its identity.

#### Kate Nash

Kate Nash is a British singer whose accent can actually be heard in her vocals, which is rare because

many singers’ accents don’t come through when they sing. Nash’s music style is indie pop; I generally don’t like pop, but I’ll make an exception for indie pop. Nash’s main-selling point is simplicity. In her first album, *Made of Bricks*, the songs generally aren’t buried under metaphors, and her piano licks don’t have a lot of depth, but they are very catchy, nonetheless. Her second album, *My Best Friend Is You*, is a little bit darker and metaphorical, but it’s still an excellent album. If you don’t like indie pop,



at least listen to her music for her accent.

#### Portugal. The Man

Portugal. The Man (yes, the period is supposed to be there) is an experimental band from Wasilla, Alaska and it’s one of the most interesting bands I have ever come across. This band releases a new album almost every year, and each album is vastly different from the last. One of the most unique qualities of this band is its lead singer whose vocal range is higher than almost any male can ever reach. When I first listened to this band, I thought the lead singer was a woman, but Portugal. The Man really grew on me. My favorite album is *The Satanic Satanist* due to its catchy rhythms and accessibility, while *American Ghetto* is a close second.

These are just few of many indie bands and artists. These artists are all very talented and offer a lot of diversity. Indie music is perfect for those are looking for something different, and there’s a lot of it to discover.

## Sophomores get advice concerning classes, also life outside of school

By Anna Poulos  
Staff Reporter

It can be overwhelming walking through Weber High at first. The school is a maze of crowded hallways, rowdy students and rows upon rows of lockers. It’s next to impossible to find the way to classes and memorize schedules, due dates and locations. Once a student is used to the environment, however, there is still much to adapt to. Juniors and seniors give advice to sophomores and incoming freshmen on how to cope with the mental aspect of adaptation to school, tips on what’s a good idea and what is not.

“Keep up with your homework so you don’t fall behind. Also, just know that you’re not that cool. You’re really not,” says Leah Becker, junior. Keeping on track with homework is a very important thing to do, especially when high school has so many time consuming opportunities.

“Always, always do the extra credit,” Corinne Silva, a junior advises. “Even if you have an A in the

class, something will come up and you’ll need it to keep the grade,” Becker adds.

Schoolwork aside, what else is important to know so teens can survive high school? “Be an individual! Don’t care what other people say and be your own person. You basically just have to try and survive here,” says Kate Salerno, junior.

Knowing what to do and what *not* to do also has a big impact on the overall school experience. “Don’t trip up or down the stairs. It’s embarrassing,” Danielle Murphy, senior, laughs. “Don’t put notes on random people’s cars and don’t wear trench coats. They’re not acceptable, not ever.”

Another thing that is important to know how to do is find friends and have a good time! Warriors advise to get schoolwork done, but don’t totally wipe friends and a social aspect out of the picture or high school will be miserable for that student who only focuses on the books and doesn’t take ten minutes to call up a friend and talk about the day. “You gotta know how to adapt in society so you’re not the awkward kid no one wants to be in

the corner,” Lexie Nevares, junior, states.

Another tip is to know what to expect in certain situations. Take school lunch, for instance. “Don’t look forward to eating school lunch too much. It’s nasty,” says Haylee Ross, senior.

“Bring your own lunch or go out to eat because the lunch at school is not good,” adds Francine Huban, senior. “Also, bring water, because you will die of thirst, and don’t use vending machines. They eat your money a lot of times.”

Another big thing to remember is to not take others’ opinions so seriously. One person’s least favorite teacher is another’s preferred teacher; one person’s disgusted opinion of school lunch could not be so bad for another. Warriors believe it is important to be surrounded by people who are meaningful and supportive.

“People should make the high school experience enjoyable and something to look back on. They can then be thankful those years are good and over. A person’s outlook on school, after all, is ultimately what he/she makes it,” adds Huban.

### Shusterman continues from Page 1

inside of the writing field. “Glory and fame would be nice, but that’s not the reason I’m writing. If I was in it for the glory and fame, I would be writing horror or spy-thrillers. I’ve chosen not to do that. I lose interest in the story if I’m just writing some sort of ‘popcorn’ or ‘cotton candy’ of the brain.”

Shusterman came to the young adult category while he was a camp counselor in college. “I would make up stories to tell to the kids at the camp and pretty soon I got to be known as the camp story-teller. It was a very cool thing because I was the only person at that camp who could command complete silence in a room just by my presence there. These kids could be crazy and the other counselors could be yelling at them, but if I stepped in a room, there was silence. They knew they had five seconds to be quiet or I was going to go tell my story in a different cabin. It was kind of a power-trip,” he says. This went on for some time, and Shusterman’s art only continued and progressed. “I had to come up with

different stories and live up to this reputation, so every week for four years I would make up a different story and tell it to all the different cabins,” he says.

Shusterman also says he doesn’t believe in writer’s block. “When you think of writer’s block, you picture a wall. If you picture a wall, you will get a wall. You’re not really blocked, you’re at a writer’s cliff; all you need to do is build a bridge.”

For those aspiring authors in Weber, Shusterman has helpful advice; he described the road to writing as being made up of four things. Number one: write. “While this may sound obvious, you really need to do it. You need to be good enough to write your first work, and by doing that you’ll get better enough to write your second,” he says.

Number two: Rewrite. Shusterman says this is the single most important part of the writing process. “My first draft is hand written. Secondly, I type everything I originally wrote. After everything is typed, I revise. I usually write about three drafts of each chapter.”

Number three: read. He advises students to read across all genres. “You’ll learn more that way,” he

says. For the final step, number four: persevere. Shusterman tells, “You will most likely not sell your first novel. In a competition I entered in ninth grade, I didn’t even take one of the 30 honorable mentions. I was humiliated. My teacher told me,

**“I also dreamed  
of accepting my  
academy award.  
I haven’t gotten  
there, but hey, I’ve  
gotten here.”**

‘Get over it; it’s one competition. If you want to be a writer, you have to learn to face rejection.’”

“You dream of your books getting popular; I also dreamed of accepting my academy award. I haven’t gotten there, but hey, I’ve gotten here,” says Shusterman. “Of course it’s a constant challenge to come up with stories that are original, meaningful and capture the attention of the readers. I consider myself very lucky to have a career doing what I love.”

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# Friendships help with teen sanity, school

By Cheyenne Berret  
Editorial Editor

"Friendship...is not something you learn in school, but if you haven't learned the meaning of friendship, you really haven't learned anything," said by Muhammad Ali.

People all strive for someone who they can talk to about their most personal things, laugh with and have an amazing time with. Making new friends is not always an easy task for some, while for others it is keeping friends that is most difficult. It can take a long time to find someone to connect with and feel comfortable sharing one's thoughts with.

For some Warriors, the definition of a friend is said in different ways, but it usually ends with quite similar qualities. "A true friend is someone you can always rely on and share your thoughts with," said junior Emily Thompson. She continued saying, "I look for a friend who is loyal, honest, and fun to be around." Junior Annika Griffith says, "A friend is someone who



Good friends Samantha Barnes and Rachel Dubose enjoy their lunch time together, and it gives them a chance to talk about their day.

is there for you and knows your strengths and weaknesses."

Warriors look for certain characteristics in a friend. For junior Marissa Taylor, says "I want them to be funny, really nice, always there for me and sweet." Junior Lindsey Elmer adds, "I want them to have respect." She feels respect is a key role in any kind of relationship and is something that bonds a friendship together.

Not only is it important to be a good friend, but to also have friends.

"It's important to have friends, so you have someone to talk to and keep you sane," says junior Caitlyn Baldenegro. Taylor says, "It's im-

portant to have friends, so that you won't be forever alone with cats."

When it comes to making and keeping friends, Warriors have several tips. Baldenegro says, "You need to be trustworthy and to make sure they know they can lean on you when they need to." Many students agree that trust is one of the most important factors in keeping a friendship strong, and that respect both ways is just as important.

Making new friends is not always such a simple thing to do. To many, it can be quite nerve racking and stressful. Teens are worried they won't say the right thing when they first meet someone, or that they will seem weird. Baldenegro says, "Acceptance is the hardest part about making friends; you never know if they are going to accept you or not."

However Taylor adds, "It's not hard making new friends, just make a good conversation."

"When I approach a potential new friend I try to always have a happy mood and break the ice," said Baldenegro. For some, the hardest part to do when meeting someone new is finding common ground; it can be difficult.

Being a good friend and having friends can make life more fun for many. Respect, trust and loyalty are all very important characteristics for Warriors when looking for a new friend. Like Spanky from the Little Rascals said, "You will only meet your once in a lifetime buddy... once in a lifetime."



After lunch, students gather in the commons to socialize with their peers.

Photos By Ashton Bindrup

# Teens find quirky behavior interrupts hunt for 'the one'

By Erin Geiger  
Assitant to Chief

The search for a boyfriend/girlfriend is a necessary evil and seemingly unending in most cases. Finding that one special person of the opposite sex can be a daunting task, especially when obnoxious ticks keep getting in the way. Although one cannot usually change the habits and behaviors of the other person, there's no doubt most wish they could!

Some actions drive students mad, and many would jump at the opportunity to vent about said pesky actions. Senior Jady Williams says, "I hate it when they [girls] wear too much makeup, act manly and only talk about themselves." Junior Jarom Ralph says, "I don't like girls who are too short, too big or the opposite of outgoing."

**"I'm looking for an exact replica of Channing Tatum; you can't get better than him."**

Brad Butterfield, sophomore, continues with his list of deal-breaking physical attributes. "She can't be taller than me; just makes me feel weird. Having no butt whatsoever is a big deal, too. She can't have a flat butt," he says.

Junior class officer Chris Kingsbury agrees with Butterfield and adds, "She has to have a nice butt and she can't be much taller than me—definitely not something like 6' 5". Kingsbury also tells of his dislike for bad smells. "Stinky breath and a smelly body are gross," he says.

Guys aren't the only ones who get to be picky about looks. Sophomore Chase Doughty has some similar dislikes when it comes to smells. Along with Kingsbury, Doughty says guys can't have odor or have bad breath. "Guys can't have really long hair either. It just

makes their hair look greasy," she tells. Things can't all be bad, right? There are certain things that put the opposite gender into the attractive category. Kingsbury says, "Eyes, facial structure, pretty fingernails and a nice butt and smile," catch his attention. "They [girls] have to be shorter than six feet and have beautiful eyes," says Ralph.

As it turns out, some girls are looking for the same things. Senior Emilee Barker says she also looks for a nice smile, pretty eyes and height in a boy. She adds, "I like my guys to have good style." Doughty drops a bomb on all the guys in Weber when she says, "I'm looking for an exact replica of Channing Tatum; you can't get better than him." Good luck with that fellas!

Looks can only go so far, and teens aren't only using the attractive scale to find a certain someone. Butterfield says, "A good figure is nice, but you can get past it if her personality is good." He adds, "I prefer a girl with a pleasant voice, not a whiny one. Girls who like to do fun things are great too. They can't be mood-killers."

Ralph adds his own twist and says, "I like my girls to be spontaneous and not afraid of PDA."

Kingsbury is looking for a personality that is compatible with his own unique one. "I want a girl who gets my humor. Sometimes I can say some weird stuff, so if she laughs it makes me feel good inside." He continues, "A girl with good morals, who is funny, kind and understanding is my type. I don't want a girl who will freak out at my borderline comments, so being understanding is important."

Doughty is also searching for humor in her men. She says, "I don't want a boring guy, so he needs a sense of humor." Doughty adds, "He can't be lazy and sit and play video games all day. He needs to have high goals and standards. I want a guy who loves Jesus."

Though it may not be pen-clicking or gum-chomping, teens can certainly find pet peeves in the opposite gender. Barker says, "I don't like a guy who thinks he's better than others and treats them poorly

because of it. Being cocky and rude to others is not attractive."

Along the line of pet peeves, Barker says, "It drives me crazy when guys cross their legs like girls."

Doughty keeps things blunt as she tells her pet peeves. "I don't like it when guys swear in front of me—I never really know what to do. I hate it when guys try to act like something they're not and ignore me when they have their guy friends around," she says.

Butterfield adds, "When girls act fake with each other and then go talk crap on them to others, that bothers me. I just don't like that fake stuff."

Kingsbury tries to avoid bossy girls and also says, "I can take it when a girl complains, but when she's constantly complaining, complaining, complaining all the time I can't. When she's whining and saying, 'Screw life, everything just

**"A girl with good morals who is funny, kind and understanding is my type."**

sucks so bad, I can't handle it.

Could smelling good be the key to attracting the ladies a little bit more? It's a high possibility after all, so start buying your cologne, men! For Barker and Doughty, this is highly attractive. "When guys are charming, gentlemen, family oriented, quick at texting and respectful to their parents it's really cute," Doughty says.

While Doughty has a long list of needed attributes, Butterfield tells of a quality that is special to him. "I try to look for a girl who is nice to others and has lots of friends, this just shows she's a good person," he says.

Sometimes finding the right person is a like a game of hide-and-seek. Other times, it's as difficult as trying to get to the front of the lunch line. In the end, however, you'll just have to love that person—quirks and all.

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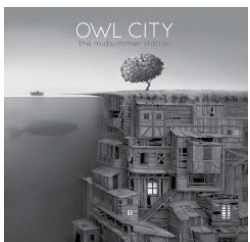


By Savannah Higley  
Editor in Chief

In this time, music has taken on a whole new meaning to the world of teenagers. Many would be surprised at the influence music has on today's teenagers. And with the ever changing music, comes the motivation that most artists need to keep their fans happy.

Adam Young, the singer and creator of the band Owl City, has that exact idea. "Over the past several years, I'd become fascinated with trying to capture magic in a jar through simple, concise pop songs," said Young. "I saw it as a great challenge to try to come up with catchy, unique and memorable songs. I believe artists should never look back or repeat themselves and this was a new frontier."

Young does just this and shows it to the world with his third album for Owl City, *The Midsummer Station*.



This album has both the beat and the creativity that *Ocean Eyes* and *All Things Bright and Beautiful* had, but in many ways this album is different, which is Young's intention. With this album he came with a different approach by bringing in outside help.

"I made my first two records on my own without any outside help and learned that it's easy to over think what you do by allowing yourself to become too emotionally invested in what you are doing," said Young.

With outside help, Young intended to make his music more relatable and many of his lyrics describe certain situations in anyone's life. This is what happens with the first track on the album, which is "Dreams and Disasters." Young says this track sums up the entire album.



"Life is full of dreams and disasters," said Young. "When things go right, you feel like you're on top of the world and when things go bad, you're heartbroken, but you've got to figure out how to press on regardless of your situation because life is about the journey."

His point is made with his lyrics and the whimsical beat of the song. It takes on a fast approach and has a catchy chorus.

His point is further made with the track "Embers." This bass filled melody is about everyone going through dark days, yet coming out of them because they strive to make it, "And though the embers are new, whatever you do, just don't let the fire die."

Track nine is called "Silhouette." It is a soft, melodramatic take on heartbreak and sorrow.

"I'm a silhouette, asking every now and then is it over yet? Will I ever feel again? I'm a silhouette, chasing rainbows on my own but the more I try to move on, the more I feel alone. So I watch the summer stars to lead me home."

These lyrics capture the feeling Young is trying to portray about life. Many ask these questions



when someone they love is gone, and they feel like they can't move on. However, sad lyrics are lightened at the end of the chorus with the phrase, "So I watch the summer stars to lead me home."

Though many of the songs have deeper meaning, Young returns to his original style with fun and upbeat songs that are sure to make the playlist. One in particular is "Good Time" which features the "Call Me Maybe" star, Carly Rae Jepsen. "Good Time" became a 2012 summer sensation with its catchy beat and was blasting on almost everyone's stereo. It's exciting lyrics and feel-good aura made the song an instant classic.

Another single was track two, "Shooting Star." This song reminds



many of songs from Young's other albums such as "Fireflies." It has a techno feel to it and catches the listener at the very beginning.

Along with the tracks "Dreams and Disasters" and "I'm Coming After You," "Shooting Star" pulsates with an euphoric dance beat that is meant to appeal to the fans of house, trance and dubstep music. "I grew up listening to dance music, and I've always wanted to make a dance record," said Young. This album is sure to please many of those fans.

Young has certainly come a long way from just launching his creativity on MySpace and YouTube from his parents' home in Owatonna, Minnesota. Troubled by insomnia, which makes an appearance in many of the lyrics of his songs, Young began writing lyrics and combining different types of music and in the end, created Owl City. With the popularity that this album is bound to have, Owl City is still in the beginning stages of popularity and is bound to continue moving up in the world of music.

## Warriors contemplate world's end conspiracy, prepare for positives

By Kyra Bramwell  
Staff Reporter

For years, newspapers, magazines, television studios and movie companies have poured over the subject of the world ending. Dec. 21, 2012, or "Doomsday," is what's known as the end of the world. However, despite the articles, television documentaries, and movies, some people don't believe the world will end.

"There is no logical explanation for the world to end," says Bailie Thompson, sophomore. "Life will go on as usual."

Thompson also feels annoyed with all the talk about doomsday.

"They have been sayin' the world is gonna end for quite sometime, and it hasn't happened," says Thompson. "Prepare for the best; the world isn't going to end."

Students at WHS are not particularly worried about the world ending. Denzail Coleman, junior, thinks the world ending is superstitious.

"If the world were to end, it would be because of World War III," says Coleman. He believes

### Teen stress continues from Page 1

This junior also has two AP classes, two honor classes and a part time job on top of her responsibilities at home.

"I really wanted to audition for *Footloose*, but I knew it would've taken up too much time," she adds.

Although having more responsibilities than usually expected of a 16-year-old, this junior has prioritized everything she needs and wants to do.

Mrs.Cale, WHS Psychology teacher, says learning how to prioritize would save several teens from stressing themselves out.

"They want to do too much and don't have enough time to do it," Mrs. Cale says.

Many teens over-schedule themselves, according to Mrs.Cale. Competing for scholarships and jobs push teenagers to try to "boost their resumes by having more extracurricular activities, volunteer work and honors/achievements,"

that there is bound to be a World War III someday because of how the world is going, but for the world to end on Dec. 21 is superstitious. "It's fun to hear people's opinion on it, though," he adds.

WHS sophomore Jake Kendall also thinks that the world will keep going as it is now.

"We'll just go on with our daily lives," says Kendall. "Thinking the world will end is a dumb thing."

Today's media has tried scaring people, mainly children and teens, into thinking Dec. 21 will be the end, but did it work? Are Warriors afraid of life as we know it coming to a close?

"No, I'm not scared," says Kendall. He doesn't believe he needs to prepare for anything to happen.

Thompson isn't scared either. "I'll just go to bed on Dec. 21," Thompson said. "If I'm gonna die, I'll die in my sleep."

Dec. 21 is thought of as a negative day. Thompson doesn't think anything will happen, but if something did happen, it would be positive.

"If anything did happen," says Thompson, "it would be something worth living for."

If the world were to end, Kendall

would hang out with all his friends in one day and live to the fullest. Thompson also says she would want to be with her friends and family.

As Dec. 21 draws near, more people are expressing their opinions about the end of the world. Television and news broadcasters have segments on the world ending and what to do. Many think the world will end for reasons such as a nuclear explosion, the sun's rays being too close and wars. Some think it depends on who will win the presidential election.

However,the most common opinion on why the world will end is shown by the Mayan calendar. Dec. 21 is the end of the 5,125-year-long cycle in the Mesoamerican Long Count Calendar. It is believed the earth will collide with an object such as a black hole or an asteroid. It is also believed the sun and the supermassive black hole at the center of our galaxy [Sagittarius?] will create a gravitational pull, causing havoc on Earth.

"If it happens, let it happen. I wouldn't prepare for anything," Coleman says. "Life will go on; don't worry about the end of the world."

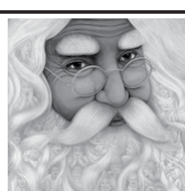
cial," Steven Enslow, sophomore, says.

Some parents have the same opinion as Enslow, saying they cannot see any pros of their children staying up so late to finish homework that it is more stressing than helping.

Other parents, however, still feel homework; to be of vital importance.

"We suffered through it and turned out just fine. They can as well," says an anonymous father of a WHS junior and sophomore. He feels homework is one of those priorities teens need to manage.

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# Step into time machine: teachers look back at high school

By **Erin Geiger**  
Assistant to the Chief

Teachers went to school too, once upon a time ago. Also adding to this strange thought is the possibility that it might have been decently similar to what high school is like for teens now. Many teachers played the sports that today's Warriors play, participated in the plays and hung out with their friends.

"I was a pretty gung-ho student. I got an A and nothing but an A," says Math teacher Mrs. Holt. She adds, "I got a 4.0 GPA every year, and that earned me the Presidential Scholarship to Utah State University."

AP European and Art History teacher Ms. Keim was also an over achiever. She says, "I was pretty dedicated to whatever I was involved in. I earned mostly A's with a few A-'s."

As for Drama teacher Mr. Daniels, he attended Weber High and says his GPA was a "normal 3.6."

However, just as today's teens, some obstacles become a detriment to a person's grades. English and debate teacher Mr. Webster also had a high GPA...for awhile that is. He says, "I graduated with a 3.3. I had a B average and 3.8 until my sophomore year. That's when I met girls. My junior and senior years killed my grades."

Of course, some WHS teachers were motivated to excel while in high school. Jewelry teacher Mrs. Pearson says she too was a B student. "I cared about my grades only because my parents would have

killed me if I got below a B average. I also had to keep a 3.0 GPA to play softball, and if we skipped class we sat on the bench so I had to be quite studious," she adds.

Some teachers had to go through the cocoon of high school before emerging as the people they are today. Daniels says, "I was a total nerd—not popular, but wanting to be." However, he redeems himself and adds, "I was active in so many things. I was so busy that I was never home."

Webster went through a tough



**Mrs. Holt enjoyed her time as a school officer.**

time and describes his high school-self as "lazy and socially paranoid." He adds, "I thought people were out to get me and that made me come up with some pretty mean things. I said some mean things, but it [his attitude] got much better. Attitude all depends on how you see people."

Some teachers didn't change

much at all to who they are today. Pearson says, "I was pretty laid back in high school. I had to work very hard to juggle a job, school and athletics, but I still knew how to have a good time."

"I wanted to try everything! My sophomore year I did cheerleading, my junior year I was a Royallaire and my senior year I was a class officer," says Holt. However, that's not all she did. She adds, "I was involved in the MESA and Spanish Club and Honor Society. I was the only girl on the golf team, and I did all of the theatre stuff. I was on cross country and track—running the 100, 100m hurdles, long jump and high jump. Jumping was my specialty."

Ms. Keim also participated in many sports while in high school and went on to coach at Weber. "I was an athlete—I did track, volleyball, golf and basketball." She adds she enjoyed doing sports because she was good at them and it was a great way to make friends.

Pearson played varsity softball all three years of high school and says she was also on the Frisbee team and a member of the Art Club.

While some teachers excelled in sports, others debuted on stage. Daniels says, "I was a choir officer. I was actually more of a choir nerd than a theatre geek." He did participate in the plays, however. He adds, "My sophomore year I was in *Lil Abner*; my junior year I was a Chinese cook in *Seven Brides for Seven Brothers* and my senior year I had a lead role in *Brigadoon*. In my role as the Chinese cook, I had only two lines, and they were both in complete Chinese!"

Some teachers didn't like high

school. Quite the oxymoron, isn't it? Daniels says, "I hated high school because I was so lost. I got into teaching partly because of this. I wanted to give students a better experience than I had." Pearson says, "I liked the extracurricular parts of school, but that was about it."

Holt comes in as the shining pupil saying, "I loved school! I loved learning about everything and I loved the challenges that I got from my classes."

"I had a new boyfriend every year because I got sick of them really easy," she adds. "Come to think of it, I had this one boyfriend that my parents hated! He was really weird but lasted the longest."

Daniels also had a great dating scene in high school that he continues to be reminded of everyday in his classes. He says, "I probably dated more girls than anyone else, and I didn't date the same girl more than once until part of my senior year. It's weird to call role in class; I'll ask, 'Who was your mom? Oh, I dated her!'"

Teachers hanging out with their friends, one can just picture it. A group of teens all sitting in desks, quietly helping one another with their homework... not! Pearson says, "I had a lot of friends who were from different groups: jocks, arties, egg-heads and those few you would not bring home to mama. Most of my time with friends was spent rock climbing, camping, or playing softball."

Pearson adds, "My friends and I always ate lunch off campus together. I do not remember ever eating school lunch in high school. You could get a slice of pizza and

a drink for \$ 2.50 at Zappone's Pizza. It was the high school hang-out."

Webster also remembers his fun times with his friends "My friends and I were nerdy and awesome. We were the video game playing nerds of the school."

This cliché came with one exception, however—a female jock. "We had a girl on the basketball team that hung out with us. I have no clue why, but we certainly enjoyed it," he says.

Holt tells of her friends, "My



**Mr. Daniels is a graduate from Weber High.**

main friends were the drama kids and we were nerds. We ran around the school acting crazy like drama nerds do."

Trends, style and appearance were a factor for WHS teachers as well. "I experimented with who I was," says Daniels about his high school style. "My sophomore year I thought I was Don Johnson and my

junior year I was a cowboy with the belt buckle and all. My senior year was the best. I had a permed mullet."

Pearson avoided telling about her style as much as possible and says, "Um...let's just say I was in my punk rock/tree hugger phase..."

It's time to dish the dirt; what really went on in our teacher's years as high school students? Daniels says, "I was the first person in the sophomore class to get a license, and I bought my first car for \$400. From then on I was everyone else's chauffeur." He also says, "Mrs. Weiss was my math teacher, and I failed one of her classes. She took pity on me and gave me extra credit, so I could bring my F up to a D-, though."

Daniel's bad luck in math continued, unfortunately. "On the ACT I was so sure I aced the math section, but I really didn't. I failed and got an 11. I just struggle with math!"

Webster also has some class failures. He says, "I got a D- in history because I did absolutely nothing. But my best story is how I failed band. After discovering girls, I had my first heartbreak. A girl broke my heart and in my depression, I never paid my \$5 participation fee. I ended up getting an incomplete and failing." He did, however, get a 31 composite on his ACT.

Yes, it is strange to think of teachers as high school students. It's also a bit embarrassing to admit that then and now are not so different. But for once, There is a separate perspective. Daniels says, "It's weird teaching in the school I went to. It's like I never quite grew up." Perhaps some teens will know that feeling one day too.



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## Let's hear it for WHS Theater

By Savannah Higley  
Editor in Chief

When I walked into the theater, the excitement was already filling the room. Children giggled as adults ushered everyone to their seats so the show could begin. The stage was set up with dazzling lights, and the flashy curtains hid the cast as they prepared for their performance. It was time for another WHS musical and Mr. Daniels, Mr. Wood and the hundred plus cast did not disappoint.

When the lights dimmed and the crowd grew quiet, the actors and dancers made their way to the stage with the hit musical number, "Footloose." The audience cheered and applauded as the classic song was remade. The number was incredible with voices from Cassidy Wixon, ShaeLynn Merriam and Sara Drummond. It was fun, energetic and set the mood for what was to come with the rest of the play.

The actors and actresses told the story of the town of Bomont and its set rules on "No Dancing." Sarah Pendleton, who played the lead role of Ariel, and Jacob Gossner, who played Reverend Shaw, showed the intense relationship between father and daughter. They portrayed the tension within their household as Ariel refused to do what her father wanted. And when mysterious and troubled Ren, who was played by Josh Norman, came to town, the relationship between Ariel and Reverend Shaw was extremely tested.

Norman and Pendleton's relationship is kindled as the two try to make the town come together again and reverse the ban on dancing. Not only do they learn about how to help others change, they also learn about the importance of who they are.

One of my favorite musical numbers was "Holding out for a Hero." The fast-paced song, performed by Pendleton, Wixon, Merriam and Drummond, was one of the best by far. It was an all-girl number and the vocals were incredible. The musical skill was impressive and the actresses' ability to deliver the message of the song was well done. It had me singing along and tapping my feet to the tune.

Another song that was also one of my favorites was "Let's Hear It for The Boy." This song was performed by Wixon and my favorite part was the dancing. In this part of the play, Ren was trying to teach his friend Willard, played by Jake Heywood, how to dance. The choreography was well executed and it was exciting to watch.

Another great number of the night was "Mama Says." This song was performed by Heywood. Watching the boys dance was entertaining. They moved right with the beat, and I was impressed with their skill.

Though the cast was amazing, the stage crew also worked hard backstage to make the play excellent. They had to quickly change sets and help keep the scene transitions moving smoothly. Not only was the stage designed well, the props were also awesome. My favorite prop was the truck. I couldn't believe that they had gotten it onto the stage and thought that it added a lot to the performance.

The lighting also fit the atmosphere well and added to the feeling that the play created. The sound system was also very good. Quite often, theater mic/headsets crackle and sound is lost. I paid particular attention to this and was impressed; I heard everything perfectly and never questioned what was going on.

The background music was also an amazing part of the night. It was lively and entertaining. Led by Mr. Wood, the orchestra helped add to the fun of the play.

Mark Daniels did a great job with *Footloose*. Once again, the Warrior stars shined.

For those of you who did not make it to see Weber's outstanding fall musical, there are upcoming productions that you won't want to miss. And after seeing what these theater Warriors and Mr. Daniels have done in *Footloose*, I can't wait to see what will be on the stage next.



Willard (Jake Heywood) greets his crush, Rusty (Cassidy Wixon) and her friends.



Ariel (Sarah Pendleton) teases her boyfriend Chuck Cranston (William Ross).



Weston Geilman and Mitch Barber spend many hours working the light booth for the musical.



Coach Dunbar (Tyson Lund) confronts Ren (Josh Norman) concerning his attitude and behavior and kicks him off the wrestling team.



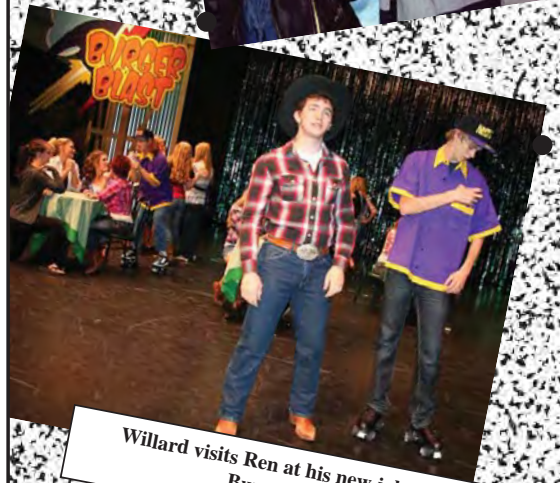
Heywood portrays the role of the awkward country boy, Willard.



The entire cast opened the production with the spirited musical number "Footloose."

Before the musical came to the stage, Mr. Daniels worked with leads on singing and speaking roles.

Ariel sings the number "Holding Out for a Hero" to cast member D.J. Niebergall.



Willard visits Ren at his new job at the Burger Blast.



Preparing for their roles are (L to R) Maren Hafin, Sara Pendleton, ShaeLynn Merriam and Jake Heywood.



Ariel shows her rebellious side by dating Chuck. She gives Chuck a kiss goodnight.



Mr. Wood and his orchestra members prepared for opening night and rehearsed their numbers.







# Holidays:

## Giving, Miracles

### Having Fun with Service



**Top Left: Juniors Mikala Lockwood and Chase Virgil took advantage of a service opportunity and helped in completing quilts. Top Right: Warriors raised money for Quarters and Cans during a dodgeball tournament. Middle Right: Kaitlin McKinstry and Mrs. Staples ties quilts to give to local shelters. Bottom Right: Because students raised enough money during the Quarters and Cans opening assembly, Principal Wardle milked a goat and then drank the freshly squeezed product. Above Left: Joining in with the service assembly, (l to r) Wes Johnson, Richard Murray and Mark Daniels had their heads shaved. The total money raised during the assembly was around \$4,000.**



Photos By Ashton Bindrup, Cara Darr and Tony Vaterlaus

### Mind your P's and Q's Santa prepares list, defines role, enlightens kids

By Aleesha Mauchley  
Feature Editor

You better watch out, you better not cry, you better not pout, I'm telling you why. Santa Clause is coming to town.

"I think Santa is nice and sweet and jolly," describes Danielle Beysson, senior.

Rebecca Longshaw, sophomore,

knows Santa truly exists and has many memories of him. "Well, this one Christmas we woke up and there were Santa footprints all over our living room and it was Santa. We just knew it was."

Kaden Dearing, sophomore, also believes in Santa. He says, "We put cookies out for him and he eats them and carrots, but the reindeer eat those."

Santa takes fondly of Christmas. "My favorite thing about being

Santa is seeing the children smile, and to talk to the children about what they want for Christmas. I like to tell them that I am watching to make sure they are being good," says Santa. Santa also says he has a big job, but he loves it.

There are perks to Santa's visits on Christmas Eve. Out of all the cookies he gets to try in the course of one night, Santa's favorite is warm, ooey-goey chocolate chip cookies.

One Christmas, Braydon Wolford, junior, sat upon Santa's lap, and Santa must have had one too many of those ooey-goey chocolate chip cookies. "It was probably one of the most memorable times I had with Santa, and it was also the scariest. "I was sitting on Santa's lap," Wolford says, "and Santa vomited on the arm of the chair."

Even though Santa may have a home in North Ogden, he loves his time at his North Pole residence. "Working at the North Pole is fantastic," says Santa as he laughs jovially. "Work has long hours, and there isn't much time to celebrate the holidays myself, but Christmas is about the spirit of giving and that's just what I do as Santa."

Of course, Santa needs help with his job, so the elves play an important role at Christmas time. Santa says, "The elves are very rambunctious this time of year because it's almost Christmas."

When the holidays are over, Santa is also ready for some time off. "I love the preparations that go into Christmas," he says, "but I also like the day it is over."

Even Santa can get the holiday blues. "It is a stressful job and it does require me to make some calls on whether a child is naughty or nice that I would prefer not to make," he says. He doesn't like judging and he strives to be fair.

As children become teens, Santa becomes a symbol, but their believing in the man himself sometimes disappears. "How do I cope with kids not believing anymore? That's easy; if they don't believe they don't get presents," says Santa.

As far as his "bad kids" list, Santa says he feels sad when he can't give kids toys when they are bad or when they don't believe because then their parents have to buy them presents. "You see," he says, "when children think it's their parents that give them toys at Christmas, then that becomes the parents responsibility. I can no longer bring them toys."

Many times people doubt Santa's existence because there are so many other Santa's running around. Santa says he doesn't mind all these imposters who actually help him reach all the children. He says, "It's great, but it is up to you to decide who the real one is. Is he jolly? Real beard? No padding around the

### Quarters and Cans Program offers help for local children

By Daniel Crosby  
Editor in Chief

With the holidays just days away, many start to think about how they can help those who are less fortunate. Luckily, Weber High offers a way to help those in need during the holidays. Weber has been doing Quarters and Cans for 26 years, and the program continues this year. SBO advisor Mrs. Pearce says, "The theme for this year's Quarters and Cans is 'Rise and Represent,' which is also our school's theme. We thought it went perfectly with Quarters and Cans."

According to senior and SBO President Beau Hart, "Quarters and Cans is directed to help people in our community, such as families who need help or can't afford Christmas. Instead of focusing on ourselves, we can focus on others."

"It's extremely important to help out members of our community because they go to school with us, and we may not know it," says senior Bailey Love. "Students should get involved because there are lots of activities, and it's fun! Just bring money and have fun with it."

The Quarters and Cans program lasts for six weeks. Hart says, "most other schools don't do similar programs. However, during those six weeks, Warriors enjoy many activities that help raise money for the program."

Quarters and Cans always begins with an opening assembly which was held on Nov. 19. During the assembly, students put money into cans that circulated throughout the audience. Pearce said there were several rewards when students donate more than \$1,500 during the assembly. She says, "If we break that record, teachers will be doing Gangnam Style routine, Mr. Daniels will shave his head and the boys' basketball team will wax their legs."

Senior class officer Madsen Wessman says one of the new activities planned for this year is the volleyball tournament. "There can be five to six players per team, and you get a sick volleyball shirt." The tournament will be held on Dec. 1 at 1 p.m.

Another activity planned for this year was the wrestling match between Coach Eure and Mr. Murray on Nov. 15. The tournament was held in the auditorium at 7 p.m. The wrestling match took place after a boys' varsity wrestling tournament and the proceeds went to Quarters and Cans.

Other activities planned include traditional lunchtime activities (such as video games, ping pong, etc.) as well as a dance party, dodge-ball tournament and sled party. Pearce says it's not necessary to bring a date to the dance party because students will be able to dance with whomever they want to.

Pearce also adds the SBO's raised \$525 from the dodge-ball tournament that was held on Nov. 3, and the team Teacher Domination Association, which consisted of teachers Connie Perry, Bart Poll, Ciara Florence, Scott Fronk and Stewart Hales, took first place.

Along with the usual Quarters and Cans activities, the officers will sell cinnamon rolls and hot chocolate during EO. In addition, they will also go to the school parking lot and ask people for the spare change found in

Quarters and Cans continues on Page 14.



**Santa checks his naughty and nice list twice in preparation for a busy Christmas night.**

middle, and a deep HOHOHO?"

Santa also knows that his existence is a big help for parents when trying to discipline kids during the year. He helps Mom and Dad out by letting the children know he is watching. "It reminds them to be good," he says.

Santa also tries to spread Christmas kindness and cheer by setting an example for the children and seeking to make them happy, so

they will in turn make others feel the same.

"Christmas is when everyone shares their love for one another. I am very pleased that I get to be Santa," Santa says. "Everyone be giving and kind and try to make someone's day this Christmas season," advises Santa.

And in case some Warriors have forgotten, "Remember I'm keeping an eye on you," says Santa.



**Santa takes time to relax before the hustle of the holiday arrives.**





Angel Villar Corrales, Kosta Pudar, Veronica Haberl, Teresa Gadriel, Daniela Bolanos and Christian Goldman celebrate an American Christmas away from home.  
Photo By Emily Black

## Foreign exchange students share Christmas traditions, festivities

By Victoria Robinson  
Sports Editor

The Christmas holiday offers many happy traditions that Americans share. However, what about the foreign exchange students who come to Utah from another country? They may have different Christmas holiday traditions that they have left behind.

“Feliz Navidad,” says Daniela Bolanos, a junior from Columbia. “That is how we say ‘Merry Christmas’ in Spanish.”

“Weihnachten is how we say ‘Christian’ in German.” adds Linda Goldman and Veronica Haberl, both from Germany.

Kosta Pudar, a senior from Serbia, says, “Bozic, that’s the meaning of Christmas in Serbian.”

Christian Anderson, a junior from Denmark, says, “The way we say Christmas in Danish is Jul.”

“There is no Santa who brings us gifts, but what we do is the first person who comes to the house gets the one and only gift,” says Pudar.

However, Goldman and Haberl say their Christmas in Germany is a lot like America’s. “One difference is, Christmas day is Dec. 24; that’s when we open our presents.”

Teresa Gabriel, a sophomore from Austria, says her Christmas day is on Dec. 24 also. “Another special thing we do in December is

día de las velitasm, meaning “Day of the Candle,” and is celebrated the Dec. 12. What we do is everyone puts candles out. Then all the teenagers go out at midnight to throw paint or water balloons.”

Angel Villar Corrales, a junior from Spain, says, “Instead of Santa coming at night, we have The Three Wise Men come on camels with gifts for the children. However, if people are bad, they will get

*“I am so excited for the snow to come because I live by the beach and don’t get snow.”*

coal, but it is good coal that you can eat. Also, we will leave out biscuits out for the wise men and water for the camels because they had a long walk across the desert. We sing a lot of Christmas songs like “Feliz Navidad” and more.”

Gabriel also adds Christmas in Austria is celebrated from Dec. 21 until the Jan. 8. “We have Santa come, but in Austria we have Christkindl and he helps Santa bring presents.”

All the exchange students have snow in their countries except for

Bolanos and Corrales. “There is no snow on Christmas in Columbia for us. It feels like summer,” says Bolanos. Corrales adds, “There is no snow in Spain for Christmas, so I love to go by the beach, and sometimes I go to the beach on Christmas.”

There are also traditional foods and drinks during exchanged students’ holidays. “Rakija is the traditional holiday drink we have in Serbia; it’s 40 percent alcohol,” says Pudar.

Haberl adds, “A food we have on Christmas is Schweinebreaten. It’s dumplings with pork and sauerkraut with a sauce. It is so good.”

“We have Bunuelos; it is a dessert, like bread with caramel, and we also have Rosquillas which is like bread with caramel,” says Bolanos.

Pudar adds, “We eat Sarma, which is cabbage with meat put in it. Then we also have a whole pig, with its head and everything.”

Goldman looks forward to holiday favorites rice soup and cake.

Most of the students say how they are excited to have Christmas here, but they also say how they will miss spending the holidays with their own family in their country. Gabriel says, “I’m going to miss all the cookies my grandma will be making.”

Corrales adds, “I am so excited for the snow to come, because I live by the beach and don’t get snow.”

## Good, bad Christmas presents add to fun holiday memories

By Jeyren Baird  
Editorial Editor

Christmas gifts vary from person to person. Everyone has a gift they want separate from all the others; one that has its own special attraction and attention. They also have their own creativity when it comes to giving and receiving these specialized gifts. A lot of effort can be put into the gift itself; its wrapping and even the unveiling of the gift.

There is also much consideration put into patiently waiting for a top wish-list gift. To pass the time, some students at Weber High have shared their most wanted gifts.

“First, I would like some new drum heads,” said Joey Aune, senior. He then continued his list with cymbals and other various drum affiliated products. He also added he was hoping for the new iPhone 5.

Cami Coy, senior, had other Christmas gift ideas. Although she was excited to receive her gifts, she was also excited to give some crazy ones. “The white elephant is probably my favorite,” she said. “You can get so creative with it, and it’s just so much fun.” She also suggested the best place to go for white elephant gifts are the DI and Zurchers in Riverdale.

Receiving a gift is always a nice thing, when it’s a nice gift. There are also those bad gifts out there that are inevitable. For Senior, Nathan Pope, “socks are always the worst. They always come in big packages, so you get your hopes up about opening it, only to find a brick of socks.”

Steve Frena, senior, said getting books for Christmas was the worst gift for him to receive. “I get them every year, and every year I never read them. I just put them on my parent’s bookshelf,” he said. “I’m

pretty sure they don’t read them either.”

Junior, Nick Johnstun, said for him, getting toiletries was the lowest idea on his wish list. “I always get things like deodorant and tooth paste in my stocking,” he said. “I now have a surplus of those things just sitting in my bathroom.”

Some Warriors families have already had their Christmas wish list filled. Cindina Baird and Rachel Gonzalez, step sisters, went to San Diego in August with their family.

“We took a family trip, had fun on the beach, so now on Christmas we’ll give each other small gifts and just enjoy each other’s company,” said Baird, senior.

Enjoying the family, giving to others and having a personal wish-list are all thoughts and actions being put to good use this holiday season. However, if Warriors are naughty, they may get socks or toiletries under the tree.

What is your worst Christmas gift?

**Sophia Lowry** (10): “Santa forgetting to come... forgetting all together!”

**Alex Kelly** (11): “If it’s something that doesn’t intrigue you, it isn’t a good gift.”

**Kylie Nipko** (12): “I think getting a scale! Because it’s like, ‘does that person think I’m fat or something?’”

**Nick Johnstun** (11): “I would say socks, but I love getting socks for Christmas.”

**Brad Butterfield** (10): “A lump of coal because it’s coal. No one wants it.”

**Alexa Jorgenson** (11): “Pants that are too big because that means your family thinks you’re fat.”

Photos and Poll by Krystal Ruiz

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By Marissa Smith  
Editorial Editor

As always, the Christmas holiday gives us a chance to get away from all the packed stores, crowded shopping and into a Blockbuster or to the movies. Sitting by the fireplace, toasting your toes, watching heartwarming movies is a great way to spend quality time with the family. What movies to watch? Students at Weber High have narrowed it down to the top five must see movies during the Christmas holidays.

Coming in at number one is one of my ultimate favorite movies, Tim Burton's *The Nightmare before Christmas*. This uniquely strange movie is a great, two-seasoned film to watch during Christmas and Halloween. It puts a twist on the traditional Christmas and adds a creepy, mind-boggling theme to it.

Tim Burton's movies are always fun films to see; there's nothing out there as strange and entertaining to watch. *The Nightmare before Christmas* is filled with spooky characters and is a great film, without the traditional obnoxious Christmas music. It has unique songs you'll never forget. Its creative animation makes this a definite film to add to your collection.

Jack Skellington, the pumpkin king of Halloween Town, is bored with doing the same thing every year for Halloween. One day as he and his ghost dog travel through the forest, he stumbles into Christmas Town and is so taken with the idea of Christmas, that he tries to get the resident bats, ghouls and goblins of Halloween town to help him put on Christmas instead of Halloween.

Christmas during Halloween? This could be a problem, but if you love Christmas and Halloween, this is an outstanding film to watch.

Not into the Halloween/Christmas idea? Second on the list of must see films, is Christmas comedy, *Elf*.

A grown man dressed as an elf, whispers angrily to a sullen department store Santa, "You smell like beef and cheese." This movie



fills your home with laughter. It is a great, Christmas comedy for the whole family.

Buddy the Elf (Will Ferrell) has been raised as an elf at the North Pole. However, he realizes he has a whole other life in New York City. He sets out on a wild trip to meet his dad, who happens to be on Santa's naughty list, making this a hilarious, ironic situation. This is a splendid movie to watch if you're looking for some great Christmas laughs.

Time to forget the elves, and bring out the Christmas Scrooges. He's mean, he's green, and he's a Christmas fiend. Coming in at number three is Dr.Seuss's *How the Grinch Stole Christmas*. Jim Carey stars in this live-action adaptation of the classic children's story.

High atop the rickety old rocks, watches Mr. Grinch. Looking down, he observes the residents of Who-Ville as they joyously prepare for Christmas. Once a resident of Who-Ville, Mr. Grinch angrily looks down upon them because he was shunned out due to his scary appearance. The Grinch decides he has had enough of this joyful cheer, and he rounds up his little "reindeer" dog Max and conspires to steal Christmas from Who-Ville by taking their presents, trees, decorations and everything else used to enjoy the holiday. However, even without their Christmas packages and ornaments, the Who's continue to find happiness without all the material things.

This movie shows Christmas isn't all about the fancy presents; it shows the meaning and importance of friends and family. *How the Grinch Stole Christmas* is an

extremely funny movie that has a wonderful holiday lesson to it that will warm up your heart. Jim Carey brings the Grinch to life and truly gives a memorable performance.

When a doubting young boy takes an extraordinary train ride, he embarks on a journey of self-discovery that shows him the wonderful lives of those who believe in the Christmas spirit. *The Polar Express* comes in at number four on the must-see list. This movie has high-tech animation and is a great movie for the younger kids since it is rated G, it's a show anyone can watch.

The long trip to the North Pole is filled with giggly laughs and a few creepy adventures. The young boy makes new friends, meets a mysterious hobo who rides on top of the train and helps the conductor when the train flies off the tracks. The kids arrive at the North Pole and meet Santa. They learn valuable lessons about themselves and the magical secrets of the Christmas holiday.

This is a fantastic film for young children, who often get sent off to play while the adults watch their Christmas films. However, if the adults don't watch it too, they are missing out on a memorable movie. This movie has become a classic to watch every year. The conductor tells "Hero Boy" he thinks he should really get on the Christmas train, and I have the same advice for you.

Surprisingly, last on the holiday movie list is the well-known *A Christmas Story*. If you don't recognize the title, you'll probably recognize the famous quote,

"You'll shoot your eye out!" I don't think many people wanted to get their children a Red Rider BB gun after seeing this movie.

This popular movie fills the cable show channels as it replays over and over again during the holiday season. You don't even need to go out and rent it because I'm sure you'll see it pop up on your television a dozen times or more before Christmas.

While I do enjoy seeing kids stick their tongues onto frozen poles, I must agree this movie has been largely over-played. This is a hilarious film that has been seen by almost all of us, especially our parents, who can probably say every line in the script. If you haven't seen this film, I don't know where you've been hiding.

*A Christmas Story* contains scenes and props that stay in the memory for a lifetime: from a hot, light-up fishnet leg lamp, displayed in a front window; to the bad Santa at the mall and his disgruntled elves.

Ralphie, a young boy growing up in the 1940s, dreams of owning a Red Rider BB gun. He sets out to convince the world this is the perfect gift. But along the way, he runs into opposition from his parents, his teacher, and even good 'ol Santa Claus himself. How does Santa respond to Ralphie's Christmas wish? "You'll shoot your eye out, kid."

Although released in 1983, this is the perfect Christmas comedy to watch. It has terrific acting, and it has the most touching moments you'll ever see in a Christmas movie. This film never seems to age! This is one that people can watch yearly, and it makes for some great family time together.

Get out, have fun and enjoy Christmas, especially if you are one of those Scrooges who sits at home, feeling down about the holidays. Watch one of these Warrior favorite films and put some laughter and comedy into this year's holiday season.

So, start popping the popcorn, warm up the hot chocolate and enjoy these Warrior Christmas favorites with friends and family.

## Warriors celebrate all twelve days of Christmas

### Remember, it's a WHS holiday after all

By Shalee Davis  
Staff Reporter

Waking up on Christmas morning can be an exciting moment for anyone. Even though there may be those people who don't exactly like Christmas and treat it as any other day, there are many people who make Christmas a big deal. It can be a day filled with joy, laughter, family and traditions.

On the first day of Christmas, American Sign Language teacher John Mason has a big family get together with as many people who can make it. Mason's favorite memory is when "my family and I went to Washington for Christmas. The police blocked off one unpaved street for everyone in the town to come and sled down the street."

On the second day of Christmas, junior Devon Childress puts two tweets on Twitter every Christmas. One of the traditions in Childress' family is "every year we have a competition to see who can drink a quart of eggnog the quickest!"

One the third day of Christmas, sophomore Skylee Schenck has three hours of soccer practice on Christmas day. Schenck smiles as she says, "I am dedicated." Her favorite Christmas memory is "on Christmas eve we have a talent show with my whole family and then we open presents and go



watch a movie until the morning," says Schenck.

On the fourth day of Christmas, attendance secretary Rachelle Knight makes four snowmen with her kids. "I love making snowmen!" says Knight. Her Christmas memory is "when my two eldest boys were little, they went out and made a snowman with my dad."

On the fifth day of Christmas, senior Jeremy Knight goes skiing at five different ski resorts. Knight's favorite resorts are any with a "back country and powder." However, his favorite memory doesn't involve skiing. He reminisces on how all of his cousins, and himself, got Razor Scooters from their grandparents for Christmas. After opening them on Christmas, Knight's family went on vacation to Bear Lake where they rode their scooters off of the diving board.

On the sixth day of Christmas, junior Bayleigh Woodland eats six meals on Christmas as they visit each of her relative's houses. "On Christmas day we got snowed in and ended up eating KFC for dinner," Woodland says about her favorite Christmas memory.

On the seventh day of Christmas, sophomore Jack Williams and his

family hang seven stockings for each member of his family. Out of all of the things he has received in his stocking, his favorite is "candy from England that my grandma brings with her."

On the eighth day of Christmas, senior Kaylie Ward drinks eight bottles of apple cider all by herself. "It's my favorite part of the whole Christmas season!" says Ward.

Other than apple cider, her favorite memory is, "one year my



five-year-old niece would not go to sleep on Christmas Eve, so I told her the fire detector was a Santa detector and if the light was blinking green, then Santa was on his way. However, if it started blinking red, we were all in trouble."

On the ninth day of Christmas, senior Camille Migliori runs around the outside of her house on Christmas morning nine times and then runs inside to try and warm up. Seeing as Migliori couldn't think of a stranger tradition then that, her favorite is "making Italian food then getting to eat it after!" Although, this is one of her normal traditions, her favorite memory does not involve either of them. Her favorite Christmas memory was "when we played basketball with the Frer's, and we ended up making a cheer squad and did a cheer pyramid with Abby and I on the top."

On the tenth day of Christmas, junior Brea Stokes' family each gets 10 presents. While this would seem like a great thing to get on Christmas, Stokes still says her favorite tradition is when "my grandparents come to open gifts with us. Then we all go eat breakfast."

On the eleventh day of Christmas, sophomore Nikki Pittman leaves out 11 cookies for Santa. The oddest tradition she has in her family involves making raviolis for Christmas dinner. Pittman doesn't know how or why this tradition started, but she enjoys it. Another family tradition is "we go to my grandma's house and open presents with her and celebrate her birthday!" says Pittman.

On the twelfth day of Christmas, secretary DeAnn Vause makes dinner for a combined 12 children and grandchildren. "This is a nice dinner when I make things like prime rib or a big ham or turkey dinner!" says Vause. She also likes lots of decorations in her house for Christmas. She decorates everything from the bathroom to the kitchen cabinets. Out of all of those decorations, her favorite, which is also her favorite present she has been given, is a calendar with pictures of each of her grandchildren for each of the months.

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L-03	Sweet and Sour Pork	\$6.35	L-12	Vegetable Delight (crispy noodles)	\$6.75	L-22	Shrimp Chow Mein (crispy noodles)	\$6.75
L-04	Sweet and Sour Chicken	\$6.35	L-13	Twice Cooked BBQ Pork	\$6.75	L-23	Chicken with Chinese Vegetables	\$6.75
L-05	Moo Goo Gai Pan	\$6.35	L-14	Lemon Chicken	\$6.75	L-24	Sweet and Sour Almond Chicken	\$6.75
L-06	Chicken or Beef Broccoli	\$6.35	L-15	Szechwan Chicken	\$6.75	L-25	Shrimp Cashew	\$7.50
L-07	Chicken, Beef or Pork Lo Mein (soft noodles)	\$6.35	L-16	Mongolian Beef or Chicken	\$6.75	L-26	Sweet and Sour Shrimp	\$7.50
L-08	Cashew Nut Chicken	\$6.35	L-17	General Tso Chicken	\$6.75	L-27	Happy Family	\$7.50
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# Kwanzaa, Hanukkah enrich holiday culture

By **Abigail Wight**  
*Staff Reporter*

Among the Christmas spirit, there are other holidays in December that aren't celebrated with a shining star on the top of the tree. Kwanzaa and Hanukkah are celebrations that also go on during the holiday season.

Kwanzaa is an African-American holiday celebrated all throughout the African community. Dr. Maulana Karenga, a professor of Africana Studies in Long Beach, California says on his website, "Kwanzaa brings a cultural message which speaks to the best of what it means to be African and human in the fullest sense. Given the profound significance Kwanzaa has for African Americans and indeed, the world African community, it is imperative that an authoritative source and site be made available to give an accu-

rate and expansive account of its origins, concepts, values, symbols and practice."

The name "Kwanzaa" comes from the phrase "matunda ya kwanza" which means "first fruits" in Swahili. Families celebrate Kwanzaa with their own traditions and in their own ways, but celebrations usually include dancing and songs, stories, poetry, African drums and a large feast called a Karamu, which is held on Dec. 31.

There are seven symbols of Kwanzaa unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity and faith. Each day of Kwanzaa represents a different symbol.

Another celebration during December is Hanukkah, an eight-day Jewish celebration which is also called the Festival of Lights. "Hanukkah" comes from the Hebrew verb meaning "to dedicate."

Part of the festival is lighting

an eight-branched candle called a menorah. A candle is lit each night of the celebration. Sometimes on a menorah, there is a ninth candle called the Shamash and it is usually above or below the rest of the candles. The purpose of this candle is to have a light available to use because the other candles of the menorah are forbidden to be used as lights.

The dreidel is a spinning top with four sides that children play with during Hanukkah. On the four sides of the top, a Hebrew letter is printed. The letters represent a Hebrew acronym for the word Nes Gadol Haya Sham, which means "A great miracle happened there." Children use the dreidel to play games involving real or chocolate coins in a pot. They place coins in the pot or take them out according to the letter they spin on the dreidel. The games last until one person has won everything in the pot.

Leah Becker, junior, is a War-

rior who celebrates Hanukkah with her family. Becker says they light a menorah and get presents each day. "We also have special food and there are cakes and cookies; things like that. And we also say prayers," says Becker.

"My favorite part of the celebration is the food; mostly the cakes," she adds.

Sophomore, Ashley Holst, feels learning about different religions and culture celebrations helps everyone unite as diversified people.

"It is important for us to know about Hanukkah so we can understand the Jewish people's ways and cultures without judging them by what they do and how they do things," says Holst.

Holst encourages others to learn more about these holidays. "People should know about Kwanzaa and Hanukkah because we learning about cultures. Even if we don't celebrate it, we should know because it is significant to people."



**McKenna Jones** (10): "Because you're helping kids who are in need who are less fortunate than us. Their needs can be met for one month when our needs are met every day."



**Minroy Choi** (12): "Quarters and Cans helps donate money to charities and if you like helping people, you should get involved because the money donated helps people with financial problems."

## Quarters and Cans continues from Page 11

ashtrays and donate it to Quarters and Cans.

Another continuing tradition is FCCLA's quilt activity. FCCLA advisors Mrs. Staples and Miss Williams say they will make 30 quilts altogether. The quilts will be sent to women's help centers.

Something unique this year is the proceeds from Quarters and Cans will all be going to families within the WHS community. The money will help out children whose parents can't afford Christmas because of medical bills or other financial complications.

Another new addition to Quarters and Cans teachers will have the option to sponsor a certain child the school is helping. This way, the

or more. It can be colored, but it can't be chemically damaged or too gray. Gray doesn't hold dye when it's colored."

However, anyone who would like a hair trim can also join the event. Regular haircuts will be \$5. All of the money from the haircuts will go to Quarters and Cans.

# Keeping things simple creates special memories

By **Nina Vargas and Savana Craven**  
*Staff Reporters*

This winter holiday is one of the most popular yet busiest times of year. Whether it's sitting with friends by the Christmas tree or opening presents, there are certain Christmas components that are



makes Christmas so exciting and worthy of remembrance? Is it the presents... maybe the eggnog?

Lindsey Gunderson, sophomore, says, "It's a time for family to be together and to make memories." For many people just the feeling of family togetherness brings joy to all who share this magical feeling.

"Christmas is special to everyone because it brings people together," adds Nick Johnstun, junior.

Being surrounded by family at Christmas time is one aspect people look forward to. What about the presents? Waking up in the morning to presents scattered under the tree is a sight and wonder many adults and children anxiously anticipate. Vanessa Vargas, junior, says, "Giving is more important than receiving because it's the time you spend with people that is most important."

Sophomore Brigham McKay adds, "Giving gifts is important because it shows that you care, especially if you hand-make it. What you give them depends on the person, really. Some things you could maybe get them are socks, jewelry or candy."

"I like to let people know I care about them and Christmas is the perfect time to show that," says Marin Hafen, senior. "I normally

give out scarves because I know that's what I would like to get."

Sophomore Connor Stephens says when he gives gifts, "it not only makes them feel good, but me too. Rachael Mikhail agrees and adds, "Christmas is a great time of the year and giving gifts makes other people happy."

Others may disagree and say that presents don't represent the true meaning of Christmas; but isn't Christmas the season of giving? For some Warriors, going out of their way to give someone a gift makes the holiday more special. Usually the heartfelt gifts are appreciated the most.

For Kason McKay, sophomore, he believes, "Most presents are the simplest things in life." Jesse Hancock, sophomore, adds, "A present can be a hug. The best present I got was life."

However, some feel Christmas becomes lost when people go into debt trying to please someone with an extravagant gift. Tyson Walker, sophomore, agrees and says, "Money can't buy happiness."

Instead of spending money on a gift, many Warriors spend time with loved ones and take part in family traditions. Katie Fuller, junior, looks forward to a fun and extremely yummy family tradition.

She says, "We always make candy-count-downs-to-Christmas at the beginning of December. Each day you get to eat a piece of candy until Christmas."

Junior Jenica Lilly also appreciates the gift of family during the holiday. "I love it when all of my family gets together and all of us are talking and having fun!"

For some it can simply be hang-

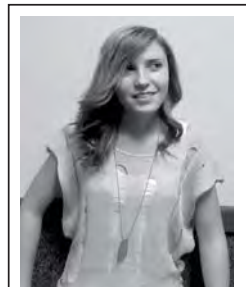
*"Christmas is a great time of the year and giving gifts makes other people happy."*



**Heather Sjoblom** (10): "Because it helps people who don't have what we do."

child can tell Warriors what he/she wants so students can bring specific items and make the donations more personalized.

Weber will also be participating in Pantene Beautiful Lengths, which is a program where girls can donate their hair to cancer patients who've lost their hair. WHS counselor Wes Johnson says, "The hair must be clean, dry and eight inches



**Charley Smith** (10): "Quarters and Cans shows how we, as a school, can come together to help those kids that really need help during the happiest time of the year."

One of Hart's favorite memories was last year's Miracle Minute. In this event, donation envelopes were passed around during classes to see how much money the school could donate in a minute. Hart said the school donated over \$1,000 during that minute. He hopes to see that record broken as the officers are planning a repeat of the event.

Senior, Ulumasui Vaatuitui, says his favorite part of Quarters and Cans is "delivering the presents [that were brought from the Quarters and Cans proceeds]. It's touching every time," he says.

He adds, "I also like the ping pong tables [set up during lunch]. I like playing ping pong, and it's cool I donate at the same time."

# Christmas tree-via: Quiz holiday classics

By **Erin Geiger**  
*Assistant to the Chief*

1. What did Ralphie from *A Christmas Story* want for Christmas?  
a) A leg lamp  
b) A Red Ryder B.B. gun  
c) Bunny pajamas  
d) New glasses
2. What does Snoopy win an award for in *A Charlie Brown Christmas*?  
a) Decorating his doghouse  
b) Helping Charlie Brown decorate the tree  
c) Picking out a Christmas tree  
d) His caroling
3. What is Frosty the Snowman's pipe made out of?  
a) A carrot  
b) A corn cob  
c) A stick  
d) Metal
4. What is the Grinch's dog's name?  
a) Spike  
b) Zero  
c) Max  
d) Scooby
5. How many sizes does the Grinch's heart grow in *How the Grinch Stole Christmas*?  
a) 39 ½  
b) 9  
c) 3  
d) 2
6. In *The Santa Clause 2*, what crime does Charlie commit?  
a) Vandalism  
b) Theft  
c) Public disturbance

- d) Loitering
7. What number deer is Comet in the reindeer order?  
a) 4  
b) 6  
c) 3  
d) 5
8. Which of the following is not a misfit toy from *Rudolf the Red Nosed Reindeer*?  
a) A striped giraffe  
b) A train with square wheels  
c) A Jack-in-the-box named Charlie  
d) A spotted elephant
9. How many branches does Charlie's tree have in *A Charlie Brown Christmas*?  
a) 1  
b) 2  
c) 3  
d) 4
10. What comes first on the *Grown up Christmas List*?  
a) Right would always win  
b) Love would never end  
c) No more lives torn apart  
d) Everyone would have a friend
11. What's the first thing Frosty the Snowman says when he comes to life?  
a) Good morning  
b) Hello  
c) Happy birthday  
d) Merry Christmas
12. What carries Santa to Jack in *The Nightmare Before Christmas*?  
a) A bathtub  
b) A bathtub with wings  
c) A bathtub with feet  
d) A bathtub with wheels

13. After the Grinch's heart grows in *How the Grinch Stole Christmas*, what color do his eyes become?  
a) Green  
b) Brown  
c) Blue  
d) Purple
14. How long is the pole that the singer in *You're a Mean One, Mr. Grinch* sings about?  
a) 39 ½ ft.  
b) 39 ft.  
c) 9 ft.  
d) 9 ½ ft.
15. What does Hermey from *Rudolph the Red Nosed Reindeer* want to be?  
a) Santa  
b) A dentist  
c) A lawyer  
d) A real estate agent
16. Where does Cindy Lou Who first meet the Grinch?  
a) The mailroom  
b) Her living room  
c) His home  
d) The Cheermeister celebration
17. In *Winter Wonderland*, what do they pretend the snowman is?  
a) A circus clown  
b) Santa  
c) Frosty the Snowman  
d) Parson Brown
18. In *You're a Mean One, Mr. Grinch*, what does the singer say the Grinch is as cuddly as?  
a) A teddy bear  
b) A shark  
c) A kitty  
d) A cactus

19. What does Alvin the Chipmunk want for Christmas?  
a) A plane that loops  
b) A hat  
c) A girlfriend  
d) A hula hoop
  20. What did Grandma forget when she staggered outside in *Grandma Got Ran Over By a Reindeer*?  
a) A coat  
b) Her glasses  
c) Her medication  
d) Shoes
- Key:  
1-b; 2-a; 3-b; 4-c; 5-c; 6-a; 7-d; 8-a; 9-c; 10-c; 11-c; 12-c; 13-c; 14-a; 15-b; 16-a; 17-d; 18-d; 19-d; 20-c;



**Wayne Young** (12): "Quarters and Cans helps a lot of people who are really in need. And I think the officers do a great job at making sure that they pick the right people for it. It just helps lots of kids and families who can't afford Christmas."



**Damaris Zamora** (10): "I think Quarters and Cans is important because a lot of kids who don't have food can have enough food, and they can have their Christmas, too. They can also get presents that they've never had before."

Poll and Photos By Amber Broderick

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# Volleyball takes down net for season

By **Erin Geiger**  
*Assistant to the Chief*

The volleyball season was filled with many highs and lows. From the time the team was created at the end of August and through October, the WHS volleyball players were battling. Unfortunately the team's record ended at 3 wins and 16 losses.

At times, a team record doesn't really portray the athletes hard work; such is the case for this year's volleyball team. Senior and captain Hanna Buswell says, "The numbers don't match our effort. We've been trying really hard, and our record doesn't show it at all."

Fellow senior and captain Maren Ulrich agrees and says, "I don't think how hard we play is what

shows on our record."

Head coach Alison Stephens adds, "Our preseason record matches our efforts, but our region does not."

Buswell and Ulrich also think this year's team is different, more united than the past teams. Buswell adds, "We have lots of talent this year and we are close as a team."

Stephens agrees and says, "I believe that there was more of a foundation of what I expect from my captains and players this year. This season, we increased our skills and preseason record." She adds, "I think we did better overall this season than last year. However, there is still a lot of work to do."

The team consisted of only 20 girls; a number significantly smaller than usual. With five sophomores, seven juniors and eight seniors, each girl got to know each other

on a different level. Buswell says, "Having a small team was good because everyone got to play."

Ulrich also liked having a smaller team. "We got to know each other better and grow as a team more," she says.

"I liked having a smaller team. It was easier to manage and I think it created a better sense of team unity," Stephens adds.

However, with small numbers, the players had to pull their weight or the team didn't function at its best. "There were lots of people who got injured and had to sit out for awhile. Because of this, the lineup had to change and we went with people we weren't used to playing with," says Ulrich.

Buswell adds, "If someone got hurt we didn't have enough to play how we were used to." Even though this hindered the team, it also helped the girls.

Stephens says injuries cause chaos with a team. "You finally get a lineup figured out, and then one of those players gets injured. Eventually, I realized that it is a part of the game and we will all have to adapt to it." Ulrich agrees and says injuries made the team "work harder."

The size of the group wasn't the only thing that changed this past season. Coach Stephens was joined by assistant Kolt Lund and Tim Eyre. Stephens says, "My new assistants were great. We had great collaboration about solving problems. They were more knowledgeable in certain areas, so it gave me an opportunity to learn from them, which was greatly appreciated."

Ulrich also enjoyed the coaching staff. "I liked having them. They brought us new drills and ideas that have helped us this season."

The feeling was mutual for Buswell who says they have been "way good." She adds, "They add that extra-ness that we've needed. They've really helped with making a team and they've worked with each of the girls individually."

However, coaching is not as easy as one may think. Stephens says,

"The most challenging part of being a coach is all the stuff that goes on behind the scenes. There's so much that you do that the players never see you doing for them. As a result, you are never appreciated or acknowledged for those actions."

The season opened up with preseason games and tournaments. At the East/West tournament held at East High School in Salt Lake, the Warriors went 6-2, taking second place behind Davis. The wins continued in the Davis tournament and carried over to other preseason games. The most exciting preseason win was that against Bonneville.

In the first game against Northridge in region play, the Warriors took the Knights to four games. After dominating the first game at 25-12, the Knights came back to win three games in a row.

On Thursday Sept. 14, the ladies traveled to Layton to battle against the Lancers. Similar to the first set against Northridge, Weber won 25-20. Layton came back to win three games after that, two of those games going past the normal cap of 25. The scores remained close at 26-24, 26-24 and 25-21.

The lady Warriors also racked in some impressive stats from this game. Junior and middle blocker, Hadley Handsaker had 8 kills, 3 aces and 2 solo blocks. Fellow junior and middle blocker, Mikala Lockwood earned 6 kills. Senior and outside hitter, Morgan Bischoff had 8 kills and 2 digs. Setter, senior and captain Alex Jung assisted 25 kills and had 3 untouchable serves. Buswell held up the defense with 15 digs.

In the match at Fremont's Wolf Den, the stats continued to climb despite losing 25-22, 25-16 and 25-16. Ulrich, with 4 digs and 26 assists, teamed up with Jung's 2 aces and 25 assists to set up the offense. Sophomore and outside hitter Chase Doughty had 9 lethal kills. Bischoff kept up her impressive record of 6 kills and 4 digs. Buswell stayed solid in the defense with 10



**Sophomore Chase Doughty, junior Mikala Lockwood, and senior Maren Ulrich battle for a win against Davis.**

digs.

The starting setter, Ulrich, has many games she can look back on with good memories. Ulrich's favorite of this year was a preseason game against Bonneville High School. In the game at Bonneville, the girls went back and forth with the Lakers and went into five games. Through lots of cheering, screaming and excitement, the lady Warriors beat the Lakers. Ulrich calls this game "intense and fun."

Stephens also calls this her favorite game of the season. I have never seen our team that determined and passionate during a volleyball game. It was a great feeling to see my team experience victory. I think in that game we achieved victory in more than one way. I was so proud to be called their coach," she says.

Buswell, the starting libero or back-row-specialist, says her favorite game was the first time they faced off against Layton. She says she enjoyed that game because

she "dug all of their big-hitter's spikes." Her close second-favorite game was that against Northridge. "I was everywhere on the floor and got 26 digs," she says.

Preparations are already being made for next season. "I think next year we need to be more disciplined in our school and volleyball capabilities. There were things we did this year that were kind of sloppy. When we become more disciplined, our wins will continue to increase," Stephens says.

Although the team didn't take state, they enjoyed the season. Buswell says, "The hardest part of the season was probably our consistency, but the best part was being with all of the girls. It was way fun this year."

Stephens adds, "The best parts of the season were when we created a new 'inside joke.' When I get old, I will never remember what our record was that season, I will just remember the good times we had."



**Seniors and captains Hanna Buswell and Maren Ulrich prepare to dig the ball and defend against Davis Darts.**

Photos By Krystal Ruiz

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Warrior football faces Roy on the playing field. They came close to a victory; however, they fell short and lost the shield to the Royals.

Photo By Ellie May Kerr

## Team takes heavy losses in season, re-thinks their approach for next year

By Landon Wood  
Staff Reporter

In a sport full of contact and adrenaline filled giants, winning is everything. Weber High School's football team has been sweating, bleeding and suffering from bone breaking injuries. However, its 0-10 record still looms over their season. Last year's team also had a losing record, which they vowed to change and redeem the team. However, this promise did not come true.

Most would think 104 players, spanning from freshman to varsity teams, would be winning games with players to spare. However, there are underlying reasons why the team has struggled for years.

Coach Corbridge, the head coach of the Warriors, said, "The kids we battle are tough," but he doesn't think it is the talent that has set the team back. He said it is a "confidence issue." Many of his players

would agree with him.

Alex Zuech, junior, said, "The players are just fine, and the coaching and everything was good." However, Zuech believes the team often lacks confidence in their ability. The teammates are also trying to "up each other" at practice and in the locker room.

According to Zuech, unhealthy competition does not push the team closer or make individuals strive to be their best. Instead, it has a negative effect on the player and can lead to poor performance or a loss in team unity/moral. He adds healthy competition will bring teams closer and positively encourage teammates not to outdo the other, but to set that bar for the next person to pass.

Austin Tesch, junior, thinks the main problem is "indescrivable and complicated to explain," but he did say the team "struggles with ourselves."

"We worry about losing instead of winning," Tesch said. "The team has great leaders, hard workers and

sometimes we set down on each other, but we pull us back up."

Jaxon Gift, senior and team captain, agrees with the issue of confidence and also said, "It's the guys not getting together in the weight room or doing stuff when coach isn't around." He proposes next year's team improves on its attitude and confidence for a better season.

Jared Fenn, junior, also agrees on building unity. "We need to focus on strengthening team unity and confidence." He also thinks the coaching staff does a good job.

"Coach Corbridge has been like a father to me. He pushes us in practice and on the field. He also puts school first and football later, so we all get good grades," says Fenn.

No matter what the problem is, whether it's the players' confidence or team members not putting in needed time on weights, the team hopes to pull itself back together next season. They want to make changes to accomplish a winning season and turn around a long stretch of losses.

## Winter's chill strikes hard; athletic training impervious

By Savana Craven  
Staff Reporter

When hearing the word "winter," several students think of hot chocolate, doughnuts and staying indoors to wait out the cold weather that winter brings. Having something quite different to say about the winter season, sophomore Reilly Shook, soccer and basketball player, said, "I love to go outside and snowboard; it's fun and something to do. It's way better than just staying at home."

Also leading by this same example of fun and active play, sophomore Braxton Beck, football player, said, "I love the winter season! I play indoor basketball and go out snowboarding all the time. It's a great opportunity to hang out with my friends and really enjoy the snowy weather."

To be on a sports team means hard work and a lot of dedication. Understanding this concept, sophomore Baylee Arrington, tennis player, said, "I play all year round even though tennis is just a summer and fall sport. It's very important to me, and I want to stay good at it and, over time, improve my tennis skills." This same thought applies for most athletes because they also want to perform the best of their abilities for their sport.

Arrington said, "I like winter because I can go out and play in the snow and get a workout." She explains the winter season is a good time to prepare physically for future sport play. "Simple and fun things like sledding with a friend or having a snowball fight can always help you out in the end."

Sophomore Amber Broderick, cross-country runner, said, "During the winter I run on the treadmill to keep up on my running pace. I do this because I want to maintain what strength I already have."



Senior Gerret Becky improvises his pull-ups in the weight room as he prepares for basketball season. Many athletes train year-long for upcoming seasons.

Photo By Tony Vaterlaus

Broderick explains she is very dedicated to her sport and gives it her all. "Don't slack off during winter. You'll make time for what you want most, and you'd be surprised what a difference just 10 minutes a day can do to help you stay physically fit," said Broderick. She added all students need to stay healthy and motivated to do steady workouts daily, even in the winter.

"Anyone can do ab workouts at home, but, unfortunately, some people find it hard to find the time for simple things like that," she said.

Junior Ellen Montes, tennis play-

er, also believes athletes need to be dedicated to stay fit during off seasons. "If you like the outdoors, then you can easily find something you like to do; something like simply shoveling your neighbors driveway. Not only is that a great act of service, but it's also a great workout. What I do in the winter is I try to go to the gym as often as possible and try to eat well."

By following these simple instructions and examples of these athletic performers, Warriors feel students can learn to have fun during the winter season while staying healthy, happy and physically fit.

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# Injuries don't stop girls; take top honors in region

By Amber Broderick  
Feature Editor

This year, the girls' soccer team has strived to become a more unified team. They worked hard, overcame injuries and pulled off a great season. With a win of eight games and placing 4<sup>th</sup> in region, the girls felt proud of what they accomplished this season.

"We put our all into every single game, no matter what," said Kate-lynn Andersen, senior.

This year, the team suffered several severe injuries such as a torn ACL (muscle in the knee joint) and a concussion.

"One of our main defenders, (Andersen) got a concussion within the first couple of games and was out for a while," said Jennie Perkins, sophomore. "A lot of the JV

players got to go in and take her place."

The team was able to improvise with these losses and play the games to the best of their abilities. This meant the JV players were able to step up and play in some bigger games. The team did what had to be done to work together and play their best.

Several team members felt one of the highlights of this season was beating Fremont with the final score of 3-2 on Sept. 13. Shalee and Bailee Davis, seniors, took control for the Warriors, scoring one goal each in the close victory over Fremont. Junior Courtland Howell added the third goal for Weber.

The hardest game the girls had to play was against Viewmont on Oct. 9. "They're just very strong players that are very fast, so we have to play up to be able to keep up with them," said Coach Knight.



Sophomore Mckayla Thomas prepares to steal the ball from a Knight opponent.

Photos By Ellie May Kerr



Senior Bailee Davis takes ball away from Northridge player. During season, the soccer team took fourth in region.

Warriors played a tough game in the first half tying the score up 1-1. Weber's point was scored by Shalee Davis. In the second half, the Warriors couldn't keep up and the Vikings took the game 3-1.

Throughout the season, the girls persevered against a strong region. By unity and teamwork, the Warriors accomplished much. They beat Syracuse twice, on Sept. 6 and Sept. 25. In the first game, Weber dominated with a winning score of 4-0. Shalee Davis scored two goals and Kelsi Tatton, senior, scored another goal and made an assist with junior Courtland Howell in the final score that lead Weber into a victory. The Warriors were not denied another victory when they faced Syracuse again and won with a score of 1-0.

Weber then defeated Northridge on Sept. 27. Throughout this game, Weber scored five times and beat the Knights with a score of 5-1. This win against the Knights was a critical win for Weber in their Region 1 match.

As the season progressed, the girls were able to be one as a team. "We became a lot closer than the start of the year, and now we're like a bunch of big sisters," said Bailee Davis.

"I think being one as a team is something you are always working

on throughout an entire season," added Coach Knight.

Knight also felt one of the team's biggest strengths this year was their speed and passing ability. The team has a really strong defensive line and middle. Another strength was the way the girls were able to predetermine the actions of their team mates.

The Warriors felt credit should also be given to the goalie, Nikki Pittman, a sophomore who played for girls' varsity.

"I think we're really good as a team. I think our biggest lifesaver is definitely our goalie, Nikki," said Abby Frorer, senior.

The only weaknesses the girls had this season was giving up when another team had scored too much. "We get down on ourselves really easy because we expect so much of ourselves, that if we don't give it all, we look down on ourselves," says Shalee Davis.

As for Warrior soccer's future, Coach Knight said this season had a lot of new competitive talent. She added, this is always a good thing for the team and for the upcoming years to come.

The seniors also feel the team will be left in good hands. The juniors, sophomores and freshman will take over and lead to next years' victories.

## On The SIDELINES

By Ben Lundgren  
Assistant to the Chief

Lance Armstrong created a story for himself. He was a cancer survivor who endured and went on to win the Tour de France. While his prize money was enormous, his story was far more important. He was an inspiration. It's sad to say that he was cheating; his inspirational story wants us to believe he really did earn his titles. His seven Tour de France titles, however, were taken away.

Lance Armstrong, professional road racing cyclist, was banned for life and stripped of all competitive results from August 1998 to the present. The United States Anti-Doping Agency issued the ban in August, just a few months ago, for the use of performance enhancing drugs. Supposedly, Armstrong was "doping."

The USADA made their decision based on blood samples from 2009 and 2010 and by the testimonies of other cyclists. They found Armstrong had used EPO, a blood-booster, along with steroids and blood transfusions. These performance-enhancing drugs mean Armstrong was cheating.

Reports go further to say Armstrong was leading a massive doping program on his team. They also say it was "the most sophisticated, professionalized and successful doping program that sport has ever seen." Hopefully, Armstrong's punishment will teach others that pressuring teammates to participate in doping is not okay.

Armstrong defended himself, saying he passed hundreds of drug tests, but ultimately gave up three days after the ban. While he never admitted guilt, he says the USADA was on "an unconstitutional witch hunt" and he would've fought the charges, but he had had enough.

Record books are removing the name "Lance Armstrong." He is no longer a seven-time Tour de France winner. While disappointing, the ban decision was correct, cheating is unfair, and blood tests confirmed that he was, in fact cheating.

The Anti-Doping Agency and cyclists around the world celebrated the ban decision and stripping of titles. For them, this was one step in the right direction. The right direction is a cleaned-up sport. This will create a level playing field for other athletes who have always wanted a fair competition.

While positive effects will come from this, Armstrong's fall from grace is unfortunate. Livestrong, his cancer foundation, lost almost all of its sponsors, including Nike, Trek Bicycles and Oakley Sunglasses. Armstrong stepped down as the foundation's chairman.

This event is an opportunity for cycling to start anew, to create a cleaned-up sport. After all, the Anti-Doping Agency says 20 of the 21 cyclists on the podium in the Tour de France from 1999 to 2005 were likely tied to doping. It's obvious that there's some cleaning-up to do in the sport. If the person who wins is the person who cheats the most, and if we're rooting for this person, then there's a problem and we are perpetuating it. This is one step to deter those who try to cheat.

For Armstrong, it may be too late for cleaning-up. According to the reports, he had been using drugs for a long time. He felt like he had to be the hero, and to be the hero, he had to cheat. Now his cheating has caught up with him. Perhaps the only thing he could do is confess, rather than stay silent. If he wants to be the hero, he needs to be honest. For now, Armstrong has lost his luster.



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NOV. 30 @ EVANSTON INVITATIONAL  
DEC. 1 @ EVANSTON INVITATIONAL  
DEC. 6 WEBER @ BINGHAM  
DEC. 8 @ CLEARFIELD JV  
TOURNAMENT  
DEC. 12 SOUTH SUMMIT @ WEBER  
DEC. 13 WEBER @ VIEWMONT  
DEC. 21 WARRIOR DUALS  
DEC. 22 WARRIOR DUALS  
JAN. 3 WEBER @ DAVIS  
JAN. 4 WEST JORDAN DUALS  
JAN. 5 WEST JORDAN DUALS  
JAN. 10 WEBER @ NORTHRIDGE  
JAN. 11 RICHARDSON MEMORIAL @  
BOX ELDER  
JAN. 12 RICHARDSON MEMORIAL @  
BOX ELDER  
JAN. 17 FREMONT @ WEBER  
JAN. 18 @ TIGER GRIZZ  
JAN. 19 @ TIGER GRIZZ  
JAN. 24 LAYTON @ WEBER  
JAN. 31 SYRACUSE @ WEBER  
FEB. 6-7 DIVISONALS @ ALTA  
FEB. 9 SOPH. REGION @ FREMONT  
FEB. 13-14 STATE @ UVU

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HUNTER RIGGS  
BOWE SEWELL  
JARED TRACY  
STERLING WISER

### SOPHOMORES

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JAKE KENDALL  
WALKER NIPKO  
TALLON ROMERO  
TREVIN SCHMANSKI  
TAYLOR TREASURE  
HESTON WOOLSEY  
STANTON WISER

### FRESHMAN

TEIN DAY  
GARRETT HOYT  
AUSTION MUNOZ  
TYSON TREASURE

### JUNIORS

KYLE CHECKETTS  
DEVON CHILDRESS  
KYSON FILIAGA  
ZACK JONES  
TRAISSON SWENSON  
PARKER WILSON

## NEWCOMERS

JOSH COX  
KALEB HAMBY  
SHANE HOUSLEY  
MAKRAY JOSEPH  
JORDAN BASSETT  
AYAN BURTON  
CHAD CHAMBERS  
ANGEL VILLAR CORRALES  
AUSTIN DEW  
DEMETRIOUS DURAN  
QUINTON HALL  
MCKAY HARDY  
COLBY HUERTA  
ALEXANDER KELLY  
NATHAN KELLY  
TYSON LINDLEY  
KADEN MARSH

JAKE NALDER  
SHAN SHAHRAM  
TYLER SPINDEN  
TANNER STOCKER  
ELLIS ALEXANDER  
BRAXTON BECK  
JARED DIXON  
JESSE HANCOOK  
KOLBY NYE  
CHRISRTIAN  
PROTZMAN  
TYLER SCHENCK  
DAREN STODDARD  
HOUSTON TERRY  
JAYDEN THOMAS  
JOSEPH WATTS  
WYATT WATTS

